

Sophomore Year

Athletics & Academics

Fall

- Re-assess your freshman year (Strengths/Weaknesses).
- Re-evaluate your academic goals.
- Meet with counselor.
- Take PSAT.
- Look into scholarships/financial aid.
- Talk to varsity coach.
- Workout with varsity or play another sport.
- Narrow down your coaches list.
- Contact college coaches.

Winter

- Play baseball or other sports.
- Strength and condition training.
- Make a skills video.

Spring

- Baseball season.
- Stay in contact with college coaches.
- Go watch a college games if local.
- Assess where you stand academically.
- Meet with counselor.

Summer

- Talk to high school coaches.
- Professionally assessed.
- Play baseball or other sports.
- Attend 1 or 2 college camps.
- Make unofficial college visits.
- Pick challenging classes.