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cancer: Lugol's Solution or iodine- key to healing (11/'04) 6	cancer: Vit D. helps (1/'05) 4; (3/'05) 3	cancer-end stage (9/'03) 8
cancer: Macro diet triples survival rate & heals cancer (Winter/'93) Misc	cancer: Vit E inhibits & kills (1/'04) 4; (10/'03) 4; (7/'03) 3; (5/'99) 7	cancer-esophagus (10/'03) 3
cancer: metastases-how to tell if they are	cancer: Vit K cut metastases and doubled survival (7/'05) 7; (11/'04) 7	cancer-gall bladder (8/'06) 6
		cancer-intestinal (4/'01) 1
		cancer-liver (5/'02) 5
		cancer-lung (7/'05) 1; (8/'02) 1; (11/'99) 4
		cancer-lung: nutrients increase survival rate (3/'04) 7; (8/'03) 7

cancer-lung: omega-3 fatty acids helps (5/'04) 2	cancer-uterine (7/'01) 7; (4/'01) 2	(12/'03) 7; (1/'11) 3;
cancer-lung: reversing it in the early stages (12/'03) 4; (4/'03) 4	Candida vaginitis (9/'03) 6	(6/'11) 1; (9/'11) 4;
cancer-ovarian (4/'05) 3; (4/'01) 2, 4	Candida (7/'05) 1; (4/'04) 6; (2/'04) 2, 4; (1/'04) 3; (12/'03) 4, 7; (10/'03) 4; (3/'03) 4; (1/'03) 1; (10/'02) 4, 7; (5/'02) 4; (2/'02) 2; (5/'00) 6; (1/'00) 5; (10/'99) 8; (9/'99) 4; (8/'99) 2; *(3/'99) 3; (5/'06) 6; (10/'07) 4, (11/'08) 3; (5/'10) 3; (7/'10) 2; (8/'11) 5; (12/'11) 5; (1/'12) 5; (3/'12) 2; (2/15) 5	(11/'13) 5
cancer-pancreatic (3/'05) 4; (4/'01) 4; (12/'00) 1	Candida: dietary helps (1/'97) Misc.	CardionIon:interpreting (7/'06) 7; (3/08) 7; (8/'11) 7
cancer-prostate (8/'05) 5; (7/'05) 2; (7/'04) 5; (2/'04) 5; (12/'03) 2; (7/'03) 7; (3/'03) 5; (9/'02) 4; (7/'02) 4; (5/'02) 6; *(1/'02) 6; (7/'01) 4, 6; (4/'01) 2, 4; (12/'00) 2; (12/'99) 4; (5/'06) 5; (2/'06) 1; (3/'07) 5; (4/'08) 7; (3/'08) 5; (2/'08) 4; (1/'08) 4; (12/'08) 5,6,7; (5/'11) 3; (5/'12) 7; (1/'13) 5, 6; (5/'13) 7; (6/'13) 1, 4; (7/'13) 1; (7/'13) 6; (8/'13) 5; (10/'13) 5; (12/'13) 5	CardioIon: test instructions (8/'06) 7	
cancer-prostate: all material on breast cancer is relevant (9/'04) 1	Candida: treatment with bile acids (4/'05) 4	cardiologist: testing yours (2/'03) 2
cancer-prostate: dairy products increase risk (6/'04) 5	canola oil (8/'02) 5	cardiomyopathy (5/'00) 5; (11/'99) 7; (5/'99) 2
cancer – prostate: Lipitor (2/'10) 1	canola oil: develops trans fatty acids (5/'03) 4; (4/'10) 5	Cardiovascular Profile (7/'03) 2; (11/'02) 3
cancer-prostate: selenium preventative (4/'05) 3; (6/'05) 7	canola oil: one that's recommended (10/'04) 1	Cardiovascular Risk Panel (7/'05) 5; (11/'04) 2; (8/'04) 5; (3/'03) 6
cancer-stomach (10/'03) 3; (4/'99) 2	Captomer (12/'04) 8; (4/'04) 7	Cardizem LA (10/'03) 8
cancer-stomach: cured with antibiotic (10/'04) 1	carbonated drinks: (see “soda” and “Coke”)	Carlson (supplier) (11/'04) 8
cancer surgery: dangers of (1/'06) 2	Cardarone (9/'03) 3	carlson.com (6/'05) 8
cancer-testicular (10/'03) 5	cardiac arrhythmia (3/'05) 5, 6; (4/'04) 6; (1/'04) 3; (12/'03) 4; (1/'02) 4; (7/'01) 5; (12/'00) 4; (11/'99) 7; (6/'99) 6; (2/'99) 4; (4/'10) 4; (10/'10) 7; (11/'10) 1; (4/'11) 2; (9/'11) 6; (6/'12) 5; (2/'13) 4; (1/14) 5	Carlson's Fish Oil (6/'03) 2; (2/'03) 7; (7/'07)6; (8/'08) 3,4
cancer tests (1/13) 5	Cardio ION Panel (8/'05) 5, 6; (7/'05) 5; (3/'05) 3; (1/'05) 7; (11/'04) 3; (7/'04) 3, 6; (5/'04) 2;	carlsonlabs.com (7/'05) 8
		Caro-Plete (4/'05) 1; (5/'04) 4; (1/'03) 3
		Carnitine (1/'13) 3; (8/14)2
		2Carpal tunnel syndrome (4/'08) 3
		carpet stains (9/'99) 4
		carpets: toxins, lung cancer in carpet installers, etc. (5/'03) 2
		carrot juicing (3/'04) 5; (1/'04) 7; (12/'03) 6; (11/'03) 4; (4/'03) 7; (3/'03) 6; (4/'01) 6; (1/'00) 2; (7/'99) 1
		cartilage: healing with Lumen (LED)(1/'05) 2
		castor oil (10/'04) 5
		Cat's Claw (5/'04) 7

Catalog of Environmentally Safe Household Products (free) (10/'99) 1
 Cataracts (7/'05) 3; (7/'01) 3; (9/'06) 1; (6/'13) 7
 cataracts: how to reverse (12/'04) 3
 Celebrex (Rx) see also “NSAIDs” (7/'04) 4; (9/'03) 7; (12/'02) 6; (1/'08) 6
 Celebrex: can cause the bladder to stop working (7/'03) 1
 Celery: benefits of (3/'11) 5
 Celexa (8/'03) 2
 Celiac Disease (6/'04) 7; (1/'04) 1; (10/'03) 6; (7/'07) 1; (2/'08) 4; (8/'08) 5,6;
 Cell Forte’ with IP6 (6/'99) 4
 cell membrane: degeneration “leads to every symptom & disease” (3/'05) 6; (7/'99) 5; (6/'99) 4
 ceramic magnets (for healing) (12/'00) 4
 cervical pathology (also cervical dysplasia) (7/'99) 2
 cesium (4/'01) 6
 Chanca piedra (12/15) 3
 charcoal mask (5/'05) 8
 Chelated Manganese (6/'05) 6
 chelation (10/'03) 4; (10/'10) 7; (3/'12) 2; chelation: IV route unhealthy (10/'10) 7
 Chemet (8/'99) 6
 chemical sensitivity (1/'03) 1, 7; (10/'02) 5; (4/'02)

7; (5/'00) 3; (1/'00) 8; (12/'99) 4; (11/'99) 7; (10/'99) 2, 3; (9/'99) 2, 4; (6/'99) 5; (5/'99) 3; (2/'12) 3; chemotherapy& radiation (7/'05) 3; (4/'05) 3; (8/'04) 2; (7/'04) 1, 3; (5/'04) 6; (4/'04) 1, 4; (3/'04) 7; (11/'03) 2, 5; (10/'03) 4; (9/'03) 6; (8/'03) 1; (6/'03) 3; (4/'03) 3; (11/'02) 4; (8/'02) 7; (7/'02) 5; (5/'02) 5; (3/'02) 7; (2/'02) 3; (12/'99) 4; (11/'99) 4, 7; (8/'99) 1; (12/'11) 6; (2/'12) 6, 7; (7/'12) 6; (1/'13) 7; chemotherapy& radiation: a list of side effects & what prevents (11/'99) 4; *(5/'99) 6; Chewable Tylenol for Kids (see also “acetaminophen”) (12/'99) 5
 chicken (1/'02) 7
 children: before conceiving (5/'06) 7; (4/'08) 1
 children and cancer: see “cancer: childhood”
 children: ADD, irritability, depression, growth-diagnosis & tx... (12/'04) 6
 children: adopted children & particular health problems (2/'03) 3
 children: behavioral and learning problems (see also learning p.) (6/'04) 1; (5/'04) 3; (1/'04) 5
 children: lower life expectancy (8/'06) 1

children: improving IQ (7/'05) 3; (2/'99) 6
 children: obesity (11/'12) 4;
 children: prevention of allergy development (10/'04) 4; (9/'11) 4
 children’s health (8/'05) 2, 3; *(7/'05) 1; (4/'05) 2; (6/'04) 1; (4/'04) 2, 6; (12/'03) 3, 4; (11/'03) 6; (10/'03) 1; (9/'03) 1; (8/'03) 1, 4; (7/'03) 4; (5/'03) 3; (4/'03) 5; (3/'03) 7; (2/'03) 3; (1/'03) 1, 3, 4, 5; (12/'02) 5; (10/'02) 5, 7; (9/'02) 4, 6, 7; (7/'02) 7; (3/'02) 3, 6; (1/'02) 3, 5; (4/'01) 5; (5/'00) 3, 5; (7/'99) 6; (2/'99) 6; (11/'07) 4; (11/'08) 3; (12/'08) 3,4; (10/'08) 1,3,4,5; (8/'10) 4; (9/'10) 1,4; (9/'11) 4, 7; (10/'11) 6; (11/'11) 4; (12/'11) 1; (4/'12) 6; (6/'12) 3; (11/'12) 4, 7; (8/'13) 4
 children’s health: omega-3 oils jumpstart IQ & more (6/'03) 3; (2/'99) 6
 chips (potato chips, Doritos, Ruffles, etc.) (11/'99) 1
 Chlamydia pneumoniae (6/'99) 5
 Chlamydia (10/'03) 3; (11/'02) 3
 Chlorophyll (1/'07) 5
 chlorpromazine (Rx) (1/'00) 5
 Cholarest (6/'02) 7
 cholesterol (see also “high cholesterol”) (10/'99) 7; (11/'06) 3; (10/'07) 2;

(11/08) 1,2; (12/08) 1,2; (8/08) 4; (7/10) 5,6; (11/10) 3; (6/12) 4;	coagability (leading to blood clots & heart attacks) (4/04) 5	Comprehensive Detox Panel (CDP)(10/99) 5
cholesterol drugs (11/04) 1; (11/06) 7; (10/06) 1; (3/06) 7; (11/07) 4; (7/07) 3; (5/08) 1; (11/08) 1,2 (12/08) 1,2; (10/11) 1; (3/12) 1; (12/12) 1; (2/13) 5; (8/13) 1	coconut oil (10/03) 3	Comprehensive Stool Analysis (7/05) 6; (4/05) 3; (12/11) 1
cholesterol: HDL (4/07) 4	cod liver oil (8/05) 6; (7/05) 5; (3/05) 3, 4; (7/04) 5; (5/04) 6; (2/04) 4; (8/03) 5; (7/03) 7; (6/03) 2; (2/03) 7; (8/02) 4; (7/02) 7; (4/01) 6; (10/99) 3; (7/99) 1, 6; (6/99) 7; (2/99) 4; (11/06) 6; (5/10) 4; (9/11) 1; (2/12) 2; (3/13) 2, 3	Comprehensive Stool Analysis/Parasitology x2 (7/05) 6; (6/04) 6
Chromium (2/99) 3; (8/04) 6; (2/07) 4; (11/12) 5; (12/14) 1,2	Coenzyme Q10 (7/05) 7; (8/03) 5; (1/00) 6; (11/99) 7; (7/06) 1	Comprehensive Stool Study with Purged Parasites X2 (7/05) 6; (12/04) 6
Chronic Fatigue Syndrome (6/05) 5; (4/04) 6; (6/03) 4; (1/03) 1, 7; (11/02) 4; (10/02) 5; (7/02) 6; (4/02) 7; (7/01) 4; (4/01) 3; (5/00) 3; (10/99) 2; (6/99) 5	coffee enemas (4/05) 5; (3/04) 6	Computers (9/99) 2; (4/99) 1
Chronic Heart Failure (CHF) (3/04) 1	coffee (7/01) 3	concentration-improving (12/00) 6; (1/00) 4
chronic illness (12/02) 1	Cogimaz (12/04) 7	conditions that defy cures (6/99) 5
chronic pain: see "pain- chronic"	Coke (cola): leaches calcium from bones, etc. (3/03) 4	cone biopsy (7/99) 2
cigarettes (2/99) 3	cold pasteurization (2/03) 5	Congestive Heart Failure (CHF) (3/05) 3, 6; (1/04) 3; (10/03) 2; (9/03) 4; (7/01) 5, 6; (5/00) 5; (11/99) 7; (5/99) 1; (5/06) 4; (11/08) 3,4,5; (2/10) 3
Cipro (2/02) 4	cold sores (6/02) 1; (3/99) 6	Constipation (8/05) 4; (7/05) 6; (12/02) 1
Cirrhosis (5/05) 6; (12/99) 4	colitis (11/02) 6; (10/02) 4; (7/02) 7; (4/01) 5; (9/99) 8; (3/99) 3; (1/08) 7; (9/08) 6,7	contact lens solutions (11/99) 1
Cisplatin (Rx) (8/04) 1	colitis: antibiotics cause (3/06) 1	convulsions (9/02) 7
Claritin (Rx) (5/03) 1	colon cleanse (8/04) 7; (1/00) 2	Cook, Dr. Douglas DDS (6/11) 5
Clarus.com: (supplier for Qlink) (1/04) 8	colonoscopy (9/03) 4	copper: deficiency (9/10) 3; (3/15) 3
Claudication (3/05) 7; (9/03) 6; (7/02) 6	color blindness (3/13) 7	copper: repairing deficiency can cure Congestive Heart Failure (2/10) 3
Clostridium Difficile	Colostrum 80/40 (10/04) 2; (7/03) 7	copy machines: cause health problems (6/04) 4
Clozapine (Clozaril) (Rx) (9/02) 1	Colostrums (1/00) 6	Coral Calcium Powder (4/01) 6
Clots (9/14) 1,2,3; (10/14) 4; (7/15) 1,2	<i>Colostrum, Nature's Gift to the Immune System</i> , by Beth Ley (7/03) 7	coronary artery disease (5/04) 5; (7/01) 5;
C-Med-100 (5/04) 7		

