Ora Organic QC# ORA-10179W-001 Created by: R. Lung Approved by: G. Wong Version: 1 Updated: 1/5/2022

Finished Product Certificate Of Analysis							
			Item Number:	10179			
Head & Heart - Plant-Based Omega-3			Total Serving:	30			
			Serving Size:	2 capsules			
Analytical Review							
Lot#:	H24050002	Manufactured Date:		2/19/2024			
Label Version:	10179-L01-21	Expiration Date:		2/2026			

Nutritional Information							
Parameter	Specification		Pass/Fail	Method	Reference**		
Total Fat*	Not More Than 0.6g per serving		Pass	AOAC, USP or equivalent	101323-0724		
Docosahexaenoic Acid (DHA)	Not Less Than 500mg per serving		Pass	AOAC, USP or equivalent	022224-1429		
Heavy Metals							
Parameter	Specification						
	USP	European Commission	Pass/Fail	Method	Reference**		
Arsenic	Not More Than 15.0µg per day	N/A	Pass	ICP-MS/USP	24-099511-002		
Lead	Not More Than 5.0μg per day	Not More Than 3 Parts Per Million	Pass	ICP-MS/USP	24-099511-002		
Cadmium	Not More Than 5.0µg per day	Not More Than 1 Parts Per Million	Pass	ICP-MS/USP	24-099511-002		
Mercury	Not More Than 15.0µg per day	Not More Than 0.1 Parts Per Million	Pass	ICP-MS/USP	24-099511-002		

	Microbial Limits							
Parameter	Specification	Pass/Fail	Method	Reference**				
Total Plate Count	Not More Than 1,000,000 CFU/g	Pass	AOAC, USP or equivalent	1738838				
Yeast and Mold	Not More Than 10,000 CFU/g	Pass	AOAC, USP or equivalent	1738838				
Total Coliforms	Not More Than 1,000 CFU/g	Pass	AOAC, USP or equivalent	1738838				
E.Coli	Negative in 10g	Pass	AOAC, USP or equivalent	1738838				
Staphylococcus Aureus	Negative in 10g	Pass	AOAC, USP or equivalent	1738838				
Salmonella	Negative in 10g	Pass	AOAC, USP or equivalent	1738838				
	C	Others						
Parameter	Specification	Pass/Fail	Method	Reference**				
Pesticides Screen*	Per USDA NOP	Pass	USDA NOP/USP <561>	AFSG231031-013				
Residual Solvents*	Per USP	Pass	USP <467>	AFSG231031-013				
Gluten Allergen*	Not More Than 20ppm	Pass	ELISA or equivalent	AFSG231031-013				
Crustacean Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	AFSG231031-013				
Egg Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	AFSG231031-013				
Fish Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	AFSG231031-013				
Milk Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	AFSG231031-013				
	Not More Than 5ppm	Pass	ELISA or equivalent	AFSG231031-013				
Peanut Allergen*	-11		l l					
Peanut Allergen* Tree nut Allergen*	Not More Than 5ppm	Pass	ELISA or equivalent	AFSG231031-01				

Remarks:

Soy Allergen*

Not More Than 5ppm

Pass

ELISA or equivalent

AFSG231031-013

^{*} Analysis performed on an annual basis.

^{**}All analyses performed by CA State certified and/or ISO accredited third-party laboratories.