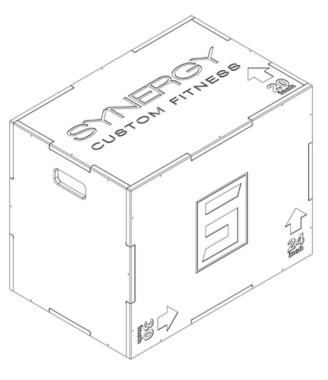




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We are here to support you in any way we can. Scan the QR code for options on how to best contact us or visit us at



https://www.synergycustomfitness.com



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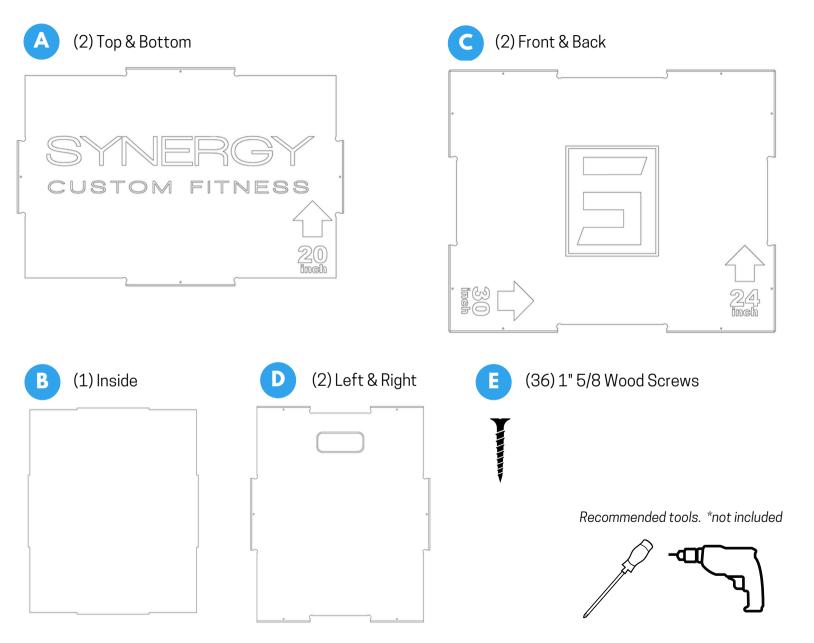
scan QR code for options on how to contact us



