



CONGRATULATIONS ON YOUR NEW PURCHASE

WELCOME TO THE SYNERGY FAMILY!
We know you need support, so we're here for you



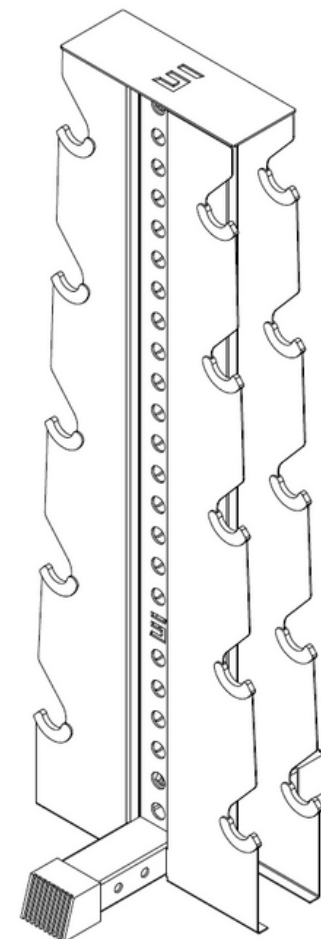
We are here to support you in any way we can. Scan the QR code for options on how to best contact us or visit us at



<https://www.synergycustomfitness.com>



You can also email us support@synergycustomfitness.com or call us at 1-877-305-4057



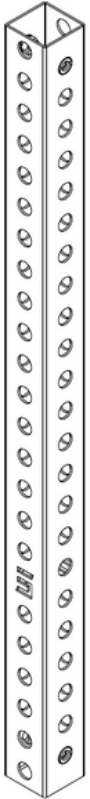
*scan QR code for options
on how to contact us*



