

BOUTIQUE PELVIC HEALTH PHYSIOTHERAPY

NURTURE

PELVIC PAIN PROGRAM

Is persistent pelvic pain affecting your life?

Come and improve your movement, strength and wellbeing at NURTURE.

NURTURE is a 5-week group education and movement program aimed at helping you manage your symptoms.

It is suitable for anyone with persistent pelvic pain who is looking to get back to doing what they enjoy!

For more information or to enrol contact Zara on
5552 1912.

Boutique Pelvic Health
Boutique Building
55 Bundall Road, Bundall

WEDNESDAY 10-11.30AM