

1	1	H	hydrogen	1.008	[1.0078, 1.0082]	18	2	He	helium	4.0026
3	4	Li	lithium	6.94	[6.938, 6.997]	2	Be	beryllium	9.0122	
11	12	Na	sodium	22.990		Mg	magnesium	24.305	[24.304, 24.307]	
19	20	K	potassium	39.098		Ca	calcium	40.078(4)		
37	38	Rb	rubidium	85.468		Sr	strontium	87.62		
55	56	Cs	caesium	132.91		Y	yttrium	88.906		
87	88	Fr	francium			Zr	zirconium	91.224(2)		
		Ra	radium			Nb	niobium	92.906		
		actinoids				Tc	technetium			
		Rf	rutherfordium			Mo	molybdenum	95.95		
		Db	dubnium			Ru	ruthenium	101.07(2)		
		Sg	seaborgium			Rh	rhodium	102.91		
		Bh	bohrium			Pd	palladium	106.42		
		Hs	hassium			Ag	silver	107.87		
		Mt	meitnerium			Cd	cadmium	112.41		
		104				In	indium	114.82		
		105				Sn	tin	118.71		
		106				51	Sb	antimony	121.76	
		107				Te	tellurium	127.60(3)		
		108				52	Bi	bismuth	208.98	
		109				84	Po	polonium		
		110				85	At	astatine		
		111				86	Rn	radon		
		112				57	La	lanthanum	138.91	
		113				58	Ce	cerium	140.12	
		114				59	Pr	praseodymium	140.91	
		115				60	Nd	neodymium	144.24	
		116				61	Pm	promethium	150.36(2)	
		117				62	Sm	samarium	151.96	
		118				63	Eu	europeanium	157.25(3)	
						64	Gd	gadolinium	158.93	
						65	Tb	terbium	162.50	
						66	Dy	dysprosium	164.93	
						67	Ho	holmium	167.26	
						68	Er	erbium	168.93	
						69	Tm	thulium	173.05	
						70	Yb	ytterbium		
						71	Lu	lutetium	174.97	
						89	Ac	actinium	232.04	
						90	Th	thorium	231.04	
						91	Pa	protactinium	238.03	
						92	U	uranium		
						93	Np	neptunium		
						94	Pu	plutonium		
						95	Am	americium		
						96	Cm	curium		
						97	Bk	berkelium		
						98	Cf	californium		
						99	Es	einsteinium		
						100	Fm	fermium		
						101	<bmd< b=""></bmd<>	mendelevium		
						102	No	nobelium		
						103	Lr	lawrencium		

*An interval in square brackets provides the lower and upper bounds of the standard atomic weight for that element. For users needing an atomic-weight value for an unspecified sample with disregard to the uncertainty, the conventional values are provided. No values are listed for elements which lack isotopes with a characteristic isotopic abundance in natural terrestrial samples.

For notes and updates to this table, see www.iupac.org. This version is dated 1 December 2018. Copyright © 2018 IUPAC, the International Union of Pure and Applied Chemistry.

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Elements and fundamental physical constants

Elements in alphabetical order

Element name	Symbol	Atomic number
Actinium	Ac	89
Aluminium	Al	13
Americium	Am	95
Antimony	Sb	51
Argon	Ar	18
Arsenic	As	33
Astatine	At	85
Barium	Ba	56
Berkelium	Bk	97
Beryllium	Be	4
Bismuth	Bi	83
Bohrium	Bh	107
Boron	B	5
Bromine	Br	35
Cadmium	Cd	48
Calcium	Ca	20
Californium	Cf	98
Carbon	C	6
Cerium	Ce	58
Caesium	Cs	55
Chlorine	Cl	17
Chromium	Cr	24
Cobalt	Co	27
Copernicium	Cn	112
Copper	Cu	29
Curium	Cm	96
Darmstadtium	Ds	110
Dubnium	Db	105
Dysprosium	Dy	66
Einsteinium	Es	99
Erbium	Er	68
Europium	Eu	63
Fermium	Fm	100
Flerovium	Fl	114
Fluorine	F	9
Francium	Fr	87
Gadolinium	Gd	64
Gallium	Ga	31
Germanium	Ge	32
Gold	Au	79
Hafnium	Hf	72
Hassium	Hs	108
Helium	He	2
Holmium	Ho	67
Hydrogen	H	1
Indium	In	49
Iodine	I	53
Iridium	Ir	77
Iron	Fe	26
Krypton	Kr	36
Lanthanum	La	57
Lawrencium	Lr	103
Lead	Pb	82
Lithium	Li	3
Livermorium	Lv	116
Lutetium	Lu	71
Magnesium	Mg	12
Manganese	Mn	25
Meitnerium	Mt	109
Mendelevium	Md	101
Mercury	Hg	80
Molybdenum	Mo	42
Moscovium	Mc	115
Neodymium	Nd	60
Neon	Ne	10
Neptunium	Np	93
Nickel	Ni	28
Niobium	Nb	41
Nihonium	Nh	113
Nitrogen	N	7
Nobelium	No	102
Oganesson	Og	118
Osmium	Os	76
Oxygen	O	8
Palladium	Pd	46
Phosphorus	P	15
Platinum	Pt	78
Plutonium	Pu	94
Polonium	Po	84
Potassium	K	19