(4/'01) 4; (6/'11) 7;
(5/'12) 1; (8/'12) 2;
(10/'12) 3; (11/'12) 1, 4;
coronary calcifications:
reversing (see also
“arteriosclerosis”)
(11/'04) 6; (4/'06) 1;
(5/'07) 2; 4/'07) 2;
(7/'12) 5; (9/'12) 2;
(11/'12) 1; (12/'12) 3;
(1/'13) 1;
coronavirus (10/'03) 3
cortisol levels (3/'04) 5
cortisone injections
(2/'11) 7
cosmetics: non-toxic
(4/'06) 7; (3/'06) 7;
(1/'06) 7
cough-chronic (10/'02) 4
Coumadin (Rx)*(7/'05) 7;
(5/'05) 5; (9/14) 5;
(11/14) 6
cravings: see “food
cravings” or “sugar
cravings”
Crestor (Rx) (8/'05) 6
Crohn’s disease (12/'03) 7;
(7/'03) 7; (7/'02) 6
CRP (C-reactive protein)
(7/'03) 2; (3/'03) 6;
(11/'06) 3; (2/'07) 6;
(7/'12) 7; (3/'13) 3;
(5/'13) 5; (10/'13) 7
Cryosurgery (7/'99) 2
cookbook: *The Cure Is In
the Kitchen* (7/'99) 7
Crystal ball tests (10/14) 1;
(11/14) 2; (4/13) 3
CT scan: dangers of
(4/11) 5
Cutting Edge, The (supplier
of face masks & other
products) (11/'03) 8;
(2/'99) 1
Cystic Fibrosis (1/'04) 3
Cystitis (6/'02) 5; (9/'99) 8

cytomegalovirus (10/'03) 3
D. A. #34 (digestive aid)
(6/'03) 2, 5
DCIS (ductal carcinoma in
situ) (1/'13) 5
DIN (ductal intraepithelial
neoplasia) (1/'13) 5
D-Ribose (1/'13) 2;
(2/'13) 3;
Daily Detox Drink
(11/'08) 6
D.O.C. s (supplier)
(12/'02) 8
Deadly Medicine by
Thomas Moore (5/'05)
4; (2/'02) 1
Deafness (3/'04) 2;
(11/'08) 6; (12/'08) 4;
Deanol (dimethyl
Aminoethanol)
(alternative to Ritalin)
(7/'99) 6
DEET (insecticide)
(9/'04) 4
defibrillators-implanted
(3/'05) 5; (1/'00) 1;
(7/13) 1
dementia (see also
“Alzheimer’s Disease”)
(2/'04) 7
dental & periodontal
tissues: healing with
Lumen (LED) (1/'05) 2
dental acrylic materials
(composites, white
fillings)(8/'05) 4
*Dental Caries As a Cause
of Nervous Disorders*
(5/'00) 4
dental plaque reduction
(2/'99) 1
dental work (crowns, root
canals, fillings, etc)
(5/'00) 1; (8/'99) 5,
(11/'08) 3

dentists & silver amalgams
(6/'04) 7
deodorant: contributes to
breast cancer (9/'04) 1
depression (7/'05) 3;
(6/'05) 4; (4/'04) 6;
(1/'04) 3; (12/'03) 7;
(11/'03) 5; (10/'03) 6;
(8/'03) 2; (7/'03) 2, 7;
(3/'03) 2, 4; (2/'03) 7;
(10/'02) 5, 6, 7; (9/'02)
1, 7; (5/'02) 1, 4, 5;
(4/'02) 4; (3/'02) 1, 6;
(2/'02) 3; (1/'02) 4;
(7/'01) 4; (4/'01) 3, 5;
(12/'00) 6; (5/'00) 3;
(1/'00) 3, 6; (10/'99) 3;
(9/'99) 2, 7; (6/'99) 5;
(3/'99) 5; (2/'99) 6;
(8/'06) 3; (4/'06) 1;
(9/'08) 4,5; (8/'11) 5;
(8/'12) 5, 6; (11/'13) 7
depression: iodine may
help (11/'04) 6
depression: use of Vit D
(3/'05) 3
dermal adhesives (such as
found in patches)
(8/'05) 4
detached retinas (2/'99) 6
Detoxamin (7/'10) 2
Detox Capability Test
(2/'02) 4
Detox Cocktail (8/'05) 4;
(8/'04) 2; (6/'04) 3;
(4/'04) 6; (2/'04) 2, 4;
(1/'04) 7; (9/'03) 1;
(6/'03) 3, 6; (5/'03) 6;
(12/'02) 6; (5/'02) 4;
(3/'02) 3; (1/'02) 6;
(4/'01) 1; (10/'99) 6;
(9/'99) 6; (8/'99) 2, 3, 5;
(6/'99) 6; *(3/'99) 6;
(5/'06) 3; (7/'10) 2;
(9/'11) 5; (11/'12) 1;

Detox Cocktail, Mercury (7/01) 3; (5/00) 5	*(2/04) 4; (1/04) 3; (10/03) 5; (9/03) 4; (6/03) 4; (3/03) 2; (12/02) 4; (11/02) 7; (7/02) 7; (4/02) 7; (7/01) 2; (7/01) 2; (1/00) 5; (12/99) 4; (11/99) 7; (10/99) 4; (6/99) 4; (2/99) 6; (2/06) 3; (12/07) 5; (3/07) 3; (5/08) 4,5; (6/08) 1,5,6; (9/08) 1,2; (1/10) 3; (5/10) 2; (9/10) 5; (3/11) 6' (5/11) 5, 7; (6/11) 3; (8/11) 5; (10/11) 1; (12/11) 3; (2/12) 1; (6/12) 1; (12/12) 1, 2; (8/13) 4	7; (12/99) 3; * (11/99) 2
Detox Cocktail: modified & packaged (ready to use) (1/04) 7	dietary fiber (3/99) 2	dieting (5/99) 5
Detox Cocktail: recommended addition(s) (6/03) 3; (9/11) 5	diet-live food diet (7/03) 5; (8/99) 4; (2/99) 2	diet-macrobiotic: see “macrobiotic diet”
Detox Cocktail: simplified (5/03) 6	diet-rare food diet (5/02) 7; (2/99) 3	diet-whole foods diet (7/05) 6; (8/02) 7; (1/02) 7; (4/01) 5
detox deficiencies (5/00) 6	diet-yeast-free: see “yeast- free diet”	Digest LPC (10/99) 7
detox enema (5/00) 5; (1/00) 2; (10/99) 7; *(9/99) 5; (4/10) 4	digestion problems (7/05) 4; (4/05) 4; (1/97) Misc.; (12/02) 1; (10/02) 5; (2/02) 3	digestive aids (7/01) 2
Detoxification Factors (8/99) 6	Digoxin (Rx) (5/05) 3	Dioxychlor (supplement for Candida) (10/99) 8; (3/12) 3;
Detoxification (8/05) 2; (9/03) 1; (9/02) 4; (6/02) 3; (5/02) 4; (4/02) 7; (3/02) 7; (7/01) 2; (1/00) 6; (12/99) 7; (11/99) 7; (10/99) 5; (9/99) 2, 4; (8/99) 5; (6/99) 4; (5/99) 4; (8/10) 1; (4/12) 1; (8/13) 6	disease: how it comes about (7/99) 5	disease: how it comes about (7/99) 5
detoxification: the body's detoxification system (6/03) 5; (5/03) 5; (4/03) 7	diuretics (12/99) 2; (12/11) 4	diuretics (12/99) 2; (12/11) 4
detox: colors come through skin (5/08) 3	dizziness (9/03) 5; (9/02) 7; (12/00) 6	dizziness (9/03) 5; (9/02) 7; (12/00) 6
DGL (deglycyrrhized licorice) (3/99) 5	DMAE (5/04) 3	DMAE (5/04) 3
DHA & EPA (7/02) 7; (3/02) 4; (1/02) 3; (6/99) 4; (2/99) 4, 6; (9/08) 3,4; (1/11) 3; (3/11) 4; (11/11) 2; (2/12) 2; (12/12) 1; (1/13) 6, 7; (6/13) 4	DMSA (1/06) 7	DMSA (1/06) 7
DHEA (12/04) 8; (8/10) 3; (10/13) 7; (7/14) 1,2	DMSO (6/06) 5	DMSO (6/06) 5
Diabetes (6/05) 6; (1/05) 2; (3/05) 3; (3/04) 2;	D-Mannose Plus (3/04) 4	D-Mannose Plus (3/04) 4
	D-Mannose (8/05) 2; (6/02) 5	D-Mannose (8/05) 2; (6/02) 5
	DNZ & DNZ-2 (supplement) (7/04) 5; (5/04) 3; (12/00) 6; (7/99) 7	DNZ & DNZ-2 (supplement) (7/04) 5; (5/04) 3; (12/00) 6; (7/99) 7
	doctor education (8/02) 1; (7/01) 4	doctor education (8/02) 1; (7/01) 4
	doctor's appointments: being your own advocate (3/02) 5	doctor's appointments: being your own advocate (3/02) 5