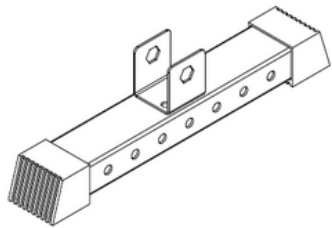
INSIDE THE BOX

Model #
DBRK5E

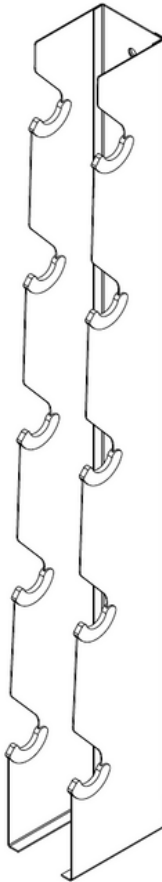
A (1) Upper tube



C (1) Logo plate



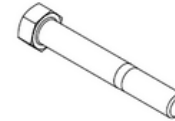
B (1) Leg base



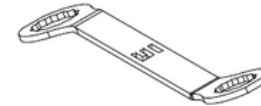
D (2) Holder



E (4) 1" 1/2-13 bolt



F (1) 4" bolt



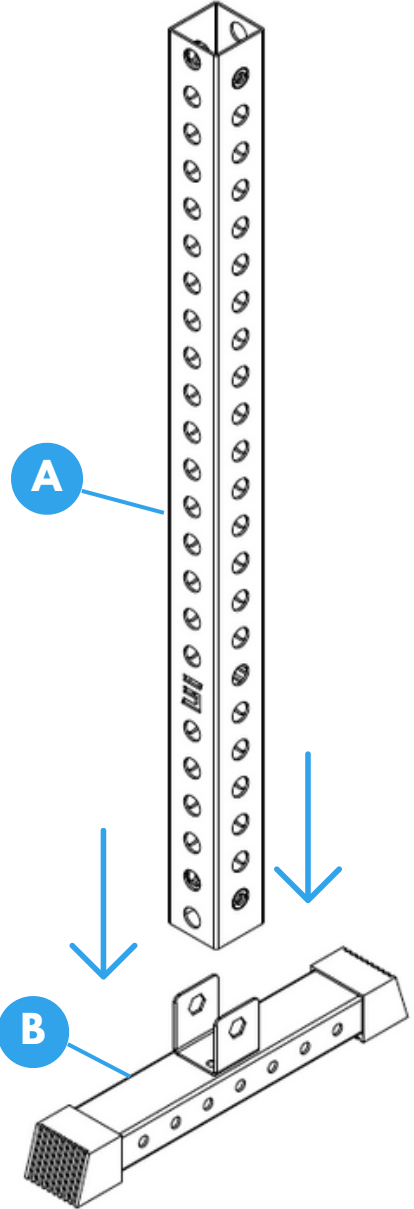
G (1) Box wrench



H (1) 1/2-13 hex nut

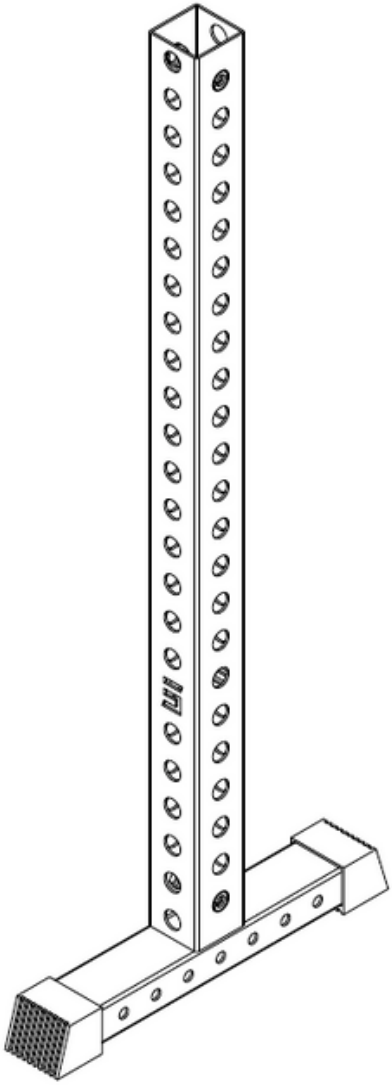
STEP 1

Model #
DBRK5E



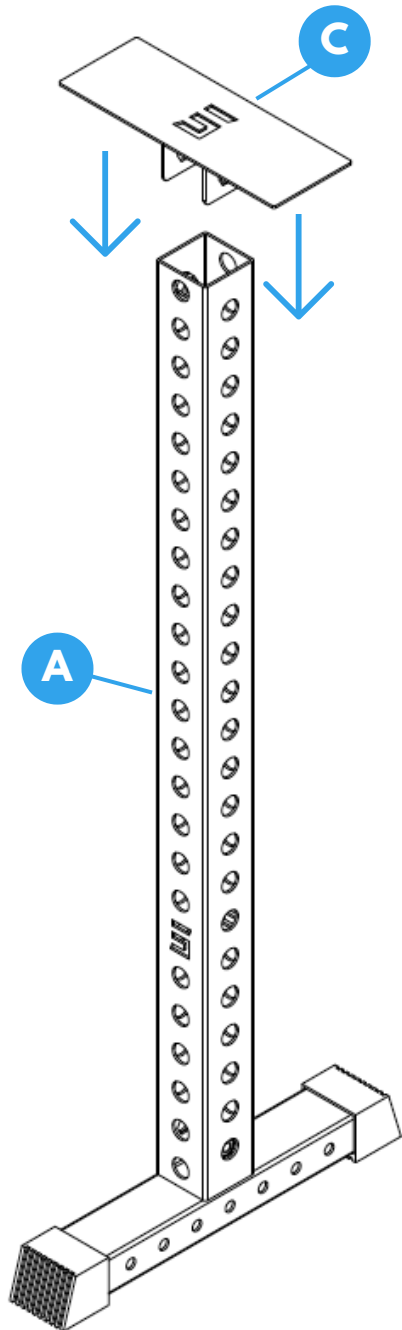
*Insert [A] upright tube
onto [B] leg base*

