

## DR. SHERRY ROGERS' NEWSLETTER INDEX

<p>(issue number, year) page</p> <p>1000 mg Taurine (1/'04) 3</p> <p>1stEnviroSafety.com          (supplier) (9/'04) 2, 8;          (12/'02) 6; (10/'02) 7;          (12/'99) 4</p> <p>7-Keto DHEA          (12/'03) 1; (11/'03) 1</p> <p>24 HIDDEN reasons why          healing is stalled          (11/16) 2,3,4 : (1/17)          1,2,3: (2/17)1,2,3:          (3/17)3,4,5,6:          (4/17)1,2,3,4,5,6: (5/17)          1,2,3; 6/17)1,2,3,4;          (7/17) 1,2 (8/17)1,2,          (9/17) 1,2,3,</p> <p>AAEM.com (supplier)          (4/'02) 8</p> <p>Ablation: dangerous          treatment for arrhythmia          (10/'10) 7; (11/'10) 1;          (4/'12) 1; (11/15) 6,7</p> <p>Accelerated Heavy Metal          Detox Protocol (5/'05)          6; (10/'04) 5</p> <p>Accidents, healing from          (6/'05) 4; (1/'05) 2;          (2/'04) 6</p> <p>Accutane (acne treatment):          can lead to depression &amp;          suicide... (10/'03) 1;          (7/'03) 2; (4/14) 7</p> <p>ACE inhibitors (Rx):          Accupril or Altace          (5/'99) 2; (10/'13) 3</p> <p>ACES with Zinc (8/'05) 6;          (7/'05) 6, 7; (5/'05) 8</p> <p>acetaminophen (Tylenol):          toxic to the liver, can</p>	<p>cause death... (4/'04) 4;          (5/'03) 6; (3/'02) 7;          (12/'99) 5; (8/'99) 6;          (3/'99) 4 ; (9/'06) 7;          (6/'10) 1; (5/14) 6:          (5/16)1,2,3</p> <p>Acetyl L-Carnitine (7/'04)          5; (12/'03) 7; (6/'03) 3;          (5/'08) 1; (2/'11) 1</p> <p>Acetylcholine (7/'99) 6</p> <p>aches (body aches) (7/'01)          2</p> <p>acid inhibitors (8/'08) 4;          (12/'11) 5</p> <p>acid reflux: see "reflux          esophagitis"</p> <p>acidity of the body (6/'04)          4; (2/'04) 6; (4/'01) 6;          (2/'99) 5</p> <p>Acidophilus-Go (12/'03) 4;          (6/'03) 5</p> <p>Acne (10/'03) 1; (9/'03) 1;          (1/'00) 5; (8/'05) 3</p> <p><i>Active Isolated Stretching:          The Mattes Method</i>, by          Aaron Mattes (12/'02) 7</p> <p>Actonil (5/'04) 5</p> <p>ADD (Attention Deficit          Disorder) (5/'04) 2;          (5/'02) 3; (4/'02) 4;          (3/'02) 6; (5/'00) 3;          (8/'05) 2; (6/'08) 1,2,3;          (8/'08) 4,5; (1/'11) 5</p> <p>addicts (3/'06) 4; (4/'08) 2</p> <p>ADHD (Attention          Deficit Hyperactivity          Disorder) (6/'04) 1;          (5/'04) 2; (1/'03) 4;          (6/'02) 4; (7/'99) 6;          (3/'99) 3, 5; (2/'99) 6;          (2/'12) 4; (6/'12) 2;</p>	<p>ADMA (test for heart          attack risk) (8/'04) 5</p> <p>adrenal function: boosting          (11/'03) 1</p> <p>adrenal: stressors (10/'06)          1</p> <p>adrenal problems (4/'01) 3;          (5/'10) 5</p> <p>adrenal tests (12/'03) 1;          (5/'10) 5; (8/'10) 3;          (11/'11) 7</p> <p>Adriamycin (7/'04) 3</p> <p>Advicor (8/'03) 3</p> <p>AEHF (supplier) (7/'02) 8</p> <p>AEHF.com (supplier)          (5/'05) 8</p> <p>aerial pesticide spraying          (4/'01) 1</p> <p>Afrin (11/'99) 1</p> <p>Age discrimination          (10/16) 4</p> <p>Agent Orange exposure          (5/'04) 1</p> <p>aggression: see "violence,          aggression, crimes"</p> <p>aging (also, anti-aging          helps) (6/'05) 5;          (12/'04) 7; (11/'04) 6;          (5/'04) 3, 6, 7; (3/'04) 2;          (2/'04) 4; (1/'04) 3;          (10/'03) 3; (7/'03) 3, 7;          (6/'03) 3; (8/'02) 3;          (5/'02) 6; (4/'02) 4;          (3/'02) 2, 4; (1/'02) 2;          (7/'01) 2; (4/'01) 4;          (5/'00) 4, 7; (1/'00) 4;          (10/'99) 4; (2/'99) 7;          (5/'10) 3; (8/'10) 3</p> <p>AIDS/HIV (7/'05) 2;          (5/'03) 6; (7/'01) 2;          (6/'99) 4; (3/'99) 6</p>
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cancer cookbook: *Dining In the Raw*  
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 cancer cookbook: *You Are What You Ate*  
 (7/'99)  
 7  
 cancer video: *Cancer Doesn't Scare Me Anymore*  
 (7/'99) 7  
 cancer video: *You Can't Improve On God*  
 (7/'99) 7  
 cancer  
 (7/'05) 1, 3; (5/'05) 4; (4/'05) 3; (10/'04) 2; (8/'04) 1; (7/'04) 3; (6/'04) 2; (5/'04) 1; (4/'04) 1, 4, 6; (3/'04) 6; \*(11/'03) 1, 2; (7/'03) 4; (6/'03) 4, 6; (4/'03) 7; (3/'03) 6; (10/'02) 4, 6; (9/'02) 6; (8/'02) 7; (7/'02) 5; (6/'02) 4; (5/'02) 7; (4/'02) 1; (2/'02) 2; (1/'02) 6, 7; (7/'01) 4; (4/'01) 2, 5; (12/'00) 1; (5/'00) 1; (1/'00) 3, 5; (1/'00) 8; (12/'99) 6; (11/'99) 3, 7; (10/'99) 2, 3; (9/'99) 2, 4, 6; (7/'99) 7; (6/'99) 2; (5/'99) 1, 6; (7/'06) 4; (4/'07) 7; (3/'07) 1; (1/'07) 4; (1/'07) 5; (4/'08) 6; (1/'08) 3; (1/'08) 6; (6/'08) 7; (7/'08) 1,7; (9/'08) 7; (1/'10) 6; (6/'10) 2; (7/'10) 5; (8/'10) 7;

(9/'10) 6,7; (10/'10) 3; (1/'11) 2; (3/'11) 4; (4/'11) 4; (9/'11) 2; (10/'11) 1; (11/'11) 2,3; (12/'11) 6, 7; (2/'12) 6, 7; (7/'12) 3; (7/13) 3'  
 (11/'13) 1; (1/18) 6,7;  
 cancer: "Panic Stage", The  
 (6/'05)  
 2; (12/'06) 4  
 cancer: Agent Orange exposure & vets  
 (5/'04) 1  
 cancer: Artemisinin kills cancer cells & helps drug-resistant forms  
 (8/'05) 1; (7/'04) 6; (8/'03) 6  
 cancer: carrot juice and beta-carotene help  
 (4/'05) 1; (12/'03) 6; (7/'03) 6  
 cancer: cod liver oil retards growth of cancer cells  
 (3/'05)  
 4; (6/'03) 2; (11/'06) 6  
 cancer cure, crash course  
 (7/13) 3; (5/18) 6,7  
 cancer: dietary helps  
 (1/'97) Misc.; (7/'03) 6; (12/'06) 1  
 cancer: early detection  
 (10/'99) 5  
 cancer: eating beans helps  
 (1/'05) 6

cancer: enzymes help destroy (4/'06) 6  
 cancer: finding hidden metastases  
 (3/'03) 6  
 cancer: Lugol's Solution or iodine- key to healing  
 (11/'04) 6  
 cancer: Macro diet triples survival rate & heals cancer  
 (Winter/'93) Misc  
 cancer: metastases-how to tell if they are developing  
 (12/'99) 7; (10/'99) 5; (9/'08) 7  
 cancer:  
 metastases-stopping  
 (7/'05)  
 1; (1/'06)2  
 cancer: nutrient list for patients  
 (11/'99) 4  
 cancer: patients are cheated  
 (12/'07) 4  
 cancer: potential causes  
 (9/'03)  
 1; (7/'03) 3; (4/'03) 2; (12/'02) 1  
 cancer: prevention  
 (5/'05)  
 3; (8/'04) 4; (1/'04) 5; (7/'03) 1, 7; (6/'03) 4; (3/'03) 5; (2/'03) 8; (12/'02) 5; (9/'02) 5; (8/'02) 5; (6/'02) 2; (3/'02) 7; (5/'00) 4; (1/'00) 3; (12/'99) 4;



(10/'99) 5; (7/'99) 1, 7;  
 (5/'99) 4; (4/'06) 4;  
 (9/'07) 1  
 cancer: reversing it in the  
 early stages \*  
 (4/'03) 1  
 cancer: selenium helps  
 (7/'07) 2  
 cancer: statin drugs  
 increase risk (2/'10) 2;  
 cancer: testing your  
 oncologist  
 (6/'04) 2  
 cancer: treatment side  
 effects with preventative  
 nutrients listed  
 (11/'99) 4; \*(5/'99) 6  
 cancer: Vit C kills cancer  
 cells (3/'06) 6  
 cancer: Vit D. helps  
 (1/'05)  
 4; (3/'05) 3  
 cancer: Vit E inhibits &  
 kills  
 (1/'04) 4; (10/'03) 4;  
 (7/'03) 3; (5/'99) 7  
 cancer: Vit K cut  
 metastases and doubled  
 survival  
 (7/'05) 7; (11/'04) 7  
 cancer-bladder  
 (11/'99) 4; (4/'11) 4  
 cancer – brain (6/'11) 5  
 cancer-breast (8/'05) 4;  
 (11/'04) 3; (9/'04) 1;  
 (11/'03) 2; (6/'02) 3, 4;  
 (1/'02) 4; (7/'01) 4;  
 (4/'01) 2, 4; (5/'00) 4;  
 (10/'99) 6; (7/'99) 7;

(6/'11) 7; (9/'11) 1;  
 (2/'12) 7; (4/'12) 4;  
 (7/'13) 1; (2/'14) 3,4,5  
 cancer-breast: dairy  
 products increase risk  
 (6/'04) 5; (3/'12) 7;  
 cancer-breast:chemo drugs  
 for (3/'07) 7  
 cancer – breast: melatonin  
 helps (7/'07) 4  
 cancer-breast: in men  
 (9/'04) 2  
 cancer-breast: protection  
 (5/'02)  
 4; (12/'99) 4; (6/'99) 4;  
 (5/'06) 5  
 cancer-breast: special  
 newsletter  
 (12/'96, Misc.  
 cancer-cervical  
 (4/'03) 3; (5/'00) 4  
 cancer-childhood  
 (6/'05)  
 1, 4; (5/'03) 3; (2/'03) 4;  
 (3/'02) 6; (2/'11) 1;  
 (6/'11) 5  
 cancer-early  
 (11/'99) 4  
 cancer-end stage  
 (9/'03)  
 8  
 cancer-esophagus  
 (10/'03) 3

cancer-gall bladder  
 (8/'06) 6  
 cancer-intestinal  
 (4/'01)  
 1  
 cancer-liver  
 (5/'02)  
 5  
 cancer-lung  
 (7/'05)  
 1; (8/'02) 1; (11/'99) 4  
 cancer-lung: nutrients  
 increase survival rate  
 (3/'04) 7; (8/'03) 7  
 cancer-lung: omega-3 fatty  
 acids helps  
 (5/'04)  
 2  
 cancer-lung: reversing it in  
 the early stages  
 (12/'03) 4; (4/'03) 4;  
 (1/'18) 6.7  
 Cancer nutrients  
 (11/'17)5,6,7;  
 cancer-ovarian  
 (4/'05) 3; (4/'01) 2, 4  
 cancer-pancreatic  
 (3/'05)  
 4; (4/'01) 4; (12/'00) 1;  
 (3/'18) 2, 3;  
 cancer-prostate  
 (8/'05)  
 5; (7/'05) 2; (7/'04) 5;  
 (2/'04) 5; (12/'03) 2;  
 (7/'03) 7; (3/'03) 5;  
 (9/'02) 4; (7/'02) 4;

(5/'02) 6; \*(1/'02) 6;  
 (7/'01) 4, 6; (4/'01) 2, 4;  
 (12/'00) 2; (12/'99) 4;  
 (5/'06) 5; (2/'06) 1;  
 (3/'07) 5; (4/'08) 7;  
 (3/'08) 5; (2/'08) 4;  
 (1/'08) 4; (12/'08) 5,6,7;  
 (5/'11) 3; (5/'12) 7;  
 (1/'13) 5, 6; (5/'13) 7;  
 (6/'13) 1, 4; (7/'13) 1;  
 (7/'13) 6; (8/'13) 5;  
 (10/'13) 5; (12/'13) 5  
 cancer-prostate: all material  
 on breast cancer is  
 relevant  
 (9/'04) 1  
 cancer-prostate: dairy  
 products increase risk  
  
 (6/'04) 5  
 cancer – prostate: Lipitor  
 (2/'10) 1  
 cancer-prostate: selenium  
 preventative  
  
 (4/'05) 3; (6/'05) 7  
 cancer-stomach  
  
 (10/'03) 3; (4/'99) 2  
 cancer-stomach: cured with  
 antibiotic  
 (10/'04) 1  
 cancer surgery: dangers of  
 (1/'06) 2  
 cancer-testicular  
  
 (10/'03) 5  
 cancer tests (1/13) 5  
 cancer-thyroid (2/18)  
 3,4,5,6;  
 cancer-uterine

(7/'01) 7; (4/'01) 2  
 Candida vaginitis  
  
 (9/'03) 6  
 Candida  
  
 (7/'05)  
 1; (4/'04) 6; (2/'04) 2, 4;  
 (1/'04) 3; (12/'03) 4, 7;  
 (10/'03) 4; (3/'03) 4;  
 (1/'03) 1; (10/'02) 4, 7;  
 (5/'02) 4; (2/'02) 2;  
 (5/'00) 6; (1/'00) 5;  
 (10/'99) 8; (9/'99) 4;  
 (8/'99) 2; \*(3/'99) 3;  
 (5/'06) 6; (10/'07) 4,  
 (11/'08) 3; (5/'10) 3;  
 (7/'10) 2; (8/'11) 5;  
 (12/'11) 5; (1/'12) 5;  
 (3/'12) 2; (2/15) 5  
 Candida: dietary helps  
  
 (1/'97) Misc.  
 Candida: treatment with  
 bile acids (4/'05) 4  
 canola oil  
  
 (8/'02) 5  
 canola oil: develops trans  
 fatty acids  
  
 (5/'03) 4; (4/'10) 5  
 (12/17) 2,3,4,  
 (1/18) 3,4,5; (4/18) 5  
 (12/17) 2,3,4; (4/18) 5;  
 (12/18)6;  
 canola oil: one that's  
 recommended (10/'04) 1  
 Captomer

(12/'04) 8; (4/'04) 7  
 carbonated drinks: (see  
 “soda” and “Coke”)  
  
 Cardarone  
  
 (9/'03)  
 3  
 cardiac arrhythmia  
  
 (3/'05) 5, 6; (4/'04) 6;  
 (1/'04) 3; (12/'03) 4;  
 (1/'02) 4; (7/'01) 5;  
 (12/'00) 4; (11/'99) 7;  
 (6/'99) 6; (2/'99) 4;  
 (4/'10) 4; (10/'10) 7;  
 (11/'10) 1; (4/'11) 2;  
 (9/'11) 6; (6/'12) 5;  
 (2/'13) 4; (1/14) 5  
 Cardio ION Panel  
  
 (8/'05) 5, 6; (7/'05) 5;  
 (3/'05) 3; (1/'05) 7;  
 (11/'04) 3; (7/'04) 3, 6;  
 (5/'04) 2; (12/'03) 7;  
 (1/'11) 3; (6/'11) 1;  
 (9/'11) 4; (11/'13) 5  
 CardionIon:interpretating  
 (7/'06) 7; (3/08) 7;  
 (8/'11) 7  
 CardionIon: test instructions  
 (8/'06) 7  
 cardiologist: testing yours  
  
 (2/'03)  
 2 (4/18) 2,3,4,5;  
 cardiomyopathy  
  
 (5/'00) 5; (11/'99) 7;  
 (5/'99) 2

Cardiovascular Profile  
 (7/'03)  
 2; (11/'02) 3  
 Cardiovascular Risk Panel  
 (7/'05) 5; (11/'04) 2;  
 (8/'04) 5; (3/'03) 6  
 Cardizem LA  
 (10/'03) 8  
 Carlson (supplier)  
 (11/'04) 8  
 carlson.com  
 (6/'05)  
 8  
 Carlson's Fish Oil  
 (6/'03)  
 2; (2/'03) 7; (7/'07)6;  
 (8/'08) 3,4  
 carlsonlabs.com  
 (7/'05)  
 8  
 Caro-Plete  
 (4/'05) 1; (5/'04) 4;  
 (1/'03) 3  
 Carnitine (1/'13) 3; (8/14)2  
 2Carpal tunnel  
 syndrome (4/'08) 3  
 carpet stains  
 (9/'99) 4  
 carpets: toxins, lung cancer  
 in carpet installers, etc.  
 (5/'03)  
 2

carrot juicing  
 (3/'04) 5; (1/'04) 7;  
 (12/'03) 6; (11/'03) 4;  
 (4/'03) 7; (3/'03) 6;  
 (4/'01) 6; (1/'00) 2;  
 (7/'99) 1  
 Cartilade  
 (6/16)2,3,4,  
 cartilage: healing with  
 Lumen (LED)  
 (1/'05) 2  
 castor oil  
 (10/'04) 5  
 Carotid Plaque  
 (2/16) 4  
 Cat's Claw  
 (5/'04) 7  
*Catalog of Environmentally  
 Safe Household  
 Products* (free)  
 (10/'99) 1  
 Cataracts  
 (7/'05)  
 3; (7/'01) 3; (9/'06) 1;  
 (6/'13) 7: (5/16)1,2  
 (8/17) 4;  
 cataracts: how to reverse  
 (12/'04) 3  
 Celebrex (Rx) see also  
 "NSAIDs"  
 (7/'04) 4; (9/'03) 7;  
 (12/'02) 6; (1/'08) 6  
 Celebrex: can cause the  
 bladder to stop working

