Pupcakes

| Makes: 24 | Prep Time: 5-10min | Cook Time: 30min |

Ingredients

Pupcakes
- 4 cups wholemeal flour
- 1 tsp baking powder
- 1 tsp cinnamon
- 2 cups water
- 1 cup unsweetened apple sauce
- 2 carrots (grated)
- 1 egg
- 2 tbsp honey
- 2 bananas (mashed)

Icing
- 250g cream cheese
- 2 tbsp peanut butter
- 2 tbsp honey

Method

1. Preheat the oven to 180°C

2. In a large bowl, mix together flour, baking powder, and cinnamon.

3. In a seperate bowl, mix together water, apple sauce, carrots, egg, honey, and mashed bananas. Once incorporated, add in the flour mixture until well combined.

4. Line a muffin tray with cupcake cases and lightly grease inside the cupcake cases for easy removal. Spoon the mixture into the cupcake cases until about 3/4 full.

5. Bake for 30 minutes, or until the mixture is cooked. To test if your pupcakes are cooked, simply insert a toothpick into the centre of a pupcake and if it comes out clean then it's cooked.

6. Allow pupcakes to cool completly before icing.

7. To make the icing, beat the cream cheese, peanut butter, and honey until it is a smooth consistency. Ice the pupcakes and decorate (optional)

Top Tip!

Decorate your pupcakes with crushed dog biscuits, shredded coconut, crushed liver treats, carob or yoghurt dog friendly buttons/drops, or shredded carrots. Be sure to remove the cupcake cases before giving them to your dog.

Pupcakes will last up to a week and can be frozen.