

GoodDay® A19

HEALTHE™ LED LAMP FOR DAYTIME ALERTNESS, ENERGY AND FOCUS



Our patented GoodDay® LED lamp promotes alertness and enhances performance by maximizing light energy to help regulate hormone and energy levels throughout the day. This technology was first developed in collaboration with NASA to support the circadian rhythms of astronauts on the International Space Station. The GoodDay is a great, all-natural way to get a boost of energy.

For Best Results: Use the GoodDay LED lamps from morning to late afternoon, anytime you need to be at peak performance, and whenever it's important to be alert and focused. GoodDay is ideal for home, office and work environments where exposure to natural sunlight during the day may be limited.

- **Feel More Alert and Focused:** Our patented GoodDay® technology is scientifically proven to improve focus and boost energy and performance
- **All Natural Solution:** Safe and effective way to get an energy boost—similar to the effects of being outside in the sunshine
- **Ideal for Everyday Use:** Boosts energy, alertness and focus and alleviates symptoms of Seasonal Affective Disorder
- **Increased Performance:** Contains a composite of light energy optimized to improve alertness and performance
- **Standard E26 Base:** Fits most household lamps



PRODUCT SPECIFICATIONS

SPECIFICATIONS ¹	TABLE COLUMN HEADER
Color Temperature	5000 K
Output (Lumens)	650
Equivalent Source Standard	60 WE
Input Voltage (V)	120 V
Power Consumption	10 W
Power Factor	> 0.9
Dimmable	No
Product Dimensions (LxWxH in/cm)	4.24 x 2.36 x 2.36 in / 10.77 x 5.99 x 5.99 cm
Weight (lbs/kg)	0.28 lbs. / 0.13 kg
Base	E26
Warranty	5 Year Limited
Environment	Damp
Certifications	UL, FCC, RoHS

¹ Specifications and values supplied are nominal and are subject to change without notification

ORDERING INFORMATION

FAMILY	PRODUCT	WATTAGE EQUIVALENT	COLOR TEMPERATURE	VOLTAGE	SERIES	PACKAGING
LSH - LSLP HealthE	A19	60WE	AA - GoodDay (5000K)	120 - 120VAC	G1	BX - Single Pack Box

example: LSH A19 60WE AA 120 G1 BX