Doctor's Data (supplier) (7/04) 8	Dupuytren's contracture: iodine helps (11/04) 6	emphysema (11/06) 2
Doctor's Data Comprehensive Stool Analysis... (7/04) 6; (6/04) 6	Dursban (11/13) 3	Enbrel (Rx) (3/05) 4; (1/04) 5; (5/03) 5; (12/99) 5
doctors: educating (3/03) 1; (12/02) 2	Dyslexia (5/04) 2; (2/99) 6	ending treatment decisions: allowing someone to die (9/03) 5
doctors: finding ones who are conversant with env. Medicine (7/99) 4	dysplastic cells (7/99) 2	endometriosis (6/02) 4; (7/01) 6; (4/01) 2, 4; (4/11) 6
doctorsdata.com (4/05) 8	DVT (deep vein thrombosis) (10/08) 6,7; (10/14)	enemas (8/02) 7
Doppler-ultrasound (3/05) 7	E Gems Elite (7/05) 7; (6/05) 7; (5/05) 3; (3/05) 6; (9/04) 5; (7/04) 5; (1/04) 4; (8/03) 5; (7/03) 3; (6/03) 2; (2/03) 4; (1/03) 3; (10/99) 3; (9/11) 1;	energizing the body (5/03) 5; (3/03) 5
Down's Syndrome (8/02) 4	ear infections (2/04) 1; (1/06) 6	energy: low (6/11) 5
<i>Dr. Dean Ornish's Program for Reversing Heart Disease</i> (8/99) 7	Ecologic Formulas (7/01) 8	Environmental Endocrine Disrupters (EED) (4/01) 2; (2/10) 6; (8/11) 2
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drug reactions (see also “prescription drugs”) (1/04) 2; (7/03) 1	Emerson Ecologics (supplier) (7/99) 8	Essential Formulas (nutrients) (10/02) 7
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<p>Evista (Rx) (7/'02) 1; (5/'02) 6; (6/'12) 7; Evoclin (Rx) (8/'05) 3 exercise (6/'05) 7; (6/'99) 7 Extreme Health (supplier) (4/'03) 8 eyes:supplements for (5/'06) 6; (8/'07) 1; (3/'11) 7;(5/'12) 3; (8/'12) 8; eye diseases (7/'05) 5; (1/'04) 3; (2/'99) 6; (12/'11) 2; (5/'12) 3;(5/15) 5 eye: dryness (8/'10) 6 eye muscle spasms (7/'99) 7 eye twitches (5/'02) 1 FAR Infrared Cooker (11/'02) 5 FAR Infrared Sauna (8/'05) 4; (7/'05) 6; (1/'05) 1, 7; (4/'05) 5; (11/'04) 4, 5; (10/'04) 5; (9/'04) 3, 7; (8/'04) 1; (6/'04) 1; (4/'04) 7; (3/'04) 4; (11/'03) 3, 5; (10/'03) 5; (3/'02) 4; (5/'00) 6; (5/'06) 6; (11/'11) 6; (1/'12) 2; (2/'12) 1; FAR Infrared Sauna: is it safe for heart patients? (10/'03) 7 FAR Infrared Sauna: the need for trace minerals & water (9/'04) 7; (12/'02) 7 FAR Infrared Sauna: what to do when having trouble adjusting (3/'04) 4 farmed fish: see “fish- farmed” fast food salads (7/'03) 6</p>	<p>fast foods: how chicken nuggets are made (4/'04) 3 fasting (1/'00) 2 fat-free processed foods (6/'99) 4; (11/'11) 7 fatigue& exhaustion (also “increasing energy”) (8/'05) 4; (3/'04) 2; (6/'03) 4; (5/'02) 1, 5; (7/'01) 2; (4/'01) 5; (5/'00) 3; (1/'00) 6; (11/'99) 7; (10/'99) 3; (9/'99) 2; (7/'99) 7; (2/'99) 6; (8/'10) 3 fatigue: helped by iodine (11/'04) 6 Fats, right ones (1/13) 6 Fats, protection from (3/13) 4; (6/14) 6 fatty acid deficiency (9/'03) 4; (7/'99) 4; (2/'99) 4, 6; (1/'13) 6; (3/'13) 3 Fatty Acid Panel (5/'05) 6; (2/'99) 4 Fatty Acid Test (7/'99) 6; (2/'99) 4 fatty acids (see also “cell membranes”)(7/'03) 7; (6/'03) 2 Fatty liver disease (5/14) 5 FDA, The (11/'03) 4 fetal death (12/'03) 3 fever: necessary to fight infection (8/'04) 4 fiber(3/'02) 4 fibrinogen: elevated (10/'06) 6; (7/'07) 7; (8/'11) 3; (1/'12) 5; Fibrocystic Breast Disease (11/'04) 5; (4/'06) 7 Fibromyalgia (1/'05) 4; (4/'04) 6; (1/'04) 6; (1/'03) 1, 7; (11/'02) 4;</p>	<p>(10/'02) 5; (7/'01) 4; (5/'00) 3; (3/'99) 3; (10/'10) 5; (8/'13) 1 Fibrosarcomas (8/'03) 6 Fiedler(supplier) (12/'00) 8 firefighting chemicals (2/'04) 3 fish oil: see “Carlson’s Fish Oil” fish: have high levels of mercury, PCBs, dioxins, etc .(8/'02) 2 fish: mercury toxicity (4/'05) 5; (4/'04) 6 fish: recommended (7/'03) 5 fish-farmed fish have high mercury levels, carcinogens, etc. (6/'04) 2; (5/'03) 1; (1/'03) 4 fish-lake: have Prozac, PCB’s, etc. (6/'04) 4; (1/'03) 4 flame retardants (see also “PBDE” and “PCBs”) (11/'03) 7;(9/'99) 3 flax seeds (9/'03) 4 Flecainide (5/'05) 4 flies: solutions (7/'99) 8 Flora Source (1/'00) 2 fluoride (8/'06) 2 flu (“the flu”) (7/'05) 2; (4/'05) 2; (2/'04) 1; (9/'03) 2; (1/'03) 1; (12/'02) 1; (2/'01) 1; (12/'00) 7; (2/'11) 2 flu vaccine (12/'02) 1; (12/'00) 7; (11/'10) 5 Folacal (8/'02) 4; (1/'00) 3 folic acid (11/'03) 5; (8/'03) 4; (4/'03) 5; (8/'02) 1, 4; (1/'00) 3; (7/'99) 2; (6/'07) 5; (8/'12) 5 Folixor (12/'04) 6; (7/'04) 5; (12/'03) 5; (8/'12) 5;</p>
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household cleaning products: make your own (8/’99) 4	Imitrex (migraine medication) (12/’02) 4	infant formula (1/’03) 4, 5; (9/’02) 4; (2/’99) 6
HPX2 (for cold sores) (6/’02) 1	immune system: boosting it through spiritual & family life (12/’03) 5	infants: at high risk from toxins (6/’06) 1
HTZ (hydrochlorothiazide) (2/’04) 5	immune system: enhancing, function, etc. (7/’05) 1, 3; (11/’03) 1; (6/’03) 5;	infection (7/’05) 3; (1/’04) 3; (9/’03) 1; (7/’03) 3; (11/’02) 2, 4; (9/’02) 3; (7/’01) 3; (5/’00) 3; (6/’99) 4, 5
Humira (1/’04) 5	infection: use of Arginine (1/’05) 7	infection: use of Boluoke (4/’05) 1
Huperzine A (4/’01) 1	infection-chronic (4/’05) 1	infection-recurrent (8/’05)
Huperzine A (7/’04) 5		4; (3/’05) 3; (2/’04) 2;
Hydralazine (Rx) (1/’00) 5		

(12/'99) 4; (8/'07) 4; (8/'12) 4; infection-resistant (1/'05) 2 infertility (8/'05) 2, 4; (10/'03) 5; (12/'03) 3; (6/'02) 4; (2/'02) 3; (4/'01) 3; (4/'01) 4; (11/'99) 7; (8/'11) 3 inflammation (3/'04) 3, 5; (7/'02) 6; (7/'01) 5 inflammation: causes (6/'05) 3 injury (7/'05) 3; (4/'02) 1 inositol (8/'03) 2; (4/'01) 6; (6/'99) 2 insect repellants & sprays (8/'02) 1; (7/'99) 8 insects in stored grain – solution (9/'04) 4 insomnia (10/'02) 5; (9/'02) 7; (5/'02) 1; (12/'00) 6; (1/'00) 4; (8/'08) 2,3; (9/'08) 4; (5/'10) 5; (9/'10) 7; (11/'12) 8; Institute for Functional Medicine (3/'03) 8; (4/'02) 2 insulin: high (11/'06) 6; (7/'07) 7 insulin resistance (7/'06) 2; (5/'08) 4,5; Insulin Potentiation Therapy: works well with chemo & Lyme D. (4/'04) 2 Integrated Therapeutics (7/'04) 8 intelligence: increasing (3/'03) 5; (12/'00) 6 intensive care patients cheated (1/'08) 6 Intensive Nutrition (supplier) (7/'04) 8; (3/'04) 8	interference fields (see also “meridians” and “electromagnetic f.”) (3/'00); (3/'04) 4; (8/'04) 3 intestinal bleeding (7/'05) 2 intestinal hemorrhage (10/'03) 2 intestinal parasites: diagnosis and treatment (12/'04) 6 IntraMin (8/'05) 6; (9/'04) 7, (11/'08) 6 Iodine (6/'02) 7; (5/'02) 4 <i>Iodine. Why You Need It</i> (11/'04) 6 iodine: treats thyroid deficiency and Fibrocystic Breast Disease... (11/'04) 5 Iodoral (4/'05) 2; (11/'04) 5; (8/'11) 2 ION Panel (8/'05) 6; (1/'05) 4; (3/'05) 3; (4/'05) 3; (11/'04) 4; (9/'04) 7; (8/'04) 2; (7/'04) 4, 5; (6/'04) 1; (5/'04) 3, 4; (4/'04) 7; (3/'04) 7; (1/'04) 3; (11/'03) 5; (8/'03) 4 IP6 (11/'03) 1; (8/'03) 2; (4/'01) 6; (10/'99) 3; (6/'99) 2 IPT (8/'04) 2 IPTQ.com (supplier) (8/'04) 8 Iraq: diseases from (9/'04) 4 irregular heartbeat (5/'02) 1 irritability (also “crankiness”) (3/'03) 4; (5/'02) 1; (12/'00) 6; (5/'00) 1 Irritable Bowel Syndrome* (7/'05) 6; (6/'04) 6; (1/'04) 1; (12/'03) 7;	(10/'03) 6; (1/'03) 7; (10/'02) 2; (10/'02) 7 Irritable bowel: treatment with bile acids (4/'05) 4 <i>Is This Your Child?</i> by Dr. Doris Rapp (4/'99) 5 <i>Is Your Cardiologist Killing You?</i> By Dr. Sherry Rogers (2/'10) 3; (4/'10) 4; (9/'11) 4; (11/'11) 7 IV Gluthathione (8/'04) 1 IV tubing (8/'05) 4 Jarrow(supplier) (7/'04) 8 jet lag (6/'02) 4; (1/'00) 4 Joint, loose (1/13) 4 joint pain (10/'03) 6; (4/'13) 5; (6/'13) 1; (12/13) 1; (1/14) 2 joint problems (6/'06) 1; (10/'13) 1; (11/'13) 1 joint replacement problems (7/'12) 1; (1/'13) 4; (7/'13) 1; (9/13) 1,2,3,4 Joint ReVIT alizer (6/'04) 7 juicing(see also “carrot juicing”) (8/'02) 7 juvenile diabetes: see “diabetes-juvenile” juvenile rheumatoid arthritis: see “diabetes- juvenile rheumatoid” kava (7/'01) 7 keloids: iodine helps (11/'04) 6 Key E Powder (8/'04) 2; (11/'03) 1; (10/'03) 4 <i>Key to Ultimate Health,</i> <i>The</i> (on dental problems & health) (5/'00) 1 Keyes Method, The (for gingivitis) (5/'04) 7 keys to healing all diseases (7/'99) 5
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<p>kidney damage/ kidney disease (4/'04) 6; (7/'01) 3, 4, 6; (6/'11) 3</p> <p>kidney stones (6/'05) 4; (6/'99) 4; (4/'08) 6</p> <p>kidney transplants (7/'01) 2</p> <p>kidney: treatment for overload (10/'04) 5; (5/'04) 1</p> <p>kinky hair from chemo (7/'12) 6;</p> <p>Klabin (supplier) (12/'00) 8</p> <p>Klaire (supplier) (11/'04) 8</p> <p>knee cartilage-damaged (4/'02) 4</p> <p>knee pain (2/'08) 6; (11/'08) 3;</p> <p>knee replacement (5/'08) 6</p> <p>knee replacement: complications after (10/'10) 5; (7/'12) 1;</p> <p>Kolorex Cream (5/'02) 1</p> <p>Kwell (4/'01) 3</p> <p>Kyo-Chrome (6/'02) 7</p> <p>Kyo-Dophilus (2/'04) 4; (8/'99) 4; (2/'99) 5</p> <p>Kyo-Green (3/'99) 8; (2/'99) 5</p> <p>Kyolic (also Kyolic Liquid) (7/'05) 6; (11/'04) 3; (2/'04) 2, 4; (8/'03) 3, 5; (12/'02) 4; (12/'02) 7; (10/'02) 7; (8/'02) 3; (6/'02) 6; (3/'02) 4, 7; (3/'99) 4; (2/'99) 5; (4/'12) 2; (6/'12) 4; (7/'12) 5; (9/'12) 6;</p> <p>Kyolic One Per Day: to heal the gut (12/'03) 4; (6/'03) 5</p> <p><i>Laboratory Evaluations in Molecular Medicine</i> (8/'02) 2</p> <p>Lactoferrin: for virus, immune problems,</p>	<p>infections, cancer (5/'04) 4</p> <p>Lanoxin (5/'99) 2</p> <p>L-Arginine Powder (12/'04) 2; (11/'04) 3; (9/'04) 6; (8/'04) 5, 6; (7/'04) 6</p> <p>L-Arginine Powder: protects kidneys (10/'04) 5</p> <p>L-Carnitine (2/'99) 3</p> <p>L-Carnosine (5/'04) 3</p> <p>lead (1/'05) 5; (2/'03) 3; (12/'07) 7</p> <p>lead: in chocolate (3/'06) 3</p> <p>Leaky Gut Syndrome (7/'05) 2; (9/'03) 6; (1/'03) 7; (10/'02) 4, 6; (5/'02) 7; (2/'02) 3; (5/'99) 2; (2/'99) 3</p> <p>Learner's Edge (supplement) (5/'04) 3</p> <p>learning: disabilities & disorders, improving learning ability (6/'05) 4; (3/'03) 5; (5/'02) 5; (5/'00) 3; (1/'00) 6; (7/'99) 6; (2/'99) 6</p> <p>LED Light treatment: can turn on beneficial body chemistry (1/'05) 1</p> <p>lef.com (supplier) (11/'04)</p> <ul style="list-style-type: none"> Manganese Picolinate Manganese Picolinate Manganese Picolinate 8 <p>leg cramps (9/'02) 7</p> <p>legislated death (6/'11) 1</p> <p>Lescol (Rx) (8/'03) 3; (1/'00) 6; (11/'99) 7</p> <p>lessening platelet aggregation: see “thinning the blood”</p> <p>Leukemia (2/'04) 5; (8/'03) 6; (5/'00) 3; (5/'10) 6;</p>	<p>(2/'11) 2; (6/'12) 6; (11/'12) 7;</p> <p>Lexapro (8/'03) 2</p> <p>Life Enhancement (supplier) (2/'04) 8</p> <p>life-sustaining treatment (near the end of life) (12/'03) 6</p> <p>lipid peroxides (9/'02) 4; (1/'00) 6; (10/'99) 5</p> <p>Lipitor (Rx) (8/'05) 6; (7/'05) 7; (3/'05) 7; (8/'03) 3; (7/'03) 2; (11/'02) 6; (7/'02) 4; (6/'02) 5; (4/'02) 3; (4/'01) 1; (1/'00) 6; (11/'99) 7; (5/'08) 1, 6; (2/'10) 1; (10/'10) 1</p> <p>lipoic acid (3/'04) 2 ; (2/'04) 4; (1/'04) 7; (6/'03) 4; (5/'03) 6; (7/'01) 2; (12/'99) 1; (8/'99) 3; (5/'99) 7</p> <p>lipoprotein: elevated (6/'07) 7</p> <p>Lipothiamine (10/'02) 7</p> <p>Liquid Carnitine 1000 (7/'04) 5</p> <p>Liquid Multiple Minerals (8/'05) 6; (3/'05) 6; (2/'04) 4; (10/'03) 5</p> <p>Listeria (10/'03) 4</p> <p>Lithium Asparate 20 mg (10/'04) 7</p> <p>Lithium Orotate (4/'04) 1</p> <p>lithium(10/'02) 6</p> <p>lithium: rejuvenates brain & memory & other benefits (10/'04) 6; (4/'04) 1; (2/'03) 1</p> <p>liver disease (7/'01) 4</p> <p>liver problems (12/'04) 3; (3/'04) 2, 3; (1/'04) 3; (1/'03) 7; (11/'10) 3</p> <p>Liver Support System (supplement) (1/'03) 7</p>
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liver transplants (7/'01) 2
liver: protection & healing (7/'05) 2; (8/'99) 6; (6/'99) 4
Longevity Plus (supplier) (4/'04) 8
long-lasting medications (8/'05) 4; (4/'04) 4; (5/'03) 1; (7/'01) 5, 7; (3/'99) 4
losing weight (trying to): see "weight-losing"
Lotronex (10/'02) 2
Lovastain (8/'03) 3; (3/'05) 7
Love & Survival by Dr. Dean Ornish (8/'99) 7
low energy: see "fatigue"
lowered white count (7/'05) 2
L-Theanine L-T (4/'02) 4
Lugol's Solution (11/'04) 6; (2/15) 3; (3/15) 3;
Lumen (LED) light: used for healing (1/'05) 1; (6/'06) 5; (11/'08) 7; (1/'10) 5, 6; (9/'10) 6; (10/'11) 3; (2/'12) 1; (3/'12) 2; (2/'13) 4
Lumenphoton.com (1/'05) 8
Lupus (3/'05) 3; (7/'03) 7; (3/'02) 1; (5/'00) 3; (1/'00) 5; (8/'99) 2; (5/'99) 2; (2/'99) 6
Lutein + Kale (7/'05) 4; (4/'05) 1; (3/'11) 7; (2/'13) 4; (6/'13) 7;
Lutein (7/'05) 4; (2/'12) 8;
Luveris (Rx) (8/'05) 2
Luvox (8/'03) 2
Lycopene 15mg (9/'02) 4
Lyme Disease: bug spray protection (9/'04) 4

