



LIGHTING  
SCIENCE®

HealthE™

# GoodDay® LED Bulb

A19 LAMP FOR DAYTIME ALERTNESS, ENERGY AND FOCUS



Our patented GoodDay® LED lamp promotes alertness and enhances mood and performance. Inspired by morning sunlight, it provides customized light energy to support the natural sleep-wake cycle. This technology was first developed in collaboration with NASA to support the circadian rhythms of astronauts on the International Space Station. The GoodDay is a great, all-natural way to get a boost of energy.

*For Best Results:* Use the GoodDay LED lamps from morning to late afternoon, anytime you need to be at peak performance, and whenever it's important to be alert and focused. GoodDay is ideal for home, office and work environments where exposure to natural sunlight during the day may be limited.

- **Feel More Alert and Focused:** Our patented GoodDay® technology improves mood, mental focus and boosts energy and performance
- **High Quality Light:** The GoodDay light provides comfortable, white light with high color rendering
- **Ideal for Everyday Use:** Boosts energy, alertness and focus and can alleviate symptoms of Seasonal Affective Disorder
- **Increased Performance:** Contains a composite of light energy optimized to improve alertness and performance
- **Standard E26 Base:** Fits most household lamps



## PRODUCT SPECIFICATIONS

SPECIFICATIONS <sup>1</sup>	LSH A19 60WE GD 120 SH BX	LSH A60 60WE GD E27 240 SH BX
Correlated Color Temperature	5000 K	
Output (Lumens)	800 lm	
Melanopic/Photopic Ratio (M/P)	0.93 +/-0.02	
Color Rendering Index	>=90	
Equivalent Source Standard	60 WE	
Input Voltage (V)	110-120 V	220-240 V
Power Consumption	9.5 W	
Power Factor	> 0.9	
Dimmable	Yes	
Product Dimensions (LxWxH in/mm)	4.7 x 2.4 x 2.4 in / 120 x 60 x 60 mm	
Weight (lbs/g)	0.14 lbs / 62 g	
Base	E26	E27
Warranty	3 Year Limited	
Environment	Damp	Dry
Certifications	ETL, FCC, RoHS	CE, RoHS

<sup>1</sup> Specifications and values supplied are nominal and are subject to change without notification

## ORDERING INFORMATION

FAMILY	PRODUCT	WATTAGE EQUIVALENT	COLOR TEMPERATURE	VOLTAGE	SERIES	PACKAGING
LSH - LSGC HealthE	A19	60WE	GD - GoodDay	120	SH	BX - Single Pack Box
	A60			240		

**example:** LSH A19 60WE GD 120 SH BX



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