

# **Making a face mask**

sewing with Suzie & Daisy

**The Little Sewing Company**



## You will need.

- 2 pieces of breathable or cotton fabric (33 cm x 15 cm). We recommend using two different pieces of fabric so it's easier to identify the outward facing side.
- Matching thread
- A Sewing machine (You could also hand sew the facemark using a back stitch)
- Pins and a pin cushion
- Fabric scissors
- Tape measure or ruler
- 36 cm of 5mm elastic
- A copy or traced pattern for your chosen size (pattern is included below).

### NEED MATERIALS?

[Click here to buy our Face mask bundles \(fabric + elastic + thread\) in our on-line shop](#)

## Choose your pattern size

1. To find the right size face mask, measure from just below the bridge of the nose to the bottom of the chin.
2. Add 1cm to the measurement.
3. Choose the pattern that most closely matches your size:

X-Small	Small	Medium	Large
			13 cm

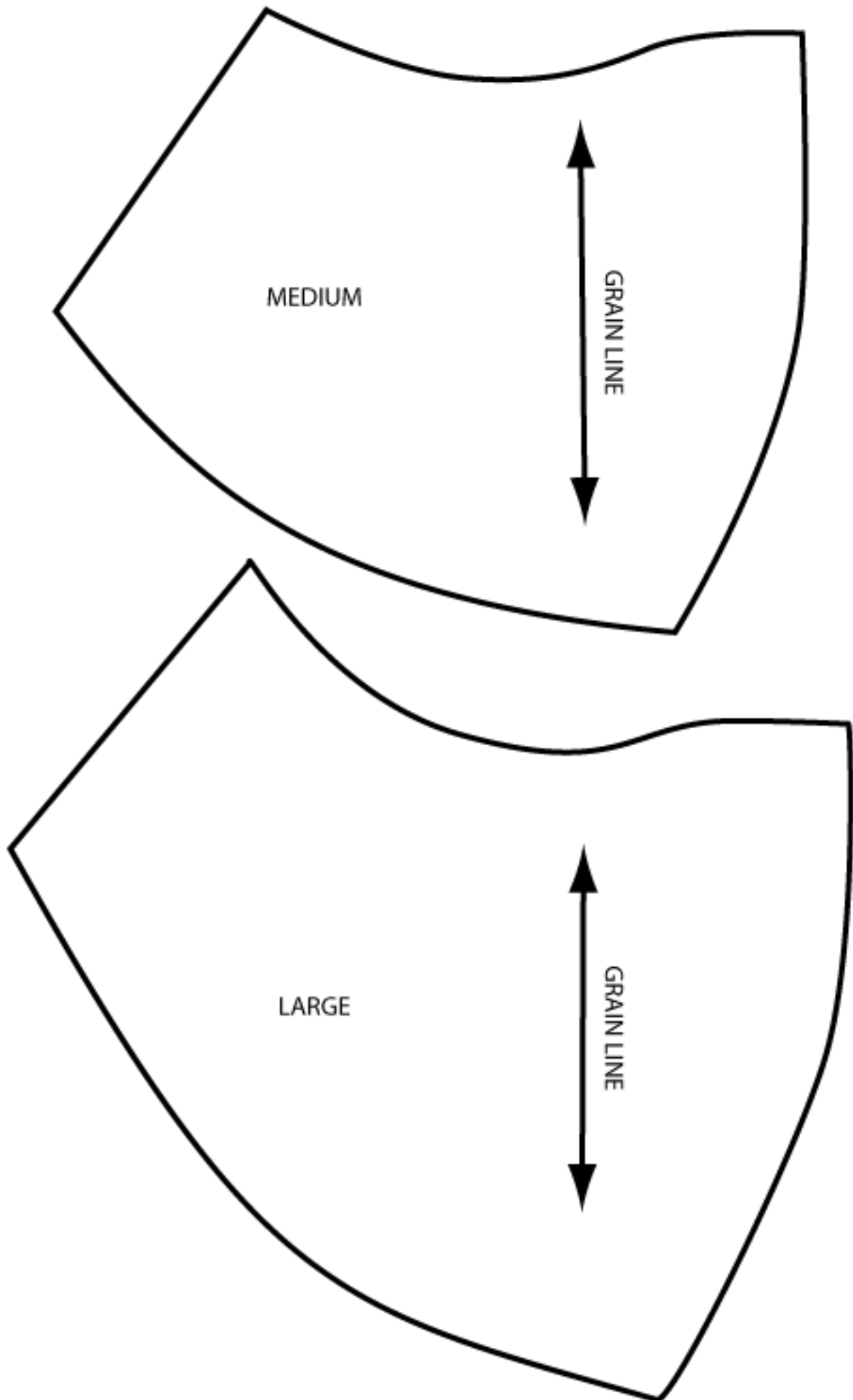
4. Trace or take a copy of your chosen size pattern and cut out as close to the outside of the line as possible.