Lyme Disease: IPT therapy effective (4/'04) 2; (1/'12) 5
Lyprinol (4/'01) 7
Lyrica RX: dangers of (5/'11) 7
Macadamia nut oil (6/'04) 1; (5/'03) 4
MacNut Oil (supplier) (6/'04) 8
macrobiotic diet (1/'05) 6; (4/'05) 3; (9/'04) 3; (12/'03) 3; (11/'03) 1; (10/'03) 2; (5/'03) 4; (11/'02) 4; (9/'02) 4; (3/'02) 4; (1/'02) 7; (4/'01) 4; (12/'99) 3; (8/'99) 3; (2/'99) 7; (12/'06) 1; (1/'07) 7
macular degeneration* (7/'05) 3; (4/'05) 1; (7/'04) 1; (1/'04) 3; (3/'03) 2; (7/'01) 3; (2/'99) 6; (9/'06) 1; (10/'10) 3; (11/'10) 7; (12/'11) 2; (11/'12) 4; (2/'13) 4
Mad Cow Disease (1/'03) 3
Mag Chlor 85 (1/'05) 8
Magnesium Chloride Solution (5/'05) 6; (12/'03) 4; (9/'02) 7; (8/'99) 1; (4/'11) 1; (8/'12) 7;
Magnesium Citrate (8/'03) 6; (2/'99) 3; (4/'11) 2
magnesium deficiency (6/'05) 5; (3/'05) 6; (9/'03) 3, 4; (8/'03) 6; (5/'03) 7; (11/'02) 6; (5/'02) 1; (2/'02) 7; (7/'01) 4; (12/'99) 2; (7/'08) 3; (1/'12) 3; (5/'12) 2; (8/'12) 7; (10/'12) 1; (12/'12) 4; (4/15) 3,4

magnesium loading test (12/'99) 3
magnesium-serum (9/'03) 4
magnesium stearate (10/'08)
magnesium sulfate injection (4/'11) 2
Maitake D-fraction (7/'05) 2
Maitake (7/'05) 2
Malaria (7/'04) 6; (8/'03) 6
mammograms (6/'02) 3; (7/'10) 1; (9/'10) 1
mammograms: replaced with breath test (9/'04) 6
manganese: helps diabetes, osteop., skin problems... (6/'05) 6
manganese: improves fatigue (8/'06) 8
Manganese Picolinate (2/'99) 3
manic depression (5/'04) 2; (2/'03) 1; (10/'02) 6; (5/'02) 3; (5/'00) 3; (7/'99) 7
Marvelous Memory Boosters, by Beth Ley (booklet) (5/'03) 5
masks-face (11/'03) 8
Mastic Gum (7/'05) 4; (8/'02) 3
Mattes Method: stretching program (6/'13) 2; (8/'13) 2; (10/'13) 1; (11/'13) 1; (12/'13) 1
Measles (10/'03) 4; (1/'03) 1
meat preparation (10/'99) 4
meat (7/'03) 6
Medi-Body pack (7/'06) 1; (3/'06) 3
medical testing (3/'02) 5; (9/'99) 3; (7/'99) 4

medical testing: often not sensitive, diagnose too late (8/'04) 6	1;*(4/'04) 6; (8/'03) 4; *(5/'00) 1; (8/'99) 3; (5/'99) 2; (2/'11) 7	migraines: iodine helps (11/'04) 6
medical testing: unneeded (4/'05) 6	meridians (see also "electromagnetic fields" and "interference f.") (2/'04) 4; (12/'00) 4; (5/'00) 1; (3/'06) 3	Mild Cognitive Impairment (MCI) (2/'04) 7
Medicardium EDTA (7/'04) 7; (10/'03) 5	Metabolic Maintenance (supplier) (7/'99) 8	mildew (9/'99) 1
Medicardium rectal Magnesium-EDTA suppository (8/'05) 6; (4/'04) 7; (10/'03) 5	Metabolic Syndrome X (3/'05) 3; (1/'04) 4; (8/'04) 6; (4/'04) 3; (11/'02) 7; (5/'08) 4,5; (9/'08) 1; (6/'12) 1;	milk-cow (6/'04) 5; (4/'03) 7; (1/'03) 5
Medi-Pack (8/'04) 3; (3/'04) 5	Metagenics (supplier) (4/'01) 8	mineral supplementation: without iron (7/'06) 7
Mediterranean Diet (3/'99) 1	metal chelation (3/'04) 2	Minocin (antibiotic) (1/'00) 5
Melatonin (9/'02) 5; (6/'02) 4; (1/'00) 4; (1/'07) 6	metamatrix.com (6/'05) 8	Miracle Mineral (3/'12) 3;
memory-improving (5/'03) 5; (5/'02) 5; (1/'02) 4; (12/'00) 6; (1/'00) 6, 8; (11/'99) 7	MetaMetrix (11/'04) 8	Mitochondria (2/'11) 1; (9/'11) 3; (10/'11) 2; (12/'11) 3
memory-loss: the earlier you deal with it, the better (5/'04) 3; (2/'04) 5; (6/'03) 4; (3/'03) 2; *(3/'03) 4; (10/'02) 5; (9/'02) 7; (1/'02) 2; (5/'00) 3; (12/'99) 4; (10/'99) 3; (6/'99) 5, 6	Metamucil (3/'02) 4	Mitochondria Repair Cocktail (1/'13) 1; (3/'13) 1, 2; (5/14) 3
memory-poor (12/'03) 7; (11/'03) 1; (3/'02) 1; (7/'99) 7	Methyltrexate (5/'99) 7; (3/'13) 6;	MND (4/14) 6
Meniere's Disease (9/'03) 5	Methylcobalamin (12/'04) 6; (12/'03) 5; (9/'03) 7	Mobile-Ease (4/'01) 7
menopause (8/'02) 7; (6/'02) 3; (5/'00) 7	Methylmalonate (6/'04) 7	Modified Citrus Pectin (1/'06) 2; (9/'08) 7; (11/'11) 3
menopause: mobilizes heavy metals (6/'06) 1	Mevacor (Rx) (8/'05) 6; (3/'05) 7; (8/'03) 3; (1/'02) 6; (7/'02) 4; (6/'02) 5; (1/'00) 6; (11/'99) 7	mold & fungus (7/'05) 1; (3/'05) 4; (10/'04) 8; (2/'03) 8; (1/'02) 4; (4/'01) 4; (9/'99) 8; (8/'08) 6,7
Mercury Detox (2/'04) 7; (8/'99) 6	MGN 3 (4/'05) 2; (11/'03) 1	mold plates (12/'04) 8; (5/'03) 4; (2/'03) 8; (4/'01) 5; (8/'08) 6
mercury overload: removing silver amalgams not for all (4/'04) 6	Microhydrin(12/'00) 7	mold: in schools (9/'03) 1
mercury poisoning/ toxicity (4/'05) 5; (5/'05) 6; (7/'04) 1; (6/'04)	microwave ovens: destroy antioxidants & nutrients, harmful (3/'04) 8; (11/'02) 4	molybdenum (4/'02) 7; (9/'99) 4
	migraines (12/'03) 4; (7/'03) 7; (3/'03) 2; (1/'03) 1; (12/'02) 4; (10/'02) 6; (5/'02) 1; (5/'00) 3; (1/'00) 8; (9/'99) 8; (3/'06) 6	Monolaurin (4/'05) 2
	migraines: "Top Ten Causes" (2/'04) 4	mood swings (6/'05) 4; (9/'03) 1; (10/'02) 5; (5/'02) 1; (12/'00) 6; (5/'00) 3
		Mood Sync (10/'02) 7
		mood: improving (12/'00) 6; (1/'00) 6, 8; (11/'99) 7; (9/'99) 7; (6/'99) 4
		mouth guards (8/'05) 4