(7/'03) 1  
 Celery: benefits of  
 (3/'11) 5;  
 Celexa  
 (8/'03) 2  
 Celiac Disease  
 (6/'04) 7; (1/'04) 1;  
 (10/'03) 6; (7/'07) 1;  
 (2/'08) 4; (8/'08) 5,6;  
 Cell Forte' with IP6  
 (6/'99)  
 4  
 cell membrane:  
 degeneration "leads to  
 every symptom &  
 disease" (3/'05) 6;  
 (7/'99) 5; (6/'99) 4  
 ceramic magnets (for  
 healing)  
 (12/'00) 4  
 cervical pathology (also  
 cervical dysplasia)  
 (7/'99) 2  
 cesium  
 (4/'01) 6  
 Chanca piedra (12/15) 3  
 (10/15) 1  
 charcoal mask  
 (5/'05) 8  
 Chelated Manganese  
 (6/'05) 6

chelation

(10/'03) 4; (10/'10) 7;  
(3/'12) 2;  
chelation: IV route  
unhealthy (10/'10) 7  
Chemet

(8/'99) 6  
chemical sensitivity  
(1/'03)

1, 7; (10/'02) 5; (4/'02)  
7; (5/'00) 3; (1/'00) 8;  
(12/'99) 4; (11/'99) 7;  
(10/'99) 2, 3; (9/'99) 2,  
4; (6/'99) 5; (5/'99) 3;  
(2/'12) 3;

chemotherapy &  
radiation

(7/'05) 3; (4/'05) 3;  
(8/'04) 2; (7/'04) 1, 3;  
(5/'04) 6; (4/'04) 1, 4;  
(3/'04) 7; (11/'03) 2, 5;  
(10/'03) 4; (9/'03) 6;  
(8/'03) 1; (6/'03) 3;  
(4/'03) 3; (11/'02) 4;  
(8/'02) 7; (7/'02) 5;  
(5/'02) 5; (3/'02) 7;  
(2/'02) 3; (12/'99) 4;  
(11/'99) 4, 7; (8/'99) 1;  
(12/'11) 6; (2/'12) 6, 7;  
(7/'12) 6; (1/'13) 7;

chemotherapy &  
radiation: a list of side  
effects & what prevents  
(11/'99) 4; \*(5/'99)  
6;

Chewable Tylenol for Kids  
(see also  
"acetaminophen")  
(12/'99) 5

chicken

(1/'02) 7  
children: before conceiving  
(5/'06) 7; (4/'08) 1

children and cancer: see  
"cancer: childhood"

children: ADD, irritability,  
depression, growth-  
diagnosis & tx...  
(12/'04) 6

children: adopted children  
& particular health  
problems (2/'03)  
3

children: behavioral and  
learning problems (see  
also learning p.)  
(6/'04) 1; (5/'04) 3;  
(1/'04) 5

children: lower life  
expectancy (8/'06) 1

children: improving IQ  
(7/'05)  
3; (2/'99) 6

children: obesity (11/'12)  
4;

children: prevention of  
allergy development  
(10/'04) 4; (9/'11) 4

children's health  
(8/'05)

2, 3; \*(7/'05) 1; (4/'05)  
2; (6/'04) 1; (4/'04) 2, 6;  
(12/'03) 3, 4; (11/'03) 6;  
(10/'03) 1; (9/'03) 1;  
(8/'03) 1, 4; (7/'03) 4;  
(5/'03) 3; (4/'03) 5;  
(3/'03) 7; (2/'03) 3;  
(1/'03) 1, 3, 4, 5;  
(12/'02) 5; (10/'02) 5, 7;

(9/'02) 4, 6, 7; (7/'02) 7;  
(3/'02) 3, 6; (1/'02) 3, 5;  
(4/'01) 5; (5/'00) 3, 5;  
(7/'99) 6; (2/'99) 6;  
(11/'07) 4; (11/'08) 3;  
(12/'08) 3,4; (10/'08)  
1,3,4,5; (8/'10) 4;  
(9/'10) 1,4; (9/'11) 4, 7;  
(10/'11) 6; (11/'11) 4;  
(12/'11) 1; (4/'12) 6;  
(6/'12) 3; (11/'12) 4, 7;  
(8/'13) 4

children's health: omega-3  
oils jumpstart IQ &  
more  
(6/'03) 3; (2/'99) 6

chips (potato chips,  
Doritos, Ruffles, etc.)  
(11/'99) 1

Chlamydia pneumoniae  
(6/'99)

5  
Chlamydia

(10/'03) 3; (11/'02) 3

Chlorophyll (1/'07) 5  
chlorpromazine (Rx)

(1/'00) 5

Cholarest  
(6/'02)

7  
cholesterol (see also "high  
cholesterol")

(10/'99) 7; (11/'06) 3;

(10/'07) 2; (11/;08) 1,2;  
(12/'08) 1,2; (8/'08) 4;  
(7/'10) 5,6; (11/'10) 3;  
(6/'12) 4; (7/16)1,2,3:

cholesterol drugs

(11/'04) 1; (11/'06) 7;  
(10/'06) 1; (3/'06) 7;  
(11/'07)4; (7/'07) 3;  
(5/'08) 1; (11/;08) 1,2  
(12/;08) 1,2; (10/'11) 1;  
(3/'12) 1; (12/'12) 1;  
(2/'13) 5; (8/'13) 1  
(3/18) 7;

cholesterol: HDL (4/'07) 4

Chromium (2/'99) 3;

(8/'04) 6; (2/'07) 4;

(11/'12) 5; (12/14) 1,2

Chronic Fatigue Syndrome

(6/'05)

5; (4/'04) 6; (6/'03) 4;  
(1/'03) 1, 7; (11/'02) 4;  
(10/'02) 5; (7/'02) 6;  
(4/'02) 7; (7/'01) 4;  
(4/'01) 3; (5/'00) 3;  
(10/'99) 2; (6/'99) 5

Chronic Heart Failure  
(CHF)

(3/'04) 1

chronic illness

(12/'02) 1

chronic pain: see

“pain-chronic”

cigarettes

(2/'99)

3

Cipro

(2/'02) 4

Cirrhosis

(5/'05)

6; (12/'99) 4

Cisplatin (Rx)

(8/'04) 1

Claritin (Rx)

(5/'03) 1

Clarus.com: (supplier for  
Qlink)

(1/'04) 8

Claudication

(3/'05)

7; (9/'03) 6; (7/'02) 6

Clostridium Difficile

Clozapine (Clozaril) (Rx)

(9/'02)

1

Clots (9/14) 1,2,3; (10/14)

4; (7/15) 1,2

C-Med-100

(5/'04) 7

coaguability (leading to  
blood clots & heart  
attacks)

(4/'04) 5

coconut oil

(10/'03) 3 (10/17) 7

(11/17) 7;

cod liver oil

(8/'05)

6; (7/'05) 5; (3/'05) 3, 4;

(7/'04) 5; (5/'04) 6;

(2/'04) 4; (8/'03) 5;

(7/'03) 7; (6/'03) 2;

(2/'03) 7; (8/'02) 4;

(7/'02) 7; (4/'01) 6;

(10/'99) 3; (7/'99) 1, 6;

(6/'99) 7; (2/'99) 4;

(11/'06) 6; (5/'10) 4;

(9/'11) 1; (2/'12) 2;

(3/'13) 2, 3; (5/16) 7:

(4/18) 1;

Coenzyme Q10

(7/'05)

7; (8/'03) 5; (1/'00) 6;

(11/'99) 7; (7/'06) 1

coffee enemas

(4/'05) 5; (3/'04) 6

coffee

(7/'01) 3

Cogimaz

(12/'04) 7

Coke (cola): leaches

calcium from bones, etc.

(3/'03)

4

cold pasteurization

(2/'03) 5

cold sores

1; (3/'99) 6 (6/'02)  
 colitis  
 (11/'02) 6; (10/'02) 4; (7/'02) 7; (4/'01) 5; (9/'99) 8; (3/'99) 3; (1/'08) 7; (9/'08) 6,7  
 colitis: antibiotics cause (3/'06) 1  
 colon cleanse  
 (8/'04) 7; (1/'00) 2  
 colonoscopy  
 (9/'03)  
 4  
 color blindness (3/'13) 7  
 Colostrum 80/40  
 (10/'04) 2; (7/'03) 7  
 Colostrums  
 (1/'00)  
 6  
*Colostrum, Nature's Gift to the Immune System*, by Beth Ley (7/'03) 7  
 Comprehensive Detox Panel (CDP)  
 (10/'99) 5  
 Comprehensive Stool Analysis  
 (7/'05)  
 6; (4/'05) 3; (12/'11) 1  
 Comprehensive Stool Analysis/Parasitology x2  
 (7/'05) 6; (6/'04) 6  
 Comprehensive Stool Study with Purged

Parasites X2  
 (7/'05) 6; (12/'04) 6  
 Computers  
 (9/'99)  
 2; (4/'99) 1(12/18) 4;  
 concentration-improving  
 (12/'00) 6; (1/'00) 4  
 conditions that defy cures  
 (6/'99)  
 5  
 cone biopsy  
 (7/'99)  
 2  
 Congestive Heart Failure (CHF)  
 (3/'05)  
 3, 6; (1/'04) 3; (10/'03) 2; (9/'03) 4; (7/'01) 5, 6; (5/'00) 5; (11/'99) 7; (5/'99) 1; (5/'06) 4; (11/'08) 3,4,5; (2/'10) 3  
 Constipation  
 (8/'05)  
 4; (7/'05) 6; (12/'02) 1  
 contact lens solutions  
 (11/'99) 1  
 convulsions  
 (9/'02)  
 7  
 Cook, Dr. Douglas DDS  
 (6/'11) 5  
 copper: deficiency (9/'10) 3; (3/15) 3  
 copper: repairing deficiency can cure

Congestive Heart Failure (2/'10) 3  
 copy machines: cause health problems (6/'04)  
 4  
 Coral Calcium Powder  
 (4/'01)  
 6  
 coronary artery disease  
 (5/'04)  
 5; (7/'01) 5; (4/'01) 4; (6/'11) 7; (5/'12) 1; (8/'12) 2; (10/'12) 3; (11/'12) 1, 4; (10/17) 3,4,5  
 coronary calcifications: reversing (see also "arteriosclerosis")  
 (11/'04) 6; (4/'06) 1; (5/'07) 2; 4/'07) 2; (7/'12) 5; (9/'12) 2; (11/'12) 1; (12/'12) 3; (1/'13) 1; (8/16)3:  
 coronavirus  
 (10/'03) 3  
 cortisol levels  
 (3/'04) 5  
 cortisone injections (2/'11) 7;  
 cosmetics: non-toxic (4/'06) 7; (3/'06) 7;  
 (1/'06) 7  
 cough-chronic

(10/'02) 4  
Coumadin (Rx)

\*(7/'05) 7; (5/'05) 5;  
(9/14) 5; (11/14) 6  
cravings: see "food  
cravings" or "sugar  
cravings"

Crestor (Rx)  
(8/'05)

6  
Crohn's disease

(12/'03) 7; (7/'03) 7;  
(7/'02) 6  
CRP (C-reactive protein)

(7/'03)  
2; (3/'03) 6; (11/'06) 3;  
(2/'07) 6; (7/'12) 7;  
(3/'13) 3; (5/'13) 5;  
(10/'13) 7  
Cryosurgery

(7/'99)  
2  
cookbook: *The Cure Is In  
the Kitchen*

(7/'99) 7  
Crystal ball tests (10/14) 1;  
(11/14) 2; (4/13) 3  
(1/16) 1,2,3; (7/16) 7:  
(1/17) 5,6; (3/17) 1,2  
(7/17) 3,4,5

CT scan: dangers of  
(4/'11) 5

Curcumin (8/17) 1

Cutting Edge, The (supplier  
of face masks & other

products) (11/'03) 8;  
(2/'99) 1  
Cystic Fibrosis

(1/'04)  
3  
Cystitis

(6/'02) 5; (9/'99) 8  
cytomegalovirus (10/'03) 3  
D. A. #34 (digestive aid)

(6/'03)  
2, 5

DCIS (ductal carcinoma in  
situ) (1/'13) 5

DIN (ductal intraepithelial  
neoplasia) (1/'13) 5

D-Ribose (1/'13) 2;  
(2/'13) 3;

Daily Detox Drink  
(11/'08) 6

D.O.C. s (supplier)

(12/'02) 8  
*Deadly Medicine* by  
Thomas Moore

(5/'05) 4; (2/'02) 1  
Deafness

(3/'04)  
2; (11/'08) 6; (12/'08) 4;  
Deanol (dimethyl  
Aminoethanol)  
(alternative to Ritalin)

(7/'99) 6  
DEET (insecticide)

(9/'04) 4  
defibrillators-implanted

(3/'05)  
5; (1/'00) 1; (7/13) 1  
deli meats (5/18) 4  
dementia (see also  
"Alzheimer's Disease")

(2/'04) 7  
dental & periodontal  
tissues: healing with  
Lumen (LED)

(1/'05) 2  
dental acrylic materials  
(composites, white  
fillings)  
(8/'05) 4

*Dental Caries As a Cause  
of Nervous Disorders*  
(5/'00)

4  
dental plaque reduction

(2/'99)  
1  
dental work (crowns, root  
canals, fillings, etc)  
(5/'00)

1; (8/'99) 5, (11/'08) 3  
dentists & silver amalgams

(6/'04)

7  
deodorant: contributes to  
breast cancer  
(9/'04)

1  
depression

(7/'05)  
3; (6/'05) 4; (4/'04) 6;  
(1/'04) 3; (12/'03) 7;  
(11/'03) 5; (10/'03) 6;

(8/'03) 2; (7/'03) 2, 7;  
(3/'03) 2, 4; (2/'03) 7;  
(10/'02) 5, 6, 7; (9/'02)  
1, 7; (5/'02) 1, 4, 5;  
(4/'02) 4; (3/'02) 1, 6;  
(2/'02) 3; (1/'02) 4;  
(7/'01) 4; (4/'01) 3, 5;  
(12/'00) 6; (5/'00) 3;  
(1/'00) 3, 6; (10/'99) 3;  
(9/'99) 2, 7; (6/'99) 5;  
(3/'99) 5; (2/'99) 6;  
(8/'06) 3; (4/'06) 1;  
(9/'08) 4,5; (8/'11) 5;  
(8/'12) 5, 6; (11/'13) 7;  
(8/18) 5,6;

depression: iodine may help

(11/'04) 6

depression: use of Vit D

(3/'05)

3  
dermal adhesives (such as found in patches)

(8/'05)

4  
detached retinas

(2/'99)

6  
Detoxamin (7/'10) 2  
Detox Capability Test

(2/'02) 4

Detox Cocktail

(8/'05)

4; (8/'04) 2; (6/'04) 3;  
(4/'04) 6; (2/'04) 2, 4;  
(1/'04) 7; (9/'03) 1;  
(6/'03) 3, 6; (5/'03) 6;  
(12/'02) 6; (5/'02) 4;  
(3/'02) 3; (1/'02) 6;

(4/'01) 1; (10/'99) 6;  
(9/'99) 6; (8/'99) 2, 3, 5;  
(6/'99) 6; \*(3/'99) 6;  
(5/'06) 3; (7/'10) 2;  
(9/'11) 5; (11/'12) 1;

Detox Cocktail, Mercury

(7/'01)

3; (5/'00) 5

Detox Cocktail: modified & packaged (ready to use) (1/'04) 7

Detox Cocktail: recommended addition(s)

(6/'03) 3; (9/'11) 5

Detox Cocktail: simplified (5/'03)

6  
detox deficiencies

(5/'00)

6  
Detox Demons (6/17)1,2,3,  
detox enema

(5/'00)

5; (1/'00) 2; (10/'99) 7;  
\*(9/'99) 5; (4/'10) 4

Detoxification Factors

(8/'99) 6

Detoxification

(8/'05) 2; (9/'03) 1;  
(9/'02) 4; (6/'02) 3;  
(5/'02) 4; (4/'02) 7;  
(3/'02) 7; (7/'01) 2;  
(1/'00) 6; (12/'99) 7;  
(11/'99) 7; (10/'99) 5;

(9/'99) 2, 4; (8/'99) 5;  
(6/'99) 4; (5/'99) 4;  
(8/'10) 1; (4/'12) 1;  
(8/'13) 6;  
(10/17) 7;

detoxification: the body's detoxification system

(6/'03)

5 ; (5/'03) 5; (4/'03) 7

detox: colors come through skin (5/'08) 3

DGL (deglycyrrhized licorice)

(3/'99) 5

DHA & EPA

(7/'02) 7; (3/'02) 4;

(1/'02) 3; (6/'99) 4;  
(2/'99) 4, 6; (9/'08) 3,4;  
(1/'11) 3; (3/'11) 4;  
(11/'11) 2; (2/'12) 2;  
(12/'12) 1; (1/'13) 6, 7;  
(6/'13) 4

(4/17) 1; (5/18) 3,4  
DHEA (12/'04) 8; (8/'10) 3;  
(10/13) 7; (7/14) 1,2  
(12/17) 6,7

Diabetes

(6/'05)

6; (1/'05) 2; (3/'05) 3;  
(3/'04) 2; \*(2/'04) 4;  
(1/'04) 3; (10/'03) 5;  
(9/'03) 4; (6/'03) 4;  
(3/'03) 2; (12/'02) 4;  
(11/'02) 7; (7/'02) 7;  
(4/'02) 7; (7/'01) 2;  
(7/'01) 2; (1/'00) 5;  
(12/'99) 4; (11/'99) 7;  
(10/'99) 4; (6/'99) 4;  
(2/'99) 6; (2/'06) 3;  
(12/07) 5; (3/'07) 3;  
(5/'08) 4,5; (6/'08)



