

Caffeine

Ada's Technical Books Coffee, snacks and books. Super cool space with quirky and interesting books 425 15th Avenue East Capitol Hill East www.seattletechnicalbooks.com

Analog Coffee

Go for the expertly prepared coffee, stay for the best music selection going always. 235 Summit Avenue East Capitol Hill www.analogcoffee.com

Convoy Coffee Sunlit little spot in the Impact Hub located near Pioneer Square with great rotating local blends. Also mobile on bikes if you can catch them! 220 2nd Avenue South Pioneer Square www.convoycoffee.com

Elm Coffee Beans roasted on site in a space designed to indulge the senses. 240 Second Avenue Pioneer Square www.elmcoffeeroasters.com

Herkimer Coffee A wealth of coffee experience goes into each cup from bean to brew. 3 locations located around the city, our fav is downtown. 901 Dexter Avenue North Downtown www.herkimercoffee.com

La Marzocco Café and Showroom The ONLY café from the world's most famous maker of espresso machines. Go for the spro, stay for the music from KEXP's offices in this incredibly cool shared space 472 1st Avenue North Queen Anne www.lamarzoccousa.com/locations

Monorail Espresso The original and still the best espresso stand in Seattle. Tip: Be sure to grab a Chubbie. 520 Pike Street Downtown Central

QED Coffee Micro roaster and all around good people serving perfectly roasted spro out of their cozy gem of a space. 1418 31st Avenue South Leschi www.qedcoffee.com

Raconteur Café, restaurant and bookstore tucked away in a nice quiet neighborhood. Great place for relaxing, reading and eating 504 Wilson Avenue South Seward Park www.raconteurseattle.com

Beyond Coffee-Morningish bites

Bakery Nouveau French pastries and snacks at their finest. Everything is tasty, but don't miss the twice baked croissant, it's our favorite! 147 15th Avenue East Capitol Hill East www.bakerynouveau.com

Crumble and Flake

Shoebox sized bakery putting out quite possibly the best baked snacks in the world. Tip: Filled-to-order creampuffs. YES! 1500 East Olive Way Capitol Hill www.crumbleandflake.com

General Porpoise Coffee & Doughnuts

Sugar-coated, fluffy pastries filled with seasonal jams, jellies, curds, custards, and creams as well as coffees from multiple, rotating roasters. 1020 E. Union St. Capitol Hill www.gpdoughnuts.com

Hello Robin Cookies, cookies and more cookies. 522 19th Avenue East Capitol Hill East www.hellorobincookies.com

Macrina Bakery

Baked goods, cakes, pies, breads, breakfast. Tip: Their hearty slices of Squash Bread never disappoint. One is enough to share. 2408 First Avenue - Downtown/Belltown 615 West McGraw - Queen Anne 1943 First Avenue - Sodo www.macrinabakery.com

Wandering Goose

Delicious morning treats ranging from savory to sweet along with biscuits covered in all sorts of tasty offerings. 403 15th Avenue East Capitol Hill East www.thewanderinggoose.com

Mid-day refueling

East Anchor Seafood Great spot for a quick afternoon bite and a glass of wine. If you feel like cooking dinner later, grab some fresh fish from the case to go! 1126 34th Avenue Madrona www.eastanchorseafood.com

Hi Spot Café Long running neighborhood space for hearty breakfast & lunch. Tip: Hit up the patio in the summertime. 1410 34th Avenue Madrona www.hispotcafe.com

Il Corvo Pasta
Our vote for best pasta in town, but note they
are only open for lunch daily. Get there early to
beat the crowds
217 James Street
Pioneer Square
www.ilcorvopasta.com

Jacks BBQ Painstakingly smoked on site in classic central Texas style. Eating BBQ in Seattle may be as sacrilegious as eating Salmon in Austin, but damn its good 3924 Airport Way South SODD www.jacksbbq.com

Mid-day refueling continued...

London Plane

Part cafe, part specialty grocery, and part floral shop all within a bright & airy setting. Delicious handmade croissants and and a seasonal assortment of salads, soups, and daily plates. 300 Occidental Avenue South Pioneer Square www.thelondonplaneseattle.com

Meet the Moon

Cozy little spot with a great bar and equally tasty food 120 Lakeside Avenue Leschi www.meetthemooncafe.com

Peloton

Sneaky little coffee spot/lunch stop/bike shop. The sandwiches, salads and other goodies here are scrumptious when enjoyed with a local brew. Also, their Thursday Taco Night is one of the tastiest deals in town! 1220 East Jefferson Street Capitol Hill www.pelotonseattle.com