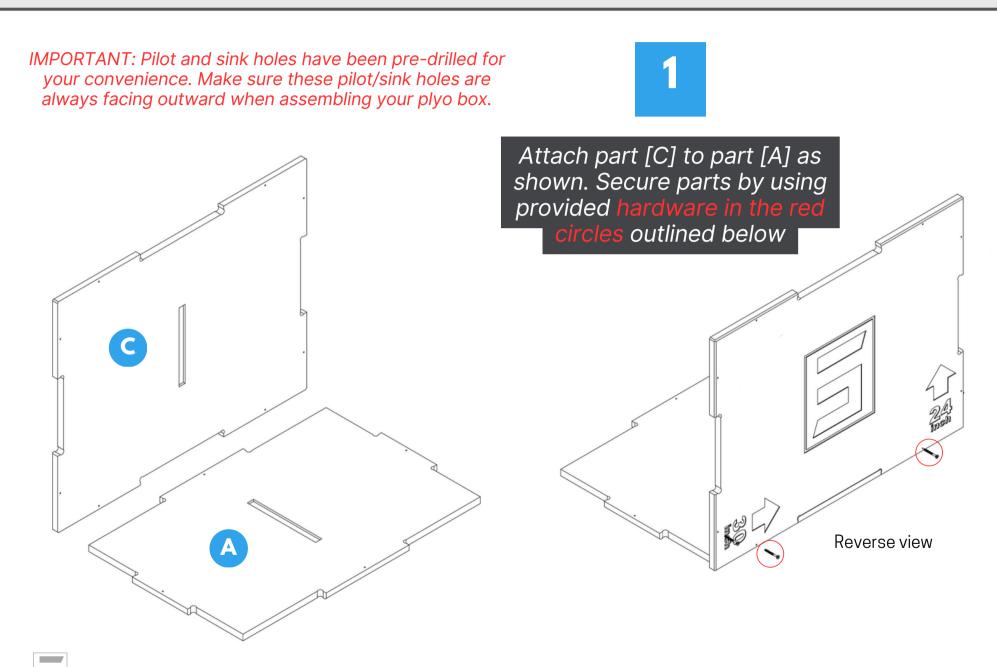


Plyo Box

Model # PLYB-141618 PLYB-202430







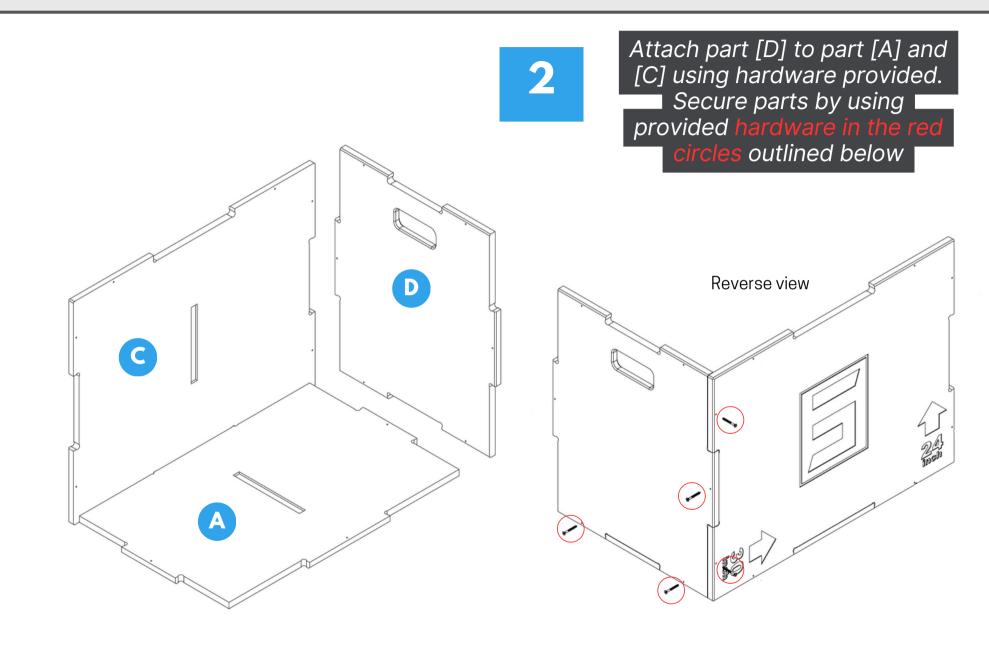


Model #

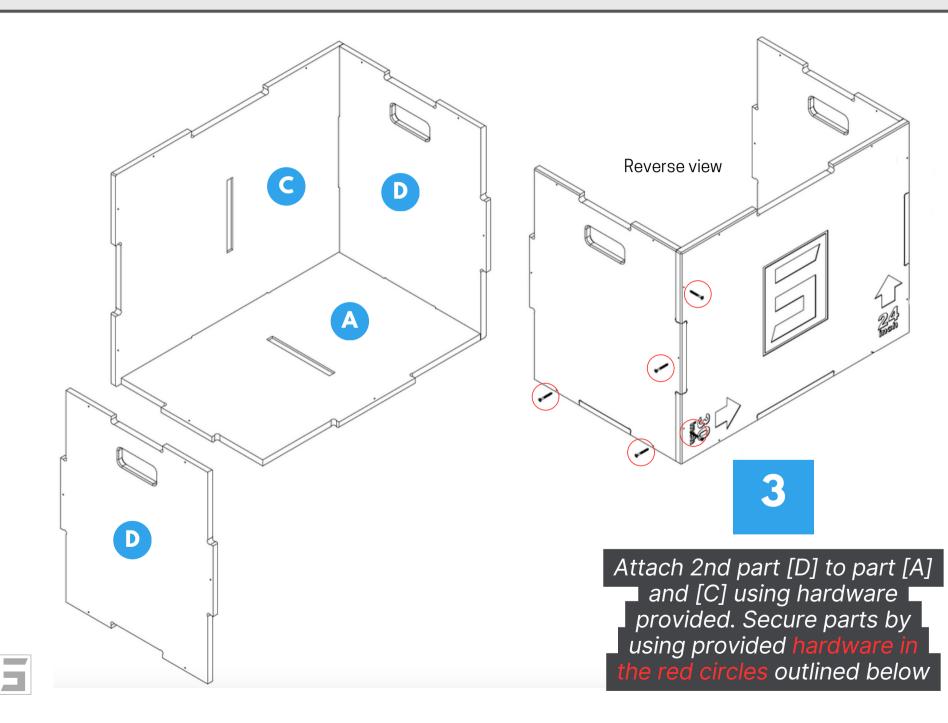
PLYB-141618

PLYB-202430

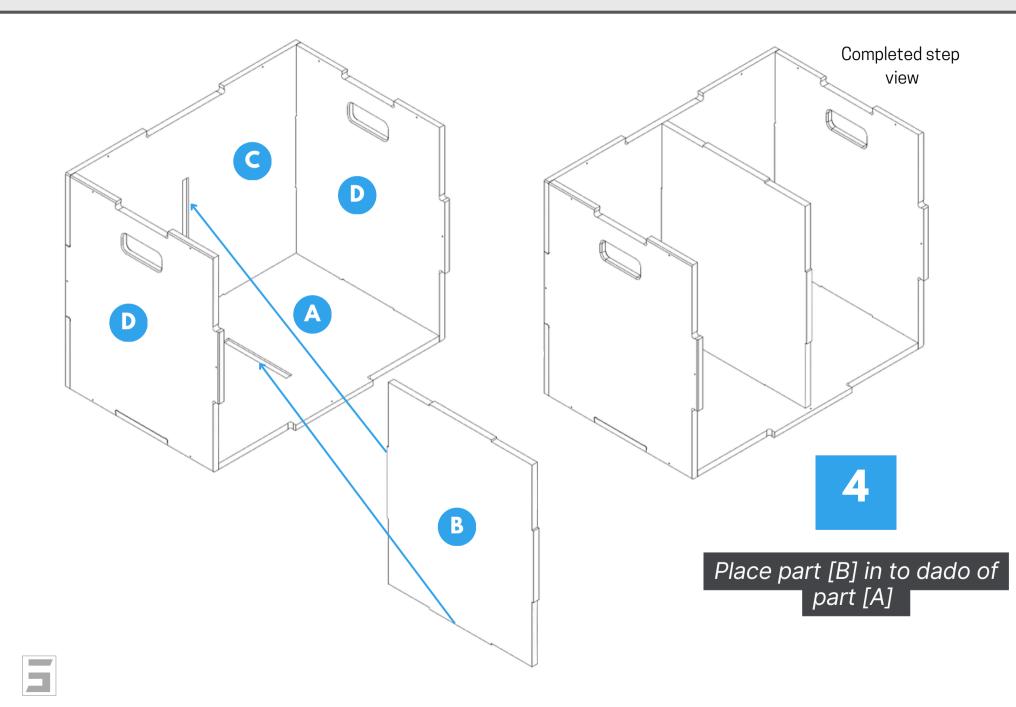






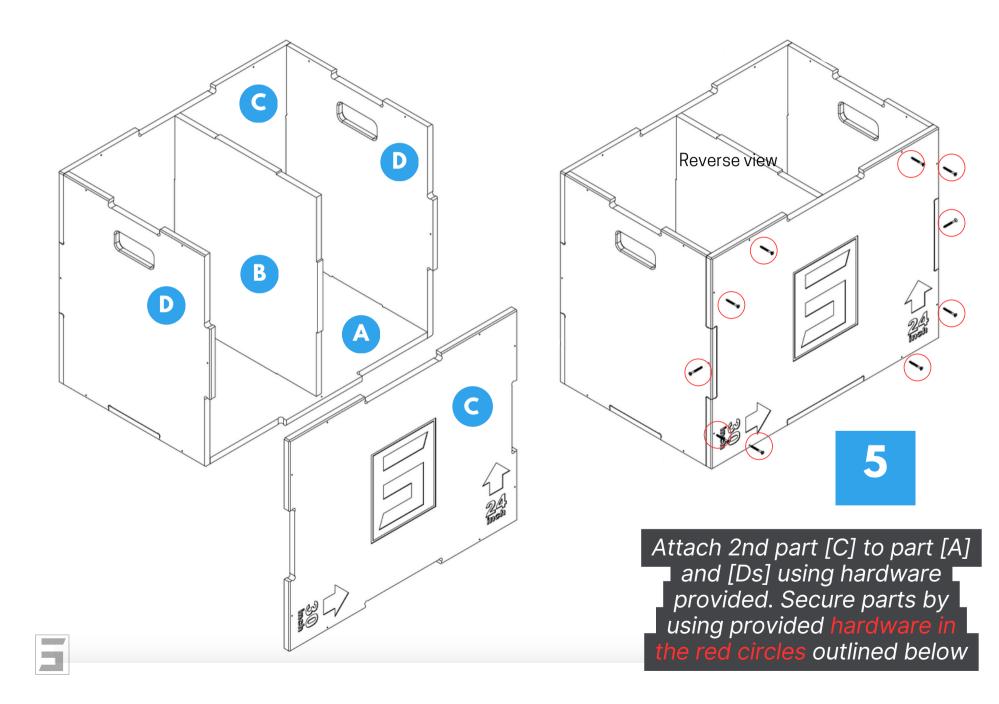






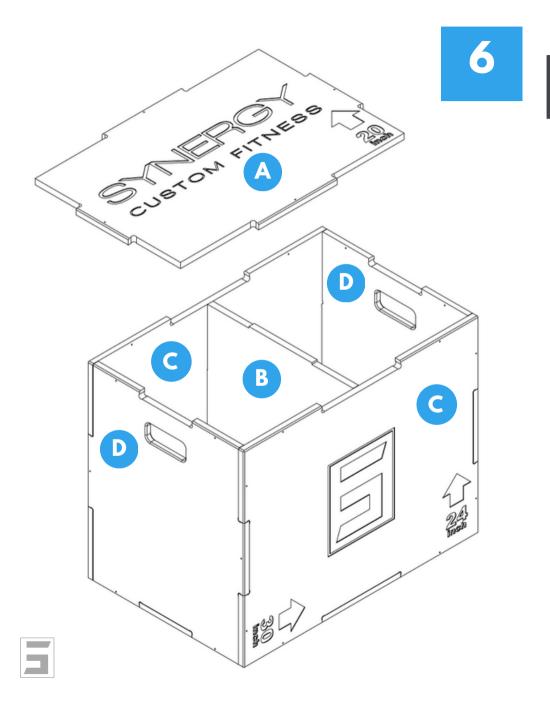


Model # PLYB-141618 PLYB-202430

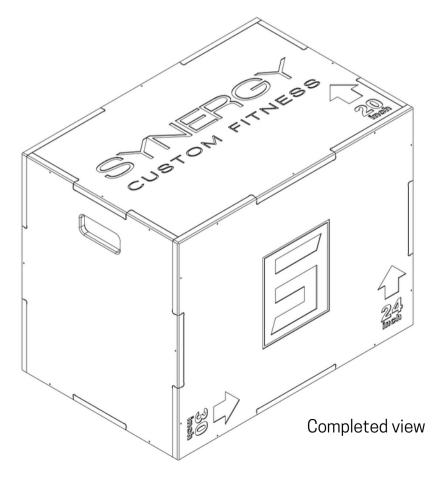


STEP 6

