

MIKE'S MARVELOUS MEATBALLS

Featuring our **That's A-Sporé** seasoning

~8 servings | Total Time: 45 minutes

RECIPE

- 1 pound (450g) ground beef
- 1 pound (450g) ground pork
- 1/2 cup (50g) Parmesan cheese, grated
- 1/2 cup (30g) breadcrumbs or panko
- 1/2 cup white onion, finely chopped
- 10 cloves garlic, minced (adjust to taste)
- 2 eggs
- 1 tsp salt
- 1 tsp black pepper
- 1 tsp garlic powder
- 1 tsp onion powder
- 1 Tbsp Mushroom Street Farms **That's Asporé** Italian seasoning
- 1 tsp oregano
- 1 tsp basil

PREPARATION

STEP 1

Preheat your oven to 400°F (200°C). In a large mixing bowl, combine the ground beef, ground pork, parmesan cheese, breadcrumbs or panko, finely chopped onion, minced garlic, eggs, salt, black pepper, garlic powder, onion powder, **That's A-Sporé** Italian seasoning, oregano, and basil. Mix well until all the ingredients are evenly incorporated.

STEP 2

Shape the mixture into meatballs, approximately 1-2 inches in diameter, and place them on a baking sheet lined with parchment paper or lightly greased.

STEP 3

Once all the meatballs are formed and placed on the baking sheet, bake them in the preheated oven for about 20 minutes, or until they are cooked through and browned.

STEP 4

Remove the meatballs from the oven and let them cool slightly before serving.

NUTRITION FACTS

PER SERVING, APPROXIMATELY 4 - 6 MEATBALLS

CALORIES	350
TOTAL FAT	25g
SATURATED FAT	10g
TRANS FAT	0g
CHOLESTEROL	120mg
SODIUM	800mg
TOTAL CARBOHYDRATES	8g
DIETARY FIBER	2g
SUGARS	2g
PROTEIN	30g