

coretech

626 LUMBAR BRACE



Owner's Manual – SUP2031BLK

OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Coretech 626 Lumbar Brace as easy as possible. Check out the included links and QR codes to help you through the process.



To see all of the FAQs in one place visit vhealth.link/auu

ADJUSTING THE BRACE



For a video demonstration, check out vhealth.link/ibv

Before putting the brace on, it's important to adjust the brace to a suitable size. There are size range labels printed on the inside of the belt.

The upper left and upper right straps are labeled so that the user can identify the correct orientation of the belt.



To Adjust Sizing:

1. Open the back panel cover and disconnect the fabric fasteners on each side of the belt from its tab on the back panel.
2. Fold each side of the belt to the desired size, use the additional hook and loop tab to secure the straps in place.



3. Reattach the straps to the fastener tabs on the back panel and close the panel cover.



PUTTING THE BRACE ON

1. Position the brace so that the back panel is right side up and centered on your spine, just above the waist and the size labels on the inside are facing right side up.



2. While keeping the back panel centered, wrap the left-side strap around and hold it against your abdomen.



3. With the left-side panel held firmly in place, wrap the right-side panel over the left and secure it with the fabric fastener at the end of the strap.



4. Grab the compression cords using the thumb loops and slowly pull the cords in unison away from your body until the desired amount of compression is achieved.



5. While keeping the cords pulled to the desired tightness, bring each thumb loop around and secure it to the front of the brace.



CARE

- Spot clean with a damp cloth, air dry.
- Do NOT machine wash or dry.

WARNING

- The product is intended for application by a licensed health care practitioner as directed by a physician or other qualified medical authority. Permanent injury may result from use other than as directed by a physician or other medical authority.

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