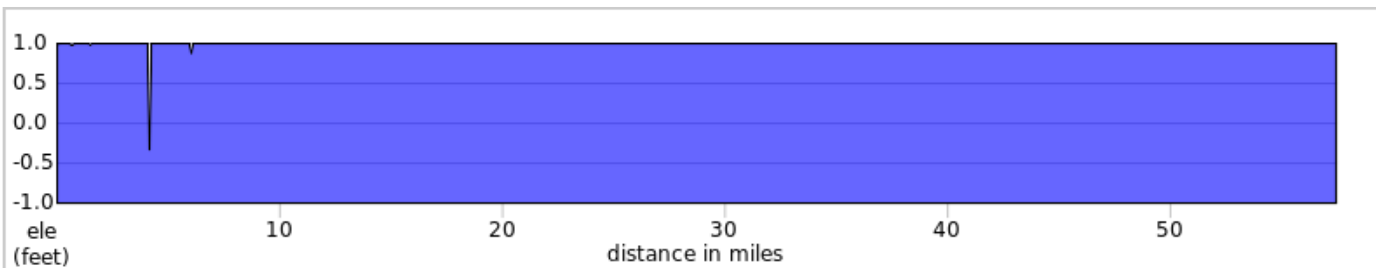
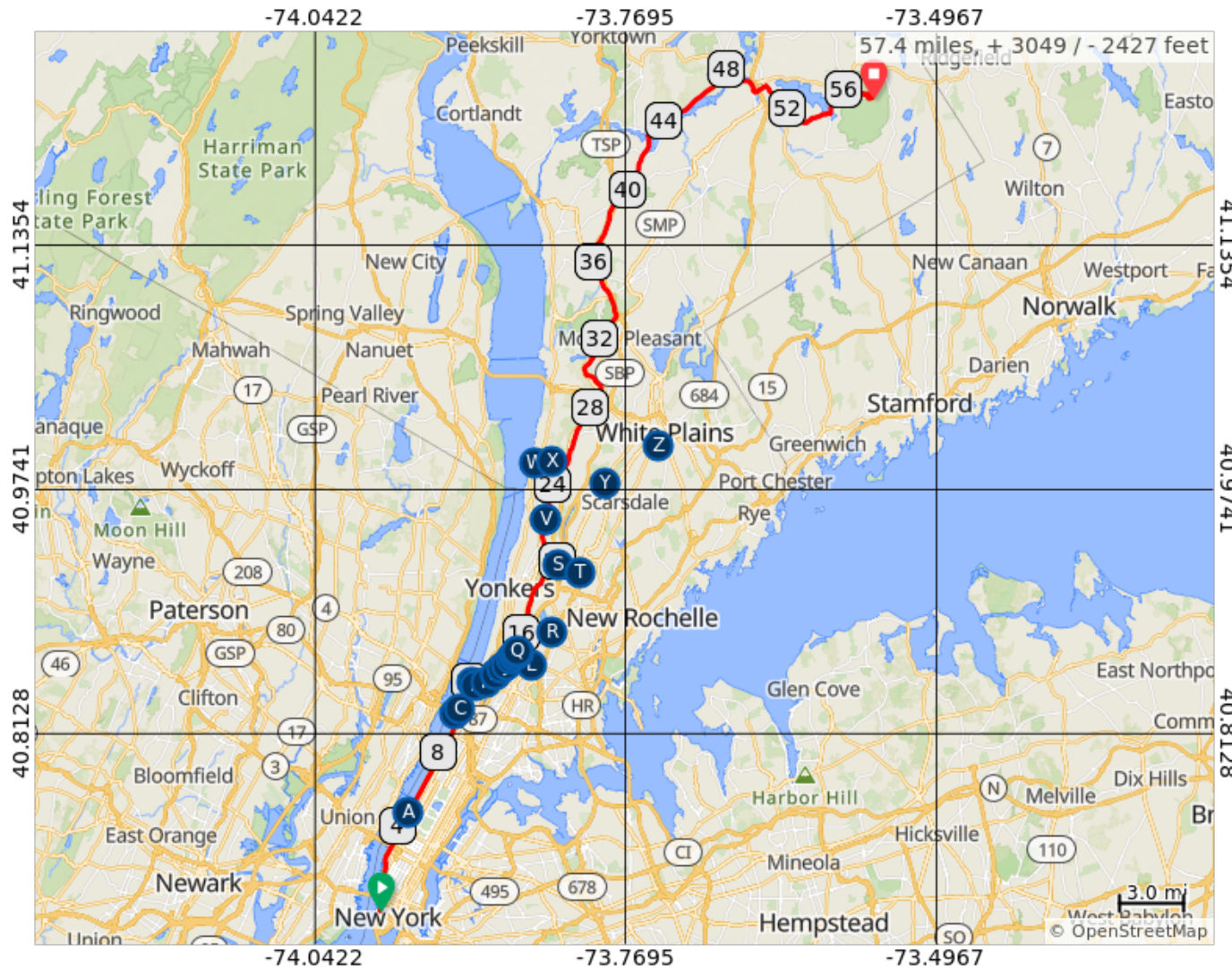


