





"Fresh meals for everyone"

HOW TO GET STARTED!

OPTION 1:

Goto https://www.socialbox.com.au/pages/hcp-sign-up and fill out the "Sign Up Form", and submit. Voila you're done!

OPTION 2:

Email us to helloesocialbox.com.au with the below information

- Full Name
- Email Address
- Contact Number
- Address
- HCP Number
- Provider Name, Email Address and Contact Number

OPTION 3:

Call us on **0478 488 831**

Please feel free to contact SHAMI on 0478 488 831 if you require any assistance.

> 2/363 Esplanade, Scarness, Hervey Bay, 4655 hello@socialbox.com.au, www.socialbox.com.au

RICE BASED MEALS



"Fresh meals for everyone"







co-pay

\$4.77



co-pay

\$4.77











KOREAN BEEF BULGOGI

\$15.90



co-pay

\$4.77

RICE BASED MEALS



"Fresh meals for everyone"

LEMON PEPPER BARRAMUNDI

\$16.90







co-pay

\$5.07



co-pay

\$4.77





CHICKEN TERIYAKI



\$15.90

co-pay

\$4.77

RICE BASED MEALS



"Fresh meals for everyone"

SALMON BOWL









co-pay

\$5.37

\$15.90 CHICKEN FAJITA

co-pay

\$4.77











\$14.90

co-pay

\$4.47

SALADS



"Fresh meals for everyone"

CAESAR SALAD







co-pay

\$4.77

\$15.90

CAESAR SALAD **VEGETARIAN**

co-pay







LEMON PEPPER CHICKEN SALAD







\$14.90

co-pay

\$4.47

SALADS



"Fresh meals for everyone"











co-pay

\$4.77

\$17.90 SALMON & HERBS SALAD

co-pay

\$5.37











TANDOORI CHICKEN SALAD







\$14.90

co-pay

\$4.47

SALADS



"Fresh meals for everyone"

THAI SALAD

\$15.90







co-pay

\$4.77

\$16.90 THAI SALAD WITH PRAWNS

co-pay

\$5.07













GREEK SALAD



\$15.90

co-pay

\$4.77

ROAST MEALS



"Fresh meals for everyone"

BEEF RISSOLE
WITH MASH, ROASTED VEG & GRAVY

\$15.90



co-pay

\$4.77

\$15.90

LAMB RISSOLEROSEMARY & MINT
WITH MASH, ROASTED VEG & GRAVY

co-pay

\$4.77







ROASTED PORK

WITH APPLE SAUCE & WINE GRAY



\$15.90

co-pay

\$4.77

ROAST MEALS



"Fresh meals for everyone"



\$15.90





co-pay

\$4.77

\$15.90 MEAT BALLS & MASH

co-pay

\$4.77









\$15.90

co-pay

\$4.77

ROAST MEALS



"Fresh meals for everyone"

LAMB ROAST
(ROSEMARY & GARLIC)
WITH ROASTED VEG

\$16.90







co-pay

\$5.07



BEEF SILVERSIDE WITH ROASTED VEG & WHITE SAUCE

co-pay

\$4.70









BEEF ROAST - RED
WINE INFUSED
WITH ROASTED VEG & GRAVY



\$15.90

co-pay

\$4.70

DRINKS

BUNDABERG FERMENTS

Raw Kombucha

MYRTLE MINT

BUNDABERG FERMENTS

Raw Kombucha

BUSH FRUITS

BUNDABERG FERMENTS

Raw Kombucha

PINEAPPLE & GINGER



"Fresh meals for everyone"

ORGANIC KOMBUCHA

\$4.99

co-pay

BUNDABERG FERMENTS

Raw Kombucha

CASCARA

\$1.50

FLAVOURS:

Pinapple ginger myrtle mint bush fruits cascara



ORGANIC SMOOTHIES

\$5.90

co-pay

\$1.77

FLAVOURS:

Immunity Energise Cleanse

DESSERTS



"Fresh meals for everyone"



CARROT CAKE

co-pay

\$2.07

\$6.90



ALMOND MEAL BROWNIE

co-pay

\$1.47

\$4.90