For more information see www.iupac.org

Frequently used fundamental physical constants

Quantity	Symbol	Value	Unit	Relative std. uncert. u_r
speed of light in vacuum	c	299 792 458	m s^{-1}	exact
Newtonian constant of gravitation	G	6.674 30(15) $\times 10^{-11}$	$\text{m}^3 \text{kg}^{-1} \text{s}^{-2}$	2.2×10^{-5}
Planck constant*	h	6.626 070 15 $\times 10^{-34}$	J Hz^{-1}	exact
	\hbar	1.054 571 817 $\dots \times 10^{-34}$	J s	exact
elementary charge	e	1.602 176 634 $\times 10^{-19}$	C	exact
vacuum magnetic permeability $4\pi\alpha\hbar/e^2c$	μ_0	1.256 637 062 12(19) $\times 10^{-6}$	N A^{-2}	1.5×10^{-10}
vacuum electric permittivity $1/\mu_0 c^2$	ϵ_0	8.854 187 8128(13) $\times 10^{-12}$	F m^{-1}	1.5×10^{-10}
Josephson constant $2e/h$	K_J	483 597.848 4 $\dots \times 10^9$	Hz V^{-1}	exact
von Klitzing constant $\mu_0 c/2\alpha = 2\pi\hbar/e^2$	R_K	25 812.807 45 \dots	Ω	exact
magnetic flux quantum $2\pi\hbar/(2e)$	Φ_0	2.067 833 848 $\dots \times 10^{-15}$	Wb	exact
conductance quantum $2e^2/2\pi\hbar$	G_0	7.748 091 729 $\dots \times 10^{-5}$	S	exact
electron mass	m_e	9.109 383 7015(28) $\times 10^{-31}$	kg	3.0×10^{-10}
proton mass	m_p	1.672 621 923 69(51) $\times 10^{-27}$	kg	3.1×10^{-10}
proton-electron mass ratio	m_p/m_e	1836.152 673 43(11)		6.0×10^{-11}
fine-structure constant $e^2/4\pi\epsilon_0\hbar c$	α	7.297 352 5693(11) $\times 10^{-3}$		1.5×10^{-10}
inverse fine-structure constant	α^{-1}	137.035 999 084(21)		1.5×10^{-10}
Rydberg frequency $\alpha^2 m_e c^2 / 2\hbar$	cR_∞	3.289 841 960 2508(64) $\times 10^{15}$	Hz	1.9×10^{-12}
Boltzmann constant	k	1.380 649 $\times 10^{-23}$	J K^{-1}	exact
Avogadro constant	N_A	6.022 140 76 $\times 10^{23}$	mol^{-1}	exact
molar gas constant $N_A k$	R	8.314 462 618 \dots	$\text{J mol}^{-1} \text{K}^{-1}$	exact
Faraday constant $N_A e$	F	96 485.332 12 \dots	C mol^{-1}	exact
Stefan-Boltzmann constant $(\pi^2/60)k^4/\hbar^3 c^2$	σ	5.670 374 419 $\dots \times 10^{-8}$	$\text{W m}^{-2} \text{K}^{-4}$	exact
Non-SI units accepted for use with the SI				
electron volt (e/C) J	eV	1.602 176 634 $\times 10^{-19}$	J	exact
(unified) atomic mass unit $\frac{1}{12}m(^{12}\text{C})$	u	1.660 539 066 60(50) $\times 10^{-27}$	kg	3.0×10^{-10}

* The energy of a photon with frequency ν expressed in unit Hz is $E = h\nu$ in J. Unitary time evolution of the state of this photon is given by $\exp(-iEt/\hbar)|\varphi\rangle$, where $|\varphi\rangle$ is the photon state at time $t = 0$ and time is expressed in unit s. The ratio Et/\hbar is a phase.

These are the 2018 CODATA recommended values of the fundamental physical constants, released 20 May 2019. For more information, see physics.nist.gov/constants.

Source: Eite Tiesinga, Peter J. Mohr, David B. Newell, and Barry N. Taylor (2019), "The 2018 CODATA Recommended Values of the Fundamental Physical Constants" (Web Version 8.0). Database developed by J. Baker, M. Douma, and S. Kotchigova. Available at <http://physics.nist.gov/constants>, National Institute of Standards and Technology, Gaithersburg, MD 20899.

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