

# REISHI DEFENSE

Part of ESP Program\*



## Functional

Functionals focus on specific conditions and work to reduce, improve, restore, and assist the body to take or make corrective actions adding elements that can restore balance to the body.

## BOOSTING IMMUNITY AND REDUCING STRESS AT THE SAME TIME

### THE ENEREX ADVANTAGE

- > Ganoderma lucidum - rich in beta-glucans to boost immune function, Reishi supports liver functions and is protective of liver cells, while also a good adaptogen especially for adrenal stress.
- > Vitamin D - helps with the mobilization of immune cells
- > Vitamin C - is important for the absorption of Reishi's active components, a potent antioxidant and supports healthy immune function and response.
- > Citrus Bioflavonoids - supports circulation and assists Vitamin C, helps with inflammation and allergies.

### EACH SOFTGEL CONTAINS:

#### Medicinal Ingredients:

<i>Ganoderma lucidum</i> (Reishi Mushroom 50:1, DHE* 15% Polysaccharides, 2500 mg ) Whole Plant	50 mg
Vitamin D3 (Cholecalciferol) 1000 IU	25 mcg
Vitamin C (Ascorbic Acid)	200 mg
Citrus Bioflavonoids (Citrus aurantium) Lemon Fruit	200 mg

There are no other ingredients added to this formula.

\*Dried Herb Equivalent.

**ADULTS:** Take 1 softgel daily with food or as directed by a health care practitioner.



80029026

## The best defense is a good offense

With its foundation built on the medicinal mushroom Red Reishi (*Ganoderma lucidum*), this revered immune system stimulator activates immune cells to combat viruses, aids detoxification & helps the body adapt

to stress. Reishi contains beta-glucans that increase production of T-cells, the immune system's "front-line soldiers." Additional Vitamin D, Vitamin C & Citrus Bioflavonoids provide antioxidant support.

# REISHI DEFENSE

## REISHI DEFENSE

This potent blend of immune enhancing ingredients gives your immune system the boost it needs when challenged by harmful invaders. Using the Reishi mushroom for its cornerstone, this formula combines the key ingredients of Vitamin D, Vitamin C, and Citrus Bioflavonoids proven to help stimulate the activity and defensive mechanisms of our immune cells to combat invading organisms. The Reishi mushroom contains beta-glucans that stimulate production of T-cells, the front line soldiers of immune system.

## BENEFITS

Modern research validates that Reishi Mushroom:

- > Strengthens the immune system: supports white blood cells to stop invading viruses/bacteria & diseased cells from replicating
- > Calms anxiety & helps decrease effects of stress (which aids immune function)
- > Supports liver function & protects liver cells = vital for detoxification
- > Reduces insomnia & increases energy
- > Promotes a healthy brain, increases memory & concentration
- > Supports heart & vascular system
- > Offers anti-aging benefits with antioxidants
- > Reduces muscle tension & pain
- > Mushroom nutrients include protein, fibre, vitamin B & calcium
- > Vitamin C well-documented to help prevent & speed recovery from cold/flu; reduces risks of severe flu symptoms when under physical/emotional stress
- > Vitamin C protects cells from free radical damage, lowers cancer risks, speeds healing
- > Citrus Bioflavonoids hesperidin, rutin & quercetin offer protection for heart, circulatory health, strengthen immune system, protect liver

- > Bioflavonoids shown to reduce infections & allergies, fight viruses & prevent some chronic conditions
- > Bioflavonoids prevent excessive inflammation throughout the body & protect cells from oxidative damage (free radicals)

## RED REISHI'S QUALITY IS DEPENDENT UPON FACTORS INCLUDING:

- > growing conditions such as temperature, light & oxygen
- > surface material the mushroom grows on & the maturity when picked
- > amount of polysaccharides (therapeutic part of mushroom) in Reishi mushrooms
- > processing: high quality supplements require over 200 pounds of fresh mushrooms per 1 pound of dehydrated product; mushrooms must only be low-temperature dried before milling  
**Enerex Reishi Defense** uses only top quality whole plant Reishi Mushroom at a ratio of 50:1, 15% Polysaccharides, 2500 mg DHE for its increased benefits.

**Primary Product Use – Colds/Flu:** Being healthy does not mean you don't contract a virus when exposed; it's in how well you deal with it & how quickly you build immunity to it that reveals your health. Over 90% of the North American population contracts viruses every year. Reishi & Vitamin C have been proven to hasten recovery by strengthening the immune system.

\*FOR INFORMATION ABOUT THE ENEREX SUPPLEMENT PROGRAM (ESP) PLEASE VISIT OUR WEBSITE.

reishi\_defense\_SS\_2&17.v2