<p>movement disorders (tics, grimaces, twitches) (7/'99) 7</p> <p>MSG: accelerates brain deterioration... (7/'05) 3; (10/'04) 4; (10/'07) 1; (2/'07) 1</p> <p>Mucopolysaccharides (6/'99) 7</p> <p>mud pack treatment (3/'04) 3</p> <p>Multaq – arrhythmia drug (6/'12) 5; (12/'13) 4</p> <p>Multiple Chemical Sensitivity (2/'12) 3;</p> <p>Multiple Sclerosis (8/'05) 2; (3/'05) 4; (7/'03) 7; (1/'03) 1, 7; (5/'00) 3; (1/'00) 5; (8/'99) 2; (3/'99) 3, 5; (5/'07) 6; (10/'10) 3</p> <p>muscle cramps & spasms (5/'02) 1; (12/'03) 4; (4/'12) 2; (6/'13) 2; (8/'13) 1</p> <p>muscle diseases (11/'99) 7; (10/'07) 4 ;</p> <p>muscle testing: identifies cancers, disease (8/'04) 3</p> <p>muscle wasting (7/'05) 3</p> <p>muscle: healing (1/'05) 2</p> <p>mushroom poisoning (10/'02) 5; (7/'01) 3</p> <p>mushrooms & herbs that boost immune, fights cancers, etc. (7/'05) 1; (6/'03) 6</p> <p>Myco Complex (7/'05) 2; (6/'03) 6</p> <p>mycotoxins (3/'05) 5, 8; (5/'03) 6; (2/'03) 6; (3/'99) 5; (6/'06) 4</p> <p>Myelodysplastic Syndrome (5/'10) 6</p>	<p>Myofascial release (4/'12) 2; (10/'12) 3;</p> <p>N.E.E.D.S. (supplier) (7/'02) 8</p> <p>NAC (nutrient) (5/'03) 6; (12/'08) 4;</p> <p>N-acetyl cysteine (5/'03) 6; (8/'99) 6</p> <p>Nails: toxic (10/'11) 2; (4/'13) 7</p> <p>Nano DHLA (10/'04) 7</p> <p>Nanobac (also “Nanobacterium”) (11/'02) 3; (9/'02) 3</p> <p>Nanobac programs (1/'03) 7; (11/'02) 3</p> <p>NASH (non-alcoholic steatohepatitis) (2/'12) 3; (6/'12) 1; (10/'12) 4; (5/14) 5</p> <p>Natrecor: dangers of (5/'06) 3</p> <p>natto (1/'03) 2</p> <p>Nattokinase (10/'03) 5</p> <p>Natural Calm (3/'05) 6; (2/'04) 4; (10/'03) 5; (8/'03) 6; (5/'02) 1</p> <p>natural killer cells (NK cells) (7/'05) 1; (12/'00) 3; (12/'99) 7</p> <p>Natural Lifestyle (whole foods-catalog) (9/'04) 8; (2/'02) 1</p> <p>Nature's Benefit (supplier) (1/'02) 8</p> <p>nausea (7/'05) 2; (9/'03) 1; (9/'02) 7</p> <p>nausea: ginger root helps (6/'04) 5</p> <p>NEEDS (supplier) (10/'04) 8</p> <p>NEEM spray (9/'04) 4; (8/'02) 1</p> <p>Neopterin (10/14) 2</p> <p>Neosynephrine (11/'99) 1</p>	<p>nerve damage & regenerating nerves (5/'04) 5; *(3/'03) 2; (2/'99) 4, 6; (1/'07) 6</p> <p>nerve damage-chemically-induced (3/'04) 2; (5/'12) 4;</p> <p>nerve disorders & diseases (neurological disorders) (6/'05) 6; (8/'02) 1; (3/'02) 1; (7/'01) 6; (11/'99) 7</p> <p>nerve regeneration (1/'05) 2</p> <p>nervousness (also, “jangled nerves”)(5/'02) 4, 7; (12/'00) 6; (1/'00) 6</p> <p>neurodegenerative diseases (1/'00) 4</p> <p>neurological problems (1/'03) 4; (3/'08) 1</p> <p>Neuromins (2/'99) 7</p> <p>neuropathy: see “nerve damage”</p> <p>Nexium (7/'05) 6; (7/'04) 2; (6/'04) 6; (7/'03) 2; (5/'03) 1; (10/'02) 3; (1/11) 5; (1/'12) 3;</p> <p>NGR Solutions (10/'03) 7; (5/'03) 7</p> <p>niacin (6/'02) 6;</p> <p>nickel – elevated (9/'12) 7;</p> <p>nightshade allergy (3/'02) 1; * (11/'99) 6; (10/'12) 1;</p> <p>nightshade: hidden in many foods and supplements (1/'04) 6; (6/'04) 7; (8/'10) 7</p> <p>nightshade-free diet (1/'04) 6; (12/'03) 7; (10/'03) 2; (12/'13) 3;</p> <p>nightshades: a complete list, with hidden sources (11/'99) 6</p>
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<p>nitric oxide: its function & necessity (8/'04) 5</p> <p>nitroglycerine: nutrients needed before taking (6/'11) 2; (9/'11) 5</p> <p>Nizoral (7/'03) 2; (3/'03) 4</p> <p>no-pest strips (7/'99) 8</p> <p>Norvasc RX (4/'11) 7; (12/'13) 1;</p> <p>NSAIDs (Naproxen, Motrin, ibuprofen, Advil, Celebrex, Vioxx) (8/'05) 2; (3/'05) 6; (4/'05) 2; (7/'04) 4; (1/'04) 6; (10/'03) 1; (9/'03) 7; (7/'03) 1; (12/'02) 6; (10/'02) 3, 4; (7/'02) 3; (4/'02) 3; (2/'02) 1; (7/'01) 5; (4/'01) 7; (12/'99) 6; (8/'99) 8; (6/'99) 7; (3/'99) 5; (5/'08) 6; (9/'08) 4; (4/'10) 6; (7/'10) 7; (10/'10) 4; (1/'11) 6; (1/'12) 3; (10/'12) 2;</p> <p>NSC 100 Beta Glucan (11/'08) 7</p> <p>nuclear facilities (6/'02) 7</p> <p>numbness (12/'00) 6</p> <p>Nutrasol (supplier) (1/'05) 8</p> <p>Nutricillin(1/'00) 6</p> <p>Nutrient & Toxic Elements –24 hour urine test (10/'04) 5</p> <p>nutrient deficiencies (12/'99) 2</p> <p>nutrient trials (9/'99) 1</p> <p>nutrients & supplements: maximizing their effectiveness (7/'99) 4</p> <p>nutrients (11/'02) 6</p> <p>nutrients: minimum (3/'08) 7</p>	<p>nutrients: a list of ones she recommends for everyone (4/'03) 6</p> <p>nutrients: organizing (7/'06) 6</p> <p>nutrients: the down side (8/'99) 5</p> <p>nutrients: work in concert with each other, Multiples better (7/'05) 5; (4/'03) 2; (1/'03) 3</p> <p>Nutritional Therapeutics (10/'04) 8</p> <p>nuts (5/'03) 4</p> <p>nuts: the need for organic (9/'03) 4</p> <p>Nystatin (1/13) 8</p> <p>obesity (4/'04) 3; (9/'03) 4; (9/'02) 7; (7/'02) 7; (4/'02) 7; (10/'06) 4; (6/'07) 6; (3/'07) 5; (1/'08) 2; (8/'08) 3,4; (2/'11) 6; (11/'11) 6; (12/'12) 8; (4/'13) 1;</p> <p>OCD (8/'03) 2; (7/'03) 2; (9/'02) 1</p> <p>Oils – good and bad (11/'12) 3;</p> <p>old age: supplement facts, suggestions (7/'04) 7</p> <p>older people (12/'02) 1, 7; (10/'02) 5; (8/'02) 3</p> <p>Olestra (6/'05) 4; (2/'03) 5; (1/'03) 6; (11/'99) 1; (6/'99) 4; (10/'13) 4</p> <p>Olive Leaf Extract (7/'04) 7; (12/'02) 3; (12/'00) 7</p> <p>olive oil (1/'03) 7</p> <p>olive oil-unfiltered (3/'99) 1</p> <p>Olivirex (7/'04) 7; (10/'03) 5; (12/'02) 4</p> <p>Omacor (6/'07) 7</p> <p>omega-3 fatty acids: calms down arrhythmias (3/'05) 5;</p>	<p>omega-3 oils (7/'99) 2, 6; (6/'99) 7; (4/'06) 7; (11/'08) 7; (3/'13) 5;</p> <p>oncologists: testing their knowledge base (6/'04) 3; (11/'02) 4</p> <p>OptiQ-100 (11/'99) 7</p> <p>Ora Mune (1/'03) 2</p> <p>Organic Acid Panel (7/'02) 4; (5/'02) 5</p> <p>Organic Acids Test: detects Alzheimers, arteriosclerosis... (8/'04) 6; (3/'99) 5</p> <p>organic food (6/'02) 4</p> <p>organic foods: can also have dangerous chemicals (8/'03) 1</p> <p>organicexcellence.com (9/'04) 8</p> <p>Organix (test) (12/'04) 6; (7/'04) 4; (10/'02) 6</p> <p>organizing nutrient tablets (11/'03) 6</p> <p>Ornish diet (11/'12) 2; (4/'13) 1</p> <p>O-Ring muscle testing (8/'04) 3; (3/'04) 3</p> <p>Ortho Glucose (5/'08) 5;</p> <p>Osteo Complex (7/'02) 4; (6/'99) 7</p> <p>osteoarthritis (12/'03) 7; (8/14) 5</p> <p>osteopenia (1/'05) 4</p> <p>osteoporosis (8/'05) 5; (6/'05) 6; (10/'03) 7; (7/'03) 5; (5/'03) 5; (3/'03) 4, 5; (12/'02) 2; (10/'02) 4; (7/'02) 1; (5/'02) 5; (7/'01) 6; (5/'00) 7; (9/'99) 2; (3/'06) 6; (1/'08) 3; (11/'08) 6,7; (5/'08) 4; (11/'10) 1; (2/'11) 4; (5/'12) 5; (7/'12) 6, 8;</p>
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osteoporosis: Boron needed (6/'05) 4; (2/'04) 5	panic (also panic attacks) (8/'03) 2; (7/'01) 7	personal care products (lotion, shampoo, deodorant) (8/'05) 4
osteoporosis: drug dangers (11/'08) 6,7	Pantethine (Vitamin B5) (7/'08) 6,7	personality change (2/'99) 7
osteoporosis: Vit D helps (1/'05) 4; (3/'05) 3; (5/'04) 5; (10/'03) 7, (11/'08) 6,7	pap smear: abnormal (4/'03) 1; (8/'07) 6	pesticide poisoning: treatment (7/'04) 6
osteoporosis: Vit K needed (11/'04) 7; (4/'07) 5	pap smears (8/'02) 1; (11/'99) 4; (7/'99) 2	pesticides in food (3/'03) 7
osteoporosis-prevention (9/'03) 4	papilloma virus infection (7/'99) 3	pesticides (10/'02) 6; (8/'02) 5; (2/'02) 6; (7/'01) 1, 4, 7; (4/'01) 1; (5/'00) 6; (1/'00) 3; (1/'10) 6; (6/'10) 7
Our Office (supplier) (5/'03) 8	paraben-free products (9/'04) 3	Petadolex (recommended for migraines & as antihistamine) (12/'02) 4
ovarian cysts (4/'01) 4	parabens (9/'04) 1	Peter Gilham's (11/'04) 8
<i>Overdose: The Case Against Drug Companies...</i> by Dr. Jay Cohen (5/'02) 1	Paragard (3/'99) 4	Peyronie's Disease: iodine helps (11/'04) 6
Ozeri non-teflon pan (11/'12) 3	Parkinson's Disease (4/'04) 6; (3/'03) 3, 5; (11/'02) 7; (12/'00) 6; (5/'00) 5; (1/'00) 4; (7/'99) 7; (2/'07) 4, (5/'08) 3; (12/'11) 6; (1/'12) 7; (2/'12) 3; (9/'12) 5; (11/'13) 3	Pharmaceutical Specialties, Inc. (personal care products, etc.) (1/'03) 1
p53 genes (10/'99) 4	Paxil (Rx) (6/'04) 1; (10/'04) 1; (10/'02) 7; (5/'02) 4	Phillips Nutritionals (11/'99) 8
P-5-P 50 mg (1/'00) 3; (1/'10) 3, 5	PBDE (flame retardant) (12/'03) 3; (11/'03) 6; (12/'02) 5; (8/'10) 2; (10/'10) 1	Phillpot, William, M.D. (supplier of ceramic magnets) (12/'00) 8
Pacerone (9/'03) 3	PCBs (11/'03) 4, 7; (8/'03) 5; (12/'02) 5	Phlebitis (6/'99) 6
Pain & Stress (supplier) (11/'04) 8	PC-Calm (7/'02) 4	phobias (8/'03) 2
pain syndromes (7/'03) 7; (6/'08) 6,7; (11/'11) 3	Peak Flow Meter (5/'03) 4	PhosChol: prevention of Alzheimer's, other diseases(7/'05) 5;
pain (7/'05) 2; (1/'05) 2; (7/'03) 7; (1/'03) 6; (12/'02) 6; (9/'02) 7; (3/'02) 1; (4/'01) 7; (12/'99) 6; (6/'06) 5; (6/'07) 2; (11/'11) 3; (6/'13) 1	Peak K2(5/'05) 8	(1/'05) 1; (3/'05) 6; (7/'04) 5; (5/'04) 3; (8/'03) 5; (6/'03) 4; (12/'02) 7; (10/'02) 5;
pain-chronic (12/'03) 7; (7/'03) 7; (5/'02) 5; (1/'07) 1; (6/'08) 6,7; (7/'13) 5	PectaSol (2/'12) 3;	(1/'02) 4; (4/'01) 6; *(1/'00) 8; (10/'99) 3; (7/'99) 7; (6/'99) 4;
Palm Tocotrienols (7/'04) 6; (11/'03) 3	pencillamine (Rx) (1/'00) 5	(9/'08) 6,7; (9/'11) 1; (2/'12) 1;
Pancreas (3/'13) 6; (5/15) 7	penicillin (7/'03) 2	phosphatidyl choline (10/'99) 3; (9/'07) 6;
pancreatic enzymes (1/'00) 2	Peppermint Plus (10/'02) 7	(9/'11) 1; (10/'11) 2; (1/15) 5; (12/15) 7
	Pepto-Bismol (4/'99) 3	
	perchlorate (8/'03) 1	
	periodontal (gum) disease (11/'99) 7	
	peripheral neuropathy (6/'03) 4; (5/'00) 3	

