



# First Aid Checklist!

**NOTE:** First Aid Kits (referred to as boxes in the Regulation), must be inspected at least four times a year to ensure it is stocked according to the standards below

## **Up to 5 Employees (per shift):**

- First Aid Manual
- Safety pins
- 12 adhesive dressings (Band-Aids)
- 4 sterile gauze pads
- 2 gauze rolls
- 2 field dressings or bandage compresses
- 1 triangular bandage

## **5 - 15 Employees (per shift):**

- First aid manual
- Safety pins
- 24 adhesive dressings (Band-Aids)
- 12 sterile gauze pads
- 4 gauze rolls
- 4 gauze rolls
- 4 sterile pressure dressings
- 6 triangular bandages
- 2 rolls of splint padding
- 1 roll-up splint

## **15 - 200 Workers (per shift):**

- 1 stretcher
- 2 blankets
- First aid manual
- Safety pins
- 1 basin (preferably stainless steel)
- 48 adhesive dressings (Band-Aids)
- 2 rolls of adhesive tape (1")
- 12 gauze rolls (1")
- 48 sterile gauze pads (3x3)
- 8 gauze rolls (2")
- 8 gauze rolls (4")
- 6 sterile pressure dressings
- 12 triangular bandages
- Splints of assorted sizes
- 2 rolls of splint padding

