Coconut Lemon Chicken Soup

Ingredients





2 inch fresh ginger 1 inch fresh turmeric

2-3 large garlic cloves

1 handful of coriander

2 spring onions, quartered

1 red chilli, seeds removed

1 litre chicken/veggie stock 400g tin coconut milk juice of 1-2 lemons 2 tsp coconut sugar

salt & pepper to taste 200–300g cooked chicken

Directions

- 1. Mince ginger, turmeric and garlic, finely chop coriander, spring onions and chilli. Mix in a bowl, reserving a pinch of fresh coriander.
- Add half mixture to a soup pot, along with the stock. Simmer for 10 mins.
- Add coconut milk, lemon juice, and coconut sugar and simmer for a further 10 mins.
- 4. Add cooked chicken, and simmer until warmed through.
- 5. Season with salt & pepper and serve garnished with fresh coriander, lemon zest, and/or sliced chilis.

