

vive®



# **SOCK AND SHOE ASSIST KIT**

Owner's Manual  
LVA2033

[vivehealth.com](http://vivehealth.com)

## OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Sock and Shoe Assist Kit as easy as possible. Check out the included QR codes and video links to help you through the process.



To see all of the FAQs in one place visit [vhealth.link/8aO](https://vhealth.link/8aO)

## WHAT'S INCLUDED

- 1x Sock Assist Device with handles
- 1x shoe horn

## HOW TO USE THE SOCK ASSIST



For video demonstration check out [vhealth.link/c3f93](https://vhealth.link/c3f93)

Best used while in a seated position.

1. Stretch the sock over the end of the sock assist device and pull as far as the sock will go.



2. Place the Sock Assist on the floor then grab the rope or handles comfortably.



3. Insert your foot through the open hole at the opposite end.



4. Pull the handles towards you and slightly up until your sock is completely over your foot.



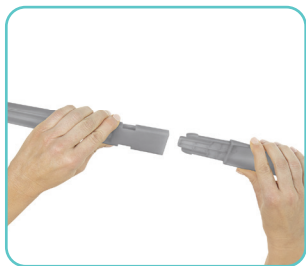
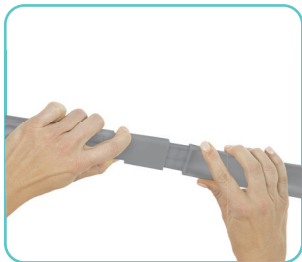
## HOW TO SET UP THE SHOE HORN



For an easy instructional video  
check out [vhealth.link/kg8](https://vhealth.link/kg8)

The shoe horn can be separated into two pieces for easy storage and travel.

- Use both fingers to pinch the middle connection down and release the lock. While pinching down, pull the shoe horn apart.



- To lock the shoe horn back together, connect the two pieces so that the sock remover is positioned on the back side of the shoe horn.



**Note:** There is only one way to lock the shoe horn back together. If the connection doesn't lock, don't force it try locking with the other side.

## HOW TO USE THE SOCK REMOVER



For video demonstration  
check out [vhealth.link/wq1](https://vhealth.link/wq1)

It's recommended to remove your sock with the shoe horn while sitting down.

1. Turn the shoe horn upside down with the handle towards your feet and the sock remover hook on the back side.



2. Use the sock remover hook to grab the top of your sock through the backside of your foot. Be careful not to scratch yourself.



3. Pull down towards the ground and slowly remove your sock. Use your hand to guide the hook down your leg, around and under your heel, then under your foot.



## CARE

- Wipe clean with a damp cloth.
- Wipe completely dry before use.

## GOT MORE QUESTIONS?

Check out our list of Frequently Asked Questions at [vivehealth.link/8a0](https://vivehealth.link/8a0) for helpful answers.



And if that doesn't answer your question, our customer service team would love to help! Feel free to connect with them by phone, e-mail, or chat on our website.

 [service@vivehealth.com](mailto:service@vivehealth.com)

 1-800-487-3808

 [vivehealth.com](https://vivehealth.com)