1,5,6; (9/'08) 1,2;  
 (1/'10) 3; (5/'10) 2;  
 (9/'10) 5; (3/'11) 6'  
 (5/'11) 5, 7; (6/'11) 3;  
 (8/'11) 5; (10/'11) 1;  
 (12/'11) 3; (2/'12) 1;  
 (6/'12) 1; (12/'12) 1, 2;  
 (8/'13) 4 (7/18) 4;  
 diabetes: chromium may  
 be needed  
 (8/'04)  
 6  
 diabetes-juvenile  
 (1/'00)  
 5  
 diabetic retinopathy  
 (7/'12) 3;  
 Diagnostic Outpatient  
 Center (Cleaerwater,  
 FL)  
 (11/'04)  
 diarrhea (see also  
 "traveler's diarrhea")  
 (7/'05) 3, 6; (12/'02)  
 1; (9/'02) 7; (8/'99) 4;  
 (8/'06) 4  
 diesel fume toxicity  
 (6/'05)6; (11/'11) 6;  
 diet (what we eat)  
 (7/'03) 5; (6/'03) 4;  
 (1/'03) 7; (11/'02) 4  
 diet: improper diet causes  
 95% of all disease  
 (1/'05) 7 (2/16) 3,4,5  
 diet: vegetarian versus  
 meat-the body's needs  
 (2/'99)  
 1

diet: what to eat to heal &  
 protect (7/'05) 6; (6/'02)  
 3; (4/'01) 3; (1/'00) 2, 6,  
 7; (12/'99) 3; \*  
 (11/'99) 2  
 dietary fiber  
 (3/'99)  
 2  
 dieting  
 (5/'99) 5  
 diet-live food diet  
 (7/'03)  
 5; (8/'99) 4; (2/'99) 2  
 diet-macrobiotic: see  
 "macrobiotic diet"  
 diet-rare food diet  
 (5/'02) 7; (2/'99) 3  
 diet-whole foods diet  
 (7/'05) 6; (8/'02) 7;  
 (1/'02) 7; (4/'01) 5  
 diet-yeast-free: see  
 "yeast-free diet"  
 Digest LPC  
 (10/'99) 7  
 digestion problems  
 (7/'05)  
 4; (4/'05) 4; (1/'97  
 Misc.; (12/'02) 1;  
 (10/'02) 5; (2/'02) 3  
 digestive aids  
 (7/'01) 2

Digoxin (Rx)  
 (5/'05) 3  
 Dioxychlor (supplement for  
 Candida)  
 (10/'99) 8;  
 (3/'12) 3;  
 disease: how it comes  
 about  
 (7/'99) 5  
 diuretics  
 (12/'99) 2; (12/'11) 4  
 dizziness  
 (9/'03)  
 5; (9/'02) 7; (12/'00) 6  
 DMAE  
 (5/'04) 3  
 DMSA (1/'06) 7  
 DMSO (6/'06) 5  
 D-Mannose Plus  
 (3/'04)  
 4  
 D-Mannose  
 (8/'05) 2; (6/'02) 5  
 DNZ & DNZ-2  
 (supplement)  
 (7/'04) 5;  
 (5/'04) 3; (12/'00) 6;  
 (7/'99) 7  
 doctor education  
 (8/'02)  
 1; (7/'01) 4

doctor's appointments:  
 being your own  
 advocate  
 (3/'02) 5  
 Doctor's Data (supplier)  
 (7/'04)  
 8  
 Doctor's Data  
 Comprehensive Stool  
 Analysis...  
 (7/'04) 6;  
 (6/'04) 6  
 doctors: educating  
  
 (3/'03) 1; (12/'02) 2  
 doctors: finding ones who  
 are conversant with env.  
 Medicine (7/'99) 4  
 doctorsdata.com  
  
 (4/'05) 8  
 Doppler-ultrasound  
  
 (3/'05) 7  
 Down's Syndrome  
  
 (8/'02) 4  
*Dr. Dean Ornish's Program  
 for Reversing Heart  
 Disease*  
 (8/'99) 7  
 Dr. Ohhira's Probiotic 12  
 Plus  
 (7/'05)  
 6  
 Dr. Roger's radio show  
  
 (8/'05)  
 7; (9/'04) 7

Dr. Rogers: tapes of  
 lectures  
 (9/'02) 8; (1/'02) 8  
 D-Ribose  
 (8/'05)  
 6; (1/'11) 4; (1/'12) 6;  
 drinking water: perchlorate  
 pollution  
 (8/'03)  
 1  
 Drucker Lab (supplier)  
 (8/'05)  
 8  
 druckerlabs.com (supplier)  
 (9/'04)  
 8  
 drug addiction: stopping  
 (8/'05)  
 1; (4/'08) 2  
 drug interactions (see also  
 "prescription drugs")  
 (10/'03) 1; (10/'99) 2  
 drug reactions (see also  
 "prescription drugs")  
 (1/'04)  
 2; (7/'03) 1  
 drug withdrawal (or  
 stopping)  
 (4/'02)  
 4  
 dry eyes  
 (3/'02)  
 1;  
 (8/'13) 7;  
 Dupuytren's contracture:  
 iodine helps  
 (11/'04) 6

Dursban (11/'13) 3  
 Dyslexia  
 (5/'04)  
 2;  
 (2/'99) 6  
 dysplastic cells  
 (7/'99)  
 2  
 DVT (deep vein  
 thrombosis) (10/'08)  
 6,7; (10/14)  
 E Gems Elite  
  
 (7/'05) 7; (6/'05) 7;  
 (5/'05) 3; (3/'05) 6;  
 (9/'04) 5; (7/'04) 5;  
 (1/'04) 4; (8/'03) 5;  
 (7/'03) 3; (6/'03) 2;  
 (2/'03) 4; (1/'03) 3;  
 (10/'99) 3; (9/'11) 1;  
 ear infections  
  
 (2/'04) 1; (1/'06) 6  
 Ecologic Formulas  
  
 (7/'01) 8  
 Eczema  
  
 (9/'03) 1; (4/'01) 5;  
 (9/'99) 8 (2/28) 7;  
 (2/18) 7;  
 EDTA suppositories (3/'12)  
 2;  
 Efamol's Evening Primrose  
 Oil  
 (7/'99)  
 6  
 Effexor (Rx)

(10/'02) 7  
 Ejection factor (6/15) 6  
 Electricity of body  
 (11/15) 3,4,5; (12/15) 3,4,5  
 (10-17) 1,2,3, (11/17) 1,2,3  
 electromagnetic fields (see  
 also "meridians" and  
 "interference f.") (1/'04)  
 5; (9/'02) 5; (6/'02) 4;  
 (7/'06) 6; (10/17) 1,2,3;  
 (1/18) 1,2,3  
 Electrons: staff of life  
 (10/17) 1,2,3; (4/18)  
 1,2; (6/18) 1,2,3,4;  
 electronics & appliances  
 (9/'99)  
 3  
 emergency drug box  
 (3/'11) 1; (4/'11) 2  
 (4/16) 1,2,3  
 Emerson Ecologics  
 (supplier)  
 (7/'99) 8  
 emotions and their place in  
 healing  
 (5/'04) 8;  
 (12/'02) 7; (4/'99) 8;  
 912/'08) 1; (6/'11) 4  
 emphysema (11/'06) 2  
 Enbrel (Rx)  
 (3/'05)  
 4; (1/'04) 5; (5/'03) 5;  
 (12/'99) 5  
 ending treatment decisions:  
 allowing someone to die  
 (9/'03) 5  
 endometriosis  
 (6/'02) 4; (7/'01) 6;  
 (4/'01) 2, 4; (4/'11) 6

enemas (8/'02) 7  
 energizing the body  
 (5/'03) 5; (3/'03) 5  
 Energy drinks (10/16) 5,6  
 energy: low (6/'11) 5  
 Environmental Endocrine  
 Disrupters (EED)  
 (4/'01) 2; (2/'10) 6;  
 (8/'11) 2; (5/17) 4,5,6;  
 (8/17) 3,4  
 environmental toxicity: see  
 "toxicity-environmental  
 "  
 Enzymatic Therapy  
 (supplier) (4/'01) 6  
 Enzymes  
 (8/'11) 4; (1/'12) 5;  
 Epilepsy  
 (9/'02)  
 7; (5/'02) 5; (1/'00) 6  
 epileptic seizures (1/'04) 3  
 Epi-Pen (1/17) 7  
 erectile dysfunction (5/'06)  
 4; (6/'07) 4  
 Eskimo-3 (7/'99) 6;  
 (2/'99) 4;  
 Esophagitis  
 (12/'03) 7  
 essential fats (see also  
 "fatty acids")  
 (2/'99) 6; (10/'12) 4;  
 Essential Formulas  
 (nutrients)  
 (10/'02) 7  
 estrogen: see "Hormone  
 Replacement Therapy"

Estronex Test  
 (9/'04) 2; (3/'03) 5;  
 (11/'02) 6; (6/'02) 3;  
 (5/'10) 4  
 euthanasia  
 (12/'03) 6; (6/'11) 1  
 Evista (Rx)  
 (7/'02)  
 1; (5/'02) 6; (6/'12) 7;  
 Evoclin (Rx)  
 (8/'05) 3  
 exercise  
 (6/'05) 7; (6/'99) 7  
 Extreme Health (supplier)  
 (4/'03)  
 8  
 eyes:supplements for  
 (5/'06) 6; (8/'07) 1;  
 (3/'11) 7;(5/'12) 3;  
 (8/'12) 8;  
 eye diseases  
 (7/'05)  
 5; (1/'04) 3; (2/'99)  
 6; (12/'11) 2; (5/'12)  
 3;(5/15) 5  
 eye: dryness (8/'10) 6  
 eye muscle spasms  
 (7/'99) 7  
 eye twitches  
 (5/'02) 1

FAR Infrared Cooker

(6/'99)

(11/'02) 5

FAR Infrared Sauna

(8/'05)

4; (7/'05) 6; (1/'05) 1, 7;  
(4/'05) 5; (11/'04) 4, 5;  
(10/'04) 5; (9/'04) 3, 7;  
(8/'04) 1; (6/'04) 1;  
(4/'04) 7; (3/'04) 4;  
(11/'03) 3, 5; (10/'03) 5;  
(3/'02) 4; (5/'00) 6;  
(5/'06) 6; (11/'11) 6;  
(1/'12) 2; (2/'12) 1;

FAR Infrared Sauna: is it  
safe for heart patients?

(10/'03) 7

FAR Infrared Sauna: the  
need for trace minerals  
& water (9/'04)  
7; (12/'02) 7

FAR Infrared Sauna: what  
to do when having  
trouble adjusting  
(3/'04) 4

farmed fish: see  
"fish-farmed"

fast food salads

(7/'03) 6

fast foods: how chicken  
nuggets are made

(4/'04) 3

fasting

(1/'00) 2

fat-free processed foods

4; (11/'11) 7  
fatigue & exhaustion  
(also "increasing  
energy")

(8/'05) 4; (3/'04) 2;  
(6/'03) 4; (5/'02) 1, 5;  
(7/'01) 2; (4/'01) 5;  
(5/'00) 3; (1/'00) 6;  
(11/'99) 7; (10/'99) 3;  
(9/'99) 2; (7/'99) 7;  
(2/'99) 6; (8/'10) 3;  
(5/17) 4,5,6: (2/18)  
5,6,7; (11/18) 4,5,6;

fatigue: helped by iodine

(11/'04) 6

Fats, right ones

(1/13) 6; (2/18) 5,6

Fats, protection from

(3/13) 4; (6/14) 6 (8/17) 7

fatty acid deficiency

(9/'03) 4; (7/'99) 4;

(2/'99) 4, 6; (1/'13) 6;

(3/'13) 3

Fatty Acid Panel

(5/'05)

6; (2/'99) 4

Fatty Acid Test

(7/'99)

6; (2/'99) 4

fatty acids (see also "cell  
membranes")

(7/'03)

7; (6/'03) 2

Fatty liver disease

(5/14) 5 (7/17) 6,7; (4/18)

6,7;

FDA, The

(11/'03) 4 (11/16) 5  
fetal death

(12/'03) 3

fever: necessary to fight  
infection

(8/'04)

4  
fiber

(3/'02)

4  
fibrinogen: elevated  
(10/'06) 6; (7/'07) 7;  
(8/'11) 3; (1/'12) 5;  
(8/16) 6

Fibrocystic Breast Disease

(11/'04) 5; (4/'06) 7  
Fibromyalgia

(1/'05) 4; (4/'04) 6;  
(1/'04) 6; (1/'03) 1, 7;  
(11/'02) 4; (10/'02) 5;  
(7/'01) 4; (5/'00) 3;  
(3/'99) 3; (10/'10) 5;  
(8/'13) 1;  
(8/18) 5,6;

Fibrosarcomas

(8/'03) 6  
Fiedler (supplier)

(12/'00) 8  
firefighting chemicals

(2/'04)

3

fish oil: see “Carlson’s Fish Oil”  
 fish: have high levels of mercury, PCBs, dioxins, etc. (8/’02) 2  
 fish: mercury toxicity (4/’05) 5; (4/’04) 6  
 fish: recommended (7/’03) 5  
 fish-farmed fish have high mercury levels, carcinogens, etc. (6/’04) 2; (5/’03) 1; (1/’03) 4  
 fish-lake: have Prozac, PCB’s, etc. (6/’04) 4; (1/’03) 4  
 flame retardants (see also “PBDE” and “PCBs”) (11/’03) 7;(9/’99) 3  
 flax seeds (9/’03) 4  
 Flecaïnide (5/’05) 4  
 flies: solutions (7/’99) 8  
 Flora Source (1/’00) 2  
 fluoride (8/’06) 2

flu (“the flu”) (7/’05) 2; (4/’05) 2; (2/’04) 1; (9/’03) 2; (1/’03) 1; (12/’02) 1; (2/’01) 1; (12/’00) 7; (2/’11) 2; (2/16) 6:  
 flu vaccine (12/’02) 1; (12/’00) 7; (11/’10) 5  
 Folacal (8/’02) 4; (1/’00) 3  
 folic acid (11/’03) 5; (8/’03) 4; (4/’03) 5; (8/’02) 1, 4; (1/’00) 3; (7/’99) 2; (6/’07) 5; (8/’12) 5 (11/17) 4  
 Folixor (12/’04) 6; (7/’04) 5; (12/’03) 5; (8/’12) 5;  
 food addictions (2/’99) 3  
 food allergies: see “allergies-food”  
 food borne illnesses (7/’03) 6; (2/’03) 5; (1/’03) 6; (5/’08) 7  
 food cravings

(8/’05) 2; (8/’02) 3; (5/’02) 1, 7; (2/’99) 3  
 food irradiation (2/’03) 5 (12/18) 1;  
 Food labeling (3/14) 3,4,5  
 food poisoning (7/’03) 6; (11/’02) 2; (5/’08) 7  
 food: harmful chemicals are present in virtually all types (3/’03) 7  
 Foods, hidden (1/18) 3; (9/18) 5,6,7; (11/18) 4;  
 Food stealing electrons (7/18) 3; (9/18) 5,6;  
 Fosamax/Actinol (RX) (5/’04) 5; (9/’03) 4; (7/’02) 1; (5/’02) 6; (5/’12) 5; (9/13)5; (8/14) 1  
 Foust Car Air Purifier (8/’05) 3  
 Foust Company, E. L. (supplier) (3/’05) 8  
 fractures: aids to healing (1/’05) 2, 4; (7/’03) 5; (3/’03) 3  
 fractures: heavy metals impede healing of bones (5/’04) 6  
 free radicals (7/’05)

1, 4; (7/'01) 3; (1/'00) 6;  
(10/'99) 5; (6/'99) 5, 6  
fructose (fruits)

(12/'99) 3  
F.R.I.E.N.D.S  
(12/17) 1,2; (1/18) 1,2,3;  
(2/28) 1,2,3,4; (3/18) 1  
(4/18) 1; (5/18) 1,2,3;  
(6/18) 1,2,3,4;  
(7/18)1,2,3,4,5;  
fruits & vegetables:  
washing before  
preparation

(10/'99) 4  
functionalmedicine.org  
(supplier)

(4/'02) 8  
fungus problems

(5/'02)  
1; (3/'99) 4  
GalantaMind

(7/'04) 5; (2/'04) 7  
gallbladder disease

(10/'99) 6  
gallbladder flush

(4/'05) 4; (10/'99) 6  
gallbladder problems

(4/'05) 4; (1/'04) 4;  
(2/'03) 4; (1/'03) 7;  
(11/'10) 4  
gallstones (1/'03) 7  
(8/15) 7

Garlinase or Garlitrin 4000  
(3/'99)

4  
Gary Gordon's Oral  
Chelation Program

(4/'04) 7  
gastritis

(3/'99) 5  
gastrointestinal disease  
(4/'01)

1  
Gastro-Relief

(3/'99) 6  
gene therapy

(11/'03) 4  
Generalized Anxiety  
Disorder

(5/'02) 4  
genetic damage  
(8/'05)

6; (1/'00) 4; (10/'99) 4;  
(9/'99) 3  
genetic disease

(12/'02) 3  
genetics & disease

(1/'05)  
7; (9/'03) 6; (6/'03) 3;  
(4/'03) 3; (4/'10) 7;  
(6/'12) 6; (12/'12) 7;  
GERD (gastroesophageal  
reflux disease)

(12/'03) 7; (10/'03) 3;  
(1/'07) 1; (12/'11) 1

Germanium (6/'13) 1  
(10/17) 8  
Giardia lamblia

(10/'03) 4  
ginger root: benefits

5  
gingivitis: treatment with  
baking soda & peroxide  
(5/'04)

7  
glaucoma

(10/'02) 3; (4/'12) 5;  
glaucoma: helped with  
getting rid of H. pylori

(10/'02)  
glucosamine sulfate  
(6/'04)

7; (6/'99) 7  
glutamate

2  
glutamic acid  
(7/'05)

(7/'05) 2  
glutamine

(5/'02) 7  
glutathione

(7/'05)  
\*

2; (8/'04) 1; (12/'00) 7;  
(10/'99) 5; (2/'99) 1  
glutathione:liposomal  
(9/'06) 3  
GlutImmune

(7/'05) 3  
Glycine

(8/'05) 2; (5/'02) 4;  
(1/'00) 6;

(8/'05)  
2; (1/'05) 8; (9/'07) 1;  
(2/'08) 1 (5/16) 5,6

GMO foods  
(2/17) 5,6: (5/17) 5,6  
(4/17) 7;

grapefruit: and supplements  
(9/'06) 7; (4/'13) 4  
(8/17) 2,3

grapefruit juice  
(8/'99)

6  
grapefruit seed extract

(3/'99) 4  
Grave's Disease

(11/'04) 6; (2/'99) 3  
Great Smokies Lab

(10/'99) 8  
green tea

(7/'03) 4; (12/'02) 5;  
(5/'99) 4; (3/'99) 8;

(12/'06) 7; (5/'07) 7;  
(1/'10) 7; (5/14) 3

greens (3/'99) 8  
Ground Zero Syndrome:

see "September 11"  
Gulf War veterans &  
disease

(11/'03) 7; (5/'03) 6;  
(5/'99) 5

gynecologist: questions for  
(4/'03)

1  
Heart disease  
(9/18) 1,2,3,4,5;

*H Factor Solution, The:*  
homocysteine

(11/'04) 2  
H. pylori

(10/'04) 1; (12/'03) 4;  
(10/'03) 3; (9/'03) 7;  
(8/'03) 3; (7/'03) 4;  
(12/'02) 5; (11/'02) 1;  
(10/'02) 3; (9/'02) 3;  
(8/'02) 3; (6/'02) 6;  
(4/'02) 4; (2/'02) 2;  
(12/'00) 3; \*(4/'99) 1;  
(12/'11) 1; (9/'12) 6;  
(3/18) 4;

heartburn drugs (Nexium,  
Pepcid, Tagamet, Axid,  
Zantac) (8/'05)  
7; (4/'99) 1; (3/'99) 5;  
(3/'12) 8;

hair loss  
(8/'05)

