

## servicing and care of equipment

## reformers

Dust & dirt may build up on tracks in carpeted / air-conditioned areas quickly affecting the smoothness of the carriage. On a weekly basis wipe tracks and running wheels on carriage with methylated spirits.

All bearings are sealed and no lubrication is needed. Do not use lubricating sprays on tracks or wheels.

To ensure optimum operation of the footbar mechanism keep bolts between frame and footbar hinges firmly nipped up (do not over tighten). The chrome locking bar bolts and the vertical chrome upright bolts should be loose so that the adjusting mechanism is loose. The locking mechanism will be affected if these bolts are tightened.

To clean upholstery please use a soft sponge and a spray bottle containing a mixture of 100ml of Eucalyptus oil to 1 litre of water.





## trapeze tables

Make sure all rings on the frame are lined up straight and check that swing bars are free of movement and rod end is square.

To clean upholstery please use a soft sponge and a spray bottle containing a mixture of 100ml of Eucalyptus oil to 1 litre of water.

For further information please contact dma clinical pilates and equipment at

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