

PART OF THE
ESP PROGRAM*



B COMPLEX + C

**REDUCES STRESS, PROVIDES
INCREASED ENERGY, AND
AIDS IN THE MAINTENANCE
OF GOOD HEALTH**

The Enerex Advantage

- > B Complex + C is a full spectrum B Complex formula with 1000 mg of vitamin C
- > Presented in a gluten free base of raw greenfoods to promote the synergy of nutrients
- > Formula based on the 15-year SONA study
- > Provides a natural ratio of B vitamins, with special emphasis on protection against stress
- > Contains 100 mg of Pantothenic Acid (B5), required to help support proper adrenal function
- > Full spectrum B Complex vitamin formula (Bs work synergistically so should be taken together)
- > Vitamins scientifically balanced to optimize body functions, not standardized to even amounts
- > Helps reduce stress-induced anxiety/depression/moodiness/overwhelm
- > Helps the body deal with acute & chronic stress due to Bs' critical influence on brain, neural and endocrine function
- > Niacin Flush*: Benefits of B3 flushing reaction include: arthritis pain relief due to increased blood circulation in joints; lowered cholesterol/triglycerides levels; reduction of dementia/memory loss; improved sleep due to activating brain's benzodiazepine receptors; relief from ear ailments (vertigo, tinnitus) by increasing blood flow to ears
- > In green food base of organic alfalfa and barley
- > Increases cellular energy and metabolism
- > In a superfood base of raw organic alfalfa & barley grass plus spirulina
- > 1000 mg Vitamin C to support adrenal glands and enhance immune system
- > Uses Niacin and not Niacinamide for increased health benefits



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B COMPLEX + C

FULL SPECTRUM B VITAMIN COMPLEX FORMULA

Life today it seems, is designed to be stressful. **Enerex B Complex + C** is designed to combat stress and enhance overall well-being, with a synergistic combination of B vitamins, vitamin C, and gluten free raw superfoods. The ratios of the B vitamin complex are based upon scientific research from the SONA study. In these ideal proportions, B vitamins are key weapons in the fight against stress.

Vitamin C helps to ensure the effectiveness of the B vitamins, while providing support for the adrenals for essential stress protection. The raw superfood base provides antioxidant support and nutrient enhancement, rich in natural enzymes, vitamins, minerals, amino acids, essential fatty acids and phytonutrients. This interaction of ingredients makes **B Complex + C** the most effective stress formula available.

EACH TABLET CONTAINS:

Medicinal Ingredients:

Vitamins:

Vitamin C (Ascorbic Acid)	1000 mg
Thiamine (Vitamin B1) Hydrochloride	20 mg
Riboflavin (Vitamin B2)	10 mg
Niacin (Vitamin B3) Nicotinic Acid	60 mg
Pantothenic Acid (Vitamin B5) Ca-d-Pantothenate. . .	100 mg
Vitamin B6 (Pyridoxine HCl)	20 mg
Biotin (Vitamin B7)	150 mcg
Folate (Vitamin B9) Folic Acid	1000 mcg
Vitamin B12 (Cyanocobalamin)	100 mcg

Additional Ingredients:

PABA (Para-Aminobenzoic Acid)	50 mg
Gluten Free Raw Superfoods*:	
Organic Alfalfa (<i>Medicago sativa</i>) Herb top	75 mg
Organic Green Barley Juice Powder (<i>Hordeum vulgare</i>) Leaf	75 mg
Spirulina Blue-Green Algae (<i>Spirulina platenis</i>) Whole .	75 mg

There are no other ingredients added to this formula.

*Enerex B Complex + C is 3rd party tested to verify gluten content below 20 parts per million.

ADULTS: Take one tablet daily with a meal or as advised by a health care practitioner.

***For information about the Enerex Supplement Program (ESP) please visit our website.**

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