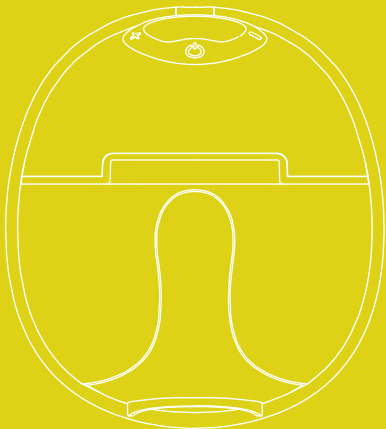




darila

Wearable
breast pump



Read this user manual before using your wearable breast pump, and keep the user manual for future reference.

OVERVIEW

Welcome to the darila pump user community! Our cordless and wearable darila breast pump is designed to offer both comfort and convenience, ensuring effective milk expression.

One of the key benefits of a hands-free, wearable breast pump is the ability to express milk while taking personal time or handling various tasks like work, shopping, cooking, or enjoying a good read! This enables you to store your milk for your baby's continued nourishment, even when you are not physically present.

At darila, we want to highlight the importance of a calm and unhurried approach to breast pumping. Keeping your baby close or having a photo of them nearby can facilitate the smooth flow of your milk.

Prior to expressing milk, consider placing a warm towel on your breast and gently stimulating it for a few minutes. Additionally, periodically adjusting the position of the breast pump can help optimize stimulation.

PRODUCT DESCRIPTION

The wearable breast pump contains the number of parts and accessories listed here:

Breast shield x1



Pump motor x1



Silicone diaphragm x1



Valve x1



USB cable x1



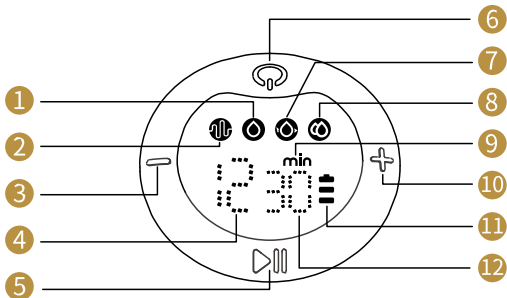
Milk collector x1



Bra adjustment buckle x1



CONTROL PANEL



- | | | | |
|---|--------------------------------------|----|-----------------|
| 1 | Expression mode | 7 | Massage mode |
| 2 | Stimulation mode | 8 | Automatic mode |
| 3 | Level down button | 9 | Time / minute |
| 4 | Level display | 10 | Power display |
| 5 | Pause / start button | 11 | Time display |
| 6 | Power button / mode selection button | 12 | Level up button |

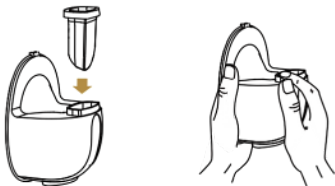
ASSEMBLY:

To assemble the pump, follow the steps below:

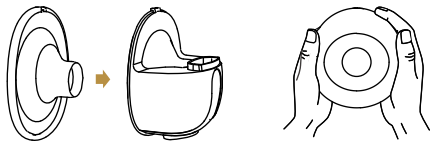
1. Install the valve to the milk collector. Pay attention to the direction of installation.



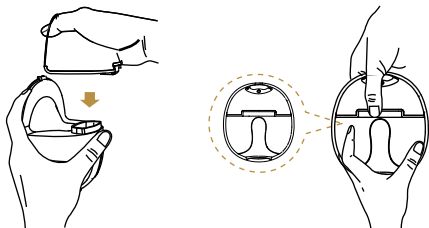
2. Put the silicone diaphragm into the milk collector, and press it to make the edges fasten tightly to ensure a perfect seal.



3. To install the breast shield on the milk collector, make sure to align the diversion groove on the breast shield with the back flow groove on the milk collector, and then press the edges with both hands to ensure the seal is in place.



4. Finally, install the pump motor of the milk collector, align the notch under the pump motor with the silicone diaphragm, and assemble it downward to fit the milk collector to ensure a completed seal.



PUMPING

Before pumping:

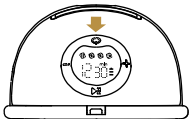
- Wash your hands thoroughly with soap water, and make sure your breasts are clean. Gently squeeze a little milk from each nipple to make sure that milk ducts are not blocked.
- Relax in a comfortable chair, leaning slightly forward and use cushions to support your back.
- Check if all accessories have been correctly assembled before use.

To begin pumping:

- Press the breast shield firmly against the breast, leave no gaps and make sure your nipples are centered. Keep it upright. Be careful not to distort the position of the product and the chest, otherwise the breast pump will not have suction.



- Long-press the power button to start pumping



- You can short press the start/pause button to control the breast pump start and pause.
- Short press the power button to switch modes after the breast pump starts. By pressing this button you can choose the mode you prefer. Our darila pump offers 4 different modes: stimulation mode, expression mode, massage mode and automatic mode.

