



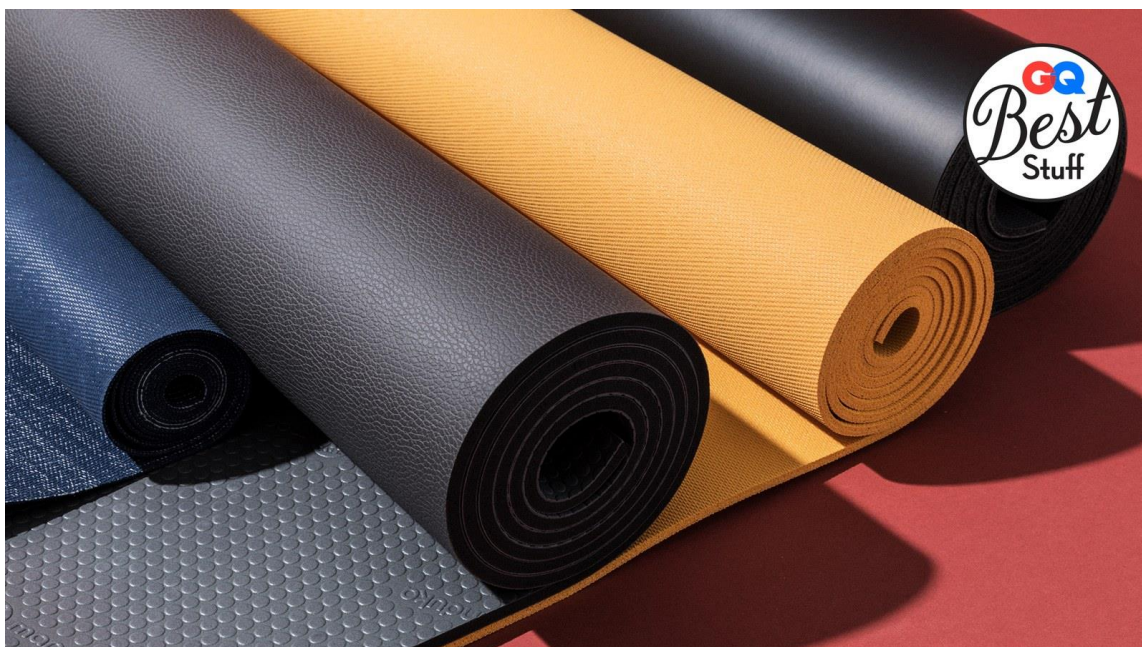
The Best All-Around Yoga Mat



Jade Harmony yoga mat

Jade's Harmony mat strikes the perfect balance between grip, support, and sweat absorption. There are plenty of really thick, squishy mats out there that your hands and feet sink into when you press down, and while they may be comfy for *savasana* at the end of class, they can actually cause problems for your joints. The natural rubber provides a solid base, but has enough springiness and resistance to keep your wrists and ankles safe. Jade manufactures all of their mats in the U.S. and has vowed to plant a tree for every mat purchased (they've planted upwards of 1.5 million trees to date). With a variety of lengths and colors, you've got lots of options to choose from.

\$80, JadeYoga



The Best Yoga Mat for Commuters



Jade Voyager yoga mat

You don't want to be that guy on the subway during rush hour, hurrying to make your evening class while your mat is sticking awkwardly out of your bag primed to get stuck in the closing doors or the turnstile or knock over a small child. For those on the go, Jade's ultra-light, ultra-thin, *foldable* Voyager Mat is perfectly portable. Weighing only a pound and a half, it folds up to about the size of a yoga block, and easily fits inside [totes](#), [backpacks](#), and [gym bags](#). It's only 1/16" thick, so if you need a little more support, just throw it on top of a rental mat from the studio and you'll still get premium grip without the germs or the fuss of a sweat towel.

\$40, JadeYoga