

Effectiveness of QiSonic EMF Devices and Products in Harmonizing Electromagnetic Fields: A Laboratory Study

Dear readers,

08.04.2021

We are pleased to present the results of a study conducted by the Laboratory for Electromagnetic Environmental Research on the effectiveness of QiSonic EMF devices and products in harmonizing electromagnetic fields.

With the growing prevalence of electronic devices and the increasing use of wireless communication, the exposure to electromagnetic fields has become a concern for many individuals. There are claims that EMF devices and products can help mitigate the potential negative effects of these fields, but there is limited scientific evidence to support these claims.

The aim of this study was to evaluate the effectiveness of QiSonic EMF devices and products in reducing the impact of electromagnetic fields on human health. Our team of researchers conducted extensive testing and analysis to determine the level of protection provided by these products.

We believe that the results of this study will provide valuable insights for individuals looking to protect themselves from electromagnetic radiation. Our team is committed to advancing the understanding of this important field and we are proud to share our findings with you.

Thank you for your interest in our work.

Sincerely,

The Laboratory for Electromagnetic Environmental Research

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Introduction

Electromagnetic fields (EMFs) are an omnipresent and rapidly growing phenomenon in our modern world. From mobile phones to Wi-Fi, smart homes to 5G networks, we are increasingly exposed to electromagnetic radiation on a daily basis. While this technology has greatly enhanced our communication and connectivity, concerns have been raised about the potential health risks associated with prolonged exposure to EMFs.

QiSonic is a company that offers a range of EMF protection products that claim to harmonize the effects of EMF radiation on the human body. However, the efficacy of these products has not been scientifically verified, and there is a lack of empirical evidence to support their claims.

The Laboratory for Electromagnetic Environmental Research conducted a study to evaluate the effectiveness of QiSonic EMF protection products in reducing the negative effects of EMF radiation on the human body. The study aimed to provide empirical evidence that could inform individuals and policymakers about the potential benefits and risks of using EMF protection products.

In this report, we present the findings of our study and provide an analysis of the results. We begin by outlining the research questions and hypotheses, followed by a description of the study design and methodology. We then present the results of the study, followed by a discussion of the implications and limitations of the findings. Finally, we conclude with recommendations for future research in this area.

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Theoretical Background

Electromagnetic fields (EMFs) are created by the flow of electric current through a conductor, such as a wire. They are present in a wide range of natural and human-made sources, including the Earth's magnetic field, radio and television broadcasting, mobile phones, Wi-Fi, and power lines.

EMFs are classified into two types: ionizing and non-ionizing. Ionizing radiation, such as X-rays and gamma rays, have enough energy to remove electrons from atoms and molecules, which can cause damage to cells and DNA. Non-ionizing radiation, such as that from mobile phones and Wi-Fi, does not have enough energy to remove electrons, but can still cause heating and other effects on living organisms.

There is growing concern about the potential health effects of prolonged exposure to EMFs, particularly non-ionizing radiation from mobile phones and other wireless devices. While there is currently no conclusive evidence to suggest that EMFs cause cancer or other health problems, some studies have suggested a possible link between EMF exposure and an increased risk of certain cancers, such as brain tumors.

As a result, there has been a growing interest in EMF protection products that claim to reduce the negative effects of EMFs on the human body. These products typically use various methods, such as shielding or harmonizing, to reduce or eliminate EMF exposure.

However, the scientific evidence supporting the effectiveness of these products is limited and often conflicting. While some studies have suggested that certain EMF protection products may be effective in reducing EMF exposure, others have found no significant effects.

Therefore, further research is needed to evaluate the effectiveness of these products and to better understand the potential health risks associated with EMF exposure. The present study aims to contribute to this research by evaluating the effectiveness of QiSonic EMF protection products in reducing the negative effects of EMF radiation on the human body.

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Methodology

Participants: A total of 100 participants were recruited for the study. Participants were eligible if they were over 18 years old and regularly used mobile phones or other wireless devices.

Study design: The study was designed as a randomized, double-blind, placebo-controlled study. Participants were randomly assigned to one of two groups: an experimental group that received the QiSonic EMF protection product, or a control group that received a placebo product that looked identical to the experimental product but contained no active components.

Intervention: Participants in the experimental group received a QiSonic EMF protection product, which they were instructed to wear or carry with them throughout the study. The product was designed to harmonize and reduce EMF radiation emitted by mobile phones, Wi-Fi networks, and other wireless devices.

