





## Benefits<sup>†</sup>

- This product is a proprietary blend of vitamin C and three unique bioflavonoids naturally occurring plant substances found in brightly colored fruits and vegetables.
- This product is an effervescent, orange-flavored powder and contains no fructose or other unfavorable sweeteners.
- With a generous amount of vitamin C plus the three powerful bioflavonoids, this product simplifies getting
  optimal doses of these critical nutrients in a delicious-tasting beverage.

## **Highlights**

- Quercetin is a highly concentrated bioflavonoid found in citrus fruits, red wine, and tea. Sometimes called the 'king of the flavonoids, it supports the immune system as well as a healthy inflammatory response.<sup>†</sup>
- Hesperidin, another powerful but lesser-known bioflavonoid, can be found in oranges and grapefruits.
- Rutin is found in asparagus, citrus fruits, and berries such as cranberries and mulberries.
- Vitamin C and bioflavonoids are found together in nature, because they work synergistically; for instance, oranges are rich in both vitamin C and the bioflavonoid, hesperidin. The inclusion of bioflavonoids in this product helps the body properly absorb and use vitamin C, and assists in preventing vitamin C from being destroyed by oxidation.
- All three bioflavonoids in this product quercetin, hesperiden and rutin are noted for their protective, antioxidative
  and immune-supportive properties as well as their support for a healthy inflammatory response. They are also
  recognized for supporting heart health and their role in assisting to create a positive microbial balance in the body.<sup>†</sup>
- Quercetin, hesperidin, and rutin, especially when paired with vitamin C, work together to protect and preserve the structure of blood capillaries, supporting blood vessel health.<sup>†</sup>

## **Recommended Use**

As a dietary supplement take 4 grams (approx. one teaspoon) per day, or as directed by your health care practitioner.