

BAMBOO SILICA

PART OF THE
ESP PROGRAM*



Builder

AIDS IN THE MAINTENANCE OF BONE HEALTH AND MAY REDUCE THE RISK OF DEVELOPING OSTEOPOROSIS

The Enerex Advantage

- > Silica is vital for proper bone formation and helps maintain normal bone structure
- > Helps heal bone fractures as well as damaged or torn tendons and ligaments
- > Helps maintain structure and elasticity of healthy arteries, reducing the risk of arteriosclerosis
- > Known as the beauty mineral, silica improves skin's elasticity and suppleness
- > Important for maintaining healthy nails, teeth, gums and hair
- > Offers pure silica extract from bamboo shoots: *Bambusa vulgaris* stems
- > Bamboo Silica has 10 X the Silicon found in horsetail (which contains 5%-7% Silica) used for other Silicon supplements
- > 70 mg Silica per capsule (in 100 mg bamboo) with 200 mg Calcium Citrate per capsule (40 mg elemental Calcium)
- > Important supplement for: women, who are often deficient in dietary silicon experience digestive issues (difficulty absorbing dietary silicon), especially the elderly
- > Renewable resource: Bamboo is essentially a grass; requires no pesticides/fertilizer; nutritious
- > Offers pure silica extract from bamboo shoots: *Bambusa vulgaris* stems, rich in natural silica providing 70% of silica by weight



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BAMBOO SILICA

ENHANCED WITH CALCIUM

Enerex was the first company in Canada to offer silica from bamboo, the richest known plant source of silica, Enerex Bamboo Silica contains 70% organic silica, which is up to 10 times the amount found in common horsetail supplements.

Silica is an important mineral helping provide strength and resilience to our connective tissues and as such, is beneficial in maintaining the strength and integrity of our hair, nails, skin, joints, ligaments, tendons - indeed virtually every cell in our body. Along with 200mg of calcium citrate, which further enhances its effectiveness, silica helps strengthen the musculoskeletal system, is essential for calcium metabolism, and may even slow the aging process!

EACH VEGETARIAN CAPSULE CONTAINS:

Medicinal Ingredients:

Bamboo Extract (70 mg silica)

Bambusa vulgaris stems 100 mg

Calcium Citrate (40 mg elemental calcium. 200 mg

There are no other ingredients added to this formula.

ADULTS: Take 2 capsules 2 times daily or as directed by a health care practitioner.

Available in 90, 180 Veg Capsules.

***For information about the Enerex Supplement Program (ESP) please visit our website.**

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