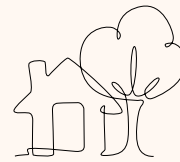


CHECKLIST

Baby must-haves for trips

Overnight trips

- One stuffed animal for each child
- Baby carrier (**THIS** is our very favorite carrier)
- Car seat liner to avoid sweating
(We love the **Air Layer** to protect your child from the heat)
- Stroller (incl shades)
- Travel cot if needed (**THIS** is our favorite super lightweight one)
TIP: if not needed, bring a mattress protector to use on the hired travelcot (such as the **AeroSleep mattress protector**)
- Travel cot sheets
- Baby monitor
- White noise app on your phone
- Swaddle or sleeping bag
(We love the **Bag & Seasons** by Puckababy)



Day trips

- SNACKS. So many snacks
- Reusable water bottles
- (Rain) jacket
- Baby sunglasses
- Wide brimmed sun hat or cap
- Natural sunscreen
- 1-2 small quick-dry travel towels
- Hooded towel
- 2 piece baby bathing suit with SPF/UPF
- Reusable or disposable swim diapers
- Beach tent
- Seat liner for prams to avoid sweating (we love the **Air Layer** to protect your child from the heat)
- Stroller (including sun/rain shades and mosquito cover)
- Throw blanket or travel cot for fun outside (eg **AeroMoov travel cot** with mosquito cover and sunshade)
- Wipes (trust me, you'll want some even with older kids)
- Hand sanitizer
- Bandages + Anti-bacterial ointment
- Pain relief medicine for babies
- Insect repellent