Model # PLYB-141618 PLYB-202430

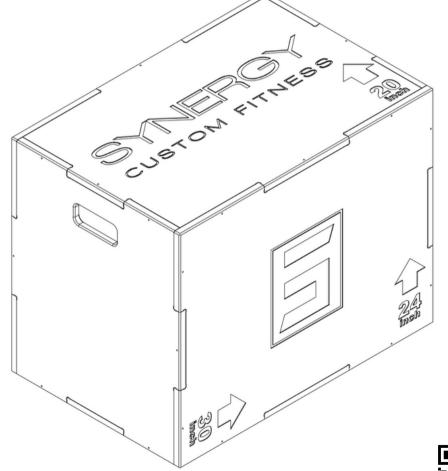


Attach final part [A] as shown below. Use hardware provided to secure part. **IMPORTANT**: Inspect to ensure ALL 36 screws are securely fastened



COMPLETED





Wasn't that easy?

You have assembled your new Plyo Box and didn't even break a sweat.

Now go brag about it in social media and get your workout done!







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WARNINGS



Heavy Object. Use lifting aids and proper lifting techniques when moving to avoid injury.



Choking Hazard. Small parts – Please exercise caution if small children or pets are present.



Sharp Objects.

Sharp objects may be included. Always use precaution and protection to avoid injury.



Suffocation Hazard. Plastic bags may be involved. Please exercise caution by keeping bags away from babies, small children and pets.