

## DIGITAL THERMOMETER

User Manual  
DMD1O55WHT

### OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Vive Precision Digital Thermometer as easy as possible. Check out the included link and QR code to help you through the process.



To see all FAQ's in one place visit [vhealth.link/x2t](https://vhealth.link/x2t)

### WHAT IS A "NORMAL" TEMPERATURE?

Although the generally accepted "normal" reading is 37.0°/99.0° temperature readings can vary from 36.1°/97.0° to 37.2°/99.0° and still may be considered "normal". Variations in temperature can be attributed to activities such as exercise, smoking, eating and drinking. Your temperature is lower in the morning than in the afternoon. Other variations may be due to the location of the temperature reading. While the oral temperature follows the guidelines previously described, a rectal temperature is generally 0.5°/1.0° higher. Conversely, an axillary (under the arm) temperature will be 0.5°/1.0° lower.

### SPECIFICATIONS:

**Measurement range:** 32° (90.0°)---42.9° (109.9°)

**Low temperature display:** Temperature <32° (90.0°) display L° (L°)

**High temperature display:** Temperature >42.9° (109.9°) display H° (H°)

**Accuracy:** 35.5° (95.9°)----42° (107.6°) °0.1° (0.2°)

**Display resolution:** 0.1° (0.1°)

**Normal beep sound:** 10 long beep sounds in 10 seconds

**Fever beep sound:** (>37.8°/100°): 30 short beep sounds in 10 seconds

**Auto power off:** 8 minute +/- 2 minutes

**Battery:** AG3 or LR41

**Life of battery:** 1 year or 1200 times

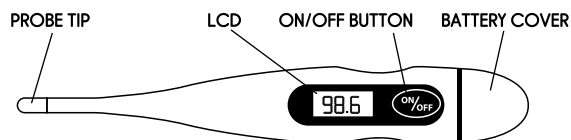
**Dimension:** 128mm x 19mm x 10mm

**Unit Weight:** approximately 9.4g (including battery)

**Operating condition:** Temperature 5° (41°)---40°(104°)  
Humidity 15%---85%RH

**Storage Condition:** Temperature -20° (-4°)---55° (131°)  
Humidity 10%---85%RH

### HOW TO TAKE YOUR TEMPERATURE:



1. Press ON/OFF button to activate. The unit will beep and display  $\boxed{100.0}^{\text{E}}$ . This LCD test will go on for around 2 seconds. (for F° and C° switch function hold the button for 3 seconds when turning on.)
2. The temperature taken the last time will be displayed with the letter "M" in the right corner.
3. When Lo and flashing F°/ C° displays, the thermometer is ready for temperature measuring. If the room temperature is lower than 32.0°(90°) the room temperature will be displayed instead of "Lo".
4. The beep will sound when temperature measuring is complete.
5. Press ON/OFF button to power off the unit. (The unit will automatically power off after approximately eight minutes after use.)
6. **Taking oral Temperature:**  
Place the probe tip under the tongue making sure to close your mouth during the measurement.

### 7. Taking an axillary temperature (under the arm):

Wipe the underarm with a dry towel and place the probe tip under the arm so the tip is touching the skin and keep your arm tucked against your body during the measurement. Approximate measuring time: 2~3 minutes.

**Note:** axillary temperatures are generally  $0.5^{\circ}/1.0^{\circ}$  lower than oral readings.

### 8. Taking a rectal temperature:

Apply a water-soluble lubricant to the probe cover. Gently insert the probe (maximum 1/2") into the rectum. Approximate measuring time: 1 minute.

**Note:** Rectal temperatures are generally  $0.5^{\circ}/1.0^{\circ}$  higher than oral readings.

## REPLACING THE BATTERY:

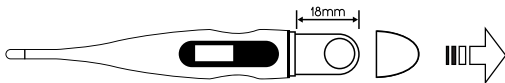
The battery in your digital thermometer needs to be replaced when appears in the lower right corner of the display. Replace the battery with a 1.5V, AG3 alkaline or LR41 silver oxide type or equivalent.

### To replace the battery:

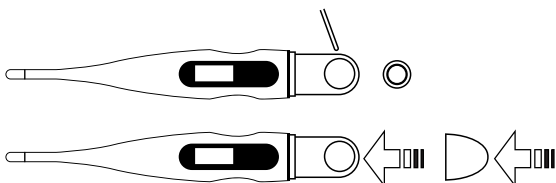
Pull the battery cover away from the unit.



Pull out the battery set about 18mm.



Use a suitable tool to remove the old battery and insert the new battery.



## CLEANING INSTRUCTIONS:

Before and after each use, clean the thermometer with a soft cloth and isopropyl alcohol diluted with water, or use a damp cloth with cold soapy water. Do not sterilize by using boiling, gas, or steam autoclaves.

## GENERAL CARE:

1. The thermometer should only be used under the supervision of an adult.
2. Do not walk, run or talk during temperature measurements.
3. Store the unit in the protective case when not in use.
4. Do not store the unit where it will be exposed to direct sunlight, dust or humidity. Avoid extreme temperatures.
5. Dropping or subjecting your thermometer to strong shocks should be avoided.
6. Do not attempt to disassemble the unit, except to replace the battery.

**vive  
health**

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