

Allergy Information at a Glance

PLEASE NOTE Our kitchen uses ALL of the following ingredients regularly. Always check the product label & speak us directly for more information

	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
PLATTERS														
Breakfast Platter Package	X		X				X				X	X		
Chicken Caesar Platter Package	X		X				X			X				
Dips and Nibbles Package	X						X	X			X			
Deluxe Breakfast Platter Package	X		X				X				X	X		
Glorious Chicken Salad Platter Package	X						X			X		X		
Peri Peri Chicken Salad Platter Package	X						X			X	X	X		
Salmon Teriyaki Platter Package	X			X	X	X		x			X	X		
Vegetarian Platter Package			X			X	X			X	X	X		
WRAPS														
BBQ Pulled Pork	X						X					X		
Beetroot Fritter	X						X				X	X		
Grilled Halloumi	X						X				X	X		
Grilled Halloumi & Chicken	X						X					X		
Sage Pork	X						X			X				
Spiced Lamb	X						X				X			
Soup & Wrap Deal	X						X				X	X		
Sweet Chilli Chicken	X						X				X	X		
Wrap & Pudding Deal	X						X					X		
Venison	X						X					X		
BOXES														
Peri Peri Chicken Salad Box	X									X	X	X		
Grilled Halloumi Salad box	X						X			X	X	X		
Beetroot Fritter Salad box	X									X	X	X		
Butternut Squash & Smoked Paprika Frittata Box			X				X			X				
Goats Cheese & Fresh Fig Quinoa Box							X			X				
Poached Chicken & Avocado Box										X				
Ricotta & Lentil Salad Box							X			X				
Salmon Teriyaki Salad Box	X			X							X			
Smoked Mackerel Salad Box							X			X				
Vegan Roasted Vegetables & Quinoa Box														
CAKES														
Lemon Polenta			X				X	X						
Brownies	X		X				X							
Flapjack	X													
Fresh Fruit Box														
SOUPS & SIDES														
Paprika & Tomato Soups														
Roasted Beetroot & Horseradish Soup														
Cream of Celery							X	X						
Spinach & Lentil	X						X					X		
Beetroot Fritter							X							
Pea Fritter	X		X				X							
Flatbread Box	X													
DRINKS														
Red Smoothie														
Purple Smoothie														
Green Smoothie														
Orange Smoothie														
Breakfast Smoothie	X						X							
SANDWICHES														
Focaccia Selection Platter	X						X							
Mini Roll Section Platter	X		X	X			X	X			X			