

POST-PEEL TREATMENT CARE INSTRUCTIONS

FOR 7 DAYS POST TREATMENT

In order to maintain skin comfort and control residual inflammation from the peel treatment, it is important that you follow the below post peel treatment homecare protocol for up to 7 days (time will vary depending on the intensity of the peel administered). You may recommence your normal daily skin regime 7 days post peel treatment, unless specified otherwise by your skincare specialist.

The need to use a broad spectrum SPF product cannot be overemphasised. Failure to use an SPF product for at least 7 days following the peel treatment could result in a significant sunburn and may compromise the overall result achieved.

DO...

- Gently handle skin with care.
- Minimise sun exposure and wear a hat when possible.
- Wear a broad spectrum SPF.
- The use of mineral make-up is preferred.
- Keep skin hydrated and nourished with the recommended homecare protocol.

DO NOT...

- Do not expose the skin to sun.
- Do not use tanning beds or tanning products.
- Do not use AHA, BHA, topical steroids, retinol or scrubs.
- Do not use products that may irritate the skin.
- Do not use face cloths during cleansing.
- No hair removal for 7 days (including waxing, threading, depilatory creams etc.)
- Avoid touching the skin and do not pick or pull.
- Avoid strenuous exercise for 24 hours post peel as this may compound any inflammation.
- Avoid swimming or the use of spas or saunas.

POST PEEL HOMECARE PROTOCOL



ADVANCED CLEANSER
All-In-One Cleansing Foam



K CEUTIC
Restoring Post Treatment Cream



PANTHENOL
Nourishing Restoring Ointment

