

BLEPHASTEAM®



| Quick Start Manual



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Please read the provided leaflet completely before first use and at any time needed

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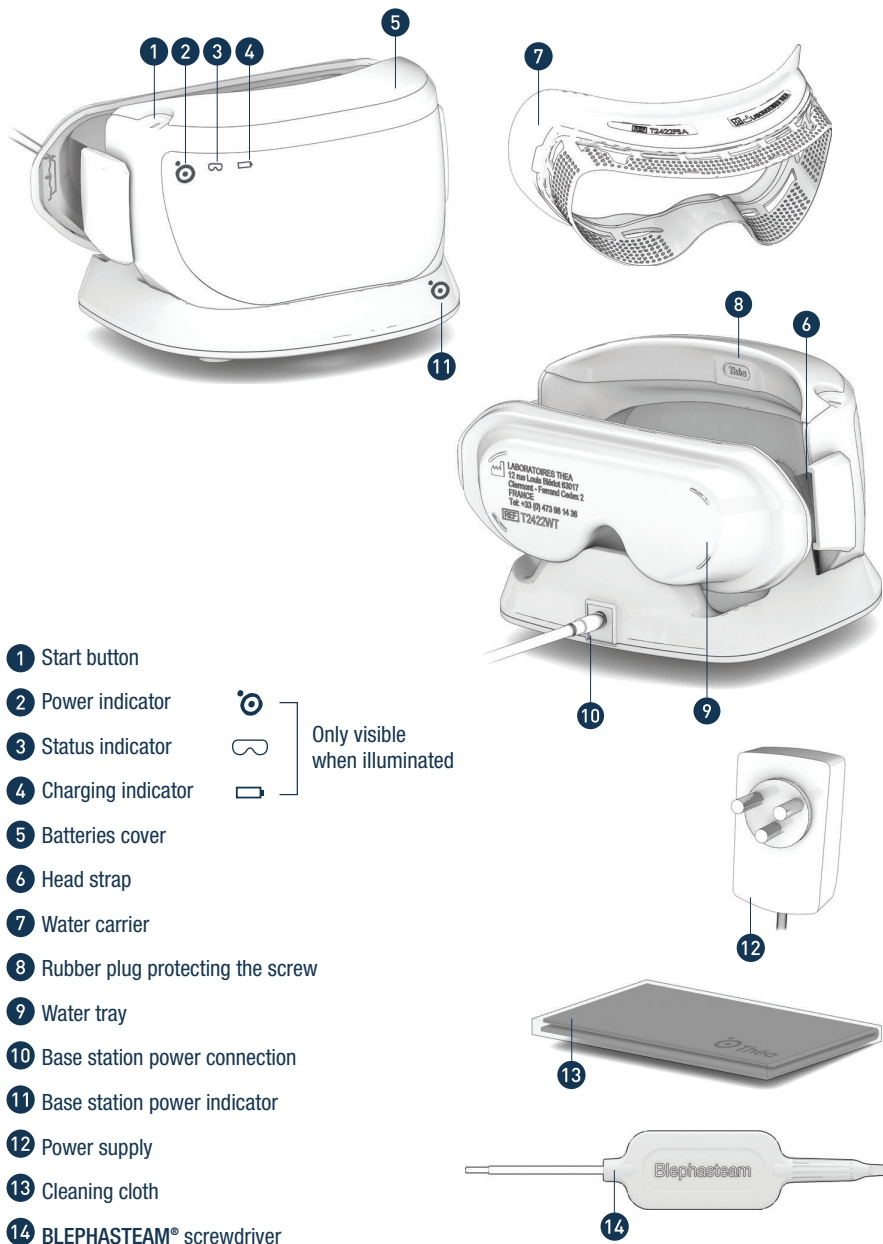
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1 / Description



2 / Safety

1. Please read the provided leaflet completely before first use and at any time needed.
2. Please read these instructions before use.
3. Not to be used by children without adult supervision.
4. Do not touch the inside of the device once preheat has started as these surfaces can be hot.
5. Always empty and dry the water tray after use.
6. Use with clean, room temperature drinking water only.
7. Do not immerse the device in water, or attempt to heat in a microwave or any external heat source.
8. Do not put any part in an autoclave.
9. The session should feel warm around the eyes. If you experience any irritation or discomfort stop using the device and seek medical advice.