4; (11/'04) 6; (2/'03) 6;  
(5/'02) 5; (3/'02) 1

hair: prematurely gray  
(9/'06) 7

hand-eye coordination

(6/'05) 4  
Harmony (supplier)

(7/'99) 1  
Hashimoto's disease:  
iodine helps

(11/'04) 6; (8/'11) 2  
(2/16) 7

head injury

(7/'05) 3  
headaches

(9/'03) 1; (9/'02) 7;  
(2/'02) 3; (12/'00) 6  
headaches: "Top Ten  
Causes"

(2/'04) 4  
healing the gut

(12/'03) 4; (10/'04)  
2; (6/'03) 5; (3/'02) 7;  
(3/'99) 6

healing: if it's stuck on a  
certain level

(7/'99) 4  
healthcare rationing

(12/'03) 7  
Healthy Intestinal Ecology  
(colon cleanse)  
(8/'04)

7

hearing loss- sudden	(8/04)	(9/04) 5
	5	
	heart attack: prevention	heart disease: clogged arteries & plaque treatment
(6/04) 4; (11/08) 6	(7/05)	(3/05) 7; (6/08) 3,4,5; (7/08) 2,3;
hearing loss	5; (5/05) 3; (1/04) 5; (7/03) 7; (12/02) 3; *(11/02) 5; (4/02) 7; (1/02) 3; (7/01) 3; (7/01) 4; (1/00) 4; (1/11) 1; (9/11) 5; (7/12) 1; (9/12) 2, 3, 4; (11/12) 6; (1/13) 1; (3/13) 4; (3/13) 6; (4/13) 3; (5/13) 1; (7/13) 1;	heart disease: cod liver oil helps
	(6/03)	(1/05)
3; (12/08) 4;		7; (7/03) 7
hearing problems		heart disease: drugs
		(2/13) 3
(6/05) 6		heart disease: early detection
heart arrhythmias: (see “cardiac arrhythmias”)	(2/18) 5;	(8/04) 5
	heart attack: the role of magnesium deficiency	heart disease: eating beans helps
heart attack	(8/03)	(1/05)
	5; (1/11) 1	6
	heart attack-sudden	heart disease: eating nuts helps
(3/04)	(5/02)	(6/04)
3; (1/04) 4; (12/03) 4; (11/02) 3; (6/99) 4, 5; (10/08) 4; (12/08) 1,2,3; (3/11) 1; (3/11) 7; (5/11) 1; (6/11) 2; (8/11) 4; (1/12) 6; (10/12) 5; (1/13) 1; (2/13) 1;(8/17) 5,6,7;	1; (12/99) 3; (10/07) 1; (12/08) 1,2,3;	1; (9/03) 4
heart attack: emergency medicines for (8/07) 1; (1/11) 1,4; (3/11) 1	heart disease cookbook: <i>Cooking With Dr. Dean Ornish</i> (8/99) 7	heart disease: gingivitis can contribute
heart attack: air pollution connection		(5/04) 7;
	heart disease	(1/07) 3
(5/05) 1	(8/05) 6; (1/05) 7, (1/04) 3; (7/03) 2; (3/03) (12/02) 3; (11/02) 2; (9/02) 1, 2; (8/02) 1; (7/02) 7; (4/02) 7; (1/02) 4; (7/01) 3; (1/00) 5; (10/99) 2; (6/99) 5; (10/08) 4; (11/10) 3; (5/13) 1, 2	heart disease: iodine helps
heart attack: healing from		(11/04) 6
		heart disease: omega-3 fatty acids helps
(1/05)		(3/05) 5; (6/08) 1
2; (3/05) 4; (1/03) 2; (11/99) 7; (10/99) 2; (2/99) 4; (5/07) 5; (5/11) 1; (6/11) 2; (3/13) 1; (3/13) 6; (4/13) 3	heart disease: aspirin causes problems	heart disease: R-Lipoic Acid rejuvenates
heart attack: importance of nitric oxide		(3/04) 3
		heart disease: Vit C reverses problems contributing
		(4/04) 5



heart disease: Vit D helps  
 (3/05)  
 3  
 heart disease-prevention  
 (7/05)  
 5; (1/04) 5; (9/03) 4;  
 (7/03) 3; (6/03) 3;  
 (5/03) 3; (11/02) 6;  
 (1/06) 4; (12/08) 1,2,3;  
 (2/10) 3; (5/13) 2;  
 (9/18) 1,2,3,4,5;  
 Heart drugs (RX) poison  
 (2/13) 3  
 heart failure  
 (8/05) 4; (10/03) 2;  
 (9/03) 4; (2/02) 3;  
 (7/01) 5; (10/99) 2;  
 (7/10) 7; (2/11) 4;  
 (1/12) 2;  
 heart failure: taurine has  
 reversed  
 (1/04)  
 3  
 heart problems: nutrients  
 for (1/06) 4; (10/08) 4  
 heart problems: connection  
 to toxins (11/08) 5  
 Heart Repair Cocktail:  
 (1/13) 1,2,3,4,5;  
 (2/15) 4,5  
 heart scans  
 (2/04)  
 2; (3/03) 2; (9/02) 2;  
 (1/02) 4; (7/01) 1  
 heart surgery: discussion  
 (see also  
 "surgery-heart")  
 (6/05) 3  
 heart transplants

(10/02) 1  
 heartbeat-irregular  
 (2/99) 6  
 Heartbeat Elite  
 (8/05)  
 6; (7/05) 5; (3/05) 6  
 Heartburn  
 (8/05)  
 6; (7/05) 4; (10/03) 2,  
 3; (9/02) 7; (4/02) 3;  
 (4/99) 2; (3/99) 5;  
 (4/06) 2; (2/06) 6;  
 (1/07) 1; (1/12) 3  
 heavy metals & heavy  
 metal detoxification  
 (8/05) 6; (7/05) 7;  
 (10/03) 5; (7/01) 3, 6;  
 (12/00) 6; (5/00) 1, 6;  
 (8/06) 5; (4/08) 5;  
 (11/08) 3; (6/10) 4;  
 (1/11) 4; (5/11) 6;  
 (11/11) 6  
 heavy metal  
 detoxification-simplified  
 (8/05) 6  
 heavy metal detoxification:  
 warning, precaution  
 (6/05)  
 3; (4/15) 5  
 Heavy Metal Provocation  
 Test  
 (1/05)  
 5; (5/05) 6  
 Hemocult spot test  
 (12/11) 7  
 hemorrhoids  
 (9/03)  
 7; (12/14) 4

hemorrhoids: iodine helps  
 (11/04) 6  
 hemorrhoids: Vitamin E  
 suppositories help  
 (2/10) 1  
 heparin (5/02) 7; (3/11) 1;  
 (5/13) 1; (7/15) 4 (4/16)  
 1,2; (8/16) 1:  
 hepatitis  
 (5/05) 6; (10/02) 5;  
 (7/01) 2; (3/99) 6;  
 (2/11) 2; (2/12) 3;  
 hepatitis drugs: dangers of  
 (7/07) 5  
 hepatitis: can be contracted  
 from sweat  
 (9/04)  
 1  
 herbicides  
 (4/01)  
 3  
 herbs  
 (1/03) 7; (8/99) 4  
 herniated disk (referred to  
 as "squashed lumbar  
 disk")  
 (1/04) 6  
 herpes virus  
 (11/04) 4; (10/03) 3  
 (11/02) 3; (6/02) 1;  
 (3/99) 6; (1/12) 6;  
 HIDDEN  
 (11/16) 1,2,3,4: (1/17)  
 1,2,3; (2/17) 1,2,3;  
 (3/17) 3,4,5,6; (4/17)  
 1,2,3,4; (5/17) 1,2,3;

(6/17) 1,2,3,4;  
*High Blood Pressure Hoax,*  
*The*, by Sherry Rogers

(6/05) 6  
high blood pressure

(12/04) 2, 5; (8/04) 6;  
(1/04) 1, 3; (12/03) 4;  
(9/03) 4; (6/03) 4;  
(3/03) 5; (12/02) 4;  
(10/02) 5; (5/02) 1;  
(2/02) 3; (7/01) 4, 6;  
(4/01) 3; \*(12/99) 2;  
(11/99) 7; (6/99) 4, 6;  
(2/99) 6; (1/08) 1;  
(5/08) 6; (9/10) 5;  
(4/11) 7; (7/12) 5;  
(8/12) 7; (12/12) 4;  
(1/14) 5 (8/18) 4;  
(12/18) 3,4,5;  
high blood pressure: HCT  
& diuretics causes heart  
disease  
(11/04) 1; (1/08) 1  
high blood pressure:  
*Hormone Solution, The*

(12/04) 2  
high blood pressure:  
treatment protocol  
(8/04) 6; (1/14) 5  
high blood pressure: Vit. D  
helps  
(3/05) 3  
high cholesterol

(8/05)  
2, 6; (7/05) 4; (6/05) 6;  
(5/05) 2; (1/05) 7;

(11/04) 6; (8/04) 6;  
(7/04) 6; (4/04) 6;  
(3/04) 3; (1/04) 3;  
(12/03) 4; (11/03) 5;  
(10/03) 3, 5; (9/03) 4;  
(8/03) 3; (7/03) 3, 4;  
(6/03) 4; (12/02) 5;  
(10/02) 5; (9/02) 3;  
(7/02) 7; (6/02) 5;  
(4/02) 3, 7; (3/02) 4;  
(2/02) 3; (7/01) 3, 6;  
(12/00) 3; (5/00) 6;  
\*(1/00) 6, 8; (11/99) 7;  
(6/99) 4; (5/07) 6;  
(4/07) 4; (2/07) 1;  
(2/07) 3; (1/07) 4;  
(3/08) 6; (2/08) 1;  
(10/10) 2; (11/10) 3;  
(2/11) 3; (11/12) 2;  
Hidden foods (1/18) 3,4,5  
high-fructose corn syrup  
(9/10) 4, (1/12) 1,  
High Tech Health

(10/04) 8  
hightechhealth.com

(6/05) 8  
hip fractures  
(8/04)  
4; (4/99) 7  
hip pain  
(5/00)  
7  
hip replacements:  
(3/03) 3; (7/12) 1;  
(10/12) 1;  
hippuric acid

(5/02) 5  
Hippocampus  
(10/16) 2,3; (1/17) 3,4;  
(6/17) 7;  
HIV: see "AIDS/HIV"  
Hives

(4/01) 5  
Holley Pharmaceuticals

(3/04)  
8; (9/03) 1  
Homocysteine (10/07) 3;  
(10/07) 5; (1/07) 6;  
(10/08) 7; (7/10) 4;  
(10/11) 4; (11/14) 4;  
(12/14) 5; (9/15) 3,4  
Honey

(5/99) 4  
Hormone deficiencies  
(12/17) 6,7  
Hormone Hoax  
(8/13) 3,4,5  
hormone malfunctions &  
problems

(6/05)  
4; (10/03) 6  
Hormone Replacement  
Therapy (HRT)  
(9/03)  
3, 7; (4/03) 1; (3/03) 5;  
(12/02) 3; (11/02) 6;  
(10/02) 2; (10/02) 4;  
(7/02) 1; (4/01) 3;  
(12/11) 7; (3/12) 1;  
(12/13) 7  
Hormone Replacement  
Therapy: can trigger  
Alzheimer's  
(10/04) 3

hormones: balancing them  
is critical

(10/'03) 6  
horse radish

(9/'99) 4  
hospitalization

(2/'02) 5; (10/'99) 1  
hospitalization: protecting  
yourself from mistakes,  
problems (4/'03) 1;  
(7/'08) 4; (10/'08) 1

household cleaning  
products: make your  
own  
(8/'99) 4  
HPX2 (for cold sores)

(6/'02) 1  
HTZ (hydrochlorothiazide)  
  
(2/'04)

5  
Humira  
  
(1/'04)

5  
Huperzine A

(4/'01) 1  
Huperzine A

(7/'04) 5  
Hydralazine (Rx)

(1/'00) 5

Hydrocodone (Rx)  
  
(4/'01)

1  
hyperactivity (see also  
"ADHD")

(9/'02) 7; (5/'02) 1, 5;  
(4/'02). 4; (12/'00) 1, 6;  
(1/'00) 6; (7/'99) 6;  
(11/'08) 4; (2/'12) 4;  
hypercoagulability

(1/'03) 3; (11/'02) 3;  
(9/'02) 3; (7/'15) 2;  
(8/'15) 2,3  
hypertension; see "high  
blood pressure" (8/'18)  
4;  
hyperthyroidism

(3/'02)  
4  
hypoglycemia

(8/'04) 6; (6/'04) 4;  
(2/'04) 4; (5/'02) 5;  
(7/'01) 3; (1/'00) 6;  
(2/'99) 3; (1/'97) Misc.  
hypospadias

(6/'02)  
4  
hypothyroidism (see also  
"thyroid problems")  
(3/'02)

2; (1/'08) 4; (5/'10) 3;  
(8/'11) 1; (2/'12) 3;  
(8/'13) 3; (2/'17) 7

*Hypothyroidism, the  
Unsuspected Illness* by  
Broda Barnes, M.D.  
(12/'99) 1

hycysteine: Kyolic  
Liquid lowers (12/'02) 5  
iceberg lettuce: "hardly any  
nutritional value"  
(7/'03)

6  
ICU: the importance of Vit  
C and E and  
antioxidants  
(4/'04) 4

ICU: destroying brains  
(4/'14) 2,3; (5/'14) 1,2  
Imitrex (migraine  
medication)

(12/'02) 4  
immune system: boosting it  
through spiritual &  
family life  
(12/'03) 5  
immune system:  
enhancing, function, etc.

(7/'05) 1, 3; (11/'03)  
1; (6/'03) 5; (1/'03) 2, 4;  
(11/'02) 2; (6/'99) 4;  
(4/'99) 4; (10/'06) 3  
Immune Therapy Lab  
(supplier)  
(1/'03)

8  
immunizations

(4/'04) 6; (8/'03) 4;  
(1/'03) 1; (12/'02) 1;  
(11/'02) 2; (10/'02) 3  
immunizations: can be  
lethal for infants  
(9/'04)

3; (8/'03) 4  
immunization: for cervical  
cancer (10/'06) 7  
ImmunoSciences Lab

(10/'04) 8  
implants: dangers of  
(12/'11)5: (4/17) 1,2,3:  
incontinence

(8/'05) 2  
indican: elevated (7/'10) 4;  
(3/'13) 6;  
indigestion

(7/'05) 6; (4/'99) 2;  
(3/'99) 5; (2/'99) 5  
IndolPlex

(8/'05)  
4; (10/'04) 5; (9/'04) 2;  
(6/'02) 4; (7/'01) 6;  
(4/'01) 3; (5/'00) 4;  
(3/'12) 4;  
indoor pollution

(5/'99)  
6  
infant formula

(1/'03) 4, 5; (9/'02)  
4; (2/'99) 6  
infants: at high risk from  
toxins (6/'06) 1  
infection

(7/'05) 3; (1/'04) 3;  
(9/'03) 1; (7/'03) 3;  
(11/'02) 2, 4; (9/'02) 3;  
(7/'01) 3; (5/'00) 3;  
(6/'99) 4, 5  
infection: use of Arginine

(1/'05)  
7

infection: use of Boluoke  
(4/'05)  
1  
infection-chronic

(4/'05) 1  
infection-recurrent

(8/'05)  
4; (3/'05) 3; (2/'04) 2;  
(12/'99) 4; (8/'07) 4;  
(8/'12) 4;  
infection-resistant

(1/'05)  
2  
infertility

(8/'05) 2, 4; (10/'03) 5;  
(12/'03) 3; (6/'02) 4;  
(2/'02) 3; (4/'01) 3;  
(4/'01) 4; (11/'99) 7;  
(8/'11) 3  
inflammation

(3/'04) 3, 5; (7/'02)  
6; (7/'01) 5  
inflammation: causes

(6/'05) 3  
injury

(7/'05) 3; (4/'02) 1  
inositol

(8/'03) 2; (4/'01) 6;  
(6/'99) 2

insect repellants & sprays  
(8/'02)  
1; (7/'99) 8  
insects in stored grain –  
solution  
(9/'04)  
4  
insomnia

(10/'02) 5; (9/'02) 7;  
(5/'02) 1; (12/'00) 6;  
(1/'00) 4; (8/'08) 2,3;  
(9/'08) 4; (5/'10) 5;  
(9/'10) 7; (11/'12) 8;  
(11/17) 6,7  
Institute for Functional  
Medicine  
(3/'03)  
8; (4/'02) 2  
insulin: high (11/'06) 6;  
(7/'07) 7  
insulin resistance (7/'06) 2;  
(5/'08) 4,5;  
Insulin Potentiation  
Therapy: works well  
with chemo & Lyme D.  
(4/'04) 2  
Integrated Therapeutics  
(7/'04)  
8  
intelligence: increasing  
(3/'03)  
5; (12/'00) 6  
intensive care patients  
cheated (1/'08) 6  
Intensive Nutrition  
(supplier)  
(7/'04) 8; (3/'04) 8  
interference fields (see also  
“meridians” and

“electromagnetic f.”  
 (3/’00); (3/’04) 4;  
 (8/’04) 3  
 Intestinal absorption  
 (4/17) 3,4,5,6:  
 intestinal bleeding  
 (7/’05)  
 2  
 intestinal hemorrhage  
 (10/’03) 2  
 intestinal parasites:  
 diagnosis and treatment  
 (12/’04) 6  
 IntraMin  
 (8/’05) 6; (9/’04) 7,  
 (11/’08) 6  
 Invisible physician  
 (8/16) 4,5:  
 Iodine  
 (6/’02) 7; (5/’02) 4  
*Iodine. Why You Need It*  
 (11/’04) 6  
 iodine: treats thyroid  
 deficiency and  
 Fibrocystic Breast  
 Disease... (11/’04) 5  
 (10/15) 6,7  
 Iodoral  
 (4/’05) 2; (11/’04) 5;  
 (8/’11) 2  
 ION Panel  
 (8/’05)