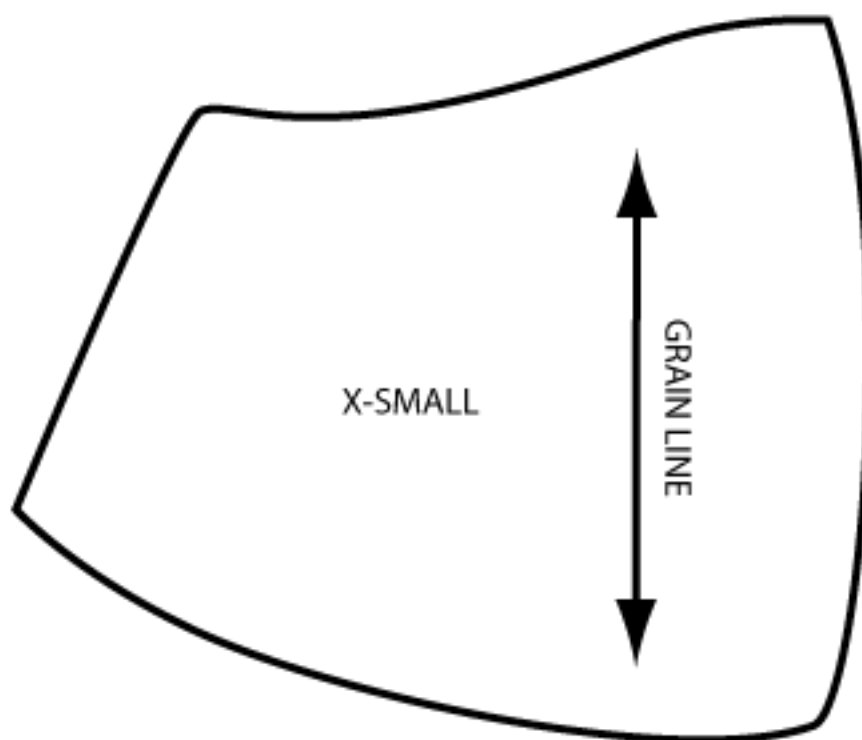
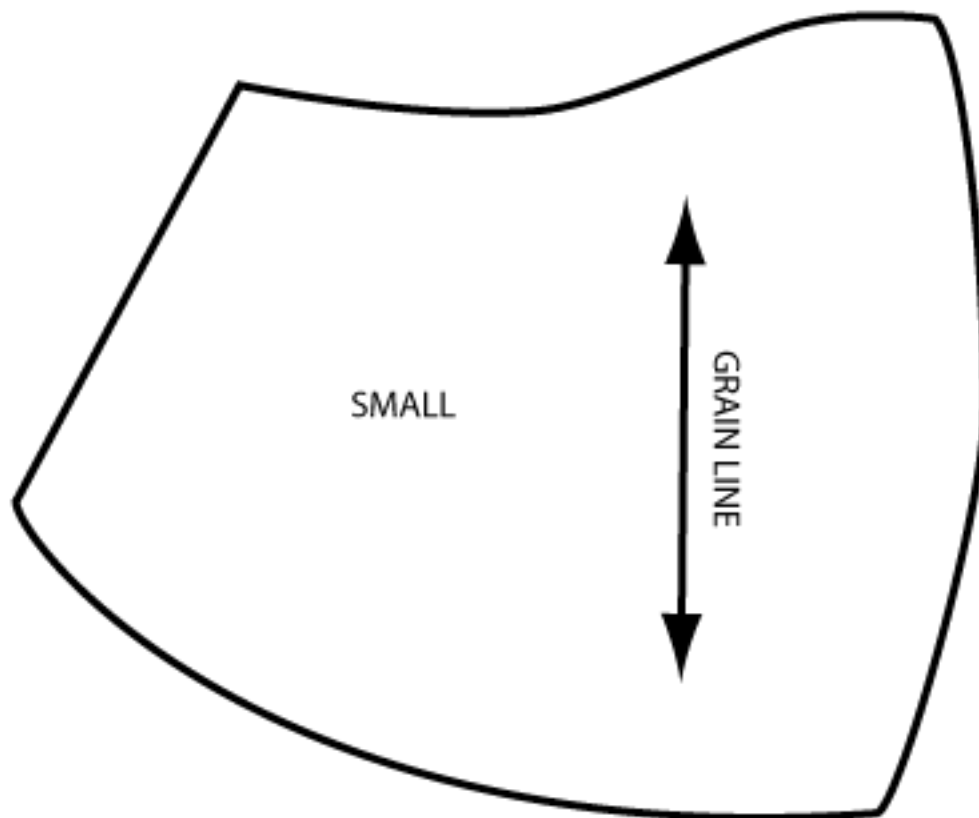
## Iron your fabric

