

STAND ASSIST HANDLE

QUICK START GUIDE



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HOW TO USE

NOTE: While the Handle is an assistance tool, it should only be used by a caregiver with enough strength to support the weight of the patient and by a patient competent enough to grasp and hold onto the Handle.



Want to watch us do this instead? Just go to the following link for an example of how to use your Standing Assistance Handle.
Visit vhealth.link.cmo

1. Caregiver should stand with both feet firmly positioned on the ground in front of the patient. Grip one long side of the Handle with both hands, extending it forward with elbows bent for the patient to grab.



2. The patient grips the other long side of the Handle with both hands and lifts their body up as the caregiver pulls on the other side for support.



3. The caregiver should lean their body back slightly to help lift the patient to their feet.

INFORMATION AND WARNINGS

- Only use the Handle to assist a person in standing up from a seated position. Do not use the handle to pull a patient up from a prone position.
- The patient must be competent enough to grab and grip the Handle firmly during use. Do not try to use the Handle if the patient cannot stand on their own.
- The Handle is designed to safely assist a person weighing up to 250 lbs. However, it is not safe to place a person's full body weight on the Handle at any time.
- Make sure that both the caregiver and patient have full traction on the floor to avoid slipping.
- Both the patient and caregiver must be able to maintain a firm grip while pulling on the Handle to use it effectively.

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