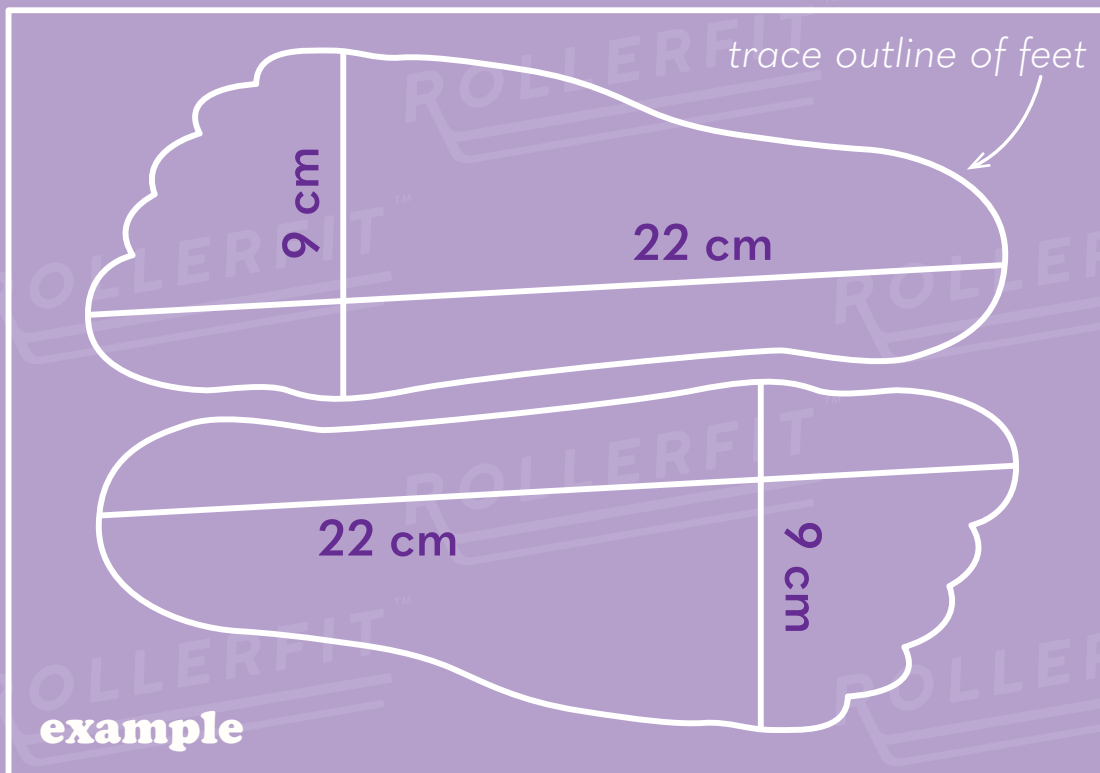


HOW TO MEASURE YOUR FEET.

Return measurements to shop@rollerfit.com.au for all custom orders or help with sizing

- 1 Place the paper on a hard surface
- 2 Stand on the paper barefoot
- 3 Your feet should be shoulder-width apart, knees slightly bent
- 4 Your weight should be on the foot to be traced
- 5 Get a friend to trace that foot. The pen must be upright
- 6 Both feet can be traced on the same page
- 7 On the tracings, mark the middle of the heel
- 8 Then mark the furthest point (it might not be your big toe)
- 9 Measure and write the length in cm for both feet
- 10 At the widest point measure and write the width



WHEN TO MEASURE.

Measuring a foot when sitting down or in the morning will not give an accurate size because our feet swell in skates from the pressure and heat. We recommend measuring your feet late in the afternoon to give a more accurate measurement.

Sizing isn't just about length. In addition to your length and width measurements, we will also need the following information to match you to the right size and skate set-up

- Level of the skater
- Brand / model of the skates you currently wear
- Any issues with your current boots
- If you use orthotics or other inserts
- Skate discipline or activities new skates will be for

For more information on how to choose the right size skates check out [this blog](#).