# NYC to WPR



- A. Detour
- B. Sometimes this is open
- C. Group Rest Stop #1
- D. Dyckman St Pedestrian Bridges
- E. Tread Bike Shop
- F. Intersection
- G. Broadway Bridge
- H. Broadway Bridge
- I. Bronx
- J. Intersection
- K. Intersection
- L. Montfiore Hospital
- M. Intersection
- N. Keep to the Left
- O. Group Stopping Pont #2
- P. Van Cortlandt Golf Clubhouse
- Q. Van Cortlandt Golf Clubhouse
- R. Garcias Bike Shop
- S. Start Descent
- T. New York Presbyterian

|    |   |
|----|---|
| U. |   |
| V. | Begin Rough Trail Patch                                     |
| W. | Endless Trails Bikeworx                                     |
| X. | Dobbs Ferry Pavilion of<br>St. John's Riverside<br>Hospital |
| Y. | Danny's Cycles  |
| Z. | White Plains Hospital                                       |

NYC to WPR

| Num | Dist | Prev | Type | Note                                      | Next |
|-----|------|------|------|---|------|
| 1.  | 0.0  | 0.0  | 📍    | Start of route                            | 2.3  |
| 2.  | 2.3  | 2.3  | ←    | L   | 0.0  |
| 3.  | 2.3  | 0.0  | →    | R   | 0.3  |
| 4.  | 2.6  | 0.3  | →    | R toward Hudson River Greenway            | 0.0  |
| 5.  | 2.6  | 0.0  | ←    | L onto Hudson River Greenway              | 1.3  |
| 6.  | 3.9  | 1.3  | ←    | Slight L to stay on Hudson River Greenway | 0.0  |

3.9 miles. +31/-24 feet

| Num | Dist | Prev | Type | Note  | Next |
|-----|------|------|------|---|------|
| 7.  | 3.9  | 0.0  | →    | R   | 0.0  |
| 8.  | 3.9  | 0.0  | ←    | L   | 0.1  |
| 9.  | 4.0  | 0.1  | ↑    | Continue onto 12th Ave                                      | 0.1  |
| 10. | 4.1  | 0.1  | →    | 12th Ave turns slightly R and becomes Hudson River Greenway | 0.7  |
| 11. | 4.9  | 0.7  | →    | R   | 0.0  |
| 12. | 4.9  | 0.0  | ←    | L   | 0.3  |
| 13. | 5.2  | 0.3  | →    | R   | 0.3  |

1.3 miles. +44/-32 feet

| Num | Dist | Prev | Type | Note   | Next |
|-----|------|------|------|--|------|
| 14. | 5.4  | 0.3  | →    | Slight R onto Hudson River Greenway                | 1.5  |
| 15. | 6.9  | 1.5  | →    | Slight R onto Cherry Walk/ Hudson River Greenway   | 1.0  |
| 16. | 7.9  | 1.0  | ↑    | Continue straight to stay on Hudson River Greenway | 0.2  |

2.7 miles. +28/-24 feet

| Num | Dist | Prev | Type | Note                               | Next |
|-----|------|------|------|------------------------------------|------|
| 17. | 8.1  | 0.2  | ←    | L to stay on Hudson River Greenway | 1.4  |
| 18. | 9.5  | 1.4  | →    | R to stay on Hudson River Greenway | 2.6  |
| 19. | 12.1 | 2.6  | →    | R toward Dyckman St                | 0.0  |
| 20. | 12.1 | 0.0  | →    | R onto Dyckman St                  | 0.2  |
| 21. | 12.3 | 0.2  | ←    | L onto Seaman Ave                  | 0.5  |

4.4 miles. +237/-222 feet

| Num | Dist | Prev | Type | Note  | Next |
|-----|------|------|------|---|------|
| 22. | 12.8 | 0.5  | →    | R at<br>Matty<br>Alou<br>Way<br>onto<br>Isham<br>St             | 0.1  |
| 23. | 12.9 | 0.1  | ←    | L onto<br>Broadw<br>ay/Juan<br>Rodrigu<br>ez Way                | 0.2  |
| 24. | 13.1 | 0.2  | →    | R onto<br>W<br>214th<br>St                                      | 0.0  |
| 25. | 13.1 | 0.0  | →    | R onto<br>U.S. 9<br>N/<br>Broadw<br>ay/Juan<br>Rodrigu<br>ez Wy | 1.1  |

