

Allergy Information at a Glance

	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
PLATTERS *Puddings separate column														
Amazing £5.00 Breakfast Platter	X		X				X				X	X		
Breakfast Platter	X		X				X				X	X		
Chicken Caesar Platter	X		X				X			X				
Dips and Nibbles	X						X	X Walnuts			X			
Deluxe Breakfast Platter Package	X		X				X				X	X		
Glorious Chicken Salad Platter	X						X			X		X		
Peri Peri Chicken Salad Platter	X						X			X		X		
Salmon Teriyaki Platter Package	X			X	X	X					X	X		
Vegetarian Platter Package			X			X	X			X		X		
WRAPS														
BBQ Pulled Pork	X						X					X		
Beetroot Fritter	X						X					X		
Grilled Halloumi	X						X					X		
Grilled Halloumi & Chicken	X						X					X		
Sage Pork	X						X			X				
Spiced Lamb	X						X							
Soup & Wrap Deal	X						X					X		
Sweet Chilli Chicken	X						X					X		
Wrap & Pudding Deal	X						X					X		
Venison	X						X					X		
BOXES														
Peri Peri Chicken	X									X	X	X		
Grilled Halloumi Salad box	X						X			X	X	X		
Beetroot Fritter Salad box	X									X	X	X		
PUDDINGS														
Lemon Polenta			X				X							
Brownies	X		X				X							
Flapjack	X													
Fresh Fruit Box														
SIDES														
Paprika & Tomato Soups														
Roasted Beetroot & Horseradish Soup														
Cream of Celeliac							X	X Almonds						
Spinach & Lentil	X						X					X		
Beetroot Fritter							X							
Pea Fritter	X		X				X							
Flatbread Box	X													
DRINKS														
Red Smoothie														
Purple Smoothie														
Green Smoothie														
Orange Smoothie														
Breakfast Smoothie	X						X							