

# GRAPE SEED & GREEN TEA

Part of ESP Program\*



## Functional

Functionals focus on specific conditions and work to reduce, improve, restore, and assist the body to take or make corrective actions adding elements that can restore balance to the body.

## NATURAL, POTENT AND EFFECTIVE ANTIOXIDANT PROTECTION

### THE ENEREX ADVANTAGE

- > Enerex offers higher grade, cold-pressed Grape Seed Extract & purer, polyphenol-rich Japanese Green Tea
- > Polyphenols, Proanthocyanidins, Catechins – most important antioxidants to reduce cellular damage, according to medical research
- > Both ingredients offer anti-inflammatory, anti-aging, anti-cancer, heart promoting, metabolism-boosting properties
- > Green tea used medicinally for thousands of years in Asia; its high Polyphenol content makes it one of most powerful natural antioxidants known
- > Enerex's Green Tea is higher in most important Catechin called Epigallocatechin Gallate (EGCG)
- > Additional Vitamin C for increased antioxidant protection (540 mg/daily dose)
- > Does not include caffeine (from Green Tea) or oils (from Grape Seed)

### EACH VEGETARIAN CAPSULE CONTAINS:

#### Medicinal Ingredients:

Green Tea ( <i>Camellia sinensis</i> ) Leaf	200 mg
Standardized to 50% Catechins, providing 50-60% EGCG	
Vitamin C (Ascorbic acid)	180 mg
Grape Seed ( <i>Vitis vinifera</i> ) seed	100 mg
Standardized to 95% Proanthocyanidins (OPC)	

**Directions:** ADULTS, take 3 capsules daily or as directed by a healthcare practitioner.



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Grape Seed & Green Tea offer powerful Polyphenols, Proanthocyanidins & Catechins researched to have much stronger immune-boosting action than other antioxidants (such as Tocopherols in Vitamin E). Grape Seed Extract & Japanese Green Tea deliver dual protection

because both ingredients have individual preferences about which free radicals they attack, making their different antioxidant action far greater combined than either one alone. These, plus Vitamin C, protect from disease, aid illness recovery & fight effects of aging.

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## BENEFITS

- Help neutralize carcinogens found in foods: nitrates/nitrosamine (deli meats), aflatoxin (peanuts)
- Interfere with binding of cancer-causing agents to cells & therefore protect cells against mutation
- Protect against free-radical damaged DNA that cause diseases
- Help to stop bacterial-induced changes to DNA that can lead to certain cancers
- Work with enzymes & antioxidants in intestine, liver, lungs to prevent environmental toxins from damaging DNA
- Protect against effects of ionizing radiation (from X-rays) & sun's UV rays
- Stop enzymes that can damage capillaries & protect collagen & elastin from damage = anti-aging
- Grape Seed Extract treats poor blood flow in brain & heart, and excess platelet aggregation
- Grape Seed Extract increase capillaries' flexibility & integrity (so blood does not leak through capillary walls)
- Grape Seed Extract effective cardiovascular/heart protector due to collagen/elastin effects
- Green Tea lowers total cholesterol & raises HDL cholesterol
- Green Tea may particularly protect against breast, skin, pancreatic cancers
- Green Tea helps control blood sugar levels & may help prevent diabetes
- Green Tea may boost metabolism & help burn fat to improve weight loss/maintenance
- Green Tea stops pathogens that cause food poisoning & increases acidophilus (friendly bacteria)
- Green Tea helps block bacteria that creates dental caries from attaching to teeth

**What is EGCG?** The dominant & most important Polyphenol in Green Tea, which creates the leaves' taste & biological health benefits is Epigallocatechin Gallate (EGCG). EGCG is over 200 X more powerful than Vitamin E in neutralizing free radicals that attack brain fats & 20 X more potent than Vitamin E in reducing formation of harmful peroxides in body fat. EGCG aids digestive & respiratory infections, reduces platelet aggregation, helps block cancer-promoting carcinogens, stops enzymes that cause high blood pressure & tumours from spreading in skin, stomach, intestines, liver & lungs.

\*FOR INFORMATION ABOUT THE ENEREX SUPPLEMENT PROGRAM (ESP) PLEASE VISIT OUR WEBSITE.

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