

POSTURE CORRECTOR

QUICK START GUIDE

OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Vive Posture Corrector as easy as possible.



To see all FAQ's in one place visit vhealth.link/8dbaa

WHAT'S INCLUDED

- 1x Posture Corrector

HOW TO PUT ON



For a video demonstration, check out vhealth.link/4Om

Step 1:

This process is similar to how you would put on a backpack. Place each arm through a loop so that the vertical corrector column is at the middle of your back.



Step 2:

Make sure all straps are flat and the padding is against your front shoulder blades.



Step 3:

Reach back and pull the loose fastener straps forward.

**Step 4:**

Secure fastener straps to front padded straps securely. Tighten each strap so that the posture corrector is secure but not too tight.



vive®