Step 1 completed



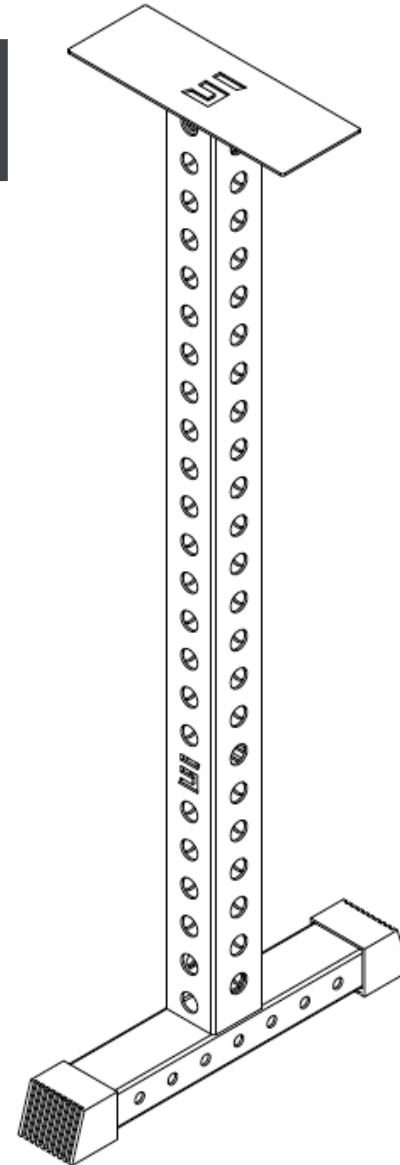
STEP 2

Model #
DBRK5E



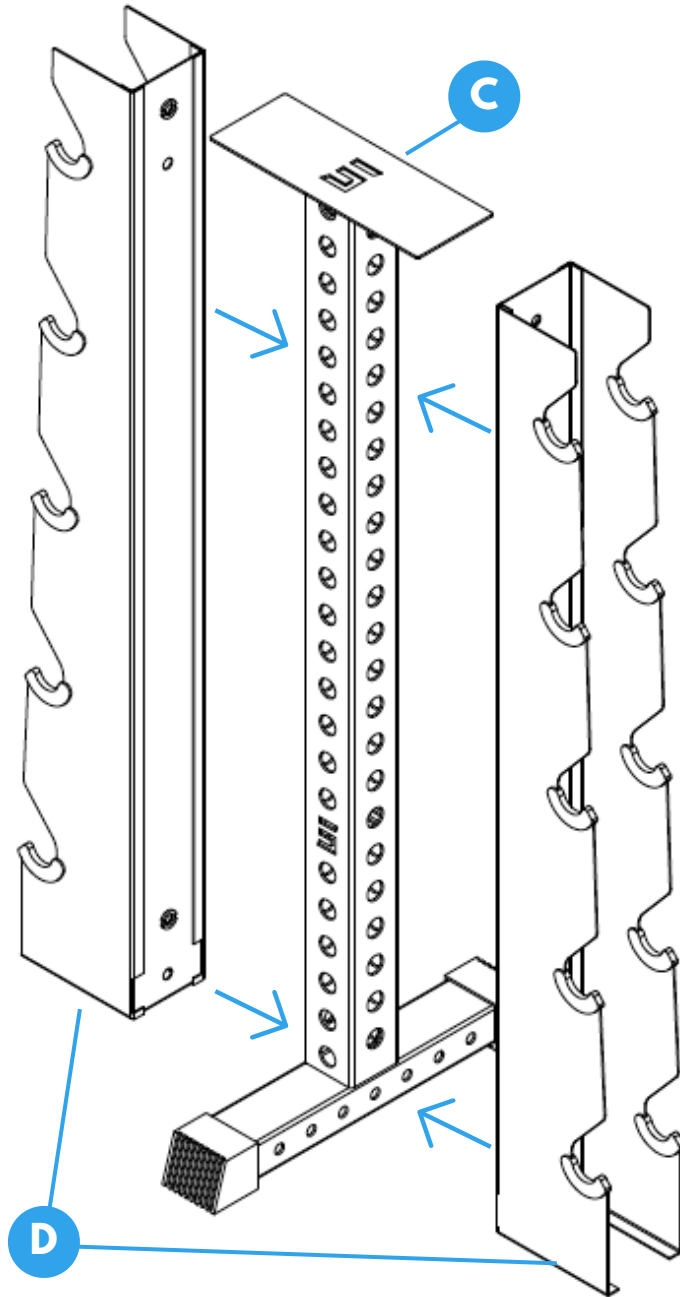
Insert [C] top support plate onto [A] upright tube