5. Iron your fabric to remove any creases.

## Place your pattern and pin to the fabric

6. Fold your fabric in half by placing the short sides together.
7. Place the patterns on the fabric making sure the arrow on the pattern points in the direction of the grain line (warp) of the fabric. If you stretch your fabric horizontally and vertically, the Warp of the fabric is the direction that is LEAST stretchy. the most stretchy is called the weft.





8. Pin the pattern to the fabric making sure you pin through both layers of fabric.

## **Cut out fabric**

9. Cut around your pattern, trying to cut as close to the paper pattern as you can without cutting it.
10. Do the same for your other piece of fabric and then unpin and remove the patterns.

## **Pin fabric pieces together**

11. You will now have four pieces of cut fabric.
12. Pin the matching sets of fabric together along the nose and mouth seam placing the fabrics right sides together so you have two sets of pinned fabric.

## **Set the machine for straight stitch**

13. Set your machine to straight stitch with a stitch length of 2.5.

## **Sew the seam**

14. Sew one set of fabric down the nose and mouth seam using a 5mm seam allowance.
15. Remove the fabric from the sewing machine and put to one side.
16. Repeat step 14 for the other set of fabric.
17. Remove the fabric from the sewing machine.

## **Press the seams in the same direction**

18. Open up the fabric and place on an ironing board with the seams facing up. Press the seams on both pieces - taking care to press them the same way.
19. Nest the seams together by placing the pieces on top of each other with the right (correct sides together). Because you have pressed the seams the same way one will sit to the right and one to the left, meaning the fabric sits neatly together.

## **Pin fabric pieces together**

20. Pin the two pieces of fabric together along the top and bottom of the fabric (the longer sides). The two short sides of the fabric will remain open.

## **Sew top and bottom seams**

21. Pin and sew using a 5 mm seam allowance along the top and bottom (the two longer sides). DO NOT sew down the short (ear) side.
22. Remove the sewn fabric from the machine.

## Snip seams and turn inside out

23. If you are using heavier fabric you may want to snip the seams which will allow them to sit more smoothly inside the mask. Make sure you don't snip too far in to the seam and cut your stitch line.
24. Turn the mask inside out so the correct side is now facing out.

## Push out seams and press

25. To make sure none of the seams fold inside the mask, push out the seams of your facemask to the edge and press.
26. Take the raw edges of one side of your mask and fold it inside 1cm and press. Do the same for the other side.
27. Once pressed, pin the edges

## Attach elastic

28. Cut two piece of elastic to your chosen length. Suggested lengths are below but please make sure you check the length and adjust prior to sewing.
29. Pin each end of the first piece of elastic to the top and bottom to the inside of one of the open seams, making sure 1cm of elastic has been pushed inside. Check the sizing of the elastic around the ear and adjust as necessary.

## Sew to secure elastic

30. Sew again with a 5 mm seam allowance down the open seam to close the hole and secure your elastic in place.
31. Snip off any loose threads.

## Your mask is complete

**Share your pictures on Facebook/Instagram & tag #thelittlesewingcompany so we can see them.**

**Facebook:** <https://www.facebook.com/TheLittleSewingCompany/>

**Instagram:** <https://www.instagram.com/thelittlesewingcompany/>

**Web:** <https://www.thelittlesewingcompany.com>