3 / First time setup

1. Remove the BLEPHASTEAM® and base from carry case.
2. Using the screwdriver supplied, remove the soft rubber plug.
3. Remove the small screw to release the batteries cover.
4. Remove the cover, install batteries. Once batteries are installed, replace cover, tighten the screw and replace rubber plug.



5. Try the device on and adjust the strap tension. Do not over tighten. Please note that, for use in healthcare practices, patients should wear a hair hygiene protection cap.
6. Plug base station into the main power supply.

i The BLEPHASTEAM® will need to be charged before initial use. Charging is complete when the **green** battery light stops blinking.



4 / Using your BLEPHASTEAM®

1. Remove the water tray and water carrier from the base station.

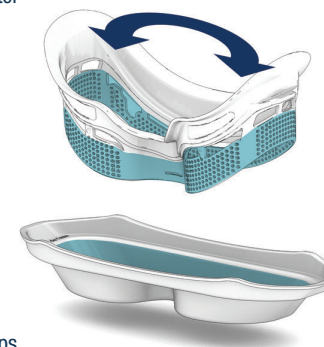


2. To start the device, place your finger on the start button. A beep will sound and the BLEPHASTEAM® status light will pulse **orange**.

i The device is preheating. It will take approximately 4 mins. It is ready when the beeper gives short intermittent beeps.



3. Fill the water tray with water to the indicated water level, then immerse the water carrier completely.
4. Ensure all holes are filled by gently rocking the water carrier. If necessary shake off any excess water.

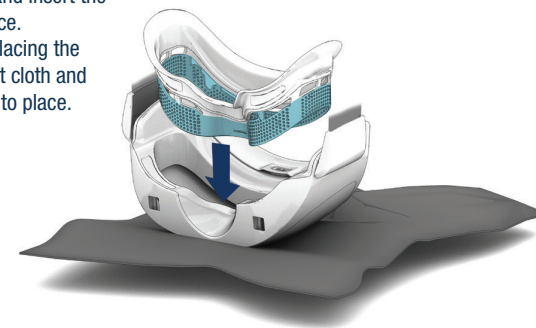


5. The BLEPHASTEAM® is ready to use when 3 beeps sound and the device status light flashes **green**. Leave the device on its base station until you are ready to use it.

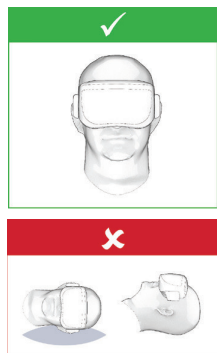
i If the BLEPHASTEAM® is left waiting for more than 10 minutes, the device will switch off and all the steps of the process will need to be restarted.



6. Provided the preheat is complete, remove device from base station and insert the water carrier into the device. This can be achieved by placing the device face down on a soft cloth and sliding the water carrier into place.



7. Fit the BLEPHASTEAM® over your eyes and strap around your head. Session is now underway. The green status light will pulse slowly. For healthcare practices use, patients should wear a hair hygiene cap.



To stop using the device at any stage:

- While preheating, you will need to lift the device off the base station and replace it.
- While wearing the mask, you will need to remove the device from your head, take the water carrier out and return the mask to its base station.

8. Session takes 10 minutes. At the end of the treatment 2 beeps will sound (repeating) and the orange status light will be on.



9. At the end of session, remove the BLEPHASTEAM® from your head.
10. Remove the water carrier and let it dry.
11. Replace the mask onto its base for homecare use.

For use in healthcare practices only the mask (PN: T2422M) should be cleaned and only with TRISTEL DUO® OPH. Three pumps of the foam should be applied on a dry TRISTEL DUO® wipe on the mask but do not apply TRISTEL DUO® OPH product on metal pins below the mask and on the headstrap. Leave on for at least 30 sec and then remove the foam with TRISTEL DUO® Rinsing wipes only and never put water on the mask to rinse.