Step 2 completed



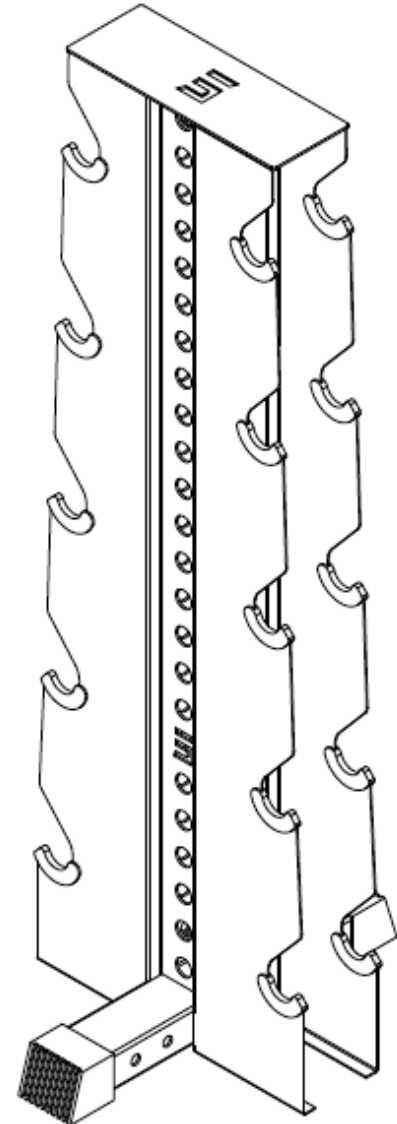
STEP 3

Model #
DBRK5E



Place both [D] bracket holders on opposite sides underneath the [C] support plate

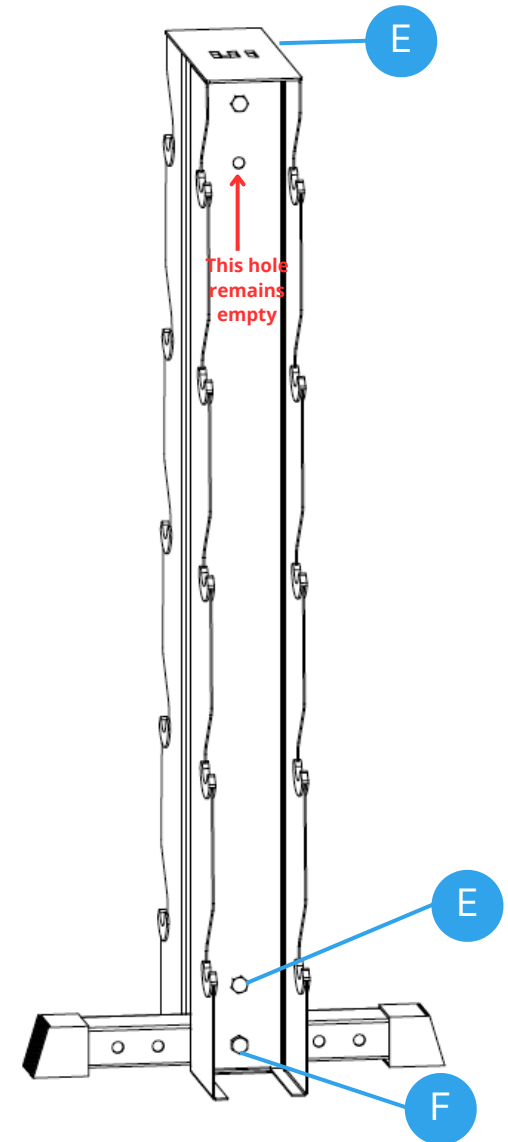
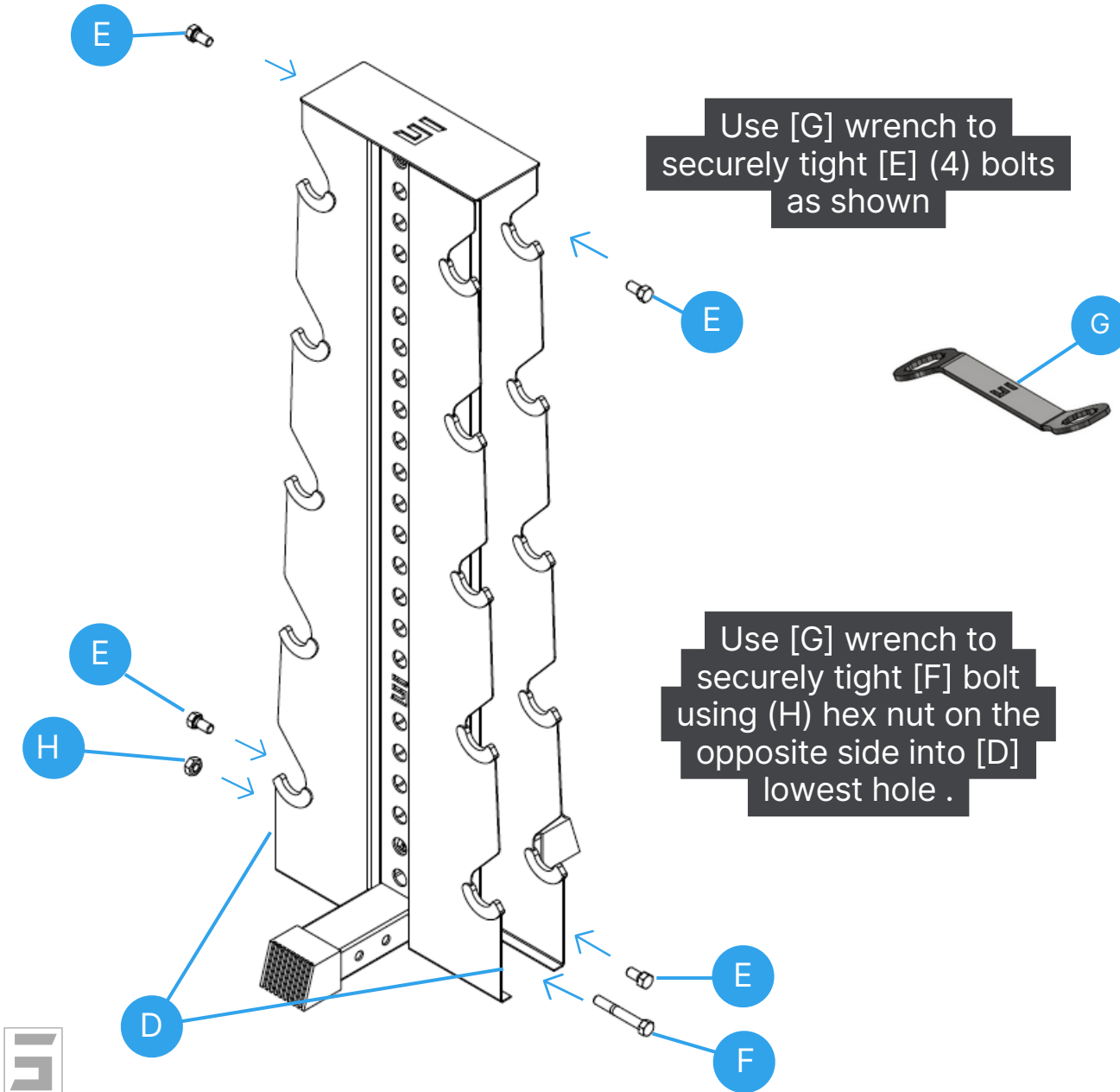
Step 3 completed