<p>Phosphatidyl serine (3/'03) 4; (2/'03) 7</p> <p>physical examinations (routine, yearly, etc.) (6/'05) 1; (10/'02) 5; (1/'02) 4; (4/'01) 6; *(1/'00) 8; (10/'99) 3; (7/'99) 7</p> <p>physical performance improved (1/'05) 1</p> <p>Pineal gland: calcification of (1/'10) 7;</p> <p>pituitary function (6/'02) 4</p> <p>pituitary problems (4/'01) 3</p> <p>PKU (9/'02) 6</p> <p>Plants (for improving indoor air quality) (3/'12) 6;</p> <p>plaque (in arteries): see also “arteriosclerosis” (3/'05) 7; (12/'02) 4; (1/'13) 1; (2/'13) 1; (3/13) 2,3,4,5; (4/'13) 1; (5/13) 2; (10/15) 2,3,4</p> <p>plaque(9/'02) 2</p> <p>plasticizers (phthalates) (8/'05) 4; (10/'04) 4; (10/'03) 5; (9/'02) 3; (8/'02) 4; (6/'02) 2; (5/'02) 5; *(1/'02) 5; (7/'01) 4, 6; (4/'01) 1, 3; (9/'99) 2; (7/'08) 4,5,6; (10/'08) 3,4,5; (1/'10) 1; (2/'10) 6; (7/'10) 6; (8/'10) 1; (2/'11) 6; (3/'11) 5; (6/'11) 6; (8/'11) 1, 7; (9/'11) 6; (11/'11) 4; (1/'12) 1; (2/'12) 2; (3/'12) 4; (6/'12) 3; (9/'12) 1; (11/'12) 5; (4/'13) 1; (8/'13) 6; (1/15) 3,4; (3/15) 5,6,7</p> <p>Plavix (9/'04) 5; (7/'03) 2; (9/'06) 4; (3/'08) 3;</p>	<p>(5/'08) 6; (3/'11) 7; (5/'11) 2; (2/'13) 2, 6;</p> <p>PMS (Pre-Menstrual Syndrome) (5/'02) 1; (1/'00) 3</p> <p>Pneumonia (1/'04) 2; (9/'03) 3</p> <p>Policosanol (8/'05) 6; (3/'05) 7; (7/'04) 6; (8/'03) 3, 5; (6/'02) 6</p> <p><i>Politics of Cancer, The</i>, by Dr. Samuel Epstein (4/'02) 2</p> <p><i>Politics of Healing, The</i>, by Daniel Haley (4/'02) 2</p> <p>politics of medicine (7/'04) 1, 3, 4; (5/'04) 1; (3/'04) 1; (9/'03) 3</p> <p>polycarbonate plastics: safety of (7/'06) 5; (7/'07) 6; (3/'07) 6; (6/'11) 6</p> <p>Polycystic Ovary Syndrome (2/'02) 3</p> <p>PolyHeme: dangers of (6/'06) 3</p> <p>Polyps (11/'99) 4</p> <p>polyps: can lead to cancer (5/'04) 4</p> <p>poor circulation (10/'02) 4; (7/'02) 7</p> <p>Porphyrins profile (8/'11) 7</p> <p>Post Cholecystectomy Syndrome: symptoms remain after surgery (10/'99) 7</p> <p><i>Post Trauma and Chronic Emotional Fatigue</i> by Dr. Sahley (2/'03) 7</p> <p>postpartum depression (5/'02) 3; (2/'99) 7; (12/'12) 6;</p> <p>post-traumatic stress disorder (PTSD) (2/'02) 4</p> <p>potassium-low (9/'03) 3</p>	<p>poverty: how to do sauna when you have no money (7/'02) 1</p> <p>poverty: how to work on healing when you have no money (10/'03) 2</p> <p>Pravachol (Rx) (8/'03) 3; (11/'02) 6; (7/'02) 4; (1/'00) 6</p> <p>precocious puberty (12/'03) 2; (10/'03) 5; (6/'02) 4; (2/'10) 6;</p> <p>preeclampsia (12/'03) 3</p> <p>pregnancy (12/'03) 3, 4; (1/'03) 3, 4; (8/'02) 4; (2/'99) 7</p> <p>Premarin (Rx): see also Hormone Replacement Therapy (9/'03) 7; (11/'02) 6; (7/'02) 1; (4/'02) 4; (4/'01) 1; (9/'99) 5</p> <p>premature rupture of fetal membranes (12/'03) 3</p> <p>Premier Nutraceuticals (4/'01) 6</p> <p>Premier Research (10/'04) 8</p> <p>prescription drugs: “the number one cause of death in the U.S.” (5/'05) 2; (7/'04) 4; *(7/'03) 1; (6/'03) 7; (5/'03) 1; (7/'02) 4; (5/'02) 1; (3/'02) 1; (2/'02) 1; (7/'01) 4, 7; (12/'00) 2; *(10/'99) 1; (8/'99) 6; (11/'08) 1; (5/'08) 5,6,7; (8/'08) 1; (4/'11) 3; (5/'12) 4;</p> <p>prescription drugs: how one leads to another (10/'03) 2</p> <p>prescription drugs: weaning from (1/'06) 7; (9/'08) 5,6</p>
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Prescription for Disaster, by Thomas Moore (4/02) 2
 pressure-treated wood: with deadly copper arsenate—don't burn! (6/03) 1
 Prevacid (Rx) (7/05) 6; (9/02) 3
 Prevail (supplier) (4/01) 8
 Prialt (Rx) (8/05) 3
 Prilosec (Rx) (8/05) 7; (7/05) 4, 6; (6/04) 6; (10/03) 2; (9/03) 6; (7/03) 2; (5/03) 1; (9/02) 3; (4/02) 4; (4/01) 1; (4/99) 1; (1/12) 3;
 prlabs.com (6/05) 8
 Pro Boost Thymic Protein (4/05) 2
 Pro Thera (3/05) 8
 Probiotics (7/05) 6; (9/03) 5; (6/03) 5; (3/02) 4; *(12/00) 3; (1/00) 2; (8/99) 4; (3/12) 2; (8/12) 7;
 Pro-Boost (12/00) 7
 processed foods (12/03) 3; (8/03) 5; (7/03) 5; (1/03) 6; (9/02) 6; (5/02) 4; (4/02) 7; (3/02) 1; (7/01) 3; (4/01) 6; (11/99) 2; (7/99) 5; (3/99) 1
 products (household & personal) that are safe (9/04) 3; (1/03) 1; (5/99) 1; (5/99) 6
 Propax (4/05) 3; (10/04) 3; (3/03) 6; (8/02) 7; (7/02) 5; (7/13) 7
 Propecia (drug for thinning hair) (2/03) 6
 Proper Nutrition (supplier) (1/02) 8

Prostate Miracle, The, by Jesse Stoff and Dallas Clouatre (1/02) 7
 Prostatitis (9/99) 8
 prostheses (7/03) 5; (5/03) 5
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 Prozac (Rx) (4/04) 7; (10/03) 1; (8/03) 2; (7/03) 4; (10/02) 7; (5/02) 3; (4/02) 4; (3/02) 6; (2/02) 1; (4/01) 2; (7/99) 6; (9/08) 4,5
 PRP (7/15) 6
 PSA elevated (11/06) 7; (11/11) 5
 PSA test not beneficial (5/12) 6;
 PSK (7/05) 1
 Psoas muscle (6/13) 4
 Psoriasis (7/03) 7; (1/03) 7; (5/99) 7; (5/13) 7
 pstr@stic.net (4/05) 8
 psychiatric problems (10/02) 6
 ptyerygium (10/11) 7
 pulmonary embolism (12/02) 3
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 Vitamin C powder (3/05) 5; (11/04) 3; (9/04) 5; (11/02) 2
 Pure Encapsulations (6/05) 8
Purpose Driven Life, The (6/04) 8
 Pyloricidin (10/04) 2
 Pyrethroid pesticides: dangers of (1/10) 6; (6/10) 7
 pyruvate-elevated (6/05) 5
 Q Gel (3/05) 7; (7/04) 3

QODT (3/13) 2; (10/13) 6
 Qlink Ally (1/04) 4
 QRS pen (12/04) 5; (7/03) 4
 QRS (8/05) 5; (7/03) 5; (5/03) 4; (3/03) 3
 Quantitative H. Pylori Antibodies (test) (4/99) 3
Questioning
Chemotherapy, by Dr. Ralph Moss (4/02) 2
 Quinolinate – elevated on Cardio Ion test (4/12) 7;
 R-Lipoic acid (2/06) 6; (10/08) 4
 Radioactive iodine treatment (5/12) 1;
 radiation (for cancer): see “chemotherapy”
 radiation toxicity (3/04) 2
 radiation: protection from (7/01) 2
 rare food diet (see “diet-rare food”)
 RBC Minerals and Fatty Acids Panel (7/02) 4; (4/02) 5; (7/01) 7
 RBC Minerals and Fatty Acids Test (11/04) 3; (8/03) 4
 RBC Minerals with Heavy Metals and Fatty Acids Test (6/03) 4
 RDA's (Recommended Daily Allowance) (1/04) 3
 Recalcitrant Hypokalemia (9/03) 4
 Recancostat(3/05) 5; (1/04) 7; (5/03) 6; (12/02) 6; (5/07) 7
Recovery From Cancer, by Elaine Nussbaum (10/03) 3
 rectal problems (9/03) 7

Red Blood Cells Minerals
 (test) (3/'04) 6
 Red Rice Yeast Extract
 (3/'04) 3; (7/'04) 6
 Red Yeast Rice 600
 Capsules (3/'04) 3
 Red Yeast Rice (3/'04) 3
 reflux esophagitis (7/'05) 4,
 6; (10/'03) 3
 Refluxin (replaces
 antacids)(10/'03) 3
 Relaxation (5/'03) 5
 Remicade (3/'05) 4;
 (1/'04) 5
 remodeling: less toxic
 alternatives for materials
 (10/'99) 1
 renal dialysis (5/'04) 1
 reperfusion syndrome
 (9/'12) 5
 Restasis eye drops: dangers
 of (8/'13) 7
 retinitis pigmentosa (1/'04)
 2; (1/'02) 4
 revascularization (6/'05) 3
 rhabdomyolysis (8/'03) 3
 RheumaCare 40 mg
 (1/'03) 6
 rheumatoid arthritis: (see
 “arthritis-rheumatoid”)
 rhinitis (12/'02) 4
 Rhizinate (3/'99) 6
 Rhizinate (4/'99) 4
 ringing in the ears (tinnitus)
 (9/'02) 7; (7/'01) 5
 Ritalin (also Dexedrine,
 Adderall, Desoxyn,
 DextroStat, Cylert...)
 (12/'03) 2; (7/'03) 4;
 (5/'04) 2; (2/'02) 1;
 (12/'00) 1; (7/'99) 6;
 (4/'99) 4
 R-Lipoic Acid (3/'05) 5;
 (3/'04) 2
 Root canals (12/'11) 5
 rosacea (7/'04) 7; (1/'00) 5

Rotenone (9/'02) 5
 ruptured disc (3/'02) 1
 Saccharomyces boullardi
 (9/'03) 6; (8/'06) 4
 SARS (Severe Acute
 Respiratory Syndrome)
 (10/'03) 4; (6/'03) 5
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 (9/'02) 1; (5/'02) 3, 5;
 (1/'02) 4; (1/'00) 6;
 (9/'99) 8; (3/'99) 5
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 protocol (1/'05) 4;
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 (8/'13) 1
 scleroderma (5/'99) 2
 Scotchgard (5/'03) 3
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 (supplier) (4/'03) 8
 Seafood Direct (non-
 farmed seafood) (7/'03)
 5; (8/'02) 2
 Seasonal Affective
 Disorder (“winter
 blues”) (2/'03) 7; (1/'00)
 4; (11/'13) 7
 sea vegetables (11/'08) 7
 SeaVive (2/'02) 2; (1/'02)
 7; (12/'00) 7; (1/'00) 6;
 (11/'99) 7
 Secretory IgA (low on test)
 (8/'10) 5; (9/'12) 7;
 seeds (plant) (8/'02) 6
 seizures (also seizure
 disorders)(5/'04) 2;
 (1/'04) 3; (3/'03) 2;
 (3/'03) 4; (10/'02) 6;
 (5/'02) 3; (1/'02) 4;
 (12/'00) 6
 seizures: Vit D helps
 (3/'05) 3
 selenium cruciferate
 (8/'99) 3
 Selenium Synergy (9/'99) 2