Poke to the Max

The originator of the recent Poke craze, Sam Choi still does it best at his brick & mortar location and food trucks. 5300 Rainer Avenue South - and mobile trucks Hillman City www.samchoyspoke.com

Salumi

Mario Batiali's father's joint. Who do you think taught him what he knows? Open M-F at 11a.m.- get there early. 309 3rd Avenue South Pioneer Square www.salumicuredmeats.com

Schooner Exact Brewing Company

If you deserve a beer or two to accompany your lunch, this is the place. Great food and our favorite beer in town. 3901 1st Avenue South SODO www.schoonerexact.com

Slab Sandwiches

Another Jon Sundstrom creation. Unique & tasty sandos.... and don't forget desert! 1201 10th Ave Capitol Hill www.slabsandwich.com

Dining

The Atlantic Cozy Central District spot serving local brews and kombucha alongside seasonal sandwiches and salads all in an easygoing atmosphere and generous outdoor patio to boot! 2519 South Jackson Street Central Area www.theatlanticseattle.com

Bar Ferd'nand - Upper & Lower A splendid menu by the crew from Sitka and Spruce and vino by one of Seattle's top sommeliers, Marc Papineau 1531 Melrose Avenue 1424 11th Avenue Capitol Hill www.barferdinandseattle.com Bar Melusine Great new space on Capitol Hill by James Beard winner Rene Erikson. Their sister restaurant Bateau next door isn't too shabby either. Go for the experience, stay for the drinks at the bar from our man Jermaine. 1060 East Union Street Capitol Hill www.barmelusine.com

Bar Vacilando

Great eclectic sharing menu accompanied by an impressive wine list and drinks. One of the best patios in Seattle! 405 15th Avenue East East Capitol Hill www.barvacilando.com

Brimmer & Heeltap

Hearty fare with a slight bit of Asian inspiration that all adds up to a delightful experience. Tip: Order the bread. Curse the carbs later. 425 Northwest Market Street Ballard www.brimmerandheeltap.com

Canlis

Go ahead, be swanky. Splurge. You deserve it. A can't miss tip top best restaurant in America. 2576 Aurora Avenue North Queen Anne www.canlis.com

Ernest Loves Agnes

Vibrant spot māking hand-made pizzas and pastas from the folks who run Lost Lake and the Comet. 602 19th Avenue East Capitol Hill www.earnestlovesagnes.com

Lark

John Sundstrom turns out an incredible dining experience featuring locally-produced and organic cheese, charcuterie, vegetables, grains, fish, and meats, all prepared in season. 952 East Seneca Capitol Hill www.larkseattle.com

Le Pichet & Café Presse

Classic French Bistro in a lively and friendly space. Don't miss their sister restaurant Café Press for a hipster version on Capitol Hill. 1933 1st Avenue (Downtown) 1117 12th Avenue (Capitol Hill) Downtown & Capitol Hill www.lepichetseattle.com www.cafepressesettle.com

Marjorie

Great space with warm and accommodating staff and delicious food. Don't miss Donna's famous plantain chips. If you can snag the tucked corner seats at the bar do it! Best seats in the house. 1412 East Union Street Capitol Hill www.marjorierestaurant.com

Single Shot They may say they are a bar, but the food here is rotating mix of eclectic awesomeness. The drinks aren't too shabby either. 611 Summit Avenue East Capitol Hill www.singleshotseattle.com

Sitka and Spruce

Matt Dillon's original venture, reimagined in the open air Melrose Market space. Eclectic, seasonal small plates in a cozy-rustic setting. 1531 Melrose Avenue Capitol Hill www.sitkaandspruce.com

Vendemmia

A perfect addition to our beloved Madrona neighborhood with carefully crafted pastas and other goodness 1126 34th Avenue Madrona www.vendemmiaseattle.com

Booze. Beers. Vino.

Artusi

Our go-to spot when we don't want to wonder if the menu will be good, because we know it will be. Historic & traditional Italian fare paired w/fine specialty cocktails. Tip: Sit at the chef's counter and drool over what to order. 1535 14th Avenue Capitol Hill www.artusiseattle.com

Bottle House

Charming old house converted into and equally charming wine bar. Hand picked wines, delicious small plates & in-house cheese monger = perfection. Tip: Ask the server to hook you up w/ a wine flight and go from there. 14136 34th Avenue Madrona www.bottlehouseseattle.com

Damn The Weather

Upscale gastropub that turns out a gourmet bar menu alomg with craft cocktails in their historic Pioneer Square space. 115 1st Avenue South Pioneer Square www.damntheweather.com