6; (1/’05) 4; (3/’05) 3;  
 (4/’05) 3; (11/’04) 4;  
 (9/’04) 7; (8/’04) 2;  
 (7/’04) 4, 5; (6/’04) 1;  
 (5/’04) 3, 4; (4/’04) 7;  
 (3/’04) 7; (1/’04) 3;  
 (11/’03) 5; (8/’03) 4  
 IP6  
 (11/’03) 1; (8/’03) 2;  
 (4/’01) 6; (10/’99) 3;  
 (6/’99) 2  
 IPT  
 (8/’04) 2  
 IPTQ.com (supplier)  
 (8/’04) 8  
 Iraq: diseases from  
 (9/’04) 4  
 Iron Kills nutrients  
 (8/16) 4:  
 irregular heartbeat  
 (5/’02) 1  
 irritability (also  
 “crankiness”)  
 (3/’03) 4;  
 (5/’02) 1; (12/’00) 6;  
 (5/’00) 1  
 Irritable Bowel Syndrome  
 \*  
 (7/’05) 6; (6/’04) 6;  
 (1/’04) 1; (12/’03) 7;  
 (10/’03) 6; (1/’03) 7;  
 (10/’02) 2; (10/’02) 7:  
 (6/16) 7:

Irritable bowel: treatment  
 with bile acids  
 (4/’05) 4  
*Is This Your Child?* by Dr.  
 Doris Rapp  
 (4/’99)  
 5  
*Is Your Cardiologist Killing  
 You?* By Dr. Sherry  
 Rogers (2/’10) 3; (4/’10)  
 4; (9/’11) 4; (11/’11) 7  
 IV Gluthathione  
 (8/’04)  
 1  
 IV tubing  
 (8/’05)  
 4  
 Jarrow (supplier)  
 (7/’04) 8  
 jet lag  
 (6/’02) 4; (1/’00) 4  
 Joint, loose (1/13) 4  
 joint pain  
 (10/’03) 6; (4/’13) 5;  
 (6/’13) 1; (12/13) 1;  
 (1/14) 2  
 joint problems (6/’06) 1;  
 (10/’13) 1; (11/’13) 1  
 joint replacement problems  
 (7/’12) 1; (1/’13) 4;  
 (7/’13) 1; (9/13) 1,2,3,4  
 Joint ReVIT alizer  
 (6/’04) 7  
 juicing (see also  
 “carrot juicing”)  
 (8/’02) 7

juvenile diabetes: see  
 “diabetes-juvenile”  
 juvenile rheumatoid  
 arthritis: see  
 “diabetes-juvenile  
 rheumatoid”  
 kava  
 (7/’01)  
 7  
 keliods: iodine helps  
 (11/’04) 6  
 Key E Powder  
 (8/’04) 2; (11/’03) 1;  
 (10/’03) 4  
*Key to Ultimate Health,*  
*The* (on dental problems  
 & health)  
 (5/’00) 1  
 Keyes Method, The (for  
 gingivitis)  
 (5/’04) 7  
 keys to healing all diseases  
 (7/’99)  
 5  
 kidney damage/ kidney  
 disease  
 (4/’04)  
 6; (7/’01) 3, 4, 6; (6/’11)  
 3 (9/17) 7  
 kidney stones  
 (6/’05) 4; (6/’99) 4;  
 (4/’08) 6 (8/16) 7  
 kidney transplants  
 (7/’01)  
 2

kidney: treatment for  
 overload  
 (10/’04) 5; (5/’04) 1  
 kinky hair from chemo  
 (7/’12) 6;  
 Klabin (supplier)  
 (12/’00) 8  
 Klaire (supplier)  
 (11/’04) 8  
 knee cartilage-damaged  
 (4/’02)  
 4  
 knee pain (2/’08) 6;  
 (11/’08) 3; (5/17) 6,7;  
 knee replacement (5/’08) 6  
 knee replacement:  
 complications after  
 (10/’10) 5; (7/’12) 1;  
 Kolorex Cream  
 (5/’02)  
 1  
 Kwell  
 (4/’01) 3  
 Kyo-Chrome  
 (6/’02) 7  
 Kyo-Dophilus  
 (2/’04) 4; (8/’99) 4;  
 (2/’99) 5  
 Kyo-Green  
 (3/’99)  
 8; (2/’99) 5

Kyolic (also Kyolic Liquid)  
 (7/’05)  
 6; (11/’04) 3; (2/’04) 2,  
 4; (8/’03) 3, 5; (12/’02)  
 4; (12/’02) 7; (10/’02) 7;  
 (8/’02) 3; (6/’02) 6;  
 (3/’02) 4, 7; (3/’99) 4;  
 (2/’99) 5; (4/’12) 2;  
 (6/’12) 4; (7/’12) 5;  
 (9/’12) 6;  
 Kyolic One Per Day: to  
 heal the gut (12/’03) 4;  
 (6/’03) 5  
*Laboratory Evaluations in*  
*Molecular Medicine*  
 (8/’02)  
 2  
 Lactic Acid (1/16) 3,4,5  
 Lactoferrin: for virus,  
 immune problems,  
 infections, cancer  
 (5/’04) 4  
 Lanoxin  
 (5/’99) 2  
 L-Arginine Powder  
 (12/’04) 2; (11/’04) 3;  
 (9/’04) 6; (8/’04) 5, 6;  
 (7/’04) 6  
 L-Arginine Powder:  
 protects kidneys  
 (10/’04) 5  
 L-Carnitine  
 (2/’99) 3  
 L-Carnosine  
 (5/’04) 3

lead  
 (1/'05) 5; (2/'03) 3;  
 (12/'07) 7  
 lead: in chocolate (3/'06) 3  
 Leaky Gut Syndrome  
  
 (7/'05) 2; (9/'03) 6;  
 (1/'03) 7; (10/'02) 4, 6;  
 (5/'02) 7; (2/'02) 3;  
 (5/'99) 2; (2/'99) 3;  
 (10/18) 3; (11/18)3,4;  
 (12/18)3;  
 Learner's Edge  
 (supplement)  
  
 (5/'04) 3  
 learning: disabilities &  
 disorders, improving  
 learning ability  
 (6/'05) 4; (3/'03) 5;  
 (5/'02) 5; (5/'00) 3;  
 (1/'00) 6; (7/'99) 6;  
 (2/'99) 6  
 Lectins  
 (7/18) 5,6,7; (10/18)  
 3,4,5;  
 LED Light treatment: can  
 turn on beneficial body  
 chemistry (1/'05) 1  
 lef.com (supplier)  
  
  
 (11/'04) Manganese  
 Picolinate Manganese  
 Picolinate Manganese  
 Picolinate 8  
 leg cramps  
  
 (9/'02)  
 7  
 legislated death (6/'11) 1  
 Lescol (Rx)

(8/'03)  
 3; (1/'00) 6; (11/'99) 7  
 lessening platelet  
 aggregation: see  
 "thinning the blood"  
 Leukemia  
  
 (2/'04)  
 5; (8/'03) 6; (5/'00) 3;  
 (5/'10) 6; (2/'11) 2;  
 (6/'12) 6; (11/'12) 7;  
 Lexapro  
  
 (8/'03)  
 2  
 Libido lie (5/16) 3,4,5  
 Life Enhancement  
 (supplier)  
  
 (2/'04) 8  
 life-sustaining treatment  
 (near the end of life)  
  
 (12/'03) 6  
 lipid peroxides  
  
  
 (9/'02) 4; (1/'00) 6;  
 (10/'99) 5  
 Lipitor (Rx)  
  
 (8/'05) 6; (7/'05) 7;  
 (3/'05) 7; (8/'03) 3;  
 (7/'03) 2; (11/'02) 6;  
 (7/'02) 4; (6/'02) 5;  
 (4/'02) 3; (4/'01) 1;  
 (1/'00) 6; (11/'99) 7;  
 (5/'08) 1, 6; (2/'10) 1;  
 (10/'10) 1 (2/16) 2,3  
 lipoic acid  
  
 (3/'04)  
 2; (2/'04) 4; (1/'04) 7;  
 (6/'03) 4; (5/'03) 6;

(7/'01) 2; (12/'99) 1;  
 (8/'99) 3; (5/'99) 7  
 lipoprotein: elevated  
 (6/'07) 7  
 Lipothiamine  
  
 (10/'02) 7  
 Liquid Carnitine 1000  
  
 (7/'04) 5  
 Liquid Multiple Minerals  
  
 (8/'05)  
 6; (3/'05) 6; (2/'04) 4;  
 (10/'03) 5  
 Listeria  
  
 (10/'03) 4  
 Lithium Aspartate 20 mg  
  
 (10/'04) 7  
 Lithium Orotate  
  
 (4/'04)  
 1  
 (9/16) 1,2,3; (5/18) 1  
 lithium  
  
 (10/'02) 6; (4/18) 4  
 lithium: rejuvenates brain  
 & memory &  
 other benefits  
 (10/'04) 6; (4/'04) 1;  
 (2/'03) 1; (4/18)4; (5/18)  
 1;

liver disease  
 (7/'01)  
 4; (4/18) 6,7;  
 liver problems  
 (12/'04) 3; (3/'04) 2,  
 3; (1/'04) 3; (1/'03) 7;  
 (11/'10) 3 (7/17) 6,7;  
 Liver Support System  
 (supplement)  
 (1/'03) 7  
 liver transplants  
 (7/'01)  
 2  
 liver: protection & healing  
 (7/'05)  
 2; (8/'99) 6; (6/'99) 4  
 Longevity Plus (supplier)  
 (4/'04)  
 8  
 long-lasting medications  
 (8/'05)  
 4; (4/'04) 4; (5/'03) 1;  
 (7/'01) 5, 7; (3/'99) 4  
 losing weight (trying to):  
 see "weight-losing"  
 Lotronex  
 (10/'02) 2  
 Lovastain  
 (8/'03)  
 3; (3/'05) 7  
*Love & Survival* by Dr.  
 Dean Ornish (8/'99) 7

low energy: see "fatigue"  
 lowered white count  
 (7/'05) 2  
 LP PLA2 (10/15) 2,3,4,5  
 (3/16) 2,3: (8/16)  
 1,2☺1/17) 5:  
 L-Theanine L-T  
 (4/'02) 4  
 Lugol's Solution  
 (11/'04) 6; (2/15) 3;  
 (3/15) 3;  
 Lumen (LED) light: used  
 for healing  
 (1/'05) 1; (6/'06) 5;  
 (11/'08) 7; (1/'10) 5, 6;  
 (9/'10) 6; (10/'11) 3;  
 (2/'12) 1; (3/'12) 2;  
 (2/'13) 4  
 Lumenphoton.com  
 (1/'05) 8  
 Lupus  
 (3/'05) 3; (7/'03) 7;  
 (3/'02) 1; (5/'00) 3;  
 (1/'00) 5; (8/'99) 2;  
 (5/'99) 2; (2/'99) 6  
 Lutein + Kale  
 (7/'05) 4; (4/'05) 1;  
 (3/'11) 7; (2/'13) 4;  
 (6/'13) 7;

Lutein  
 (7/'05) 4; (2/'12) 8;  
 Luveris (Rx)  
 (8/'05) 2  
 Luvox  
 (8/'03) 2  
 Lycopene 15mg  
 (9/'02)  
 4  
 Lyme Disease: bug spray  
 protection  
 (9/'04) 4  
 Lyme Disease: IPT therapy  
 effective  
 (4/'04)  
 2; (1/'12) 5  
 Lyprinol  
 (4/'01) 7  
 Lyrica RX: dangers of  
 (5/'11) 7  
 Macadamia nut oil  
 (6/'04)  
 1; (5/'03) 4  
 MacNut Oil (supplier)  
 (6/'04) 8  
 macrobiotic diet  
 (1/'05)  
 6; (4/'05) 3; (9/'04) 3;  
 (12/'03) 3; (11/'03) 1;  
 (10/'03) 2; (5/'03) 4;  
 (11/'02) 4; (9/'02) 4;



(3/'02) 4; (1/'02) 7;  
(4/'01) 4; (12/'99) 3;  
(8/'99) 3; (2/'99) 7;  
(12/'06) 1; (1/'07) 7  
macular degeneration

\* (7/'05) 3; (4/'05) 1;  
(7/'04) 1; (1/'04) 3;  
(3/'03) 2; (7/'01) 3;  
(2/'99) 6; (9/'06) 1;  
(10/'10) 3; (11/'10) 7;  
(12/'11) 2; (11/'12) 4;  
(2/'13) 4

Mad Cow Disease

3 (1/'03)  
Mag Chlor 85

(1/'05) 8  
Magnesium Chloride  
Solution (5/'05)  
6; (12/'03) 4; (9/'02) 7;  
(8/'99) 1; (4/'11) 1;  
(8/'12) 7; (7/16) 5,6

Magnesium Citrate (8/'03)  
6; (2/'99) 3; (4/'11) 2  
magnesium deficiency (9/'04)

(6/'05)  
5; (3/'05) 6; (9/'03) 3, 4;  
(8/'03) 6; (5/'03) 7;  
(11/'02) 6; (5/'02) 1;  
(2/'02) 7; (7/'01) 4;  
(12/'99) 2; (7/'08) 3;  
(1/'12) 3; (5/'12) 2;  
(8/'12) 7; (10/'12) 1;  
(12/'12) 4;  
(4/15) 3,4; (7/16) 5,6;  
(6/17)5,6; (2/18) 3,4;

(6/18) 6,7;  
magnesium loading test

(12/'99) 3  
magnesium-serum

(9/'03) 4  
magnesium stearate  
(10/'08)  
magnesium sulfate  
injection (4/'11) 2  
Maitake D-fraction

(7/'05) 2  
Maitake (7/'05)  
2  
Malaria

(7/'04) 6; (8/'03) 6  
mammograms (6/'02) 3; 7/'10) 1;  
(9/'10) 1  
mammograms: replaced  
with breath test (9/'04)

6  
manganese: helps diabetes,  
osteop., skin problems... (6/'05) 6  
manganese: improves  
fatigue (8/'06)8  
Manganese Picolinate

(2/'99) 3  
manic depression

(5/'04) 2; (2/'03) 1;  
(10/'02) 6; (5/'02) 3;  
(5/'00) 3; (7/'99) 7  
*Marvelous Memory  
Boosters*, by Beth Ley  
(booklet)  
(5/'03) 5

masks-face  
(11/'03) 8  
Mastic Gum

(7/'05)  
4; (8/'02) 3  
Mattes Method: stretching  
program (6/'13) 2;  
(8/'13) 2; (10/'13) 1;  
(11/'13) 1; (12/'13) 1  
Measles

(10/'03) 4;  
(1/'03) 1  
meat preparation  
(10/'99) 4  
meat

(7/'03)  
6  
Medi-Body pack (7/'06) 1;  
(3/'06) 3  
medical testing (3/'02)  
5; (9/'99) 3; (7/'99) 4  
medical testing: often  
not sensitive,

diagnose too late  
 (8/'04) 6  
 medical testing: unneeded  
 (4/'05)  
 6  
 Medicardium EDTA  
 (7/'04) 7; (10/'03) 5  
 Medicardium rectal  
 Magnesium-EDTA  
 suppository  
 (8/'05) 6; (4/'04) 7;  
 (10/'03) 5  
 Medi-Pack  
 (8/'04)  
 3; (3/'04) 5  
 Mediterranean Diet  
 (3/'99) 1  
 Melatonin  
 (9/'02)  
 5; (6/'02) 4; (1/'00) 4;  
 (1/'07) 6  
 memory-improving  
 (5/'03) 5; (5/'02) 5;  
 (1/'02) 4; (12/'00) 6;  
 (1/'00) 6, 8; (11/'99) 7  
 memory-loss: the earlier  
 you deal with it, the  
 better (8/16) 6  
 (5/'04) 3;  
 (2/'04) 5; (6/'03) 4;  
 (3/'03) 2; \*(3/'03) 4;  
 (10/'02) 5; (9/'02) 7;

(1/'02) 2; (5/'00) 3;  
 (12/'99) 4; (10/'99) 3;  
 (6/'99) 5, 6 (9/17) 3,4,5,  
 memory-poor  
 (12/'03) 7; (11/'03)  
 1; (3/'02) 1; (7/'99) 7  
 Meniere's Disease  
 (9/'03)  
 5  
 menopause  
 (8/'02) 7; (6/'02) 3;  
 (5/'00) 7  
 menopause: mobilizes  
 heavy metals (6/'06) 1  
 Mercury Detox  
 (2/'04)  
 7; (8/'99) 6  
 mercury overload:  
 removing silver  
 amalgams not for all  
 (4/'04) 6  
 mercury poisoning/ toxicity  
 (4/'05)  
 5; (5/'05) 6; (7/'04) 1;  
 (6/'04) 1; \*(4/'04) 6;  
 (8/'03) 4; \*(5/'00) 1;  
 (8/'99) 3; (5/'99) 2;  
 (2/'11) 7; ((8/18) 2,3,4;  
 meridians (see also  
 "electromagnetic fields"  
 and "interference f.")  
 (2/'04) 4; (12/'00) 4;  
 (5/'00) 1; (3/'06) 3  
 Metabolic Maintenance  
 (supplier)  
 (7/'99)  
 8

Metabolic Syndrome X  
 (3/'05)  
 3; (1/'04) 4; (8/'04) 6;  
 (4/'04) 3; (11/'02) 7;  
 (5/'08) 4,5; (9/'08) 1;  
 (6/'12) 1;  
 Metagenics (supplier)  
 (4/'01) 8  
 metal chelation  
 (3/'04)  
 2  
 metamatrix.com  
 (6/'05)  
 8  
 MetaMetrix  
 (11/'04) 8  
 Metamucil  
 (3/'02)  
 4  
 Methyltrexate  
 (5/'99) 7; (3/'13) 6;  
 Methylcobalamin  
 (12/'04) 6; (12/'03) 5;  
 (9/'03) 7  
 Methylmalonate  
 (6/'04)  
 7  
 Mevacor (Rx)  
 (8/'05) 6; (3/'05) 7;  
 (8/'03) 3; (1/'02) 6;

(7/'02) 4; (6/'02) 5;  
(1/'00) 6; (11/'99) 7  
MGN 3

(4/'05) 2; (11/'03) 1  
Microhydrin

(12/'00) 7  
microwave ovens: destroy  
antioxidants & nutrients,  
harmful (3/'04) 8  
; (11/'02) 4  
migraines

(12/'03) 4; (7/'03) 7;  
(3/'03) 2; (1/'03) 1;  
(12/'02) 4; (10/'02) 6;  
(5/'02) 1; (5/'00) 3;  
(1/'00) 8; (9/'99) 8;  
(3/'06) 6  
migraines: "Top Ten  
Causes" (2/'04) 4  
migraines: iodine helps

(11/'04) 6  
Mild Cognitive Impairment  
(MCI)

(2/'04) 7  
mildew

(9/'99) 1  
milk-cow

(6/'04)  
5; (4/'03) 7; (1/'03) 5  
mineral supplementation:  
without iron (7/'06) 7  
Minocin (antibiotic)

(1/'00) 5  
Miracle Mineral (3/'12) 3;  
Mitochondria (2/'11) 1;  
(9/'11) 3; (10/'11) 2;  
(12/'11) 3 (11/17)4,5  
Mitochondria Repair  
Cocktail (1/'13) 1;  
(3/'13) 1, 2; (5/14) 3  
MND (4/14) 6  
Mobile-Ease

