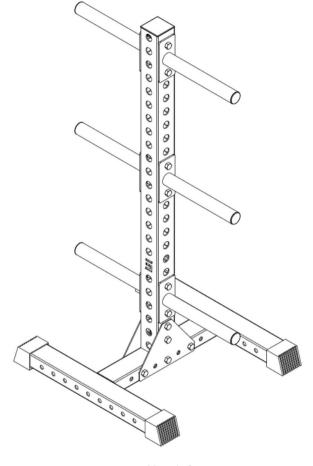
ASSEMBLY INSTRUCTIONS

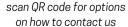




CONGRATULATIONS ON YOUR NEW PURCHASE

WELCOME TO THE SYNERGY FAMILY! We know you need support, so we're here for you









We are here to support you in any way we can. Scan the QR code for options on how to best contact us or visit us at



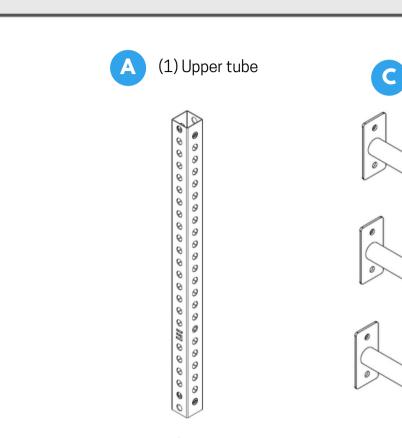
https://www.synergycustomfitness.com



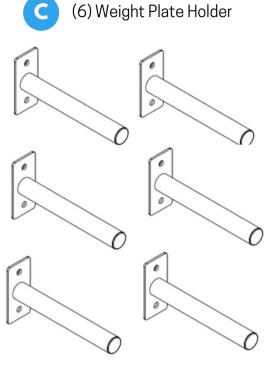
You can also email us support@synergycustomfitness.com or call us at 1-877-305-4057