0.8 miles. +6/-19 feet

| Num | Dist | Prev | Type | Note   | Next |
|-----|------|------|------|--|------|
| 26. | 14.2 | 1.1  | →    | R onto<br>W<br>233rd<br>St                     | 0.1  |
| 27. | 14.3 | 0.1  | ←    | L onto<br>Bailey<br>Ave                        | 0.5  |
| 28. | 14.9 | 0.5  | ←    | Slight L<br>to<br>stay on<br>Bailey<br>Ave     | 0.0  |
| 29. | 14.9 | 0.0  | ↑    | Continu<br>e onto<br>Van<br>Cortlan<br>dt Park | 0.3  |
| 30. | 15.2 | 0.3  | ←    | L<br>toward<br>Old<br>Putnam<br>Trail          | 0.0  |

2.0 miles. +15/-14 feet

| Num | Dist | Prev | Type | Note   | Next |
|-----|------|------|------|--|------|
| 31. | 15.2 | 0.0  | →    | R<br>toward<br>Old<br>Putnam<br>Trail                    | 0.0  |
| 32. | 15.2 | 0.0  | →    | R onto<br>Old<br>Putnam<br>Trail                         | 1.3  |
| 33. | 16.5 | 1.3  | ↑    | Continu<br>e onto<br>S<br>County<br>Trailwa<br>y         | 1.4  |
| 34. | 17.9 | 1.4  | →    | Slight<br>R to<br>stay on<br>S<br>County<br>Trailwa<br>y | 10.6 |

2.8 miles. +80/-7 feet

| Num | Dist | Prev | Type | Note   | Next |
|-----|------|------|------|--|------|
| 35. | 28.6 | 10.6 | ←    | L onto<br>W Main<br>St                                     | 0.0  |
| 36. | 28.6 | 0.0  | →    | R onto<br>N<br>County<br>Trailwa<br>y                      | 7.7  |
| 37. | 36.2 | 7.7  | ←    | Slight L<br>onto<br>NY-100<br>N/Saw<br>Mill<br>River<br>Rd | 0.5  |
| 38. | 36.7 | 0.5  | →    | R onto<br>N<br>County<br>Trailwa<br>y                      | 1.6  |

18.8 miles. +284/-183 feet

| Num | Dist | Prev | Type | Note                                  | Next |
|-----|------|------|------|---------------------------------------|------|
| 39. | 38.3 | 1.6  | →    | R onto NY-100 N                       | 0.8  |
| 40. | 39.2 | 0.8  | →    | R onto N County Trailway              | 0.3  |
| 41. | 39.5 | 0.3  | ←    | Slight L to stay on N County Trailway | 2.2  |
| 42. | 41.6 | 2.2  | →    | Keep R to stay on N County Trailway   | 1.2  |

4.9 miles. +56/-159 feet

| Num | Dist | Prev | Type | Note                            | Next |
|-----|------|------|------|---------------------------------|------|
| 43. | 42.8 | 1.2  | →    | R onto NY-118 S                 | 0.6  |
| 44. | 43.5 | 0.6  | ←    | L onto NY-100 N                 | 4.3  |
| 45. | 47.7 | 4.3  | →    | R onto NY-35 E/ Woods bridge Rd | 1.4  |
| 46. | 49.1 | 1.4  | →    | R onto Woods Bridge Rd          | 0.4  |
| 47. | 49.5 | 0.4  | ←    | L onto Edgemont Rd              | 0.1  |

7.9 miles. +324/-343 feet

| Num | Dist | Prev | Type | Note  | Next |
|-----|------|------|------|---|------|
| 48. | 49.6 | 0.1  | →    | Edgemont Rd turns R and becomes Katonah Ave | 0.1  |
| 49. | 49.7 | 0.1  | ←    | L onto Jay St                               | 0.6  |
| 50. | 50.3 | 0.6  | →    | R onto NY-22 S                              | 1.6  |
| 51. | 51.9 | 1.6  | ←    | L onto Cantiole St/ Girdle Ridge Rd         | 0.0  |

2.4 miles. +313/-41 feet

| Num | Dist | Prev | Type | Note   | Next |
|-----|------|------|------|--|------|
| 52. | 51.9 | 0.0  | →    | R onto Girdle Ridge Rd                                     | 1.1  |
| 53. | 53.0 | 1.1  | ←    | Girdle Ridge Rd turns slightly L and becomes Upper Hook Rd | 1.2  |
| 54. | 54.2 | 1.2  | ←    | L onto NY-121 N  | 1.2  |
| 55. | 55.4 | 1.2  | →    | R onto Reservation Rd                                      | 1.4  |

3.5 miles. +147/-319 feet

| Num | Dist | Prev | Type | Note                   | Next |
|-----|------|------|------|------------------------|------|
| 56. | 56.8 | 1.4  | →    | R onto Pell Hill       | 0.4  |
| 57. | 57.2 | 0.4  | ←    | L to stay on Pell Hill | 0.1  |
| 58. | 57.2 | 0.1  | ←    | L                      | 0.2  |
| 59. | 57.4 | 0.2  | 📍    | End of route           | 0.0  |

2.1 miles. +200/-9 feet