(4/'01)  
7  
Modified Citrus Pectin  
(1/'06) 2; (9/'08) 7;  
(11/'11) 3  
mold & fungus

(7/'05)  
1; (3/'05) 4; (10/'04) 8;  
(2/'03) 8; (1/'02) 4;  
(4/'01) 4; (9/'99) 8;  
(8/'08) 6,7  
mold plates

(12/'04) 8; (5/'03) 4;  
(2/'03) 8; (4/'01) 5;  
(8/'08) 6  
mold: in schools

(9/'03)  
1  
molybdenum

(4/'02) 7; (9/'99) 4  
Monolaurin

(4/'05)  
2  
mood swings

(6/'05) 4; (9/'03) 1;  
(10/'02) 5; (5/'02) 1;  
(12/'00) 6; (5/'00) 3  
Mood Sync

(10/'02) 7  
mood: improving

(12/'00) 6; (1/'00) 6, 8;  
(11/'99) 7; (9/'99) 7;  
(6/'99) 4  
mouth guards

(8/'05) 4  
movement disorders (tics,  
grimaces, twitches)  
(7/'99)

7  
MSG: accelerates brain  
deterioration...  
(7/'05)  
3; (10/'04) 4; (10/'07) 1;  
(2/'07) 1 (11/15) 5  
Mucopolysaccharides

(6/'99) 7  
mud pack treatment

(3/'04) 3  
Multaq – arrhythmia drug  
(6/'12) 5; (12/'13) 4  
Multiple Chemical  
Sensitivity (2/'12) 3;  
Multiple Sclerosis

(8/'05)  
2; (3/'05) 4; (7/'03) 7;  
(1/'03) 1, 7; (5/'00) 3;  
(1/'00) 5; (8/'99) 2;

(3/'99) 3, 5; (5/'07) 6;  
 (10/'10) 3  
 muscle cramps & spasms  
 (5/'02)  
 1; (12/'03) 4; (4/'12) 2;  
 (6/'13) 2; (8/'13) 1  
 muscle diseases  
 (11/'99) 7; (10/'07) 4  
 ;  
 muscle testing: identifies  
 cancers, disease  
 (8/'04) 3  
 muscle wasting  
 (7/'05)  
 3  
 muscle: healing  
 (1/'05)  
 2  
 mushroom poisoning  
 (10/'02) 5; (7/'01) 3  
 mushrooms & herbsthat  
 boost immune, fights  
 cancers, etc. (7/'05)  
 1; (6/'03) 6  
 Myco Complex  
 (7/'05) 2; (6/'03) 6  
 mycotoxins  
 (3/'05) 5, 8; (5/'03) 6;  
 (2/'03) 6; (3/'99) 5;  
 (6/'06) 4

Myelodysplastic Syndrome  
 (5/'10) 6  
 Myofascial release (4/'12)  
 2; (10/'12) 3;  
 N.E.E.D.S. (supplier)  
 (7/'02) 8  
 NAC (nutrient)  
 (5/'03) 6; (12/'08) 4;  
 N-acetyl cysteine  
 (5/'03)  
 6; (8/'99) 6  
 Nails: toxic (10/'11) 2;  
 (4/'13) 7  
 Nano DHLA  
 (10/'04) 7  
 Nanobac (also  
 "Nanobacterium")  
 (11/'02) 3;  
 (9/'02) 3  
 Nanobac programs  
 (1/'03)  
 7; (11/'02) 3  
 NASH (non-alcoholic  
 steatohepatitis) (2/'12) 3;  
 (6/'12) 1; (10/'12) 4;  
 (5/14) 5: (2/16) 3,4,5:  
 Natreacor: dangers of  
 (5/'06) 3  
 natto  
 (1/'03) 2  
 Nattokinase

(10/'03) 5  
 Natural Calm  
 (3/'05) 6; (2/'04) 4;  
 (10/'03) 5; (8/'03) 6;  
 (5/'02) 1  
 natural killer cells (NK  
 cells)  
 (7/'05) 1; (12/'00) 3;  
 (12/'99) 7  
 Natural Lifestyle (whole  
 foods-catalog)  
 (9/'04) 8; (2/'02) 1  
 Nature's Benefit (supplier)  
 (1/'02)  
 8  
 nausea  
 (7/'05) 2; (9/'03) 1;  
 (9/'02) 7  
 nausea: ginger root helps  
 (6/'04)  
 5  
 NEEDS (supplier)  
 (10/'04) 8  
 NEEM spray  
 (9/'04) 4; (8/'02) 1  
 Neopterin (10/14) 2  
 Neosynphrine  
 (11/'99) 1

nerve damage & regenerating nerves  
 (5/'04) 5;  
 \*(3/'03) 2; (2/'99) 4, 6;  
 (1/'07) 6

nerve damage-chemically-induced  
 (3/'04)  
 2; (5/'12) 4;

nerve disorders & diseases (neurological disorders)  
 (6/'05)  
 6; (8/'02) 1; (3/'02) 1;  
 (7/'01) 6; (11/'99) 7

nerve regeneration  
 (1/'05) 2

nervousness (also, "jangled nerves")  
 (5/'02)  
 4, 7; (12/'00) 6; (1/'00) 6

neurodegenerative diseases  
 (1/'00)  
 4

neurological problems  
 (1/'03) 4; (3/'08) 1

Neuromins  
 (2/'99) 7

neuropathy: see "nerve damage"

Nexium  
 (7/'05)  
 6; (7/'04) 2; (6/'04) 6;  
 (7/'03) 2; (5/'03) 1;

(10/'02) 3; (1/'11) 5;  
 (1/'12) 3;

NGR Solutions  
 (10/'03) 7; (5/'03) 7

niacin  
 (6/'02) 6;

nickel – elevated (9/'12) 7;

nightshade allergy  
 (3/'02)  
 1; \* (11/'99) 6; (10/'12) 1;

nightshade: hidden in many foods and supplements  
 (1/'04) 6;  
 (6/'04) 7; (8/'10) 7

nightshade-free diet  
 (1/'04) 6; (12/'03) 7;  
 (10/'03) 2; (12/'13) 3;

nightshades: a complete list, with hidden sources  
 (11/'99) 6

nitric oxide: its function & necessity  
 (8/'04)  
 5

nitroglycerine: nutrients needed before taking  
 (6/'11) 2; (9/'11) 5

Nizoral  
 (7/'03) 2; (3/'03) 4

no-pest strips  
 (7/'99) 8

Norvasc RX (4/'11) 7;  
 (12/'13) 1;

NSAIDs (Naproxen, Motrin, ibuprofen, Advil, Celebrex, Vioxx)  
 (8/'05) 2; (3/'05) 6;  
 (4/'05) 2; (7/'04) 4;  
 (1/'04) 6; (10/'03) 1;  
 (9/'03) 7; (7/'03) 1;  
 (12/'02) 6; (10/'02) 3, 4;  
 (7/'02) 3; (4/'02) 3;  
 (2/'02) 1; (7/'01) 5;  
 (4/'01) 7; (12/'99) 6;  
 (8/'99) 8; (6/'99) 7;  
 (3/'99) 5; (5/'08) 6;  
 (9/'08) 4; (4/'10) 6;  
 (7/'10) 7; (10/'10) 4;  
 (1/'11) 6; (1/'12) 3;  
 (10/'12) 2;

NSC 100 Beta Glucan  
 (11/'08) 7

N-telopeptide (7/17) 5,6

nuclear facilities  
 (6/'02)  
 7

numbness  
 (12/'00) 6

Nutrasol (supplier)  
 (1/'05) 8

Nutricillin  
 (1/'00)  
 6

Nutrients: cancer killing  
 10/17) 6,7

Nutrient & Toxic Elements  
 24 hour urine test  
 (10/'04) 5

nutrient deficiencies

(12/'99) 2 (9/17) 1,2,3,  
nutrient trials

(9/'99) 1  
nutrients & supplements:  
maximizing their  
effectiveness  
(7/'99) 4  
nutrients

(11/'02) 6; (5/18)1,2,3;  
nutrients: minimum (3/'08)  
7  
nutrients: a list of ones she  
recommends for  
everyone  
(4/'03) 6  
nutrients: organizing  
(7/'06) 6; (4/16) 6,7:  
nutrients: the down side

(8/'99)  
5 (4/16) 6,7  
nutrients: work in concert  
with each other,  
Multiples better  
(7/'05) 5; (4/'03) 2;  
(1/'03) 3  
Nutritional Therapeutics

(10/'04) 8  
nuts

(5/'03) 4  
nuts: the need for organic

(9/'03)  
4  
Nystatin (1/13) 8

obesity

(4/'04) 3; (9/'03) 4;  
(9/'02) 7; (7/'02) 7;  
(4/'02) 7; (10/'06) 4;  
(6/'07) 6; (3/'07) 5;  
(1/'08) 2; (8/'08) 3,4;  
(2/'11) 6; (11/'11) 6;  
(12/'12) 8; (4/'13) 1;

OCD

(8/'03) 2; (7/'03) 2;  
(9/'02) 1

Oils – good and bad  
(11/'12) 3;

old age: supplement facts,  
suggestions  
(7/'04)

7  
older people

(12/'02) 1, 7; (10/'02) 5;  
(8/'02) 3

Olestra

(6/'05) 4; (2/'03) 5;  
(1/'03) 6; (11/'99) 1;  
(6/'99) 4; (10/'13) 4

Olive Leaf Extract

(7/'04) 7; (12/'02) 3;  
(12/'00) 7

olive oil

(1/'03) 7  
olive oil-unfiltered

(3/'99) 1

Olivirex

(7/'04)  
7; (10/'03) 5; (12/'02) 4  
Omacor (6/'07) 7  
omega-3 fatty acids: calms  
down arrhythmias  
(3/'05)  
5;  
omega-3 oils

(7/'99) 2, 6; (6/'99) 7;  
(4/'06) 7; (11/'08) 7;  
(3/'13) 5;  
oncologists: testing their  
knowledge base  
(6/'04)  
3; (11/'02) 4  
OptiQ-100

(11/'99) 7  
Ora Mune

(1/'03)  
2  
Organic Acid Panel

(7/'02) 4; (5/'02) 5  
Organic Acids Test: detects  
Alzheimers,  
arteriosclerosis...  
(8/'04) 6;  
(3/'99) 5  
organic food

(6/'02) 4  
organic foods: can also  
have dangerous  
chemicals  
(8/'03) 1

organicexcellence.com  
 (9/'04)  
 8  
 Organix (test) (6/'05)  
 (12/'04) 6; (7/'04) 4;  
 (10/'02) 6  
 organizing nutrient tablets  
 (11/'03) 6 (4-16)  
 Ornish diet (11/'12) 2;  
 (4/'13) 1  
 O-Ring muscle testing  
 (8/'04) 3; (3/'04) 3  
 Ortho Glucose (5/'08) 5;  
 Osteo Complex  
 (7/'02) 4; (6/'99) 7  
 osteoarthritis  
 (12/'03) 7; (8/14) 5  
 ; (5/17) 6,7;  
 osteopenia  
 (1/'05) 4  
 osteoporosis  
 (8/'05)  
 5; (6/'05) 6; (10/'03) 7;  
 (7/'03) 5; (5/'03) 5;  
 (3/'03) 4, 5; (12/'02) 2;  
 (10/'02) 4; (7/'02) 1;  
 (5/'02) 5; (7/'01) 6;  
 (5/'00) 7; (9/'99) 2;  
 (3/'06) 6; (1/'08) 3;  
 (11/'08) 6,7; (5/'08) 4;

(11/'10) 1; (2/'11) 4;  
 (5/'12) 5; (7/'12) 6, 8;  
 osteoporosis: Boron needed  
 (6/'05)  
 4; (2/'04) 5  
 osteoporosis: drug dangers  
 (11/'08) 6,7  
 osteoporosis: Vit D helps  
 (1/'05)  
 4; (3/'05) 3; (5/'04) 5;  
 (10/'03) 7, (11/'08) 6,7  
 osteoporosis: Vit K needed  
 (11/'04) 7; (4/'07) 5  
 osteoporosis-prevention  
 (9/'03)  
 4  
 Our Office (supplier)  
 (5/'03) 8  
 ovarian cysts (4/'01) 4  
*Overdose: The Case  
 Against Drug  
 Companies...* by Dr. Jay  
 Cohen (5/'02) 1  
 Ozeri non-teflon pan  
 (11/'12) 3  
 p53 genes (10/'99) 4  
 P-5-P 50 mg  
 (1/'00)  
 3; (1/'10) 3, 5  
 Pacerone  
 (9/'03) 3  
 Pain & Stress (supplier)  
 (11/'04) 8

pain syndromes  
 (7/'03)  
 7; (6/'08) 6,7; (11/'11) 3  
 pain  
 (7/'05) 2; (1/'05) 2;  
 (7/'03) 7; (1/'03) 6;  
 (12/'02) 6; (9/'02) 7;  
 (3/'02) 1; (4/'01) 7;  
 (12/'99) 6; (6/'06) 5;  
 (6/'07) 2; (11/'11) 3;  
 (6/'13) 1  
 pain-chronic  
 (12/'03) 7; (7/'03) 7;  
 (5/'02) 5; (1/'07) 1;  
 (6/'08) 6,7; (7/'13) 5  
 Palm Tocotrienols  
 (7/'04) 6; (11/'03) 3  
 Pancreas (3/'13) 6; (5/15) 7  
 pancreatic enzymes  
 (1/'00) 2(12/18) 4;  
 panic (also panic attacks)  
 (8/'03)  
 2; (7/'01) 7  
 Pantethine (Vitamin B5)  
 (7/'08) 6,7  
 pap smear: abnormal  
 (4/'03) 1; (8/'07) 6  
 pap smears  
 (8/'02) 1; (11/'99) 4;  
 (7/'99) 2

papilloma virus infection (7/'99)	4 Peak K2	(5/'03)	6 pesticides in food	(7/'04)
3 paraben-free products (9/'04) 3	8 PectaSol (2/'12) 3; pencillamine (Rx)	(5/'05)	(3/'03) 7 pesticides	
1 Paragard (9/'04)	5 penicillin	(1/'00)	(10/'02) 6; (8/'02) 5; (2/'02) 6; (7/'01) 1, 4, 7; (4/'01) 1; (5/'00) 6; (1/'00) 3; (1/'10) 6; (6/'10) 7	
4 Parkinson's Disease (4/'04)	2 Peppermint Plus	(7/'03)	Petadolex (recommended for migraines & as antihistamine) (12/'02) 4	
6; (3/'03) 3, 5; (11/'02) 7; (12/'00) 6; (5/'00) 5; (1/'00) 4; (7/'99) 7; (2/'07) 4, (5/'08) 3; (12/'11) 6; (1/'12) 7; (2/'12) 3; (9/'12) 5; (11/'13) 3	(10/'02) 7 Pepto-Bismol		Peter Gilham's	
Paxil (Rx) (6/'04)	(4/'99) 3 perchlorate		(11/'04) 8 Peyronie's Disease: iodine helps	
1; (10/'04) 1; (10/'02) 7; (5/'02) 4	(8/'03) 1 periodontal (gum) disease		(11/'04) 6 Pharmaceutical Specialties, Inc. (personal care products, etc.) (1/'03) 1	
PBDE (flame retardant) (12/'03) 3; (11/'03) 6; (12/'02) 5; (8/'10) 2; (10/'10) 1	(11/'99) 7 peripheral neuropathy		Phillips Nutritionals	
PCBs (11/'03) 4, 7; (8/'03) 5; (12/'02) 5	(6/'03) 4; (5/'00) 3 personal care products (lotion, shampoo, deodorant)		(11/'99) 8 Phillipot, William, M.D. (supplier of ceramic magnets) (12/'00) 8	
PC-Calm (7/'02) 4	(8/'05) 4 personality change		Phlebitis	
Peak Flow Meter (11/'03) 4, 7; (8/'03) 5; (12/'02) 5	(2/'99) 7 pesticide poisoning: treatment		6 phobias	(6/'99)



(8/'03) 2	(4/'01)	PMS (Pre-Menstrual Syndrome)
PhosChol: prevention of Alzheimer's, other diseases	3	(5/'02) 1; (1/'00) 3
(7/'05) 5; (1/'05) 1;	Piezo-Electric	Pneumonia
(3/'05) 6; (7/'04) 5;	(6/18) 6,7;	(1/'04)
(5/'04) 3; (8/'03) 5;	PKU	2; (9/'03) 3
(6/'03) 4; (12/'02) 7;		Policosanol
(10/'02) 5; (1/'02) 4;	6	(8/'05) 6; (3/'05) 7;
(4/'01) 6; *(1/'00) 8;	Plants (for improving indoor air quality)	(7/'04) 6; (8/'03) 3, 5;
(10/'99) 3; (7/'99) 7;	(3/'12) 6;	(6/'02) 6
(6/'99) 4; (9/'08) 6,7;	plaque (in arteries): see also "arteriosclerosis"	<i>Politics of Cancer, The</i> , by Dr. Samuel Epstein
(9/'11) 1; (2/'12) 1;	(3/'05)	(4/'02)
(9/16) 4:	7; (12/'02) 4; (1/'13) 1;	2
phosphatidyl choline	(2/'13) 1; (3/13) 2,3,4,5;	<i>Politics of Healing, The</i> , by Daniel Haley
(10/'99) 3; (9/'07) 6;	(4/'13) 1; (5/13) 2;	(4/'02)
(9/'11) 1; (10/'11) 2;	(10/15) 2,3,4	
(1/15) 5; (12/15) 7	(9/'02) 2; (2/16) 4;	
Phosphatidyl serine	(5/18) 7; (12/18) 3,4,5;	
	plasticizers (phthalates)	
		2
		politics of medicine
	(8/'05)	
	4; (10/'04) 4; (10/'03) 5;	
	(9/'02) 3; (8/'02) 4;	(7/'04)
	(6/'02) 2; (5/'02) 5;	1, 3, 4; (5/'04) 1; (3/'04)
	*(1/'02) 5; (7/'01) 4, 6;	1; (9/'03) 3
	(4/'01) 1, 3; (9/'99) 2;	polycarbonate plastics:
	(7/'08) 4,5,6; (10/'08)	safety of (7/'06) 5;
	3,4,5; (1/'10) 1; (2/'10)	(7/'07) 6; (3/'07) 6;
	6; (7/'10) 6; (8/'10) 1;	(6/'11) 6
	(2/'11) 6; (3/'11) 5;	Polycystic Ovary Syndrome
	(6/'11) 6; (8/'11) 1, 7;	
	(9/'11) 6; (11/'11) 4;	(2/'02) 3
	(1/'12) 1; (2/'12) 2;	PolyHeme: dangers of
	(3/'12) 4; (6/'12) 3;	(6/'06) 3
	(9/'12) 1; (11/'12) 5;	Polyps
	(4/'13) 1; (8/'13) 6;	
	(1/15) 3,4; (3/15) 5,6,7;	
	(5/18) 4,5,6;	
	Plavix (9/'04) 5; (7/'03) 2;	
	(9/'06) 4; (3/'08) 3;	(11/'99) 4
	(5/'08) 6; (3/'11) 7;	polyps: can lead to cancer
	(5/'11) 2; (2/'13) 2, 6;	(5/'04)
	(11/15) 3; (1/17) 1:	
		4

poor circulation

(10/'02) 4; (7/'02) 7

Pop tarts

(11/16) 5:

Porphyrins profile (8/'11) 7

Post Cholecystectomy

Syndrome: symptoms

remain after surgery

(10/'99) 7

*Post Trauma and Chronic*

*Emotional Fatigue* by

Dr. Sahley (2/'03)

7

postpartum depression

(5/'02)

3; (2/'99) 7; (12/'12) 6;

post-traumatic stress

disorder (PTSD)

(2/'02)

4

potassium-low

(9/'03) 3

poverty: how to do sauna

when you have no

money

(7/'02) 1

poverty: how to work on

healing when you have

no money (10/'03) 2

Pravachol (Rx)

(8/'03)

3; (11/'02) 6; (7/'02) 4;

(1/'00) 6

precocious puberty

(12/'03) 2; (10/'03) 5;

(6/'02) 4; (2/'10) 6;

preeclampsia

(12/'03) 3

pregnancy

(12/'03) 3, 4; (1/'03) 3,

4; (8/'02) 4; (2/'99) 7

Premarin (Rx): see also

Hormone Replacement

Therapy (9/'03)

7; (11/'02) 6; (7/'02) 1;

(4/'02) 4; (4/'01) 1;

(9/'99) 5

premature rupture of fetal

membranes

(12/'03) 3

Premier Nutraceuticals

(4/'01)

6

Premier Research

(10/'04) 8

prescription drugs: "the

number one cause of

death in the U.S."