Once cleaned, the mask can be replaced on its base.

More details on the cleaning protocol are available on www.tristel.com

12. Massage your eyelids and clean them with a wipe such as **Blephaclean®**.



Always charge the device after use. This will normally take about 90 mins. The green battery light will flash while the device is charging.

5 / Maintenance

General Care:

- Homecare use: Occasional wiping of your device with the provided cleaning cloth is recommended.
- Healthcare practice use: please refer to www.tristel.com to have more details on the cleaning protocol of the mask. Only use TRISTEL DUO® OPH. The rinsing step should only be done with TRISTEL DUO® Rinsing wipe and never directly with water.
- Do not immerse the device or the base station in water.
- Homecare use: The water carrier should be washed in water only and allowed to dry. It is recommended that you replace the water carrier after 3 months of use (see spare parts).
- Healthcare practice use: The water carrier is dedicated to one patient and must be changed between patients.
- Do not store any components when they are wet.
- Recharge your BLEPHASTEAM® at the end of each treatment.
- The device can be left on the plugged in base station between use.
- The water carrier is intended to be used by one person only and should be replaced between patients.
- The water carrier should not be sterilised in an autoclave.

Long term storage of your device:

- If your BLEPHASTEAM® is used intermittently it is still recommended that you leave the device plugged in and on the base station.
- The device can be stored in its carry case at any stage for convenience. Note: After an extended period of storage the batteries will need up to 3 hours for recharging.
- It is recommended if you do not intend to use your BLEPHASTEAM® for a long period (more than 2 months) you remove the batteries. They could leak and damage your device.

6 / Spare Parts

Batteries:

- The batteries in your BLEPHASTEAM® will last several months covering hundreds of treatments.
- Should they require replacement contact your BLEPHASTEAM® distributor.
 - IMPORTANT:**
 - ONLY USE BLEPHASTEAM® SPECIFIC BATTERIES IN YOUR DEVICE.
 - Other batteries could damage your device and will void your warranty.

Water Carrier:

- For homecare use only: This component is reusable when handled as directed.
- For healthcare practice use: It is dedicated to one patient and should be replaced between patients.

Replacement Water Carriers are available from your BLEPHASTEAM® distributor.

Other Parts Available:

- Child (or adult with smaller face) water carrier.
- BLEPHASTEAM® microfibre cleaning and lens wiping cloth.
- TRISTEL DUO® OPH Cleaning products to be used by physicians only available on www.tristel.com

7 / FAQ - Troubleshooting

Indication	Cause	Action
 Blue Thea logo on the base is not lit.	There is no power to the device.	Check the main power outlet is not faulty and is switched on. Check the power supply connection to the base is fully in.
 Blue Thea logo on the headset is not lit.	The head set is not correctly fitted on the base station.	Lift up the headset and replace carefully back on the base station. This cannot be done with the water carrier in place.
 4 audible alert beeps, followed by the green battery light flashing. (This would normally occur during treatment.)	Batteries are running low.	Order new batteries from your Distributor. Replace batteries when convenient. (The device can still be used.)
 The device status light is flashing orange and green and the green battery charging light is on (continuously). 	The batteries are exhausted.	Replace batteries with new batteries. (The device cannot be used.)
 The device status light is flashing orange and green.	The device has detected a temperature anomaly.	Remove water carrier, unscrew batteries cover and remove batteries. Wait for 15 minutes with device away from any heat source or draft. Replace batteries, cover and screw. Return device to the base station and restart normally. If the problem continues return device to your BLEPHASTEAM® Distributor.
 The device status light is flashing orange and green and the Thea blue light is flashing. 	The device has an internal fault.	Contact your BLEPHASTEAM® Distributor.



Laboratoires THÉA
12, rue Louis Blériot
63017 Clermont-Ferrand
CEDEX 2 - FRANCE



www.BLEPHASTEAM.com