Please check our “Control panel” section to understand what each symbol on the LED screen corresponds to.

- Each mode has 12 levels of intensity. Press the “+” or “-” button to select the level that suits your comfort.
- Long-press the power button to turn off the breast pump.

Important note on automatic mode:

When switching to automatic mode, the device will start from the first level of automatic mode by default, increase by 1 level every 15 seconds, and stay at the 9 levels to continue working. If you press the “+” or “-” button in the automatic mode, it will change to manual mode and stay in the corresponding level to work. During postpartum breastfeeding, breast discomforts such as swelling and lumps are prone to occur. Using this mode can alleviate breast problems.

Tips:

- Do not worry if your milk does not flow immediately. Make sure you are relaxed in a peaceful environment and continue.
- The first few times you use the device, you may need to use a higher expression mode to get your milk flowing. If the process becomes very uncomfortable or painful, stop using the device and consult your breastfeeding advisor.
- During expression, you can switch between the stimulation and expression modes by pressing the mode selection button (power button) for better performance.
- When needed, you can also use stimulation mode to do expression.
- Only use the levels that are comfortable for you.
- Our darila pump has a built-in memory function, when you turn on the device again, it automatically enters and up shifts to the working mode and level you used last time. The default suction level at which the automatic mode starts is level 1.

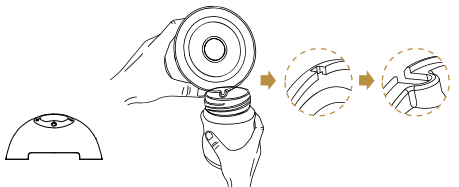
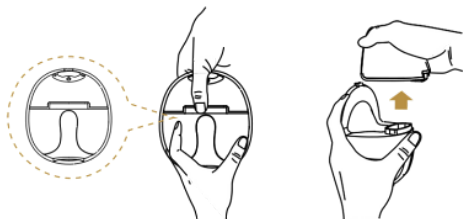
- If you regularly express more than 150ml per session on each breast, please stop the expression immediately and pour the breast milk into the bottle or storage bag to prevent overfilling and overflowing.
- For safety reasons, the breast pump will automatically stop after 30 minutes of work.

Ending your session:

When you finish pumping, remove the breast pump from the breast.

Be sure to remove the pump motor first before pouring the milk!

Hold the milk collector to pour the breast milk into a bottle or storage bag and ensure that the slot feature is aligned with the bottle or bag.



CLEANING & STORAGE

	First time use	After each use
Pump motor	Do not wash the pump motor. Wipe with a clean, slightly damp cloth only.	Wipe with a clean damp cloth with 70% ethyl alcohol or isopropyl alcohol as needed. Do not immerse the pump motor in water.
Components	Boil in water for 5 minutes. Do not use microwave.	Clean with mild dishwashing soap and rinse.

Important note:

Please be careful when removing and cleaning the valve, if the valve is damaged, the breast pump will not work properly.

To clean the valve, please rub it gently in warm water with a few drops of cleaning liquid.

Milk storage [General guidelines]:

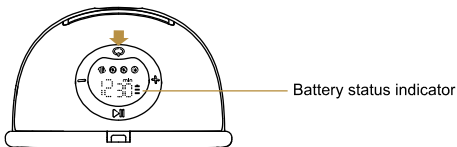
- Only store breast milk collected by sterilized breast pumps.
- Do not freeze milk repeatedly.
- Do not mix fresh breast milk with frozen milk.
- Milk can be refrigerated in the refrigerator for 48 hours or frozen in the freezer for 6 months. Also for 12 months is acceptable.

Breast milk heating:

- Erect the baby bottle in a bowl of hot water or heat the breast milk with a baby bottle warmer.
- Make sure you check the temperature of the milk before feeding.
- Do not use the microwave to heat because this may destroy important nutrients and antibodies.

CHARGING YOUR DARILA PUMP

- Check the battery indicator after each use by pressing the power button.
- If the battery is low, please use the charger recommended by us.
- Please, only use the adaptor we recommend, certified DC 5V=1A adaptor that meets the requirement of standard IEC 60950.
- Plug the charger into the pump's port. Plus the other end of the charger into any standard electrical outlet.
- A full charge takes approximately 90 minutes and the power indicator will turn 3 levels when fully charged.



BRA ADJUSTMENT INSTRUCTIONS

Adjust the length of the bra straps to make suction more comfortable. Hang one end of the bra adjustment buckle on the inside buckle of the nursing bra. Adjust the length of the other end of the bra adjustment buckle to fit properly.

For more information, such as FAQs, troubleshooting, and warranty details please get in touch with our dedicated support team:

contact@darilastore.com

Stay updated with the latest offerings at our online store:

www.darilastore.com

For educational content and to stay connected with our latest updates, follow us on Instagram

[@darila_store](https://www.instagram.com/darila_store)

THANK YOU FOR CHOOSING DARILA!