(5/'05) 2; (7/'04) 4; \*

(7/'03) 1; (6/'03) 7;

(5/'03) 1; (7/'02) 4;

(5/'02) 1; (3/'02) 1;

(2/'02) 1; (7/'01) 4, 7;

(12/'00) 2; \*(10/'99) 1;

(8/'99) 6; (11/'08) 1;

(5/'08) 5,6,7; (8/'08) 1;

(4/'11) 3; (5/'12) 4;

prescription drugs: how

one leads to another

(10/'03) 2

prescription drugs: weaning

from (1/'06) 7; (9/'08)

5,6

*Prescription for Disaster,*

by Thomas Moore

(4/'02) 2

pressure-treated wood: with

deadly copper

arsenate-don't burn!

(6/'03) 1

Prevacid (Rx)

(7/'05) 6; (9/'02) 3

Prevail (supplier)

(4/'01)

8

Prialt (Rx)

(8/'05) 3

Prilosec (Rx)

(8/'05) 7; (7/'05) 4,

6; (6/'04) 6; (10/'03) 2;

(9/'03) 6; (7/'03) 2;

(5/'03) 1; (9/'02) 3;

(4/'02) 4; (4/'01) 1;

(4/'99) 1; (1/'12) 3;

prlabs.com

(6/'05)

8

Pro Boost Thymic Protein

(4/'05)

2

Pro Thera

(3/'05)

8

Probiotics

(7/'05)

6; (9/'03) 5; (6/'03) 5;  
(3/'02) 4; \*(12/'00) 3;  
(1/'00) 2; (8/'99) 4;  
(3/'12) 2; (8/'12) 7;

Pro-Boost

(12/'00) 7

processed foods

(12/'03) 3; (8/'03) 5;  
(7/'03) 5; (1/'03) 6;  
(9/'02) 6; (5/'02) 4;  
(4/'02) 7; (3/'02) 1;  
(7/'01) 3; (4/'01) 6;  
(11/'99) 2; (7/'99) 5;  
(3/'99) 1

products (household &  
personal) that are safe

(9/'04)

3; (1/'03) 1; (5/'99) 1;  
(5/'99) 6

Prolotherapy (12/16)

1,2,3,4

Propax

(4/'05) 3; (10/'04) 3;  
(3/'03) 6; (8/'02) 7;  
(7/'02) 5; (7/'13) 7

Propecia (drug for thinning  
hair)

(2/'03) 6

Proper Nutrition (supplier)

(1/'02)

8

Prostate Biopsies

(7/18) 1;

*Prostate Miracle, The*, by  
Jesse Stoff and Dallas

Clouatre (1/'02)

7

Prostatitis

(9/'99)

8 (12/16) 4,5; (12/16)

4,5:

prostheses

(7/'03) 5; (5/'03) 5

protection: products &  
items that protect from  
chemicals, etc.

(1/'00) 4, 7

Prozac (Rx)

(4/'04) 7; (10/'03) 1;

(8/'03) 2; (7/'03) 4;

(10/'02) 7; (5/'02) 3;

(4/'02) 4; (3/'02) 6;

(2/'02) 1; (4/'01) 2;

(7/'99) 6; (9/'08) 4,5

PRP (7/15) 6

PSA elevated (11/'06) 7;

(11/'11) 5; (11/16) 5,6:

PSA test not beneficial

(5/'12) 6;

PSK

(7/'05) 1

Psoas muscle (6/'13) 4

Psoriasis

(7/'03)

7; (1/'03) 7; (5/'99) 7;

(5/'13) 7

pstr@stic.net

(4/'05) 8

psychiatric problems

(10/'02) 6

PTSD

(1/17) 6:

ptyerygium (10/'11) 7

pulmonary embolism

(12/'02) 3

Pure Ascorbic Acid

Vitamin C powder

(3/'05) 5; (11/'04) 3;

(9/'04) 5; (11/'02) 2

Pure Encapsulations

(6/'05) 8

*Purpose Driven Life, The*

(6/'04)

8

Pyloricidin

(10/'04) 2

Pyrethroid pesticides:

dangers of (1/'10) 6;

(6/'10) 7

pyruvate-elevated

(6/'05)

5

Q Gel

(3/'05) 7; (7/'04) 3

QODT (3/'13) 2; (10/'13) 6

Qlink Ally

(1/'04)

4

QRS pen  
 (12/'04) 5; (7/'03) 4  
 QRS  
 (8/'05)  
 5; (7/'03) 5; (5/'03) 4;  
 (3/'03) 3  
 Quantitative H. Pylori  
 Antibodies (test)  
 (4/'99) 3  
*Questioning*  
*Chemotherapy*, by Dr.  
 Ralph Moss  
 (4/'02) 2  
 Quinolate – elevated on  
 Cardio Ion test (4/'12) 7;  
 R-Lipoic acid (2/'06) 6;  
 (10/'08) 4  
 Radioactive iodine  
 treatment (5/'12) 1;  
 radiation (for cancer): see  
 “chemotherapy”  
 radiation toxicity  
 (3/'04) 2  
 radiation: protection from  
 (7/'01)  
 2  
 rare food diet (see  
 “diet-rare food”)  
 RBC Minerals and Fatty  
 Acids Panel  
 (7/'02) 4; (4/'02) 5;  
 (7/'01) 7  
 RBC Minerals and Fatty  
 Acids Test  
 (11/'04) 3; (8/'03) 4

RBC Minerals with Heavy  
 Metals and Fatty Acids  
 Test (6/'03)  
 4  
 RDA's (Recommended  
 Daily Allowance)  
 (1/'04) 3  
 Recalcitrant Hypokalemia  
 (9/'03)  
 4  
 Recancostat  
 (3/'05)  
 5; (1/'04) 7; (5/'03) 6;  
 (12/'02) 6; (5/'07) 7  
*Recovery From Cancer*, by  
 Elaine Nussbaum  
 (10/'03) 3  
 rectal problems  
 (9/'03)  
 7  
 Red Blood Cells Minerals  
 (test)  
 (3/'04) 6  
 Red Rice Yeast Extract  
 (3/'04)  
 3; (7/'04) 6  
 Red Yeast Rice 600  
 Capsules (3/'04) 3  
 Red Yeast Rice  
 (3/'04) 3  
 reflux esophagitis  
 (7/'05) 4, 6; (10/'03) 3

Refluxin (replaces  
 antacids)  
 (10/'03) 3  
 Relaxation  
 (5/'03)  
 5  
 Remicade  
 (3/'05)  
 4; (1/'04) 5  
 remodeling: less toxic  
 alternatives for materials  
 (10/'99) 1  
 renal dialysis  
 (5/'04) 1  
 reperfusion syndrome  
 (9/'12) 5  
 Restasis eye drops: dangers  
 of (8/'13) 7; (1/17) 6,7:  
 retinitis pigmentosa  
 (1/'04)  
 2; (1/'02) 4  
 revascularization  
 (6/'05)  
 3  
 rhabdomyolysis  
 (8/'03) 3  
 RheumaCare 40 mg  
 (1/'03) 6

rheumatoid arthritis: (see  
"arthritis-rheumatoid")

rhinitis

(12/'02) 4

Rhizinate

(3/'99)

6

Rhizinate

(4/'99)

4

ringing in the ears (tinnitus)

(9/'02)

7; (7/'01) 5

Ritalin (also

Dexedrine, Adderall,  
Desoxyn, DextroStat,  
Cylert...) (12/'03) 2;  
(7/'03) 4; (5/'04) 2;  
(2/'02) 1; (12/'00) 1;  
(7/'99) 6; (4/'99) 4

R-Lipoic Acid

(3/'05) 5; (3/'04) 2

Root canals (12/'11) 5

rosacea

Rotenone

(7/'04) 7; (1/'00) 5

5

ruptured disc

(3/'02) 1

Saccharomyces boulardi

(9/'03)

6; (8/'06) 4

SARS (Severe Acute  
Respiratory Syndrome)

(10/'03) 4; (6/'03) 5

schizophrenia

(7/'03) 2; (9/'02) 1;

(5/'02) 3, 5; (1/'02) 4;

(1/'00) 6; (9/'99) 8;

(3/'99) 5

schizophrenia: treatment  
protocol

(1/'05)

4; (5/'04) 2

sciatica

(3/'02) 1; (6/'13) 4;

(8/'13) 1

scleroderma

(5/'99)

2

Scotchgard

(5/'03)

3

Ses Intensive Nutrition  
(supplier)

(4/'03)

8

Seafood Direct

(non-farmed seafood)

(7/'03) 5;

(8/'02) 2

Seasonal Affective

Disorder ("winter  
blues")

(2/'03) 7; (1/'00) 4;

(11/'13) 7

sea vegetables (11/'08) 7

SeaVive

(2/'02)

2; (1/'02) 7; (12/'00) 7;

(1/'00) 6; (11/'99) 7

Secretory IgA (low on test)

(8/'10) 5; (9/'12) 7;

seeds (plant)

(8/'02)

6

seizures (also seizure  
disorders)

(5/'04)

2; (1/'04) 3; (3/'03) 2;

(3/'03) 4; (10/'02) 6;

(5/'02) 3; (1/'02) 4;

(12/'00) 6

seizures: Vit D helps

(3/'05) 3

selenium cruciferate

(8/'99) 3

Selenium Synergy

(9/'99)

2

Selenium

(9/'99)

1; (8/'11) 2; (9/'11) 2;  
(5/'12) 6; (12/15) 6,7  
selenium: aid to cancer  
prevention

(6/'05) 7; (8/'04) 4;  
(9/'11) 2  
selenium: helps side effects  
of chemo

(4/'05) 4  
selenium: leads to flu  
resistance

(2/'04) 1  
Seleniumcruciferate 200  
mcg

(8/'04) 4  
Selenomethionine

(3/'04) 6; (3/'02) 3  
self-heating cans

(6/'02) 8  
senile dementia (senility)  
(see also "Alzheimer's  
Disease") (5/'04)  
3; (8/'03) 3 (8/'02)  
1

September 11 workers:  
health problems after  
(2/'04)

3; (2/'03) 7  
*September 11, 2005*, by Dr.  
Majid Ali

(6/'03) 4  
September 11: toxic  
aftermath (see also  
"Trade Center  
Syndrome")

(12/'03) 2; (6/'03) 4;  
(2/'03) 4; (12/'02) 6;  
(8/'02) 5; (4/'02) 5

Serotonin Syndrome

(5/'02) 3  
serum magnesium test

(12/'99) 3  
Seventh Generation  
(supplier) (5/'99)

1  
Shortness of breath  
(8/18) 6,7; (9/16) 1;  
sick building syndrome:  
see "toxic  
environment-at work"  
sickle cell anemia

(6/'99) 4  
silibinin (see also  
"silymarin")

(6/'05) 7  
silicon (5/'02) 5; (12/'04)  
6; (10/'08) 5,6; (6/'10) 4  
silicone: used in the body it  
causes joint pain,  
headaches, etc.  
(11/'02) 1

Silit Pressure Cooker

(1/'05) 6  
silver: used for healing

(12/'04) 4  
silymarin (see also  
"silibinin")

(8/'05) 4; (6/'03) 2;  
(12/'99) 4; (3/'07) 4;  
(6/'08) 7; (2/'11) 2;

Siliphos (2/'11) 2  
Singulair (Rx)

(12/'99) 5; (2/'99) 4  
sinus problems: also  
sinusitis

(12/'02) 4; (9/'99) 8  
Sjogren's Syndrome

(3/'99) 5  
skin diseases & problems  
(6/'05)  
6; (10/'03) 6; (8/'99) 4  
skin: aging

(12/'04) 7  
skin: healing with Lumen  
(LED) (1/'05)

2  
sleep apnea (8/'08) 2,3;  
(11/18) 1,2;  
sleep disturbances  
(3/'03)

4  
smallpox vaccination

(4/'02) 4  
Smell, loss of  
(8/18) 7;  
smoking (cigarettes): help  
stopping

(4/'02) 4  
snakebite

(1/'03) 7

snoring (2/'99)  
5  
soda (soda pop, carbonated beverages) (see also, "Coke") (2/'04)  
6; (4/'01) 5; (1/'00) 7; (6/'99) 6  
Solaray (6/'04)  
8  
Sonicare (for teeth cleaning) (5/'04) 7  
Sonicare.com (supplier) (5/'04) 8  
soy & soybeans: no longer so healthy (1/'03) 5; (9/'02) 4; (7/'02) 2; (5/'02) 4; (3/'02) 3  
soy protein: Phytomin Soy Protein Maintenance (1/'03)  
3  
spastic colon (1/'03) 1; (3/'99) 5  
Spinal injuries (11/18) 7;  
spiritual and family life and healing (8/'99)  
6  
spontaneous abortion (immanent-preventing) (12/'03) 3

Sporonox (7/'03) 2  
sports & sudden death (in students & adults) (8/'03) 5  
sports (2/'04) 6; (3/'03) 5  
Sport drinks (12/17) 5  
sports: nutritional needs (8/'03)  
5  
sprains (4/'02) 4  
spreading phenomenon (5/'99)  
6  
statin drugs (8/'05)  
6; (7/'05) 5, 7; (3/'05) 7; (3/'04) 3; (10/'03) 2; (8/'03) 3; (7/'03) 3; (11/'02) 6; (6/'02) 5; (9/'07) 3; (1/'11) 5; (12/'11) 4; (2/'12) 5; (5/'12) 1; (7/16) 1,2,3,4; (8/17) 5,6;  
Stem cells (7/15) 6 (7/17) 7  
stents: dangers of (9/'07) 4; (3/'11) 3; (11/'11) 1; (12/'12) 1; (1/'13) 1; (2/'13) 1;  
stomach disorders

(3/'99)  
5  
Stomatitis virus (10/'03) 4  
Stool test: GIfx (11/'07) 3  
Strattera (Rx) (8/'05) 2  
Strattera (6/'04) 1  
stress (7/'05) 2; (6/'05) 8; (1/'05) 8; (1/'04) 4; (5/'02) 1; (4/'02) 4; (5/'99) 4, 5; (9/'06) 4; (11/'07) 1; (5/'10) 1  
stretching (12/'02) 7  
stroke (7/'05) 5; (12/'02) 3; (8/'02) 1; (1/'00) 4; (11/'99) 7; (5/'10) 1; (11/'11) 2;  
strokes: healing afterwards (7/'05)  
3; (12/'04) 3; (11/'11) 2;  
stroke: warning signs of (3/'07) 1  
strokes: treatment of clogged arteries

(12/'04) 6  
strontium poisoning

(6/'02) 7  
sugar cravings

(8/'05) 2; (8/'04) 6;  
(4/'04) 3; (8/'02) 4;  
(5/'02) 5; (1/'00) 6;  
(2/'99) 3  
sugar substitutes: see  
"Aspartame"

sugar

(5/'99) 4; (3/'99) 3;  
(2/'08) 5  
sugar: promotes growth of  
cancer cells  
(4/'04)

1  
sugar: triggers violent  
mood swings

(12/'02) 6  
suicide & suicidal  
depression

(8/'03) 2;  
(5/'02) 3, 4  
suicide: the prescription  
drug connection  
(5/'04)

2  
Sulphur  
(7/18) 12,3,4,5;  
sun exposure

(7/'99) 1

suncountrynaturals.com  
(9/'04)

8  
sunscreen lotion: "make  
your own" formulas

(7/'99) 1  
sunscreen lotion: effective,  
recommended ones  
(6/'05)

1; (1/'03) 1; (5/'06) 5  
Super 2 Daily ("the best,  
all-purpose multi  
mineral") (5/'04)  
2

Super Beta-carotene

(1/'04) 7; (11/'03) 4  
Super DHA

(7/'04)  
5; (12/'03) 4, 7; (1/'02)  
4

Super K with K2 (Life  
Extension)

(11/'04) 7  
Super Omega-3 Fish Oil  
(2/'99)

4  
Super Pancreatin

(1/'04) 3; (6/'03) 2, 5;  
(2/'03) 4

Sure Beam (food  
irradiation)

(2/'03) 5  
Sugars, fake (11/16) 4  
Surgery

(7/'05) 3; (4/'02) 1;  
(12/'99) 4; (11/'99) 7;  
(10/'99) 7; (9/'99) 6;  
(6/'99) 1; (6/'99) 7;  
(2/'99) 4; (1/'07) 2;  
(7/'10) 7; (10/'11) 3  
surgery: ablation: its failure

(5/'05)  
4; (5/'03) 7  
surgery: anesthesia  
decreases brain function

(4/'05) 7  
surgery: Arginine helps

(1/'05)  
7; (2/'10) 4  
surgery: healing from

(6/'05) 4; (2/'10) 4  
surgery: preparing for

(4/'05) 7; (2/'04) 5;  
(5/'03) 7; \*(2/'02) 6;  
(12/'00) 1; (8/'99) 5;  
(6/'99) 1(12/18) 6,7;  
surgery: prevention