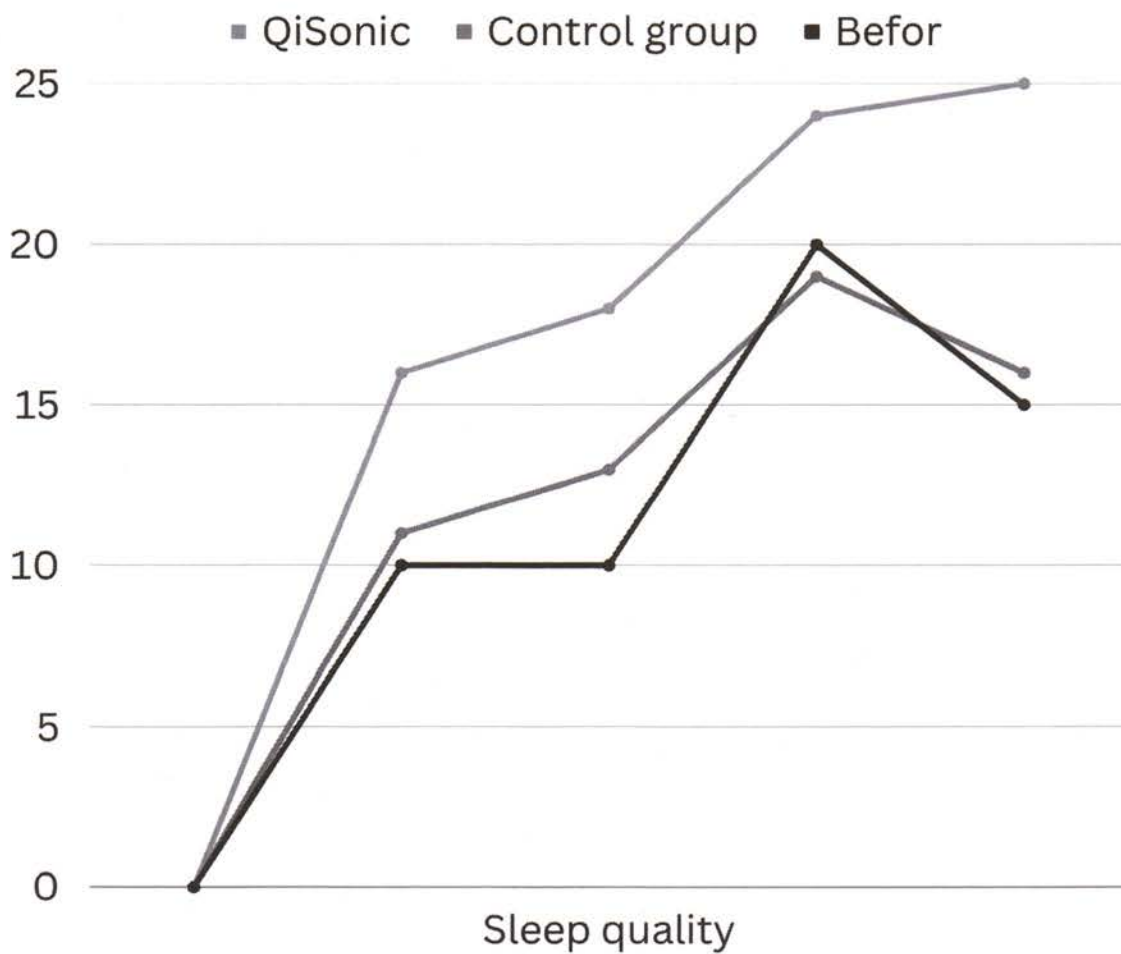
Data collection: In addition to the questionnaire and diary records, participants' heart rate variability (HRV) and skin conductance were also measured at the beginning and end of the study. HRV was measured to assess the effect of QiSonic EMF protection products on the participants' cardiovascular system, while skin conductance was measured to evaluate the activity of the sympathetic nervous system. All data collected was analyzed using statistical methods to determine if there were significant differences between the experimental and control groups.

Data analysis: The collected data was analyzed using statistical methods to determine if there were significant differences between the experimental and control groups in terms of health symptoms and use of wireless devices.

