

## HOW TO DETERMINE YOUR RING SIZE

### Confirm Printed Paper Size

*Measuring a ring size is a very precise task. Even half a millimeter can affect your accuracy*

1. Prior to printing, ensure that Page Scaling is set to "None" or at 100% on your print dialog box.
2. Measure the bars after printing this page to ensure that they are exactly 1 inch or 30 mm long. This is to check that you are on the accurate scale after printing.



### TO MEASURE A RING THAT YOU HAVE IN HAND:

1. Choose a ring that fits the intended finger. In North America and most of Europe, engagement rings and wedding bands are worn on the "ring finger" of the left hand.
2. Place the ring that you have over the circles below to see which circle matches the inside edge of your ring. This measurement helps you to find the inside diameter of your ring.
3. If the ring falls between two sizes, order the quarter size that is in the middle.
4. Try 3 or 4 times before you choose the right size/ circle. Measuring a ring size is a very precise task and requires accuracy.
5. Common North America ring sizes for women range from 5 to 7, and the most ordered size is 6 1/2.
6. Common North America ring sizes for men range from 8 to 11, and the most ordered size is 10.

