

# BLACK SEED OIL

Part of ESP Program\*



## Functional

Functionals focus on specific conditions and work to reduce, improve, restore, and assist the body to take or make corrective actions adding elements that can restore balance to the body.

## BLACK IS THE NEW GREEN!!! POWERFUL IMMUNE BOOSTER WITH SUPERANTIOXIDANTS

**Enerex Black Seed Oil** offers 100% first cold-pressed oil for maximum potency of its rich properties, which is taken as an antioxidant supplement or an alternative to other antibacterial, antiviral or immune-enhancing properties. Enerex Black Seed Oil is 100% pure wild crafted Black Seed Oil, containing Vitamin E and super antioxidants.

### THE ENEREX ADVANTAGE

- > Anti-inflammatory, antiviral, antifungal antibacterial
- > Contains crystalline nigellone which increases immune function and targets respiratory health
- > Contains beta-sitosterol, beneficial for urinary/prostate health, and gallstone and cholesterol reduction
- > Beneficial for colds, flus, allergies, sinusitis, bronchitis, coughs, digestion
- > Enerex's Black Seed Oil has the highest Thymoquinone content in the market at 45mg/dose"
- > Thymoquinone has been extensively studied for its anti-carcinogenic properties
- > Contains beneficial omega essential fats for cardiovascular health
- > Can be used externally as a beauty oil for the skin and hair
- > Derived from wild crafted plant
- > With added Vitamin E containing all four tocopherols
- > Super antioxidant product

### EACH HALF TEASPOON CONTAINS:

#### Medicinal Ingredients:

Black Seed Oil (*Nigella sativa*, seed) . . . . . 2000 mg  
Providing: 50% Linoleic and 25% Oleic Essential  
Omega Fatty Acids

Vitamin E (Mixed Tocopherols Concentrate) . . . . . 45.5 mg  
[d-Alpha Tocopherol 25 IU . . . . . 16.75 mg]  
[d-Gamma Tocopherol . . . . . 20.50 mg]  
[d-Delta Tocopherol . . . . . 7.65 mg]

There are no other ingredients added to this formula.

**Adults:** Take half a teaspoon (2g = 2.5ml) once daily with food, diluted in water or juice, or as directed by a healthcare practitioner.

External use: May be applied topically to skin and hair.

Store in cool dry place.



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# BLACK SEED OIL

## ANCIENT WISDOM BRINGS MODERN MEDICINE

Black Seed is fairly new to mainstream natural health, but isn't new to medicine; it was prescribed to Egyptian pharaohs after extravagant feasts to calm upset stomachs. Ayurvedic medicine uses it for hepatitis, fever, diarrhea and coughs. Today, science shows the oil's unique compounds, crystalline nigellone and thymoquinone, can be beneficial for various respiratory ailments, as a digestive tonic, and a health and beauty aid for hair and skin.

Enerex Black Seed Oil from the Mediterranean provides 100% first cold-pressed oil for maximum potency of its rich and valuable properties with a delightful "nutty" flavour.

## THE SEEDS OF GREATNESS

Black Seed contains over 100 active chemical compounds that may increase health. The three ingredients most studied for their effects are:

- > crystalline nigellone - well researched for increasing immune function, especially respiratory health;
- > thymoquinone - researched for cancer treatment, a compound not yet detected in any other medicinal plant;
- > beta sitosterol - highly researched for gallstones, urinary/prostate health, cancer and cholesterol reduction.

## BLACK SEED OIL HAS ALSO BEEN USED TO:

- > Help relieve bronchitis
- > Remedy colic in babies
- > Reduce diarrhea, indigestion and heartburn
- > Relieve headaches and migraines
- > Calm insomnia
- > Help decrease cholesterol and increase the elasticity of blood vessel walls to increase cardiovascular health
- > Reduce depression or lethargy
- > Reduce signs of eczema
- > Ease joint pain and sore muscles (acting as an analgesic)
- > Substitute for anti-inflammatory medication
- > Help remedy gallstones and kidney stones
- > Help prevent poliosis (early graying)

## VITAMIN E:

- > Potent antioxidant
- > Contains optimal blend of tocopherols & tocotrienols
- > Natural anticarcinogen
- > Protects healthy cells
- > Outstanding cardiovascular health agent

## BLACK IS THE NEW GREEN

This top-rated therapeutic oil is highly prized for its immune stimulating properties but also for its benefits to comfort the respiratory and digestive systems. Used as far back as 5000 years ago,

this plant contains unique compounds to boast as an antioxidant, antibacterial and antiviral herbal medicine rich in Omega 7 fatty acids as well as externally as a beauty and hair treatment.

\*FOR INFORMATION ABOUT THE ENEREX SUPPLEMENT PROGRAM (ESP) PLEASE VISIT OUR WEBSITE.

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