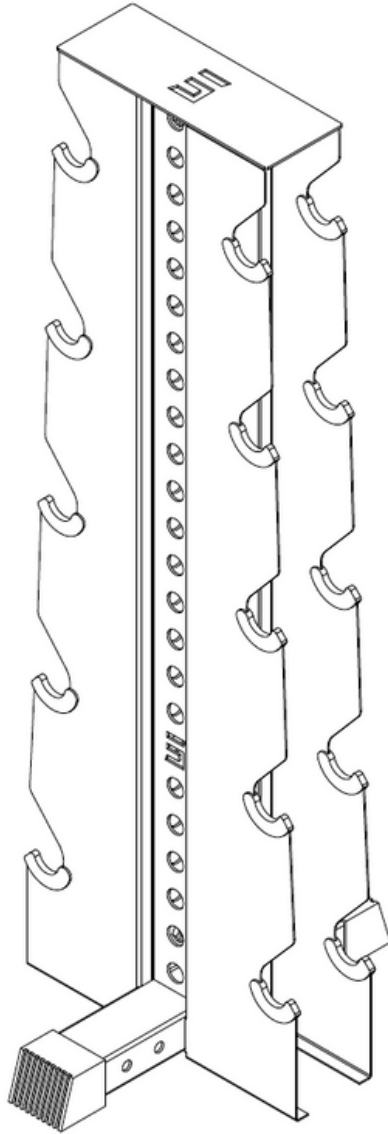


STEP 4-5

Model #
DBRK5E

Step 4-5 completed





Wasn't that easy?

**You have assembled your new
dumbbell rack and didn't
even break a sweat.**

Now go brag about it in social media
and get your workout done!



NEED SUPPORT?

VISIT US ONLINE!

Contact us.



We are here to support you in any way we can. Scan the QR code for options on how to best contact us or visit us at



<https://www.synergycustomfitness.com/contact-us>



You can also email us support@synergycustomfitness.com or call us at 1-877-305-4057

scan QR code to
visit us online



WARNINGS



Heavy Object.

Use lifting aids and proper lifting techniques when moving to avoid injury.



Sharp Objects.

Sharp objects may be included. Always use precaution and protection to avoid injury.



Choking Hazard.

Small parts – Please exercise caution if small children or pets are present.



Suffocation Hazard.

Plastic bags may be involved. Please exercise caution by keeping bags away from babies, small children and pets.