

OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Vive Foot Massager as easy as possible. Throughout the manual we will include QR codes and links to important videos that you can visit for help.



To see all FAQ's in one place visit **vhealth.link/s2O**

WHAT'S INCLUDED

- 1x Vive Health Foot Massager
- 1x 11O-12OV Power Adapter

QUICK-START INSTRUCTIONS



For a video demonstration, check out **vhealth.link/nfO**

 Plug the Power Adapter into the Power Port on the Massager, and plug the other end of the Adapter into a standard electrical outlet. The three (3) blue indicators above the button will light up (one at a time) to show that it's ready for use.

NOTE: these lights will continue as long as the device is plugged in and inactive.



- 2. Place the Foot Massager on the floor a comfortable distance from where you're sitting.
- 3. While in a seated position, insert one or both of your feet into the Foot Massager.

- 4. Press the \circlearrowleft button to start the massager at the lowest levels of heat and intensity. One (1) indicator above each of the MODE and HEAT buttons will light up, and the Massager will run for fifteen (15) minutes before automatically shutting off.
- 5. Use the MODE and HEAT buttons to adjust the level of intensity and heat to your comfort level.

OPERATING MODES AND OTHER FEATURES

Your Vive Foot Massager is capable of three (3) different modes of massage intensity, from low to high. To adjust the intensity level, press the MODE button to cycle through each of the modes.

Indicator	Intensity Level	
= 1 =	Low	
	Medium	
	High	

Your Vive Foot Massager is also capable of two (2) different levels of massage heat, from low to high. To adjust the heat level, press the HEAT button to cycle through each of the modes.

Indicator	Intensity Level	
	Off	
= = =	Low	
	High	

The Foot Massager can be used either forward or backward. There are different massage heads at either end, offering a different massage experience depending on the direction you're facing. If you'd prefer to use it backward, just turn it around and insert your feet in the other direction.

The Massager also comes equipped with an autotimer, allowing it to turn itself off after fifteen (15) minutes to prevent any potential harm from overuse. After each 15 minute session, the device will automatically deactivate. The power must be reactivated and the settings must be reset to continue use.

MAINTENANCE

The only maintenance required for your Foot Massager is some occasional cleaning with a soft, dry cloth. Do not use any abrasive or corrosive cleaners.

When you're not using the Massager, store it in the box in a cool, dry place. Avoid storing it in areas of extreme heat or humidity.

TROUBLESHOOTING

This section includes some common problems and fixes for your Foot Massager. If it isn't operating like you think it should, check here before contacting service@vivehealth.com.

Syı	mptom	Problem	Cause	Remedy
Massa start.	ger will not	No power	AC Adapter installed incorrectly	Securely insert the AC Adapter into the power port and wall outlet.

Symptom	Problem	Cause	Remedy
Massager turns off unexpectedly.	Loss of Power	AC Adapter disconnected	Securely insert the AC Adapter into the power port and wall outlet.
	Pressure Fault	Autotimer turned the Massager off after fifteen (15) minutes	Press the (b) button to start it back up again. Do not operate for more than thirty (30) minutes per session.
		Too much force applied to the Massager	Try to relax your feet when placed into the Massager. Don't stand, sit, or lie on the Massager as excessive weight will force it to shut down and may damage the device.

ADDITIONAL INFORMATION AND SAFETY WARNINGS

- Always begin using the Foot Massager on Low intensity and Low heat and slowly
 increase as desired. If it begins to feel too intense, press the U button to
 immediately release the pressure.
- Do not stand up in, or sit or lie down on the Foot Massager. Excessive weight will force
 it to shut down and may damage it.
- Do not operate in wet environments (near pool or bathroom). Do not operate with wet hands or feet, or in areas of excessive humidity.
- Do not operate in dusty/dirty environments.
- Keep away from heat sources such as radiators or stoves. Do not place in direct sunlight for extended periods of time or use in excessively hot environments.
- Only use the provided Power Adapter with correct voltage.

- Do not operate the Foot Massager if the Power Adapter, adapter port, outlet, or cord is damaged in any way.
- The device can become extremely hot. Use caution when using the heat function and allow the device to completely cool in between uses.
- Keep away from sharp objects. If the cloth or mesh becomes damaged, discontinue use of the Massager.
- Do not operate the Massager in blankets or other coverings as it may overheat.
- Do not attempt to repair or use spare parts that were not provided by Vive Health.
 If your device is broken or requires service, please contact Vive.
- Do not insert any foreign objects into the Foot Massager.
- Always carry the Foot Massager from the base (bottom), and never carry from the top or using the power cord.
- Do not use in areas where aerosol products are being used or bottled/concentrated oxygen is being administered.

WARRANTY INFORMATION





Check out our list of Frequently Asked Questions at **vhealth.link/s2O** for helpful answers.



And if that doesn't answer your question, our customer service team would love to help! Feel free to connect with them by phone, e-mail, or chat on our website.



service@vivehealth.com



1-800-487-3808



vivehealth.com