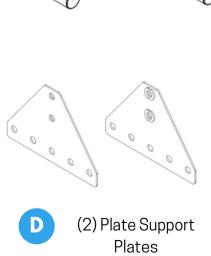
INSIDE THE BOX

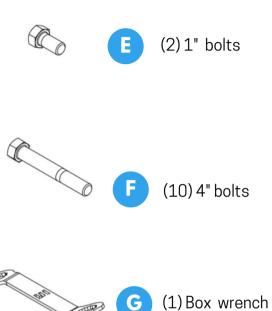
Model # PL-RK3

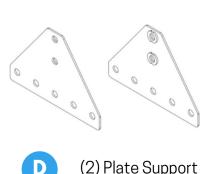


(1) Leg base





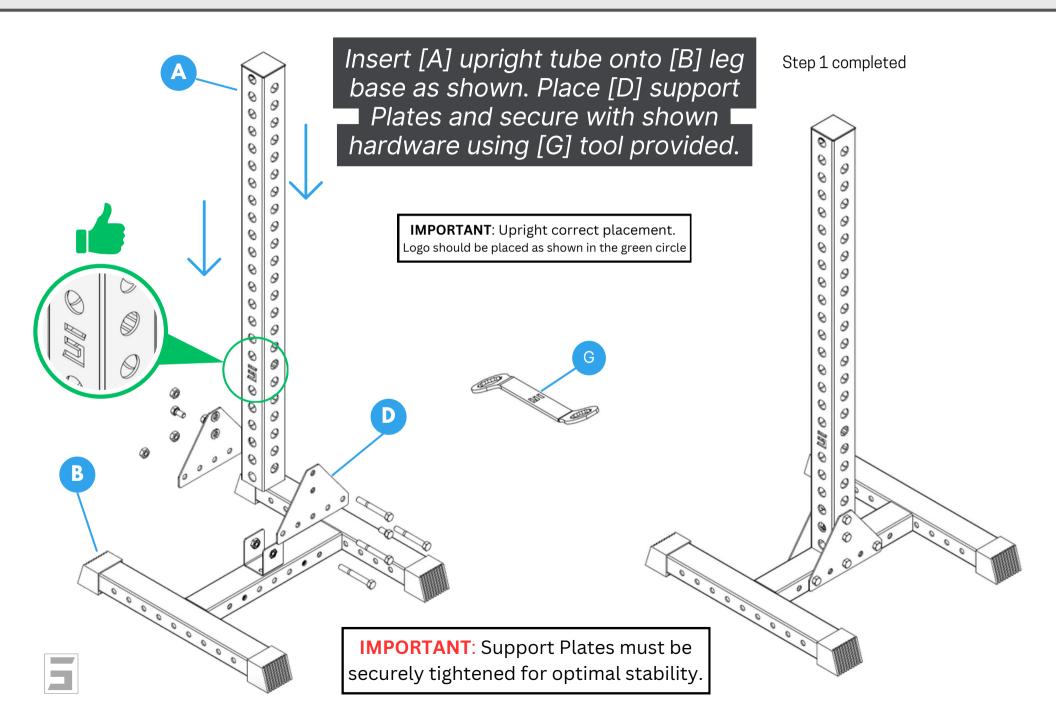




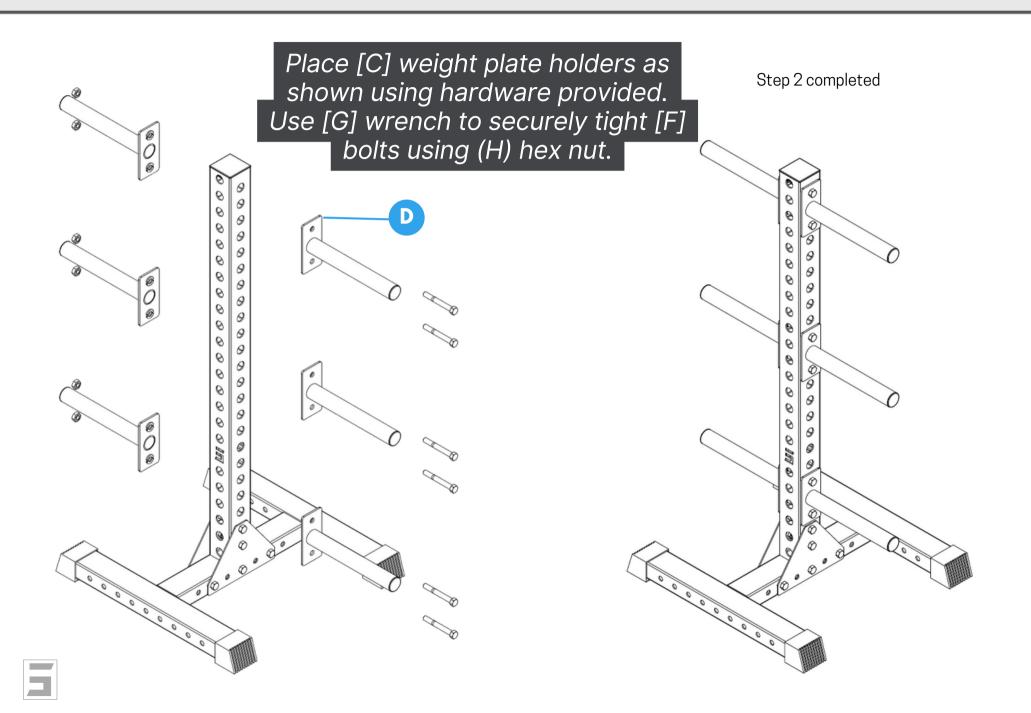




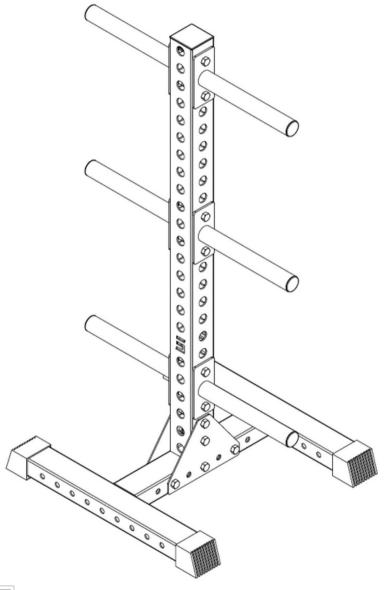
STEP 1



STEP 2



COMPLETED



Wasn't that easy?

You have assembled your new dumbbell rack and didn't even break a sweat.

Now go brag about it in social media and get your workout done!











ADDITIONAL INFORMATION

Model # PL-RK3

NEED SUPPORT?

VISIT US ONLINE!

Contact us.



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https://www.synergycustomfitness.com



You can also email us support@synergycustomfitness.com or call us at 1-877-305-4057

scan QR code to visit us online



WARNINGS



Heavy Object.

Use lifting aids and proper lifting techniques when moving to avoid injury.



Sharp Objects.

Sharp objects may be included. Always use precaution and protection to avoid injury.



Choking Hazard.

Small parts - Please exercise caution if small children or pets are present.



Toll free: 877-305-4057

Suffocation Hazard. Plastic bags may be involved. Please exercise caution by keeping bags away from babies, small children and pets.