E Smith Mercantile

General store-come bar after 4p.m. Tip: Their burnt sugar popcorn pairs nicely with pretty much anything you pour down your throat. 208 First Avenue South Pioneer Square www.esmithmercantile.com

Foreign National

Cocktails and tasty snacks from around the globe in a dimly lit space by the folks at Stateside. 300 E Pike St, Seattle, WA 98122 Capitol Hill www.foreignnationalbar.com

Good Bar Swanky space set against the backdrop of an old bank with some of Seattle's finest cocktails 240 2nd Avenue South Pioneer Square www.goodbarseattle.com

Le Caviste French themed wine paired with some great classic French fare. Awesome staff. Go with their recommendations on wine and you won't be disappointed. 1919 7th Avenue Downtown www.lecavisteseattle.com

Gentlemen's Brick & Mortar

Asher Goods

Men's clothing, shoes and accessories featuring heritage brands with a Northwest appeal. Nestled in downtown Kirkland proving not everything on the Eastside is a mall. 15 Lake Street Kirkland - East Side (425!)

www.ashergoods.com Blue Owl Workshop

Men's boutique featuring quality denim, clothing, and accessories made by select artisanship from Japan, USA, Canada, and Europe. 707 N 35th St. Fremont www.blueowl.us

Ebbets Field Flannels

Seattle made baseball centric clothing and accessories. 119 South Jackson Street Pioneer Square www.ebbets.com

Freeman Seattle

Signature Seattle-made rainwear brand. Their quaint shop also features a selection of denim, footwear and accessory brands, all made in the USA. 713 Broadway East Capitol Hill www.freemanstore.us

Glasswing

Men's & women's clothing and home goods located in the heart of Pike/Pine Capitol Hill. 1525 Melrose Avenue Capitol Hill www.glasswingshop.com

Hammer + Awl

Stocking modern equipment for the modern man, Here you will find rugged yet refined men's accessories & select clothing focusing on quality, style and US made craftsmanship. 1137 34th Avenue Madrona www.hammerandawl.com

Ian

Indie downtown alternative featuring contemporary designers, focusing on current yet classic style. 1912 2nd Avenue Downtown Central www.ianshop.com

Likelihood

Finally, a shoe store for men carrying unique kicks you won't find anywhere else but here. 1101 East UnionCapitol Hill www.glasswingshop.com Capitol Hill www.shoplikelihood.com

Totokaelo MAN Fashion forward clothing & beautiful things. 1523 10th Avenue Capitol Hill www.totokaelo.com

Personal Upkeep

Casuals Barbershop Need a proper cut? AJ and crew have you covered in a mod themed cozy space down the street from H+A. 2926 East Cherry Street Madrona www.casualsseattle.com

Jackson Street Tattoo

Need ink? The go to spot in Seattle featuring award winning artist Kyler Martz. 208 South Jackson Street Pioneer Square www.jacksonstreettattoocompany.com

Metier

Café, bike shop, personal training, coffee, waffles, beer, etc. A great hangout for the lycra clad folks in Seattle. 1017 East Union Street Capitol Hill www.metierseattle.com

Squire Barbershop

Need a trim, shave or a precise cut? David Squire and his crew will have you spiffed up in no time. 1917 2nd avenue Downtown Central www.squirebarbershop.com

Zum Fitness

If your visit to Seattle has been far too gluttonous, the team at Zum will get you back in the zone. Day passes available. 1813 7th Avenue Downtown

Gifts. Gadgets. Goodness.

Cone & Steiner

Great boutique market with tasty treats, daily needs and beer! 523 19th Avenue East (Capitol Hill) 135 South King Street (Pioneer Square) www.coneandsteiner.com

Hitchcock Madrona

The BEST women's jewelry store we know, housing one-of-akind pieces and selections from local and international designers. www.hitchcockmadrona.com 1422 34th Avenue Madrona

Marine Area 7

New and vintage kitchen centric pieces including cookware, linens, tools, wine and one of the most diverse collections of cookbooks ever assembled in one location. 2814 East Madison Madison Valley www.marinearea7.com

Paper Hammer

Cards, posters, notebooks and other printed goods from this local letterpress 1400 2nd Avenue Downtown www.paper-hammer.com

Peter Miller Specialty bookstore carrying hard to find titles relating to design, architecture, graphics & more. 2326 Second Avenue Downtown Central www.petermiller.com

Uncle Ike's

Need a little bit of green? It's legal here in Washington and far less sketchy here than buying it in an alley. 2310 East Union Central District www.uncleikespotshop.com

HAMMER + AWL

1137 34TH AVENUE MADRONA SEATTLE, WA. 206.992.7444 www.hammerandawl.com