



**Good Health  
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**slice**  
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**good nutrition.**

# Revamp your breakfast

Stuck in a breakfast rut? Lindyl Crabb reveals 10 kitchen appliances that will make over your morning meal



### The juice bar

Upscale your morning juice with the **Mod Cold Press Juicer, \$599**. Using cold press technology, it presses your fruits and vegetables instead of blending them and doesn't apply heat during the process which helps to protect the nutrients. It has a wide chute to fit large pieces and the leftover pulp is dried so you can reuse it in your cooking.



### The barista

Speed up your morning routine with the **Nespresso Breville Prodigio&Milk, \$399**. Using Bluetooth technology, the coffee machine connects with your smartphone so you can schedule and make your favourite cup of coffee at your preferred time – even before you get out of bed. Plus, the machine lets you know when you're running low on coffee capsules.

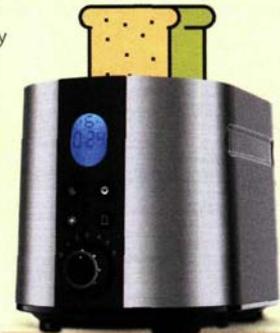
### The yoghurt maker

You can prepare a week's worth of yoghurt for breakfast with the **EasiYo Classic Red Yoghurt Maker, \$24.99**. Using water and EasiYo yoghurt sachets – available in a range of styles and flavours – the machine activates the fermentation process and creates consistently smooth yoghurt.



### The on-time toaster

The **Kogan Stainless Steel Smart Toaster, \$49**, has a display screen that counts down the seconds until your toast is ready so you can use your morning time wisely. Other functions include a reheat button for toast that's gone cold and a defrost mode.



**The multi-tasker** With the **Tefal Snack Collection Multi-function Sandwich Press, \$109.95**, you can make toasted sandwiches, doughnuts, paninis, French toast and more. Includes interchangeable waffle and jaffle grill plates, plus 10 other separately sold plate options (\$29.95 each), to create a range of breakfast foods.

PHOTOGRAPHY / STOCKPHOTO



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### The creative blender

Making breakfast for the whole family? The **Vitamix Professional Series 500, \$1195**, is ideal for blending large batches and can whip up soups, smoothies, pancake batter, nut butters and more. The speed control and pulse functions make it easy to achieve the right texture, and when you're done the blender is so easy to clean.



### The perfect poacher

The **Sunbeam Poach & Boil egg cooker, \$44.95**, takes the guesswork out of cooking eggs. Two poaching trays help you master the art of cooking poached eggs and there's also room to make an omelette and steam vegetables. The cooker boils up to six eggs at a time and all you have to do is choose whether you want them runny, soft or hard-centred.



### The bakery

Do you dream of waking up to a fresh, hot loaf of bread every morning? You can program the **Breville the Gourmet Baker breadmaker, \$249.95**, to start baking while you're asleep so it's ready at just the right time. The fruit and nut dispenser allows you to make loaves with added ingredients, and you can choose how you like your crust done.



### The tea connoisseur

Different types of tea are best steeped in different water temperatures. The **Cuisinart Programmable Kettle, \$199**, understands your cup of green tea shouldn't be boiled the same way as black tea, which is why it's designed with six temperature settings.

A warming function will also keep the water at your desired temperature for 30 minutes so there's no need to reheat.



**The coffee maker** The simplicity of French press coffee gets a modern update with the **KitchenAid Precision Press Coffee Maker, \$149**. The battery-powered stainless steel design has a timer and scale that measures the coffee grounds and water separately so your brew is made just right. ☺