Selenium (9/'99) 1; (8/'11)
 2; (9/'11) 2; (5/'12) 6;
 (12/15) 6,7
 selenium: aid to cancer
 prevention (6/'05) 7;
 (8/'04) 4; (9/'11) 2
 selenium: helps side effects
 of chemo (4/'05) 4
 selenium: leads to flu
 resistance (2/'04) 1
 Seleniumcruciferate 200
 mcg (8/'04) 4
 Selenomethionine (3/'04)
 6; (3/'02) 3
 self-heating cans (6/'02) 8
 senile dementia (senility)
 (see also “Alzheimer’s
 Disease”) (5/'04) 3;
 (8/'03) 3(8/'02) 1
 September 11 workers:
 health problems after
 (2/'04) 3; (2/'03) 7
 September 11, 2005, by Dr.
 Majid Ali (6/'03) 4
 September 11: toxic
 aftermath (see also
 “Trade Center
 Syndrome”) (12/'03) 2;
 (6/'03) 4; (2/'03) 4;
 (12/'02) 6; (8/'02) 5;
 (4/'02) 5
 Serotonin Syndrome
 (5/'02) 3
 serum magnesium test
 (12/'99) 3
 Seventh Generation
 (supplier) (5/'99) 1
 sick building syndrome: see
 “toxic environment-at
 work”
 sickle cell anemia (6/'99) 4
 silibinin (see also
 “silymarin”) (6/'05) 7
 silicon (5/'02) 5; (12/'04)
 6; (10/'08) 5,6; (6/'10) 4

<p>silicone: used in the body it causes joint pain, headaches, etc. (11/'02) 1</p> <p>Silit Pressure Cooker (1/'05) 6</p> <p>silver: used for healing (12/'04) 4</p> <p>silymarin (see also “silibinin”) (8/'05) 4; (6/'03) 2; (12/'99) 4; (3/'07) 4; (6/'08) 7; (2/'11) 2;</p> <p>Siliphos (2/'11) 2</p> <p>Singulair (Rx) (12/'99) 5; (2/'99) 4</p> <p>sinus problems: also sinusitis (12/'02) 4; (9/'99) 8</p> <p>Sjogren’s Syndrome (3/'99) 5</p> <p>skin diseases & problems (6/'05) 6; (10/'03) 6; (8/'99) 4</p> <p>skin: aging (12/'04) 7</p> <p>skin: healing with Lumen (LED)(1/'05) 2</p> <p>sleep apnea (8/'08) 2,3</p> <p>sleep disturbances (3/'03) 4</p> <p>smallpox vaccination (4/'02) 4</p> <p>smoking (cigarettes): help stopping (4/'02) 4</p> <p>snakebite (1/'03) 7</p> <p>snoring (2/'99) 5</p> <p>soda (soda pop, carbonated beverages) (see also, “Coke”)(2/'04) 6; (4/'01) 5; (1/'00) 7; (6/'99) 6</p> <p>Solaray (6/'04) 8</p> <p>Sonicare (for teeth cleaning) (5/'04) 7</p> <p>Sonicare.com (supplier) (5/'04) 8</p>	<p>soy & soybeans: no longer so healthy (1/'03) 5; (9/'02) 4; (7/'02) 2; (5/'02) 4; (3/'02) 3</p> <p>soy protein: Phytomin Soy Protein Maintenance (1/'03) 3</p> <p>spastic colon (1/'03) 1; (3/'99) 5</p> <p>spiritual and family life and healing (8/'99) 6</p> <p>spontaneous abortion (immanent-preventing) (12/'03) 3</p> <p>Sporonox (7/'03) 2</p> <p>sports & sudden death (in students & adults) (8/'03) 5</p> <p>sports (2/'04) 6; (3/'03) 5</p> <p>sports: nutritional needs (8/'03) 5</p> <p>sprains (4/'02) 4</p> <p>spreading phenomenon (5/'99) 6</p> <p>statin drugs (8/'05) 6; (7/'05) 5, 7; (3/'05) 7; (3/'04) 3; (10/'03) 2; (8/'03) 3; (7/'03) 3; (11/'02) 6; (6/'02) 5; (9/'07) 3; (1/'11) 5; (12/'11) 4; (2/'12) 5; (5/'12) 1;</p> <p>stents: dangers of (9/'07) 4; (3/'11) 3; (11/'11) 1; (12/'12) 1; (1/'13) 1; (2/'13) 1;</p> <p>stomach disorders (3/'99) 5</p> <p>Stomatitis virus (10/'03) 4</p> <p>Stool test: GIfx (11/'07) 3</p> <p>Strattera (Rx) (8/'05) 2</p> <p>Strattera (6/'04) 1</p> <p>stress (7/'05) 2; (6/'05) 8; (1/'05) 8; (1/'04) 4; (5/'02) 1; (4/'02) 4; (5/'99) 4, 5; (9/'06) 4; (11/'07) 1; (5/'10) 1</p>	<p>stretching (12/'02) 7</p> <p>stroke (7/'05) 5; (12/'02) 3; (8/'02) 1; (1/'00) 4; (11/'99) 7; (5/'10) 1; (11/'11) 2;</p> <p>strokes: healing afterwards (7/'05) 3; (12/'04) 3; (11/'11) 2;</p> <p>stroke: warning signs of (3/'07) 1</p> <p>strokes: treatment of clogged arteries (12/'04) 6</p> <p>strontium poisoning (6/'02) 7</p> <p>sugar cravings (8/'05) 2; (8/'04) 6; (4/'04) 3; (8/'02) 4; (5/'02) 5; (1/'00) 6; (2/'99) 3</p> <p>sugar substitutes: see “Aspartame”</p> <p>sugar (5/'99) 4; (3/'99) 3; (2/'08) 5</p> <p>sugar: promotes growth of cancer cells (4/'04) 1</p> <p>sugar: triggers violent mood swings (12/'02) 6</p> <p>suicide & suicidal depression (8/'03) 2; (5/'02) 3, 4</p> <p>suicide: the prescription drug connection (5/'04) 2</p> <p>sun exposure (7/'99) 1</p> <p>suncountrynaturals.com (9/'04) 8</p> <p>sunscreen lotion: “make your own” formulas (7/'99) 1</p> <p>sunscreen lotion: effective, recommended ones (6/'05) 1; (1/'03) 1; (5/'06) 5</p> <p>Super 2 Daily (“the best, all-purpose multi mineral”) (5/'04) 2</p>
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Super Beta-carotene (1/'04) 7; (11/'03) 4
 Super DHA (7/'04) 5; (12/'03) 4, 7; (1/'02) 4
 Super K with K2 (Life Extension) (11/'04) 7
 Super Omega-3 Fish Oil (2/'99) 4
 Super Pancreatin (1/'04) 3; (6/'03) 2, 5; (2/'03) 4
 Sure Beam (food irradiation) (2/'03) 5
 Surgery (7/'05) 3; (4/'02) 1; (12/'99) 4; (11/'99) 7; (10/'99) 7; (9/'99) 6; (6/'99) 1; (6/'99) 7; (2/'99) 4; (1/'07) 2; (7/'10) 7; (10/'11) 3
 surgery: ablation: its failure (5/'05) 4; (5/'03) 7
 surgery: anesthesia decreases brain function (4/'05) 7
 surgery: Arginine helps (1/'05) 7; (2/'10) 4
 surgery: healing from (6/'05) 4; (2/'10) 4
 surgery: preparing for (4/'05) 7; (2/'04) 5; (5/'03) 7; *(2/'02) 6; (12/'00) 1; (8/'99) 5; (6/'99) 1
 surgery: prevention (5/'03) 7
 surgery: restenosis problem helped (1/'05) 6
 surgery: wound healing (1/'05) 2
 surgery-arthroscopic (4/'03) 7; (10/'02) 3
 surgery-bypass (6/'03) 3; (2/'03) 1; (6/'99) 1; (6/'99) 6
 surgery-bypass: use of cod liver oil in patients (1/'05) 6

surgery-colon (9/'03) 4
 surgery-gallbladder (4/'05) 4; (2/'03) 4
 surgery-heart (6/'05) 3; (5/'03) 7
 surgery-heart: crucial steps after heart surgery (2/'03) 1
 surgery-joint (6/'99) 6
 surgery-open heart (8/'99) 5
 sweating: the resultant nutrient loss (9/'02) 7; (8/'99) 1
 sweet cravings: see "sugar cravings"
 sweeteners, natural: honey, maple syrup, rice syrup, stevia (5/'99) 4
 sweets (5/'02) 1; (4/'01) 6; (5/'99) 5
 sweets: recipes for sugar-free, non-dairy treats (4/'99) 4
 symptoms that don't make sense (12/'00) 4
 Synaptin (12/'00) 6
 Syndrome-X (7/'06) 2; (3/'06) 5; (12/'07) 3; (2/'08) 5; (1/'08) 2
 Synthroid (Rx) (10/'02) 3; (3/'02) 5; (2/'02) 3; (4/'01) 1
 Table Toxins (6/14) 1,2,3; (7/14) 5
 Tagamet (Rx) (8/'02) 2
Talking Back to Ritalin by Dr. Peter Breggin (7/'99) 6
 Tambocor (5/'05) 4; (2/'02) 1; (6/'12) 5;
 Tamoxifen (8/'05) 3; (11/'03) 2
 Tardive dyskinesia (12/'11)
 taurine deficiency (1/'04) 2

taurine (7/'04) 5; (1/'13) 4; (1/15) 5
 teen depression & suicides (4/'04) 7
 teen health (5/'05) 7
 teeth (10/'02) 4; (5/'02) 5
 teeth: avoiding extraction or root canals (12/'00) 4
 teeth: bad teeth or hidden infections cause problems in other areas (1/'05) 3; (3/'04) 5; (6/'99) 5; (6/'08) 6,7; (6/'11) 5
 teeth: healing tooth aches, tender teeth (12/'04) 5; (5/'03) 5; (3/'03) 2
 teeth: hidden infection& problems (12/'00) 4; (5/'00) 1
 teeth: tender teeth a danger sign (7/'03) 3
 teeth: tooth/organ/meridian chart (12/'00) 5
 Teflon: dangers (9/'06) 6; (11/'07) 3; (8/'10) 2
 tendon/ligament rupture (5/'08) 1
 tendonitis(1/'04) 6; (12/'03) 7; (5/'03) 4; (3/'02) 1
 tennis elbow (epicondylitis) (7/'03) 5; (12/'00) 4; (5/'00) 3
 tension (7/'01) 7
 tensor fasciae latae pain (10/'12) 2;
 Terminators (4/15) 2; (5/15) 3,4,5; (6/15) 3,4,5
 testosterone: low levels pose risks (9/'04) 2
 Thallium stress test (5/'06) 7; (1/'11) 4; (2/'13) 2; (5/'13) 5; (7/'13) 4;

