

DIGEST BEST

Part of ESP Program*



Functional

Functionals focus on specific conditions and work to reduce, improve, restore, and assist the body to take or make corrective actions adding elements that can restore balance to the body.

OPTIMUM BLEND OF DIGESTIVE ENZYMES FOR THE BREAKDOWN AND DIGESTION OF FOOD

Listen to your gut! If you get bloating, indigestion, gas or acid reflux, don't ignore it. Get help with Enerex's Digest Best full spectrum digestive enzyme formula. This synergy of enzymes break down the carbohydrates, proteins, fats, dairy, grains and vegetable fibre in food to relieve symptoms associated with indigestion.

THE ENEREX ADVANTAGE

- > A powerful synergistic blend of digestive enzymes formulated to enhance digestion
- > Breaks down proteins, carbohydrates and fats for increased absorption of nutrients
- > Includes Protease DPP IV to digest gluten and casein making it ideal for those with these sensitivities
- > Designed to optimize digestive health
- > Includes Betaine HCl for stomach acid support and is necessary for adequate absorption of proteins, calcium, vitamin B12, and iron
- > May help to alleviate heartburn, reduce gas production
- > Works quickly in acute situations

EACH CAPSULE CONTAINS:

Medicinal Ingredients:

Betaine HCl	150.00 mg
L-Glutamine	100.00 mg
Alpha-Amylase (<i>A. flavus var. oryzae</i> *) 5,000 DU	33.33 mg
Peptidase (<i>A. flavus var. oryzae</i> *) 5,356 FCC HUT (100 DPP IV)	19.48 mg
Diastase (<i>A. niger</i> *) 150 FCC DU	16.67 mg
Fungal Protease SP	15.79 mg
Bacterial Protease SP (<i>B. subtilis</i> *) 4,737 FCC PU	4.74 mg
Lactase (<i>A. flavus var. oryzae</i> *) 300 FCC LU	3.00 mg
Cellulase (<i>T. longibrachiatum</i> *) 500 FCC CU	2.78 mg
Alpha Galactosidase (<i>A. niger</i> *) 50 FCC AGU	1.67 mg
Lipase (<i>R. oryzae</i> *) 53.33 FCC LU	1.33 mg
Invertase (<i>Saccharomyces cerevisiae</i> *) 100 FCC SU	0.50 mg

*Whole

Directions: Adults take 1-2 capsules 3 times daily with meals or as directed by a healthcare practitioner.



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DIGEST BEST

ENEREX'S DIGEST BEST ENZYME BLEND:

Amylase: digests carbohydrates such as starch and glycogen (which breaks down into sugar) contained in grains, flour, potatoes, fruits, vegetables, and many snack foods. In combination with other digestive enzymes, amylase is also important to "clean up" dead leukocytes (white blood cells) in the body, preventing their proliferation.

Protease SP: is a mixture of acidic, neutral, and alkaline protease enzymes. Protease enzymes break down proteins found in meat, cheese, nuts and eggs. Protease also helps to alleviate infection and many inflammatory conditions.

Protease SP has an effective pH range of 2.0-6.0 to provide protein digestion in the stomach and the pyloric region of the small intestine.

Maltase: helps to break down complex and simple sugars including maltose and malt, which are found in grains.

Malt and maltose are also sometimes added to boxed foods for flavouring.

Invertase: breaks down and further digests carbohydrates, starches and sugars. It targets maltose sugar, polysaccharides, and the sugars you may be familiar with that are found in desserts and many packaged foods: sucrose, fructose and glucose.

Cellulase: helps to break down the soluble parts of fibre contained in raw fruits, vegetables, and whole grains.

These include the plants' cellulose (the stringy fibre in celery, broccoli and many veggies) and chitin. Cellulase is not made in the body and can only be obtained from your food or supplements.

Alpha-Galactosidase: aids in digesting complex sugars found in whole grains, beans, legumes, and cruciferous vegetables such as cabbage, broccoli and cauliflower (which sometimes cause stomach upset when eaten raw).

It helps to eliminate intestinal fermentation and symptoms (bloating, cramping, and gas) by breaking down these carbohydrates before they reach the large intestine.

Lipase: is a powerful fat-digesting enzyme. Lipase breaks down fats found in meats, dairy, oils, nuts and seeds so that they can be used by cells, in the brain and for energy. It can assist in weight management (if the fat is not stored, but instead broken down and used for energy), and in circulatory functions.

Lactase: is a well-publicized enzyme because it helps relieve lactose intolerance; it's specifically designed to break down and digest dairy products and their milk sugar (lactose) and milk protein (casein). These components often cause gas, bloating, cramping, indigestion, and constipation or diarrhea.

Peptidase: helps to break down all types of animal- and plant-based protein into amino acids (the building blocks of protein) so that it can be used by the body.

Protease DPP (dipeptidyl peptidase) IV: digests the protein particles in gluten and in casein, making it essential for individuals with wheat and dairy intolerances. Protease enzyme is required to break down the peptide sequences in all protein-containing foods, and lack of this enzyme is linked to increases in Inflammatory Bowel Disease, Crohn's Disease, Ulcerative Colitis, and Celiac Disease.

Betaine HCl: optimizes digestion of fats and proteins. It increases the production of hydrochloric acid (stomach acid), which may reduce the risk of gallstones caused by Hypochlorhydria. It may also help to prevent allergic reactions, and help to alleviate acid reflux and heartburn.

L-Glutamine: is one of the 19 amino acids (building blocks of protein). It helps to maintain a healthy digestive tract. It is often used by athletes to improve recovery after exercise. It is also used therapeutically for the treatment of peptic ulcers and to prevent deterioration of the mucosal lining of the intestines.

*FOR INFORMATION ABOUT THE ENEREX SUPPLEMENT PROGRAM (ESP) PLEASE VISIT OUR WEBSITE.

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