

# **KNEE CARE DEVICE**

## **KNEE-JOINT PAIN SOLUTION**

Life Can Feel Good Again



**MANUAL** 

Please carefully read this manual before using the device

## **KNEE CARE DEVICE**

Thank you for purchasing knee care device. This user's manual provides important information for operation and safety. Please read this manual carefully and understand it thoroughly before operation. Keep this manual for future reference.

NOTE: This device is not intended for medical use. It is intended only to provide a relaxing massage at home.

#### **PRODUCT PARTS**



#### **ACCESSORIES**



## **FEATURES**

- Infrared Light and Heat Therapy (R:620-625NM, G:520-525NM, B:466-470NM)
- Adjustable temperature 40°-65°C (104°-149°F)
- Vibration Massage (2\*Vibrators)
- Detachable and adjustable straps for knee
- Includes two straps
- Comfortable, ergonomically designed padded body
- Temperature memory function
- Plugs into an AC outlet

#### NOTE

- The default time for infrared heat therapy is 30 minutes. Press the start/stop buton on the control panel again if you need more cycles.
- In different mode, some buttons for different functions will be locked. Please read HOW TO OPERATE to get more details.

## **CONTROL PANEL**



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## **HOW TO OPERATE**

#### **READY BEFORE TREATMENT**

- 1. Place the comfort padding cover inside the device.
- 2. Put the massager on the knee, with the control panel facing up.
- 3. Adjust the straps until it fits your knee properly when buckled.
- 4. For best results, always attach the massager to the curve of knee as close as possible.
- 5. Connect the AC power cable to the device and plug the adapter into a wall outlet.
- 6. Automatic system check. The LED light and control panel truns on, soon turns off.
- 7. Ready start.
- 8. Mode selection.

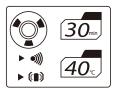
#### mode I (heating)



Press , the device will start working based on MODE (Heating). In this mode, users only could press "+" or "-" to change the expected temperature(40°C-65°C).

(NOTE: The temperature increment between 40°C and 55°C is 5°C. From 56°C to 65°C, the temperature increment is 1°C.)

#### mode II (weak vibration)



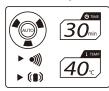
Press , the device will keep continuous weak vibration,In this mode, users can press "+"or "-" to change the expected temperature (40°C-65°C).

## mode III (strong vibration)



Press , the device will keep continuous strong vibration,In this mode, users can press "+"or "-" to change the expected temperature (40°C-65°C).

### mode IV (alternant vibration)



Press , the device will turn to MODE(auto), In this mode, the vibrator runs in control of procedure by strong and weak alternately, and users can press "+"or "-" to change the expected temperature (40°C-65°C).

## **SAFETY WARNINGS**

- This device is designed for indoor, home use only.
- Never leave this device unattended while it is plugged in.
- Always remove the plug from the power outlet after use.
- Never use the device close to a heater, fireplace, stove or other heat source, and avoid smoking when using this massager.
- Never use this device if the plug or wire is damaged, or if it is broken or wet.
- Always plug in the power source when the power switch is in the OFF position.
- Do not use this device in sauna room or bathroom, or in area with high humidity.
- Never use this device while your body or the target area is wet.
- Wait 60 minutes after eating to use this device.
- Keep out of reach of children at all times
- Do not use this product while sleeping.
- To avoid excessive stimulation of the muscles and nerves, the massage time should not exceed the recommended 60 minutes at a time(its default time is 30minutes, always take a break of 5 to 10 minutes if you want to use for another cycle).

WARNING: TO REDUCE RISK OF BURNS, FIRE, ELECTRIC SHOCK OR INJURY TO PERSONS:

- Do not operate under a blanket, pillow or other materials. Excessive heating can occur and cause fire, electric shock or injury to persons.
- Use this device only for its intended use as described in this manual.
- Never operate this device if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged or dropped into water.
- Do not carry this device by the power cord or use the power cord as a handle.
- Turn all controls to the OFF position before removing the plug from the outlet.
- Use only the original AC adaptor included with this device.

## **SAFETY INSTRUCTIONS**

Please read the following safety instructions carefully before using this massager. If you suffer from any of the medical conditions listed below, consult with a doctor before using this device.

We advise you to consult with your doctor before using this device if you:

- Suffer from heart disease or a heart condition.
- Have a sensory disorder or pacemaker
- Suffer from osteoporosis or diabetes
- Are prohibited from exercise by your doctor
- Are pregnant have a malignant tumor or skin allergy
- Are undergoing medical treatment
- Are physically disabled

#### **CARE AND MAINTENANCE**

- Store this device in a moisture-free, dry place when not in use.
- Do not wrap the power cord around the device.
- Do not hang the device using the power cord.
- Keep away from all solvents and harsh detergents.
- Unplug the device and allow it to cool before cleaning. Wipe with a soft, dry cloth as needed.
- Never submerge the device in water or other liquids.
- Do not use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish, or paint thinner to clean the massager.

## **PARAMETERS**

NAME	KNEE CARE DEVICE
MATERIAL	ABS, TPU, EVA
SIZE	FREE
COLOUR	GRAY / BLUE
VOLTAGE	12V DC
CYCLE	30 MINUTES
FUNCTION	MASSAGE, THERMAL THERAPY, PHOTOTHERAPY
APPLICABILITY	KNEE PAIN, MUSCLE RELEX, JOINT DISCOMFORT

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