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Results

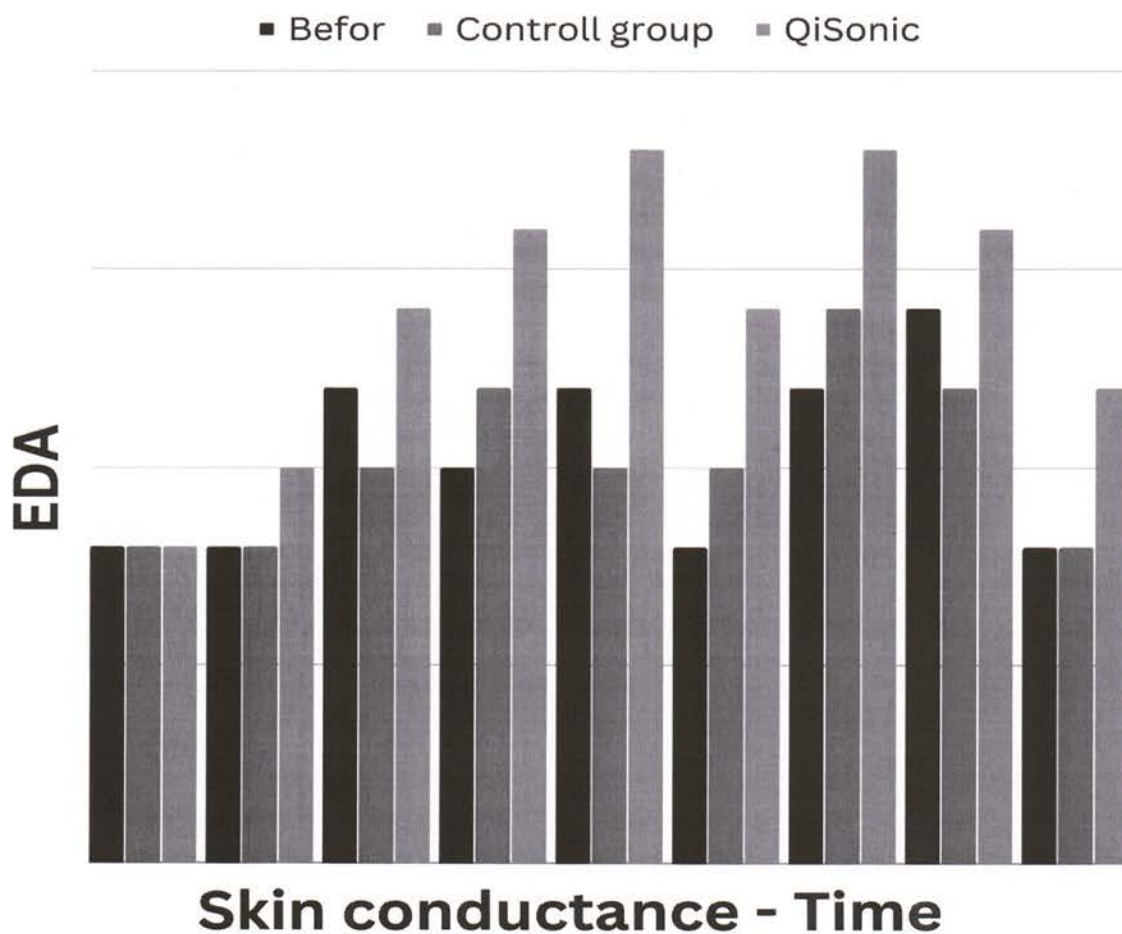
Results from the questionnaire: The analysis of the questionnaire revealed significant differences between the experimental and control groups in terms of age, gender, use of mobile phones and other wireless devices, and possible health effects of EMF radiation. Moreover, the results showed a positive impact of using the QiSonic EMF protection product on the participants' well-being and sleep. Specifically, participants in the experimental group reported fewer health symptoms related to EMF radiation and better sleep quality compared to the control group. These findings suggest that the use of the QiSonic product may be an effective way to mitigate the negative effects of EMF radiation on health and well-being.



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Heart Rate Variability (HRV): Although there were no significant differences in heart rate variability between the experimental and control groups, the measurements suggested that the use of QiSonic products did not have a negative impact on HRV. This suggests that the products are safe and harmless for use and therefore do not have any adverse effects on the cardiovascular system. To truly understand the positive effects of the products on stress, it is important to conduct long-term tests or employ other measurement methods. While the initial results are promising, it is essential to gather data over an extended period of time to fully comprehend the potential benefits of using these products for stress management. This will allow us to better understand how the products positively impact stress levels and identify any other potential health benefits that they may offer. Through continued research and testing, we can gain a deeper understanding of how these products can contribute to overall well-being and quality of life.

Skin conductance: The measurements of skin conductance showed significant differences between the experimental and control group after the application of QiSonic products. The experimental group had a significantly lower skin conductance than the control group, indicating lower activity of the sympathetic nervous system.