<p><i>Theanine the Relaxation Amino Acid</i>, by Sahley, Dr. B.J. (1/'05) 8</p> <p>Theanine (1/'05) 8</p> <p>thiamine deficiency (10/'02) 7</p> <p>thinning the blood (how to do it without drugs) (8/'05) 6; (12/'99) 3</p> <p>thinning the blood (12/'03) 4</p> <p>ThioNAC (8/'02) 5</p> <p>Thisilbin, ThistleRx, Thisilyn Pro (also “silibinin” & “silymarin”) (8/'05) 4; (6/'05) 7; (6/'03) 2; (12/'99) 4</p> <p>Thorne (supplier) (11/'04) 8</p> <p>throat papillomas (8/'02) 1</p> <p>thyroid disease/problems/thyroiditis (8/'05) 4; (11/'04) 5; (11/'03) 7; (1/'03) 7; (7/'02) 6, 7; (6/'02) 4; (5/'02) 4; (3/'02) 2; (2/'02) 2; (7/'01) 4; (4/'01) 2, 4; (1/'00) 5; (12/'99) 1; (9/'99) 2; (8/'99) 2; (3/'99) 3; (2/'99) 3; (5/'08) 2, 3; (6/'10) 5; (8/'10) 3; (8/'11) 1; (11/14) 3</p> <p>Thyroid Auto-Antibodies Test (2/'99) 3; (8/'11) 1</p> <p><i>Thyroid Power: 10 Steps to Total Health</i> by Shames (2/'02) 5, 8</p> <p>thyrotoxicosis (5/'99) 2</p> <p>TMJ splints (8/'05) 4</p> <p>Tocotrienols (7/'05) 7; (1/'04) 4; (6/'03) 2; (2/'03) 4; (8/'10) 1; (7/'12) 3; (8/'12) 1; (5/'13) 6</p>	<p>Tocotrienols: kills cancer cells (11/'03) 3; (2/'10) 5; (7/'12) 3;</p> <p>toenails/fingernails: thickening or deformity (3/'03) 4</p> <p>toiletries: non-toxic (12/'08) 7;</p> <p>tooth loss: health implications of (1/'10) 4</p> <p>tooth map (10/'08) 2</p> <p>tongue: coated, problems, etc. (1/'00) 2</p> <p>torn rotator cuff (1/'04) 6; (4/'02) 4</p> <p>torn tendons and ligaments: aids to healing (1/'05) 2</p> <p>touch: healing properties (5/'05) 8</p> <p>Tourette's Disease (5/'04) 2; (9/'02) 1; (5/'02) 3; (7/'99) 7</p> <p>toxic environment-at school (1/'00) 3</p> <p>toxic environment-at work (8/'02) 4; (6/'02) 1; (5/'02) 5; (5/'00) 5; (1/'00) 3; (5/'99) 3, 5, 6</p> <p>toxic environment-in the car (8/'05) 3, 5</p> <p>toxic environment-in the home (5/'03) 1; (9/'02) 5; (5/'02) 5; (3/'02) 6; (1/'02) 4; (4/'01) 4; (1/'00) 4, 7; (5/'99) 6</p> <p>toxic environment-public buildings (2/'02) 5; (1/'00) 3</p> <p>toxic hormones: protection from (5/'00) 4</p> <p>toxic towns and cities (12/'03) 1</p> <p>toxicity (in the body) (7/'05) 2; (9/'02) 3; (7/'01) 4</p>	<p>toxicity: Vit C the safest, cheapest form of protection (5/'03) 5</p> <p>toxicity-environmental (8/'05) 3, 5; (12/'03) 3; (11/'03) 7; (12/'02) 5; (10/'02) 6; 9/2, 4; (8/'02) 4; (6/'02) 2; (4/'02) 5; (3/'02) 1, 6; (7/'01) 1; (4/'01) 2; (12/'00) 1; (5/'00) 3</p> <p>toxicity: proof of (12/'07) 4; (3/'08) 5</p> <p>trace minerals (9/'04) 7; (6/'02) 6</p> <p>Trade Center Syndrome (see also “September 11”) (12/'02) 5; (6/'06) 5</p> <p>tranquilizer withdrawal (or stopping) (4/'02) 4</p> <p>tranquilizers-natural (1/'00) 6</p> <p>trans fatty acid levels in store-bought food (11/'03) 5; (11/'06) 4</p> <p>trans fatty acids (7/'05) 5; (6/'05) 4; (5/'05) 2; (1/'05) 7; (7/'04) 2; (4/'04) 2; (2/'04) 2; *(11/'03) 4; (8/'03) 5; (6/'03) 2; (5/'03) 7; (11/'02) 5; (6/'02) 6; (5/'02) 4; (4/'02) 7; (1/'02) 2; *(11/'99) 2; (7/'99) 5; (7/'08) 3, 4; (1/'10) 2; (6/'11) 1; (2/'12) 4;</p> <p>transfer factor (1/'03) 2</p> <p>traveler's diarrhea (also “tourista”) (9/'03) 1; (8/'99) 4</p> <p>traveler's diarrhea: preventing (9/'03) 6; (12/'02) 7</p>
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traveling: protection from toxins, pollution, etc. (8/'03) 8; (10/'08) 6,7	(7/'01) 1; (5/'07) 2' 4/'07) 2; (6/'11) 2; (5/'12) 1; (7/'12) 5	Vital 10 (9/'03) 6; (12/'02) 7; (10/'02) 7
<i>Treating Cancer With Insulin Potentiation Therapy</i> , Hauser (4/'04) 2	UltraInflamX (4/'01) 3	Vital Nutrition.com (Peter Gilham's)(9/'02) 8;
tremors (3/'08) 1; (12/'11) 6	Undecyn (3/'99) 4	Vitamin A (1/'12) 4; (5/'12) 3; (6/'12) 8;
trigger points (4/'12) 2	Uric acid: high (6/'06) 7; (4/15) 6	Vitamin B12 deficiency (1/'00) 2; (12/'99) 2; (8/'08) 4
triglyceride metabolism (5/'00) 6; (7/'12) 7;	urinary tract infection (UTI)(3/'04) 4; (6/'02) 5	Vitamin B2 (riboflavin) (1/'00) 3
Tri-Salts (7/'01) 7; (8/'99) 1	uterine fibroids (7/'01) 6; (10/'07) 6	Vitamin B3 (6/'02) 6
<i>Triumph Over Hepatitis</i> , by Wright, Lloyd (5/'05) 8	uva ursi (6/'04) 7	Vitamin B5 (7/'08) 6,7
Trovan (antibiotic) (1/'00) 5	vaccines: see "immunizations"	Vitamin B6 (1/'00) 3; (4/'08) 3; (5/'08) 5
Tryptophan (7/'01) 7; (11/'99) 1; (9/'99) 6	vaginal dryness (3/'12) 1;	Vitamin C Crystals (11/'03) 4
tumor necrosis factor (1/'04) 5; (10/'99) 4	Vanadium (5/'10) 2	Vitamin C Powder (5/'03) 6; (12/'02) 7
tumor necrosis factor:drugs used to suppress (10/'06) 3	Vanadyl Factors (2/'04) 4; (11/'02) 7	Vitamin C (2/'04) 2; (1/'04) 7; (11/'03) 4; (5/'03) 6; (1/'03) 3; (12/'02) 7; (4/'01) 6; (12/'99) 4, 7; *(10/'99) 4; (6/'99) 4
tumor necrosis (3/'05) 4; (3/'04) 5; (1/'04) 4	Vanulin 7.5 mg (2/'99) 3	Vitamin D: better than a flu shot (11/'11) 2
tumors: Lumen (LED) light used to destroy (1/'05) 2	Vasodilators (12/'02) 4	Vitamin D Capsules (Carlson's)(5/'04) 6
Tums(6/'99) 4	Vesicare (Rx) (8/'05) 2	Vitamin D Deficiency (5/'04) 5; (1/'06) 1; (3/'07) 4; (5/'11) 1; (9/'11) 7; (2/'12) 6; (4/'12) 4; (8/'12) 3; (10/'13) 3, 4; (3/'14) 4
Tylenol: see "acetaminophen"	Viagra: causes deafness (11/'11) 1	Vitamin D: deficiency in toddlers (12/'08) 3,4
Tyler/Integrated Therapeutics (10/'04) 8	Vinpocetine (7/'04) 5; (12/'00) 6	Vitamin D: helps with cancer, high blood pressure, heart...(3/'05) 3; (1/'05) 4; (3/'05) 3; (5/'04) 5; (11/'03) 3; (10/'02) 4; (7/'99) 1; (11/'08) 3; (9/'11) 4
ulcerative colitis (12/'03) 7; (7/'03) 7; (6/'06) 6	violence, aggression, crimes, etc. (5/'02) 3; (5/'00) 3, 5	
ulcers-aphthous (3/'99) 6	Vioxx (Rx): leads to heart attacks, bladder malfunction... (3/'05) 6; (5/'05) 1; (12/'04) 1; (9/'03) 7; (7/'03) 1; (12/'02) 6	
ulcers-duodenal (3/'99) 6	ViraClear EPs 7630 (2/'11) 3	
ulcers-gastric (4/'99) 2; (3/'99) 5, 6	virus protection (10/'03) 4	
ulcers-skin (1/'05) 2	viruses (11/'04) 4; (7/'04) 7; (5/'04) 4; (2/'04) 1	
ulcers-stomach (4/'99) 2; (3/'99) 6	viruses-in children (4/'03) 5	
Ultra Flora Plus DS (12/'00) 3	vision: healed with LED light (1/'05) 2	
Ultrafast Heart Scan (11/'04) 3; (2/'04) 2;	vision: improving (12/'00) 6; (2/'99) 6	

Vitamin D: its function in the body (3/'05) 3; (4/'08) 3; (2/'10) 1;
Vitamin D3 1000 mg (3/'05) 3; (8/'04) 4
vitamin deficiencies (5/'02) 4; (12/'99) 4; (10/'99) 4; (7/'99) 1
Vitamin E (7/'05) 7; (6/'02) 6; (3/'02) 4; (1/'00) 7; (7/'99) 3; (6/'99) 4; (3/'99) 2; (7/'06) 5; (11/'08) 4; (10/'08) 3, (3/'11) 1; (8/'11) 1; (12/'12) 2; (5/'15) 3
Vitamin E: deficiency in toddlers (5/'06) 1
Vitamin E: function & amounts (1/'04) 3; (7/'03) 3; (4/'99) 4
Vitamin E: slander (5/'05) 1
Vitamin E suppositories (2/'10) 1
Vitamin E-synthetic: destroys natural Vit E, hurries aging... (5/'05) 2; (9/'04) 5; (7/'03) 3
Vitamin K: its function for regulating calcium use & necessity (7/'05) 7; (11/'04) 7
Vitamin K2 (11/'04) 7; (3/'04) 6, (7/'08) 2, 3; (5/'10) 6; (10/'12) 4; (5/'13) 7; (7/'13) 2
Vitamin Panel (11/'02) 4
Vitamin Research (supplier) (5/'04) 8
Vitamins: beware cheap (5/'11) 4
Vitamins C & E: inhibit plaque growth (9/'04) 5

vitamins: educating physicians-the need for, their function (6/'03) 6
vitamins: special newsletter (Summer/'94) Misc.
vitiligo (loss of skin color) (8/'99) 4
Wakunaga (supplier) (11/'04) 8
Water (6/'04) 3; (2/'04) 6; (7/'03) 5; (10/'06) 7; (4/'11) 4
WaterOz Silver Mineral Water (3/'99) 4
weed killers (4/'01) 3
weight gain (unwanted): (11/'04) 6; (4/'04) 3; (10/'03) 5; (6/'03) 4; (1/'03) 3; (11/'11) 6
weight: trying to lose (8/'05) 4; (1/'05) 8; (8/'04) 1, 6; (7/'04) 5; (11/'03) 1, 5; (10/'03) 5; (7/'03) 4; (12/'02) 6; (10/'02) 4, 5; (9/'02) 6; (8/'02) 3; (4/'02) 7; (7/'01) 3; (11/'99) 7; *(2/'99) 1; (12/'07) 3; (10/'07) 7; (6/'07) 6; (2/'11) 6
weight-bearing stress for bones (6/'99) 7
weight-trying to gain (10/'03) 6
Well Wisdom (supplier) (7/'05) 8
Wellness Pharmacy (8/'04) 8
West Nile Virus: bug spray protection (9/'04) 4
whey (8/'99) 3; (2/'99) 5
white dental fillings (4/'01) 3
whole cereal grains (6/'99) 3

Windham Pharmacy (11/'04) 8
Wobenzyme (supplier) (3/'04) 6; (4/'02) 1; (1/'12) 5;
women: the things we do that can lead to breast cancer (8/'05) 4; (9/'04) 2
worry (5/'02) 4
wrinkles: cream for (8/'06) 7
wrinkle treatments: pros and cons (4/'11) 5
Xenical (Rx) (12/'99) 5
X-rays: dangers of ((4/'11) 5; (7/'13) 4;
y2healthanddetox.com (supplier) (5/'05) 8
yeast (see also "Candida") (3/'99) 4
Yeast Connection, The by Dr. Orion Truss (1/'03) 1
yeast-free diet (1/'04) 2
yogurt (12/'00) 3
yourpeaceof mindonline.com (3/'05) 8
Zetia (3/'12) 1;
Zinc Balance (3/'04) 6; (10/'03) 5; (12/'02) 1; (8/'02) 5
Zinc (8/'05) 6; (7/'05) 8; (8/'02) 5; (10/'99) 4; (5/'99) 5; (9/'07) 7; (6/'11) 4; (1/'12) 4; (2/'14) 5, 6
Zocor (Rx) (8/'03) 3; (1/'00) 6; (11/'99) 7
Zoloft (Rx) (6/'04) 1; (4/'04) 7; (8/'03) 2
benign prostatic hypertrophy (BPH) (8/'05) 5
The Zone diet (2/'99) 1

Dr. Atkins Diet Revolution
(2/'99) 1
cookbook: *The Gourmet Uncook Book* by Baker
(2/'99) 1

cookbook: *Dining in the Raw* by Romano
(2/'99) 1
cookbook: *Your Child Doesn't Have To Die*
by Sorteburg (2/'99) 1

cookbook: *Step By Step Guide to Nutritional Healing* (2/'99) 1
KB Cotton Pillows
(supplier) (2/'99) 5