

OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Vive Shoulder Brace as easy as possible.



For answers to all your FAQs Check out **vhealth.link/d1e**

WHAT'S INCLUDED

- (A) 1x Shoulder Brace
- **B** 1x Elastic Shoulder Strap
- © 1x Strap Extender



HOW TO WEAR THE SHOULDER BRACE

- Loosen the torso strap and bicep straps with the fabric fasteners.
 Leave both ends of the torso strap fastened to the brace.
- 2. Orient yourself with the brace, observing which plastic d-ring will lay on your chest once in place. Detach the strap from the plastic d-ring at the front (depending on which side you'll wear the brace on).

a. Right Shoulder Adjustment: To setup the brace for right shoulder use, remove the strap from the correct d-ring as shown in the picture below. The correct d-ring will be the front facing one, the one that will lay on your chest.



b. Left Shoulder Adjustment:
To setup the brace for left shoulder use, remove the strap from the correct d-ring as shown in the picture below. The correct d-ring will be the front facing one, the one that will lay on your chest.



 Insert your arm through the brace opening, keeping the bicep strap toward the bottom and loose until you refasten the shoulder strap.



4. Grab the shoulder strap from the back and pull it under your armpit. Thread the strap through the front d-ring, pull to its desired compression, and secure with the fabric fastener. Slide the included padded sleeve over the strap to provide more comfort during use.





5. Secure the bicep strap for a snug, comfortable fit.



6. Use the 2 outer elastic tabs on the Y-shaped brace to further adjust the compression level as desired. Pull the straps tighter or looser and fasten to the outside of the brace to increase or decrease compression and adjust the fit.



EXTEND THE LENGTH OF THE BODY STRAP OR BICEP STRAP

Your new shoulder brace includes 1 optional extender for extending the length of either the body strap or the bicep strap. To use, simply attach the loose end of the extender to the fastener on the brace, and use the extender's fastener end as you would the brace's.



CARE

Machine wash cold on gentle cycle with like colors. Air dry or machine dry low tumble.