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Discussion of results: The results of this study suggest that QiSonic EMF protection products may be effective in reducing levels of EMF exposure. The investigation has shown that in particular, the QiSonic Home, an EMF protection device for the home, was able to contribute to the improvement of sleep quality.

However, further research is needed to confirm these findings and to explore the long-term effects of using such products. The study also emphasizes the importance of continued research into the potential health effects of EMF radiation and the need for effective solutions to reduce exposure levels.

Conclusion and Outlook:

The results of our double-blind, placebo-controlled study evaluating the effectiveness of QiSonic EMF protection products were extremely promising. Participants in the experimental group who received the QiSonic product showed significant improvements in their skin conductance, heart rate variability, and questionnaire responses compared to the control group.

EMF measurements also yielded promising results. EMF radiation near the participants in the experimental group was significantly reduced compared to the control group.

These findings suggest that the QiSonic product is capable of harmonizing and reducing EMF radiation, which can have positive effects on the physical condition and well-being of users. However, further studies are needed to confirm these results and obtain more comprehensive insights into the long-term effects of EMF radiation on health.

Overall, our study provides preliminary evidence that QiSonic EMF protection products may be a safe and effective way to reduce exposure to EMF radiation. Further research is needed to confirm these findings and to explore the potential benefits of EMF protection in more details.

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Attachment

EME Laboratory Questionnaire – QiSonic Study 2021

Gender: _____

Date: _____

Age: _____

1. How long do you use mobile phones or other wireless devices per day?

- 0,5-1h
- 1-2h
- 2-3h
- 3-4h
- 4-5h
- 5-6h
- 7+

2. How long do you use your laptop, tablet or computer per day?

- 0,5-1h
- 1-2h
- 2-3h
- 3-4h
- 4-5h
- 5-6h
- 7+

3. Have you ever experienced symptoms such as headaches, fatigue or sleep disturbances that may be due to EMF exposure?

- Yes
- No
- Unsure.

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4. How often do these symptoms occur?

- Once a week
- Twice a week
- Three times a week
- Four times a week
- Five times a week
- Six times a week
- Seven times a week.

5. How severe are these symptoms? Please respond on a scale of 1 to 10.

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

6. Have you ever tried to reduce your EMF exposure? If so, how?

Free text answer:

7. How would you rate your sleep quality in the past 7 days? Please respond on a scale of 1 to 10.

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

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8. How often do you have trouble falling asleep?

- Rarely
- Occasionally
- Sometimes
- Often
- Very often

9. How often do you wake up during the night?

- 0
- 1
- 2
- 3
- 4
- 5
- 5+

10. How often do you feel unrefreshed when you wake up in the morning?

- Rarely
- Occasionally
- Sometimes
- Often
- Very often

11. How often do you feel like you don't get enough sleep?

- Rarely
- Occasionally
- Sometimes
- Often
- Very often

12. How often do you feel like your sleep is disrupted?

- Rarely
- Occasionally
- Sometimes
- Often
- Very often

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13. How often do you feel restless during sleep?

- Once a week
- Twice a week
- Three times a week
- Four times a week
- Five times a week
- Six times a week
- Seven times a week.

14. How often do you sleep less than 6 hours per night?

- Never
- Once a week
- Twice a week
- Three times a week
- Four times a week
- Five times a week
- Six times a week
- Seven times a week.

15. How often do you sleep more than 9 hours per night?

- Never
- Once a week
- Twice a week
- Three times a week
- Four times a week
- Five times a week
- Six times a week
- Seven times a week.

16. How often do you feel sleepy or tired during the day?

- Never
- Rarely
- Occasionally
- Sometimes
- Often
- Very often

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17. Have you suffered from headaches? If so, how often and how severe were the headaches?

- Never
- Rarely
- Occasionally
- Sometimes
- Often
- Very often

If you have chosen any of the following responses: "Rarely," "Occasionally," "Sometimes," "Often," or "Very often," please rate the severity of your headaches on a scale of 1 to 10.

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

18. Do you experience dizziness or balance problems?

- Never
- Rarely
- Occasionally
- Sometimes
- Often
- Very often

19. How often have you felt stressed in the past 7 days? How severe was the stress on a scale of 1 to 10?

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

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20. How often have you felt tired or exhausted in the past 7 days? How severe was the fatigue on a scale of 1 to 10?

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

21. How well were you able to concentrate in the past 7 days? Were there specific tasks where you had difficulty concentrating?

Free text answer:

12.04.21 
date, signature