

Finished Product Certificate Of Analysis			
Work It Performance Plant Protein - Unflavored		Item Number:	10316
		Total Serving:	15
		Serving Size:	37g
Analytical Review			
Lot#:	W22157001	Manufactured Date:	6/6/2022
Label Version:	10316-L01-22	Expiration Date:	06/2024

Nutritional Information				
Parameter	Specification	Pass/Fail	Method	Reference**
Calories*	Not More Than 180 per serving	Pass	AOAC or equivalent	P7137230
Total Fat*	Not More Than 4.2g per serving	Pass	AOAC or equivalent	P7137230
Total Carbohydrate*	Not Less Than 2.4g per serving	Pass	AOAC or equivalent	P7137230
Total Sugars*	Not More Than 0.5g per serving	Pass	AOAC or equivalent	P7137230
Sodium*	Not More Than 348mg per serving	Pass	AOAC or equivalent	P7137230
Potassium*	Not Less Than 55.2mg per serving	Pass	AOAC or equivalent	P7137230
Calcium*	Not Less Than 32.8mg per serving	Pass	AOAC or equivalent	P7137230
Iron*	Not Less Than 4.2mg per serving	Pass	AOAC or equivalent	P7137230
Protein	Not Less Than 23.75g per serving	Pass	AOAC or equivalent	P7137230

Heavy Metals					
Parameter	Specification		Pass/Fail	Method	Reference**
	USP	European Commission			
Arsenic	Not More Than 15.0µg per day	N/A	Pass	ICP-MS/USP	P7137230
Lead	Not More Than 5.0µg per day	Not More Than 3 Parts Per Million	Pass	ICP-MS/USP	P7137230
Cadmium	Not More Than 5.0µg per day	Not More Than 1 Parts Per Million	Pass	ICP-MS/USP	P7137230
Mercury	Not More Than 15.0µg per day	Not More Than 0.1 Parts Per Million	Pass	ICP-MS/USP	P7137230
Microbial Limits					
Parameter	Specification	Pass/Fail	Method	Reference**	
Total Plate Count	Not More Than 100,000 CFU/g	Pass	AOAC, USP or equivalent	P7137230	
Yeast and Mold	Not More Than 10,000 CFU/g	Pass	AOAC, USP or equivalent	P7137230	
Total Coliforms	Not More Than 1,000 CFU/g	Pass	AOAC, USP or equivalent	P7137230	
E.Coli	Negative in 10g	Pass	AOAC, USP or equivalent	P7137230	
Staphylococcus Aureus	Negative in 10g	Pass	AOAC, USP or equivalent	P7137230	
Salmonella	Negative in 10g	Pass	AOAC, USP or equivalent	P7137230	
Others					
Parameter	Specification	Pass/Fail	Method	Reference**	
Pesticides Screen*	Per USDA NOP	Pass	USDA NOP/USP <561>	P7137230	
Residual Solvent*	Per USP	Pass	USP <467>	P7137230	
Gluten Allergen*	Not More Than 20ppm	Pass	ELISA or equivalent	P7137230	
Crustacean Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	P7137230	
Egg Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	P7137230	
Fish Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	P7137230	
Milk Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	P7137230	

Peanut Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	P7137230
Soy Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	P7137230

Remarks:

* Analysis performed on an annual basis.

**All analyses performed by CA State certified and/or ISO accredited third-party laboratories.

Lot Status	Released <input checked="" type="checkbox"/>
	Rejected <input type="checkbox"/>

Quality Dept Approval *Roy Lung*

Date 08/19/2022