(5/'03) 7  
surgery: restenosis problem  
helped  
(1/'05)

6  
surgery: wound healing

(1/'05)  
2  
surgery-arthroscopic



(4/'03) 7; (10/'02) 3  
surgery-bypass

(6/'03) 3; (2/'03) 1;  
(6/'99) 1; (6/'99) 6  
surgery-bypass: use of cod  
liver oil in patients  
(1/'05)

6  
surgery-colon

(9/'03) 4  
surgery-gallbladder

(4/'05)  
4; (2/'03) 4  
surgery-heart

(6/'05) 3; (5/'03) 7  
surgery-heart: crucial steps  
after heart surgery  
(2/'03)

1  
surgery-joint

(6/'99) 6  
surgery-open heart

(8/'99) 5  
sweating: the resultant  
nutrient loss

(9/'02) 7; (8/'99) 1  
sweet cravings: see "sugar  
cravings"

sweeteners, natural: honey,  
maple syrup, rice syrup,

stevia  
(5/'99) 4  
sweets

(5/'02) 1; (4/'01) 6;  
(5/'99) 5

sweets: recipes for  
sugar-free, non-dairy  
treats  
(4/'99) 4

symptoms that don't make  
sense

(12/'00) 4  
Synaptin

(12/'00) 6  
Syndrome-X (7/'06) 2;  
(3/'06) 5; (12/'07) 3;  
(2/'08) 5; (1/'08) 2  
Synthroid (Rx)

(10/'02) 3; (3/'02) 5;  
(2/'02) 3; (4/'01) 1  
Table Toxins (6/14) 1,2,3;  
(7/14) 5  
Tagamet (Rx)

(8/'02) 2  
*Talking Back to Ritalin* by  
Dr. Peter Breggin

(7/'99) 6  
Tambocor

(5/'05)  
4; (2/'02) 1; (6/'12) 5;  
Tamoxifen

(8/'05) 3; (11/'03) 2

Tardive dyskinesia (12/'11)  
taurine deficiency

(1/'04)  
2  
taurine

(7/'04) 5; (1/'13) 4;  
(1/15) 5 (5/17) 3:  
teen depression & suicides  
(4/'04)

7  
teen health

(5/'05) 7  
teeth

(10/'02) 4; (5/'02) 5  
teeth: avoiding extraction  
or root canals

(12/'00) 4  
teeth: bad teeth or hidden  
infections cause  
problems in other areas  
(1/'05) 3; (3/'04) 5;  
(6/'99) 5; (6/'08) 6,7;  
(6/'11) 5

teeth: healing tooth aches,  
tender teeth

(12/'04) 5; (5/'03) 5;  
(3/'03) 2  
teeth: hidden infection  
& problems

(12/'00) 4; (5/'00) 1  
teeth: tender teeth a danger  
sign

3  
(7/'03)

teeth: tooth/organ/meridian  
chart

(12/'00) 5

Teflon: dangers (9/'06) 6;  
(11/'07) 3; (8/'10) 2

tendon/ligament rupture  
(5/'08) 1

tendonitis

(1/'04)

6; (12/'03) 7; (5/'03) 4;  
(3/'02) 1

tennis elbow (epicondylitis)

(7/'03)

5; (12/'00) 4; (5/'00) 3

tension

(7/'01) 7

tensor fasciae latae pain  
(10/'12) 2;

Terminators (4/15) 2;

(5/15) 3,4,5; (6/15) 3,4,5

testosterone: low levels  
pose risks

(9/'04)

2

Thallium stress test (5/'06)

7; (1/'11) 4; (2/'13) 2;

(5/'13) 5; (7/'13) 4;

*Theanine the Relaxation*

*Amino Acid*, by Sahley,

Dr. B.J. (1/'05)

8

Theanine

(1/'05)

8

thiamine deficiency

(10/'02) 7

thinning the blood (how to  
do it without drugs)  
(8/'05)

6; (12/'99) 3

thinning the blood

(12/'03) 4

ThioNAC

(8/'02) 5

Thisilubin, ThistleRx,

Thisilyn Pro (also

“silibinin” &

“silymarin”) (8/'05)

4; (6/'05) 7; (6/'03)

2;(12/'99) 4

Thorne (supplier)

(11/'04) 8

throat papillomas

(8/'02) 1

thyroid

disease/problems/thyroi  
ditis

(8/'05) 4; (11/'04) 5;

(11/'03) 7; (1/'03) 7;

(7/'02) 6, 7; (6/'02) 4;

(5/'02) 4; (3/'02) 2;

(2/'02) 2; (7/'01) 4;

(4/'01) 2, 4; (1/'00) 5;

(12/'99) 1; (9/'99) 2;

(8/'99) 2; (3/'99) 3;

(2/'99) 3; (5/'08) 2,3;

(6/'10) 5; (8/'10) 3;

(8/'11) 1; (11/14) 3

Thyroid cancer (3/18)

3,4,5,6;

Thyroid Auto-Antibodies  
Test

(2/'99)

3; (8/'11) 1

Thyroid nodules

(2/16) 7:

*Thyroid Power: 10 Steps to  
Total Health* by Shames

(2/'02)

5, 8

thyrotoxicosis

(5/'99) 2

TMJ splints (8/'05) 4

Tocotrienols

(7/'05) 7; (1/'04) 4;

(6/'03) 2; (2/'03) 4;

(8/'10) 1; (7/'12) 3;

(8/'12) 1; (5/'13) 6

(12/16) 5,6,7

Tocotrienols: kills cancer  
cells

(11/'03) 3; (2/'10) 5;

(7/'12) 3;

toenails/fingernails:

thickening or deformity

(3/'03) 4

toiletries: non-toxic

(12/'08) 7;

tooth loss: health

implications of (1/'10) 4

tooth map (10/'08) 2

tongue: coated, problems,  
etc.

(1/'00) 2

torn rotator cuff

(1/'04)

6; (4/'02) 4

torn tendons and ligaments:  
aids to healing

2 (1/05)  
touch: healing properties  
8 (5/05)  
Tourette's Disease  
(5/04) 2; (9/02) 1;  
(5/02) 3; (7/99) 7  
toxic environment-at  
school  
(1/00) 3  
toxic environment-at work  
(8/02)  
4; (6/02) 1; (5/02) 5;  
(5/00) 5; (1/00) 3;  
(5/99) 3, 5, 6  
toxic environment-in the  
car  
(8/05) 3, 5  
toxic environment-in the  
home  
(5/03) 1; (9/02) 5;  
(5/02) 5; (3/02) 6;  
(1/02) 4; (4/01) 4;  
(1/00) 4, 7; (5/99) 6  
(8/17) 3,4;  
toxic environment-public  
buildings  
(2/02)  
5; (1/00) 3  
toxic hormones: protection  
from  
(5/00) 4  
toxic towns and cities  
(12/03) 1

toxicity (in the body)  
(7/05) 2; (9/02) 3;  
(7/01) 4  
toxicity: Vit C the safest,  
cheapest form of  
protection  
(5/03) 5  
toxicity-environmental  
(8/05)  
3, 5; (12/03) 3; (11/03)  
7; (12/02) 5; (10/02) 6;  
9/2, 4; (8/02) 4; (6/02)  
2; (4/02) 5; (3/02) 1, 6;  
(7/01) 1; (4/01) 2;  
(12/00) 1; (5/00) 3  
toxicity: proof of (12/07)  
4; (3/08) 5  
trace minerals  
(9/04) 7; (6/02) 6  
Trade Center Syndrome  
(see also "September  
11")  
(12/02) 5; (6/06) 5  
tranquilizer withdrawal (or  
stopping)  
(4/02)  
4  
tranquilizers-natural  
(1/00) 6  
trans fatty acid levels in  
store-bought food  
(11/03) 5; (11/06) 4  
trans fatty acids  
(7/05)  
5; (6/05) 4; (5/05) 2;  
(1/05) 7; (7/04) 2;

(4/04) 2; (2/04) 2;  
\*(11/03) 4; (8/03) 5;  
(6/03) 2; (5/03) 7;  
(11/02) 5; (6/02) 6;  
(5/02) 4; (4/02) 7;  
(1/02) 2; \*(11/99) 2;  
(7/99) 5; (7/08) 3,4;  
(1/10) 2; (6/11) 1;  
(2/12) 4;  
transfer factor  
(1/03) 2  
traveler's diarrhea (also  
"tourista")  
(9/03) 1; (8/99) 4  
traveler's diarrhea:  
preventing  
(9/03) 6; (12/02) 7  
traveling: protection from  
toxins, pollution, etc.  
(8/03)  
8 ; (10/08) 6,7  
*Treating Cancer With  
Insulin Potentiation  
Therapy*, Hauser  
(4/04) 2  
tremors (3/08)1; (12/11) 6  
trigger points (4/12) 2  
triglyceride metabolism  
(5/00)  
6; (7/12) 7;  
Tri-Salts  
(7/01)  
7; (8/99) 1  
*Triumph Over Hepatitis*, by  
Wright, Lloyd  
(5/05)  
8  
Trovan (antibiotic)

(1/'00) 5  
 Tryptophan  
 (7/'01)  
 7; (11/'99) 1; (9/'99) 6  
 Turmeric (1/'05)  
 (1/17) 3,4:  
 tumor necrosis factor

(1/'04) 5; (10/'99) 4  
 tumor necrosis factor:drugs  
 used to suppress  
 (10/'06) 3  
 tumor necrosis

(3/'05) 4; (3/'04) 5;  
 (1/'04) 4  
 tumors: Lumen (LED) light  
 used to destroy (1/'05)  
 2  
 Tums

(6/'99)  
 4  
 Tylenol: see  
 "acetaminophen"  
 Tyler/Integrated  
 Therapeutics

(10/'04) 8  
 ulcerative colitis

(12/'03) 7; (7/'03) 7;  
 (6/'06) 6  
 ulcers-aphthous

(3/'99) 6  
 ulcers-duodenal

(3/'99) 6  
 ulcers-gastric (4/'99) 2;  
 (3/'99) 5, 6  
 ulcers-skin  
 (1/'05)  
 2  
 ulcers-stomach

(4/'99) 2; (3/'99) 6  
 Ultra Flora Plus DS

(12/'00) 3  
 Ultrafast Heart Scan

(11/'04) 3; (2/'04) 2;  
 (7/'01) 1; (5/'07) 2'  
 4/'07) 2; (6/'11) 2;  
 (5/'12) 1; (7/'12) 5  
 UltraInflamX

(4/'01) 3  
 Undecyn

(3/'99) 4  
 Uric acid: high (6/'06) 7;  
 (4/15) 6  
 urinary tract infection  
 (UTI)

(3/'04) 4; (6/'02) 5  
 uterine fibroids  
 (7/'01)  
 6; (10/'07) 6  
 uva ursi

(6/'04) 7

vaccines: see  
 "immunizations"  
 vaginal dryness (3/'12) 1;  
 Vanadium (5/'10) 2  
 Vanadyl Factors  
 (2/'04)  
 4; (11/'02) 7  
 Vanulin 7.5 mg

(2/'99) 3  
 Vasodilators

(12/'02) 4  
 Vesicare (Rx)

(8/'05) 2  
 Viagra: causes deafness  
 (11/'11) 1  
 Vinegar (1/16) 5,6  
 Vinpocetine

(7/'04)  
 5; (12/'00) 6  
 violence, aggression,  
 crimes, etc.

(5/'02) 3; (5/'00) 3, 5  
 Vioxx (Rx): leads to heart  
 attacks, bladder  
 malfunction...

(3/'05) 6; (5/'05) 1;  
 (12/'04) 1; (9/'03) 7;  
 (7/'03) 1; (12/'02) 6  
 ViraClear EPs 7630 (2/'11)  
 3  
 virus protection

(10/'03) 4  
 viruses

(11/'04) 4; (7/'04) 7;  
(5/'04) 4; (2/'04) 1  
viruses-in children

(4/'03) 5  
vision: healed with LED  
light

(1/'05) 2  
vision: improving

(12/'00) 6; (2/'99) 6  
Vital 10 (9/'03) 6; (12/'02)  
7; (10/'02) 7

Vital Nutrition.com (Peter  
Gilham's)  
(9/'02)

8;  
Vitamin A (1/'12) 4;  
(5/'12) 3; (6/'12) 8;  
Vitamin B12 deficiency

(1/'00)  
2; (12/'99) 2; (8/'08) 4  
Vitamin B2 (riboflavin)

(1/'00)  
3  
Vitamin B3

(6/'02)  
6  
Vitamin B5 (7/'08) 6,7  
Vitamin B6

(1/'00)  
3; (4/'08) 3; (5/'08) 5  
Vitamin C Crystals

(11/'03) 4

Vitamin C Powder  
(5/'03)

6; (12/'02) 7  
Vitamin C

(2/'04)  
2; (1/'04) 7; (11/'03) 4;  
(5/'03) 6; (1/'03) 3;  
(12/'02) 7; (4/'01) 6;  
(12/'99) 4, 7; \*(10/'99)  
4; (6/'99) 4

Vitamin D: better than a flu  
shot (11/'11) 2

Vitamin D Capsules  
(Carlson's)

(5/'04) 6  
Vitamin D Deficiency

(5/'04) 5  
; (1/'06) 1;  
(3/'07) 4; (5/'11) 1;  
(9/'11) 7; (2/'12) 6;  
(4/'12) 4; (8/'12) 3;  
(10/'13) 3, 4; (3/14) 4:  
(9/16) 4,5:

Vitamin D: deficiency in  
toddlers (12/'08) 3,4

Vitamin D: helps with  
cancer, high blood  
pressure, heart...  
(3/'05) 3; (1/'05) 4;  
(3/'05) 3; (5/'04) 5;  
(11/'03) 3; (10/'02) 4;  
(7/'99) 1; (11/'08) 3;  
(9/'11) 4

Vitamin D: its function in  
the body  
(3/'05)

3; (4/'08) 3; (2/'10) 1;  
(7/16) 6,7;(9/16) 4,5  
(12/17) 1; (3/1/) 6,7;

Vitamin D3 1000 mg

(3/'05) 3; (8/'04) 4  
vitamin deficiencies

(5/'02)  
4; (12/'99) 4; (10/'99) 4;  
(7/'99) 1

Vitamin E  
(7/'05)

7; (6/'02) 6; (3/'02) 4;  
(1/'00) 7; (7/'99) 3;  
(6/'99) 4; (3/'99) 2;  
(7/'06) 5; (11/'08) 4;  
(10/'08) 3, (3/'11) 1;  
(8/'11) 1; (12/'12) 2;  
(5/15) 3

Vitamin E: deficiency in  
toddlers (5/'06) 1

Vitamin E: function &  
amounts  
(1/'04)

3; (7/'03) 3; (4/'99) 4  
Vitamin E: slander

(5/'05) 1  
Vitamin E suppositories  
(2/'10) 1

Vitamin E-synthetic:  
destroys natural Vit E,  
hurries aging... (5/'05)  
2; (9/'04) 5; (7/'03) 3

Vitamin K: its function for  
regulating calcium use  
& necessity (7/'05)  
7; (11/'04) 7

Vitamin K2  
(11/'04) 7;  
(3/'04) 6, (7/'08) 2, 3;  
(5/'10) 6; (10/'12) 4;

(5/'13) 7; (7/'13) 2  
Vitamin Panel (11/'02) 4

Vitamin Research  
(supplier)  
  
(5/'04) 8  
Vitamins: beware cheap  
(5/'11) 4  
Vitamins C & E: inhibit  
plaque growth  
(9/'04)  
5  
vitamins: educating  
physicians-the need for,  
their function  
(6/'03) 6  
vitamins: special newsletter  
  
(Summer/'94) Misc.  
vitiligo (loss of skin color)  
  
(8/'99)  
4  
Wakunaga (supplier)  
  
(11/'04) 8  
Water  
  
(6/'04) 3; (2/'04) 6;  
(7/'03) 5; (10/'06) 7;  
(4/'11) 4  
WaterOz Silver Mineral  
Water  
(3/'99)  
4  
weed killers  
  
(4/'01)  
3  
weight gain (unwanted):  
  
(11/'04) 6; (4/'04) 3;

(10/'03) 5; (6/'03) 4;  
(1/'03) 3; (11/'11) 6  
weight: trying to lose  
  
(8/'05) 4; (1/'05) 8;  
(8/'04) 1, 6; (7/'04) 5;  
(11/'03) 1, 5; (10/'03) 5;  
(7/'03) 4; (12/'02) 6;  
(10/'02) 4, 5; (9/'02) 6;  
(8/'02) 3; (4/'02) 7;  
(7/'01) 3; (11/'99) 7;  
\*(2/'99) 1; (12/'07) 3;  
(10/'07) 7; (6/'07) 6;  
(2/'11) 6  
weight-bearing stress for  
bones  
  
(6/'99) 7  
weight-trying to gain  
  
(10/'03) 6  
Well Wisdom (supplier)  
  
(7/'05)  
8  
Wellness Pharmacy  
  
(8/'04) 8  
West Nile Virus: bug spray  
protection  
(9/'04)  
4  
whey  
  
(8/'99) 3; (2/'99) 5  
white dental fillings  
  
(4/'01) 3  
whole cereal grains  
(6/'99) 3

Windham Pharmacy  
  
(11/'04) 8  
Wobenzyme (supplier)  
  
(3/'04)  
6; (4/'02) 1; (1/'12) 5;  
women: the things we do  
that can lead to breast  
cancer  
(8/'05) 4; (9/'04) 2  
worry  
  
(5/'02) 4  
wrinkles:cream for  
(8/'06) 7  
wrinkle treatments: pros and  
cons (4/'11) 5  
Xenical (Rx)  
  
(12/'99) 5  
X-rays: dangers of ((4/'11)  
5; (7/'13) 4;  
y2healthanddetox.com  
(supplier)  
(5/'05)  
8  
yeast (see also "Candida")  
  
(3/'99)  
4  
*Yeast Connection, The* by  
Dr. Orion Truss  
  
(1/'03) 1  
yeast-free diet  
  
(1/'04) 2  
yogurt

(12/'00) 3  
yourpeaceof  
mindonline.com

(3/'05) 8  
Zetia (3/'12) 1;  
Zinc Balance

(3/'04) 6; (10/'03) 5;  
(12/'02) 1; (8/'02) 5  
Zinc

(8/'05)  
6; (7/'05) 8; (8/'02) 5;  
(10/'99) 4; (5/'99) 5;  
(9/'07) 7; (6/'11) 4;  
(1/'12) 4; (2/14) 5,6  
Zocor (Rx)

(8/'03) 3; (1/'00) 6;  
(11/'99) 7  
Zoloft (Rx)

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