

How to adjust the ear rests on your Ziena or 7eye AirShield glasses

Most people will not need to make any adjustments to their glasses in order to achieve a satisfactory fit.

However, if required, you can adjust the latest Ziena and 7eye AirShield glasses to optimise the fit so that you achieve maximum dry eye relief and protection from wind, dust, and pollen.

You can adjust the ear rests (the matt black part) to make them more comfortable and to achieve a tighter fit of the glasses. 7eye refer to this feature as "bendable temples". This feature comes as standard on these models: 7eye Ventus, 7eye Notus, 7eye Panhead, Ziena Kai, Ziena Marina.



You can bend the ear rests in any direction:

- straighten them if they are uncomfortable or if they don't fit under your helmet or when you're wearing a hearing aid
- bend the hook of the ear rest down more sharply to bring the eye cups closer to your face

Don't adjust the glasses if you may return them!

If you decide that the glasses you've ordered are not for you, it's okay to return them within 14 days of receiving them. To maximise your refund, it's essential that you return the glasses in "as new condition", without making any adjustments.

If I can't adjust the glasses how do I know whether to keep them?

You can easily tell whether it's worth making the adjustments, by pushing the glasses further up your nose and assessing whether the fit is significantly better in that position. If so, and you decide to keep the glasses, we recommend making gradual adjustments until you reach the optimum fit.

A good way to adjust the ear rests is to put the glasses on and, while still wearing them, bend the rests into the optimum shape.

Adjusting the nose pads on Ziena glasses

On Ziena Kai and Marina glasses, you can also adjust the nose pads.



Squeeze together the pads if you want to:

- change the height that the glasses are resting on your face
- tighten the fit of the eye cups to your face
- stop the glasses from sliding down your nose

Push the pads apart if you want to:

- reduce your lenses from fogging up
- achieve a closer fit of the eye cup on your cheekbones
- change the effective varifocal heights if necessary, for example to achieve a clearer view of your computer screen

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