

SIRMEDIC

# Operating Instruction

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## SHIATSU FOOT MASSAGER Herophilos



Thank you for choosing the SirMedic Foot massager. Please read this manual carefully and learn how to handle the device in the correct manner before using it. Pay special attention to the safety instructions and keep this manual for future reference.

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## INTRODUCTION

- Nice appearance, portable and convenient.
- Combines with shiatsu massage, kneading massage, air pressure massage and heating function together.
- Kneading & shiatsu massage from toes to heels to cover all acupuncture points.
- Air pressure massage makes you more relaxed.
- 2 Massage modes: user mode and auto mode available
- 3 Levels of air pressure intensities, three options for massage timing, two working mode available.
- 2 Levels of heating temperatures adjustment: low, high temperature.
- 10/20/30 minutes auto shut-off function.
- Powered by a DC12V adapter, safe and reliable.

## SAFETY PRECAUTIONS

The product should be used in correct manners, as explained in this manual, to prevent physical and material damage.

## WARNINGS

People with any of the following conditions or those who are receiving medical treatments should consult the doctor prior to using the shiatsu foot masager:

- Being pregnant or at puerperium
- Having a fever
- The doctor has recommended you rest or you are not feeling well.
- Convalescing on the doctors orders.
- Suffering from a chronic illness or cancer.
- Having cerebral lesions (clots,lacerations, traumatism, etc.)
- Recovering from an operation to the upper part of your body, buttocks, thighs or calves.
- Suffering from a cardiac disease, heart-related problems or use an electronic medical device.
- Using a pacemaker.
- Injured or have a skin disease.
- Having broken or malformed bones.
- This device is not suitable for children, the disabled or invalids.
- The use of the product is not recommended for people with psychic problems.

## NOTE:

If you feel the Air Pressure intensity too big to make you uncomfortable during use, we advise you to press the "Deflate" button for 5 seconds to relieve the discomfort.

## WHILE IN USE

- Do not put the device in a place which are damp or extremely dusty, as this may result in mechanical failure.
- Do not place the device in sources of heat or in the sunlight.
- Place the reflexotherapy device on a flat surface.
- Do not use the device together with other therapeutic equipment or electrical medical apparatus and similar.
- Please avoid any liquid splashing on the equipment when using the equipment
- Do not use the device on any wet part of the body, as this may result in mechanical failure or even an electric shock.
- Your body should be relaxed during treatment.
- Do not use the device immediately after meals, wait for at least 1 hour.
- Daily use should be limited to a maximum of 30 minutes. Attention: Check the voltage is suitable and never remove the cable directly.

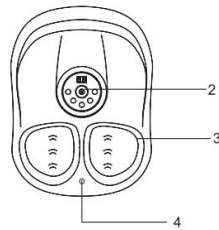
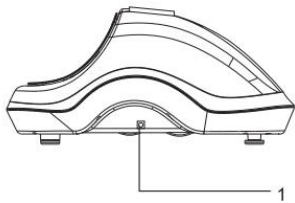
## WHEN THE DEVICE IS NOT IN USE

- Ensure the device is turned off after use.
- Unplug the device from the mains after use and before cleaning.
- Store the device in a clean and dry location.

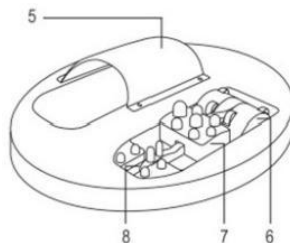
## THE DEVICE SHOULD NOT BE USED

- If it falls into water: the device should not be placed in or come into contact with water or other liquids.
- If you feel strange or extremely uncomfortable when using the device, turn it off immediately and call your doctor.
- If there is electrical storm.
- If the plug or cable is damaged or malfunctioning.

## STRUCTURE OF THE DEVICE

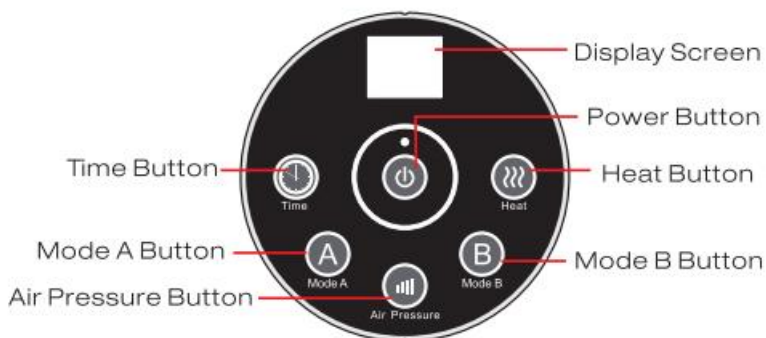



1. Power Button
2. Control Panel
3. Detachable Cloth Cover
4. Deflate Button
5. Air bag
6. Front Massage Nodes
7. Arch Massage Nodes
8. Heel Massage Nodes




Use the power adapter to connect the foot massager and the power socket, then it will make a "di" sound, and all indicators on the panel flash. The foot massager is ready for working now.


## FUNCTIONS OF CONTROL PANEL





1. Press the  button to start massage (the indicator shows fixed light), the machine will run in the lowest intensity, Mode A and 20-minute massage timing by default.

Note: The heating function is closed by default, you can press the heat button to start it during use if you need.

2. Press  button to select massage timing: 10, 20 or 30 minutes.

3. Press  button to select air pressure intensity, "L1-L2-L3" (low-medium-high) can be seen through the display screen on the panel.

4. Press  button to select low or high temperature or cancel heating: "H1-H2-OFF" will be showed on the display screen on the panel.

5. Press the  button to end the massage, the indicator will flash.

## TWO MODES OPTIONAL

### 1.Mode A: Synchronous Mode

When you press the power button, the machine will automatically work in mode A. It will provide kneading and shiatsu massage in the low air pressure intensity, you can change the air pressure intensity(L1-L2-L3)and heat(H1-H2-OF) according to your own preferences.

Feature: In this mode, the air pressure and kneading function will work simultaneously in cycle.

### 2.Mode B: Composite Mode

This mode provides a combination massage and will also run in the low air pressure intensity. You can change the air pressure intensity (L1-L2-L3)and heat(H1-H2-OF) according to your own preferences.

Feature: This mode will provide a different massage method.Massage functions will work in turns: air pressure massage mode-kneading massage mode-combination massage (like mode A), running in cycle.

Note: The foot shiatsu massager will be automatically shutoff in 10/20/30 minutes (3 massage timings optional), you can restart it anytime if you need.

## PRODUCT MAINTENANCE AND ATTENTIONS

- Please disconnect the cable from the power socket after use.
- Ensure the device is disconnected before cleaning.
- Do not clean the device with a damp cloth, brushes or hard materials which might damage the same.
- Do not use the device for more than 40 minutes a day.

## SPECIFICATION

- Product Name: Shiatsu Foot Massager
- Model No: CM-002F
- Voltage: DC12V/3.0A
- Power:40W

## TROUBLESHOOTING

PROBLEM	POSSIBLE	CAUSE/SOLUTION
Does not work	The power supply is not on	Turn on the power supply
	Power plug is poorly connected	Check the connection
	The power plug has been damaged.	Inspect the plug for any damage. Consult the professional service team for repair.
	Power button has not been pressed	Press the on/off button
A sudden interruption of the power	Power off	Check whether the power supply interface is connected well
	Massage timing is over	Press the on/off button to restart it if you need more massage

## CONTACT US

If you have any problem during using of this product, please feel free to contact us.

**E-mail: [info@sirmedic.ro](mailto:info@sirmedic.ro)**

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