

# SiderAL<sup>®</sup>

## FOLIC 30mg

## Dietary Supplement with Iron, Folic Acid and Vitamins

30 sticks with mouth-dispersible powder - Net Wt. 1.7 oz (48g)

Sideral<sup>®</sup> Folic 30mg is a dietary supplement with Sucrosomial<sup>®</sup> Iron and vitamins, useful to cover dietary deficiencies or an increased demand for said nutrients. Sucrosomial<sup>®</sup> Iron can pass the gastric environment intact to be directly absorbed in the intestine, thus avoiding any gastric disorder.

**Suggested Used:** Advised dosage is 1 stick a day directly dissolved in the mouth.

**Warnings:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**Caution:** Do not exceed the recommended daily dose. Consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision. Dietary supplement must not be considered a substitute for a varied balanced diet and a healthy lifestyle. The product contains polyalcohols: excessive consumption might have a laxative effect. **For adult use only. Keep out of the sight and reach of children.**

Store in a cool, dry place. The expiry date refers to the product unopened and properly stored.

### Supplement Facts

Serving Size: 1 Stick

Servings per Container: 30 Sticks

	Amount Per Serving	%Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%
Vitamin C (as Ascorbic Acid)	70 mg	78%
Vitamin D (as Cholecalciferol)	10 mcg	50%
Vitamin B6 (as Pyridoxine Hydrochloride)	1 mg	59%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	1.75 mcg	73%
Iron (as Sucrosomial <sup>®</sup> Iron)	30 mg	167%

% Daily Values are based on a 2,000 cal diet

**Ingredients:** Sweetener: Sorbitol; Sideral<sup>®</sup> r.m. – Sucrosomial<sup>®</sup> Iron (Iron pyrophosphate, pregelatinised rice starch, sucrose esters of fatty acids, sunflower lecithin on glucose syrup carrier, tricalcium phosphate, rice flour); sweetener: xylitol; vitamin C (L-ascorbic acid); orange flavour; acidifying agent: citric acid; vitamin D3 (cholecalciferol, medium chain triglycerides, arabic gum, sucrose, starch, DL-alpha-tocopherol, tricalcium phosphate); vitamin B12 (cyanocobalamin, citric acid, maltodextrin from corn, trisodium citrate); natural lemon lime flavour; vitamin B6 (pyridoxine hydrochloride); sweetener: sucralose; folic acid ((6S)-5-methyltetrahydrofolic acid, glucosamine salt); sweetener: acesulfame K. **Gluten Free.**

Sucrosomial<sup>®</sup> Iron is a registered trademark.

Sucrosome<sup>®</sup> is a registered trademark.

Sideral<sup>®</sup> is a registered trademark

Sideral<sup>®</sup> r.m. is a patented ingredient based on Sucrosomial<sup>®</sup> Iron.

**PHARMANUTRA**

Distributed in U.S.A. by Pharmanutra U.S.A. Corp.

Produced by Pharmanutra S.p.A, Via delle Lenze 216/B  
56122 (PI) Italy, in a facility based in  
Via Castelliere, 2 - 33036 Mereto di Tomba (UD) Italy.

USA - Rev. 1 of 11.22

Country of origin: Italy

